# **Providing Mental Health Resources at Your Library**

## **Information Resources**

[NNLM Resources for Public Libraries](https://www.nnlm.gov/public-libraries/resources-for-public-libraries)

[NNLM Reading Club: Mental Health](https://nnlm.gov/nnlm-reading-club/mental-health)

[NNLM Mental Health and Social Media](https://www.nnlm.gov/reading-club/topic/347)

[NNLM New Class Weekly Email](https://www.nnlm.gov/form/nnlm-subscriptions)

[MedlinePlus](https://medlineplus.gov/)

* [Review and Update of Content on MedlinePlus](https://medlineplus.gov/about/general/reviewandupdate/)
* [Mental Health & Behavior](https://medlineplus.gov/mentalhealthandbehavior.html)
* [Health Information in Multiple Languages](https://medlineplus.gov/languages/languages.html)
* [Organizations](https://medlineplus.gov/organizations/all_organizations.html) and [Directories](https://medlineplus.gov/directories/)
* [Drugs, Herbs and Supplements](https://medlineplus.gov/druginformation.html)

[DailyMed](https://dailymed.nlm.nih.gov/dailymed/)

[About DailyMed](https://dailymed.nlm.nih.gov/dailymed/about-dailymed.cfm)

[National Institute of Mental Health: Digital Shareables](https://www.nimh.nih.gov/get-involved/digital-shareables)

[National Institute of Mental Health: Brochures and Fact Sheets](https://www.nimh.nih.gov/health/publications)

[Substance Abuse and Mental Health Services Administration (SAMHSA)](https://www.samhsa.gov/mental-health)

[SAMHSA Mental Health Awareness Month Toolkit](https://www.samhsa.gov/about/digital-toolkits/mental-health-awareness-month/toolkit)

[World Health Organization: Doing What Matters in Times of Stress](https://www.who.int/publications/i/item/9789240003927)

[World Mental Health Day October 10th](https://www.who.int/campaigns/world-mental-health-day)

[May is Mental Health Awareness Month Toolkit](https://www.samhsa.gov/about/digital-toolkits/mental-health-awareness-month/toolkit)

[Programming Librarian](https://programminglibrarian.org/browse-programs)

[Partnering with Local Rescue Groups for Pet Therapy Events](https://programminglibrarian.org/articles/mutual-affection-partnering-local-rescue-groups-pet-therapy-events)

## [2023 SAMHSA Infographic Report](https://www.samhsa.gov/data/sites/default/files/reports/rpt47096/2023-nsduh-companion-report.pdf)