Rural Health, Libraries, and Alaska: Perspectives from the Far North

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ACKNOWLEDGEMENTS

We recognize and value our unique location in Southcentral Alaska, the ancestral lands of the Dena'ina, Ahtna, Alutiiq/Sugpiaq and Eyak/dAXunhyuu Peoples.

Dena'ina land acknowledgment: Dena'inaq ełnenaq' gheshtnu ch'q'u yeshdu. "I live and work on the land of the Dena'ina."

Translation: Helen Dick, Sondra Shaginoff-Stuart, Joel Isaak

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Thank you to the Network of the National Library of Medicine (NNLM) Region 5 provided outreach support to the Alaska Medical Library in these initiatives.

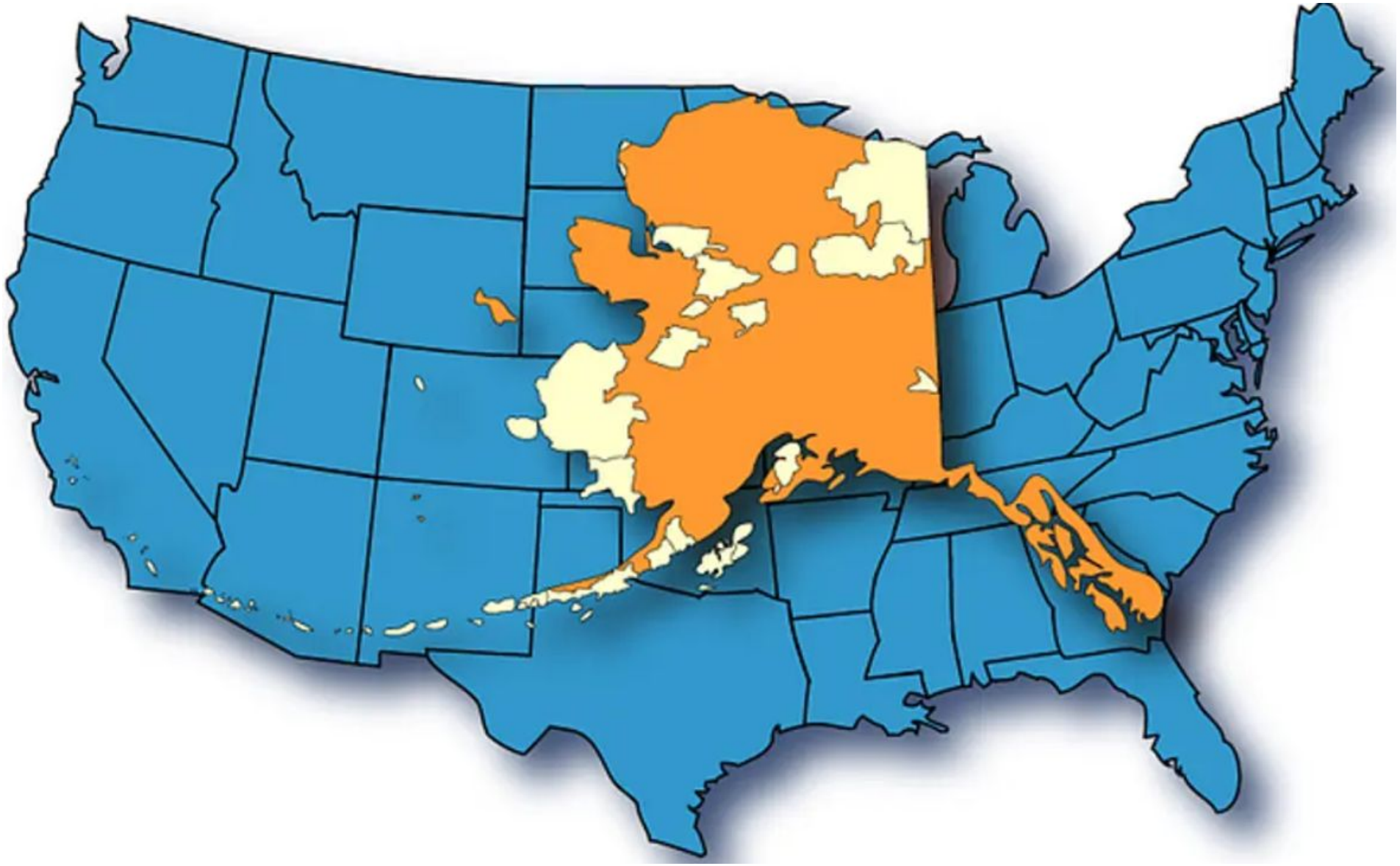
NIH National Library of Medicine
Network of the National Library of Medicine

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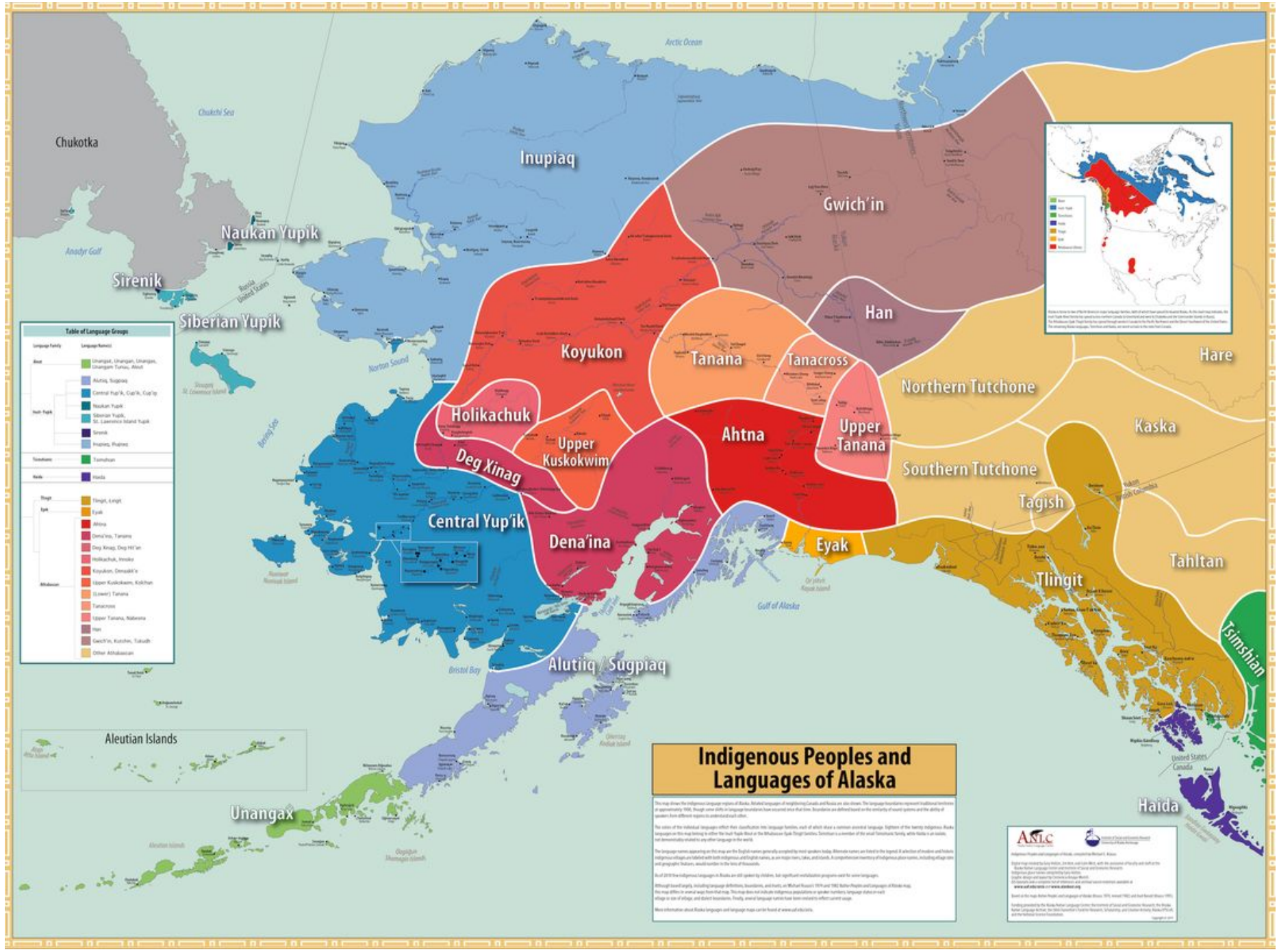
Today's goals

- Identify Alaska's unique barriers to the delivery of health information.
- Discuss strategies that rural libraries and communities can use to distribute health information.
- Design a plan to support your community's rural health information needs.



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Alaska Libraries

SLED
STATEWIDE LIBRARY ELECTRONIC DOORWAY
INFORMATION RESOURCES FOR, ABOUT, AND BY ALASKANS





ÅkLA Alaska Library Association

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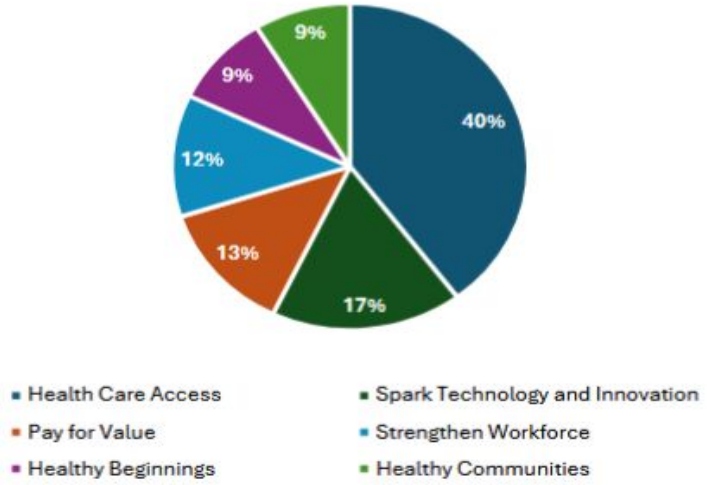
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Rural Health Transformation Program (RHTP)

WHERE YEAR 1 FUNDING IS BEING INVESTED

Through six interconnected initiatives, RHTP supports projects that expand access to care, strengthen the health care workforce, improve financial sustainability, modernize technology and infrastructure, improve maternal and child health, and support healthier communities.

Awarded Funding by Initiative Area
(% of total announced)



Initiative	Description	Funding
Health Care Access	Expanding access to behavioral health, pharmacy, dental, specialty, and primary care services	$98.9M
Spark Technology & Innovation	Modernizing health technology, telehealth, electronic records, and digital infrastructure	$43.2M
Pay for Value	Improving financial sustainability and preparing providers for value-based care	$32.2M
Strengthen Workforce	Building Alaska's health care workforce pipeline through training and recruitment	$30.1M
Healthy Beginnings	Supporting maternal health, early childhood services, and youth wellness	$22.7M
Healthy Communities	Improving prevention, wellness, care coordination, and community health supports	$21.8M

Find a problem?

Please note that subaward budget finalization is still in progress. The data presented reflects projected award amounts as of October 9, and minor adjustments to award amounts may occur as the process is completed. We anticipate more award announcements in the coming weeks.

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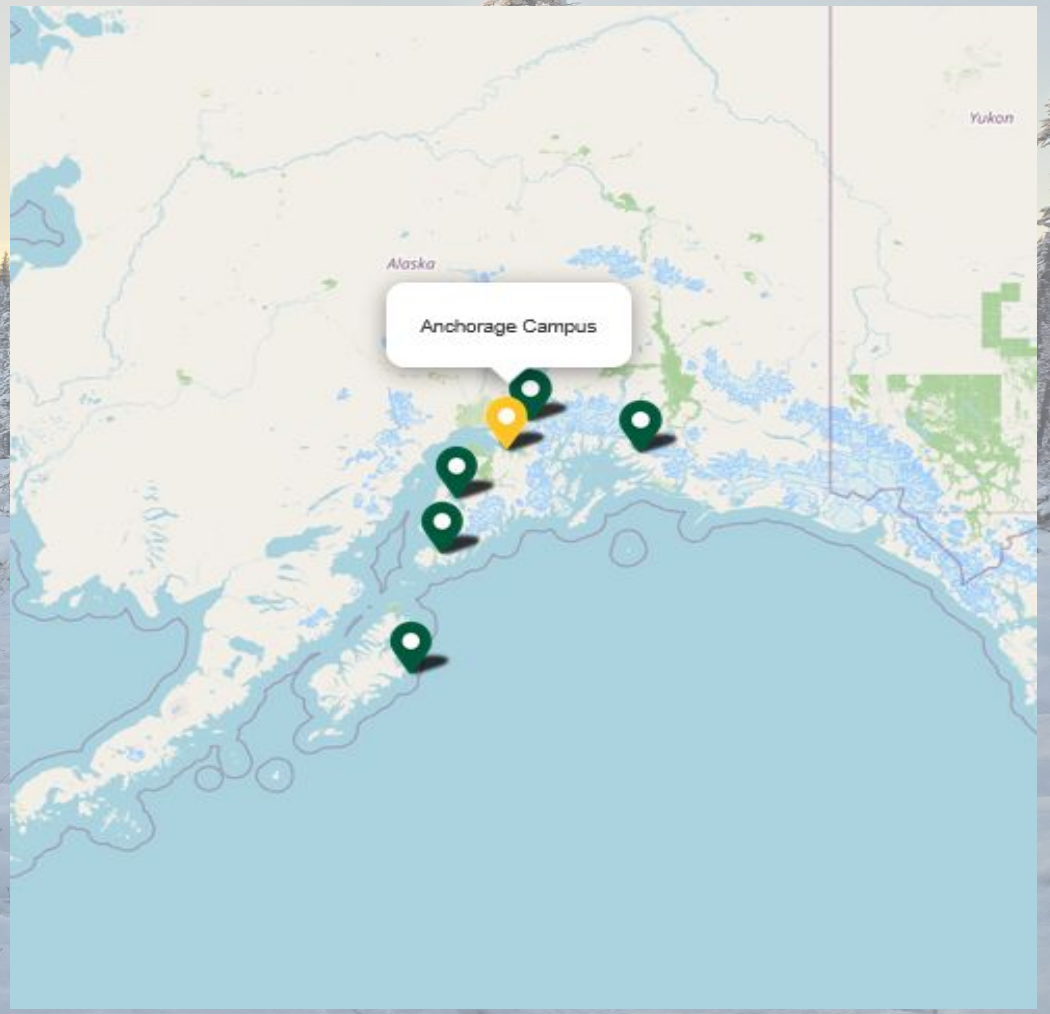
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Mat-Su College
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Kenai Peninsula College
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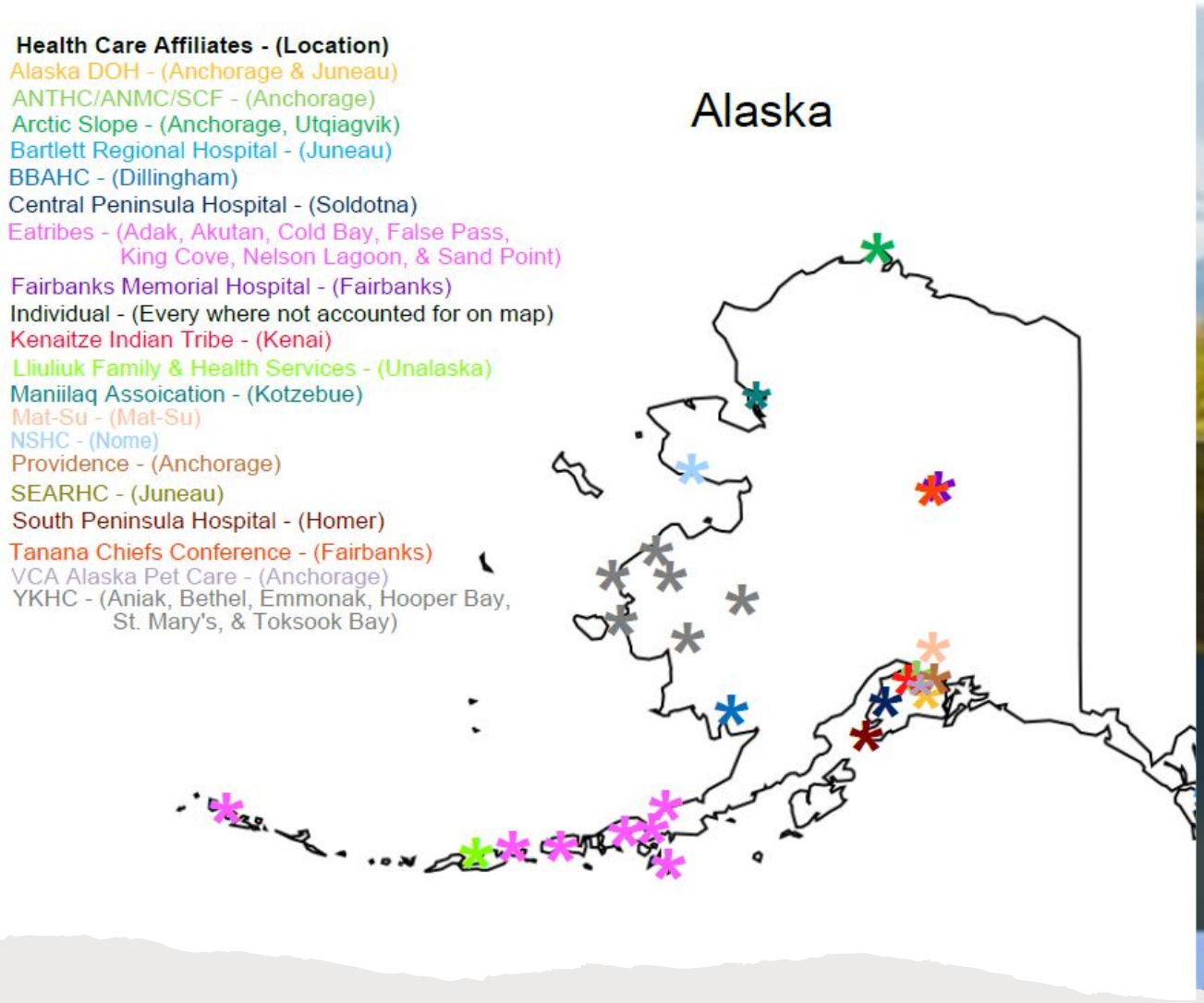
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Alaska Medical Library Mission

Providing trustworthy medical information to healthcare providers and the UAA/APU academic community



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The Alaska Medical Library

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Outreach Past and Present







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Chief Andrew Isaac Health Center - A
TANANA CHIEFS CONFERENCE


Foundation







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ALASKA PUBLIC HEALTH ASSOCIATION

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Articles

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- PubMed
- Europe PMC
- SLED Databases
- Natural Medicines
- Arctic Health
- OVID
- Article Request Form

Books

- R2 Digital Library
- Nutrition Care Manual
- Pediatric Nutrition Care Manual
- A-Z List of AML EBooks

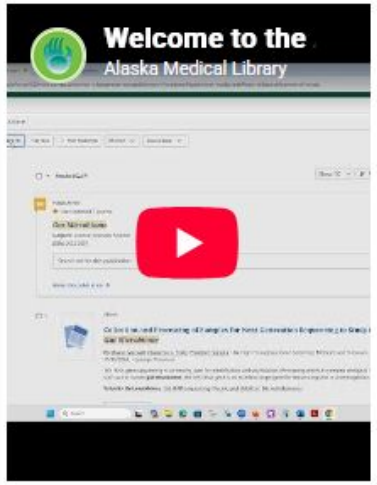
Resource Guides

- Clinical Tools
- Consumer Health
- Dentistry
- Gideon Search Tips
- MedlinePlus
- Mental Health
- Nurses
- Public Health
- PubMed Search Tips
- Teen Health
- Health & Medicine in Alaska

About Us

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- Video Tutorial - AML Website

AML's YouTube Tutorials



Research Help

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- Evidence-Based Practice

Contact us:
uaa.aml@alaska.edu
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Area Health Education Centers (AHEC)



Alaska AHEC
Area Health Education Centers
Celebrating 20 Years



UAA Alaska Center for
Rural Health and Health Workforce
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CACHE
Clearinghouse of Alaska's
Continuing Health Education



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Peer Leader Navigator Program

ALP Peer Leader Navigators

Alaska Literacy Program
Changing Lives Through Literacy

Peer Leader Navigators Cohort

Find guides | Search

Health Literacy | Week 1: Sept 12th | Week 2 - Sept 19th | Week 3 - Sept 26th | Week 4 - Oct 3rd | Week 5 - Oct 10th | Week 6 - Oct 17th | Week 7 - Oct 24th | Week 8 - Nov 7th | Week 9 - Nov 21st | Week 10 - Dec 5th | Week 13 - Jan 23rd

Class PowerPoint

- Class PowerPoint - Week 3
  Navigation: Finding Reliable Information
  MedlinePlus and SLED

Resources

- How to Spot Fake News
  Created by the International Federation of Library Associations and Institutions.
- A Community Toolkit for Addressing Health Misinformation
  Created by the U.S. Department of Health and Human Services
- In Spanish
- Health Misinformation Checklist
- Health Misinformation Website
  More resources on health misinformation from the U.S. Department of Health and Human Services.
- MedlinePlus Evaluating Internet Health Information: Checklist

MedlinePlus

MedlinePlus® Trusted Health Information for You

MedlinePlus is a free, high-quality source of health and medical information from the National Library of Medicine. It includes:

- **Health Topics:** Over 1,000 health topics pages
- **Drugs, Supplements, and Herbs:** Information on drugs and over-the-counter medicines, plus herbs and supplements
- **Genetics:** Information about the effects of genetic variation on human health
- **Medical Tests:** Why a doctor may order a test and what the results may mean
- **Medical Encyclopedia:** Over 4,000 articles and illustrations about diseases, tests, symptoms, injuries, and surgeries
- **Easy-to-Read Materials:** Links to health information that is easier for people to read, understand, and use
- **Tools** and **Games:** Calculators, quizzes, and games to check your health and boost your health knowledge
- **Health Videos:** Animated videos showing body anatomy and how diseases and conditions affect body systems
- **Multiple Languages:** Links to health information in over 60 languages. Look up by **language** or by **health topic**.

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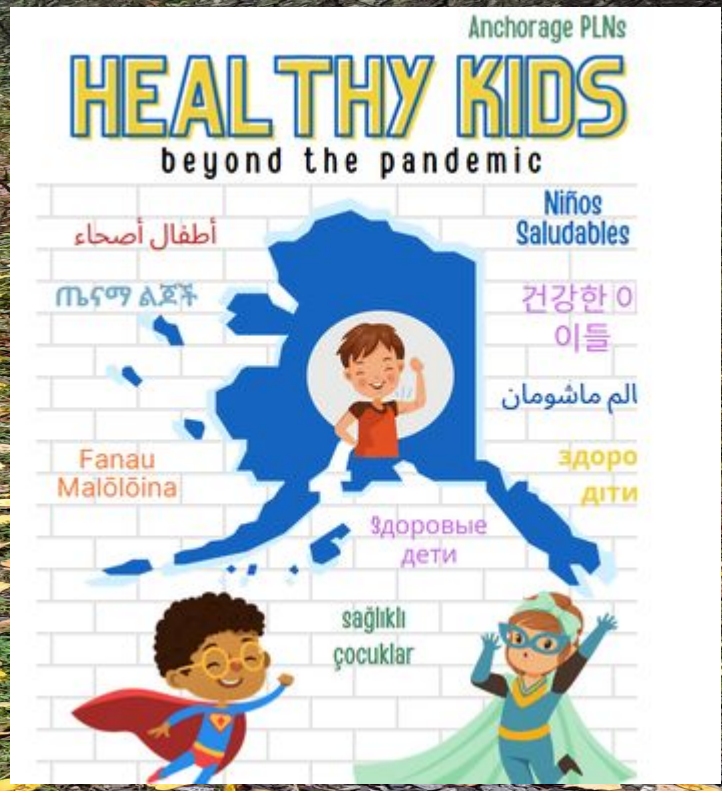


Communities for Immunity

Communities for Immunity

Museums and Libraries as Trusted Community Partners

ALP Peer Leader Navigators



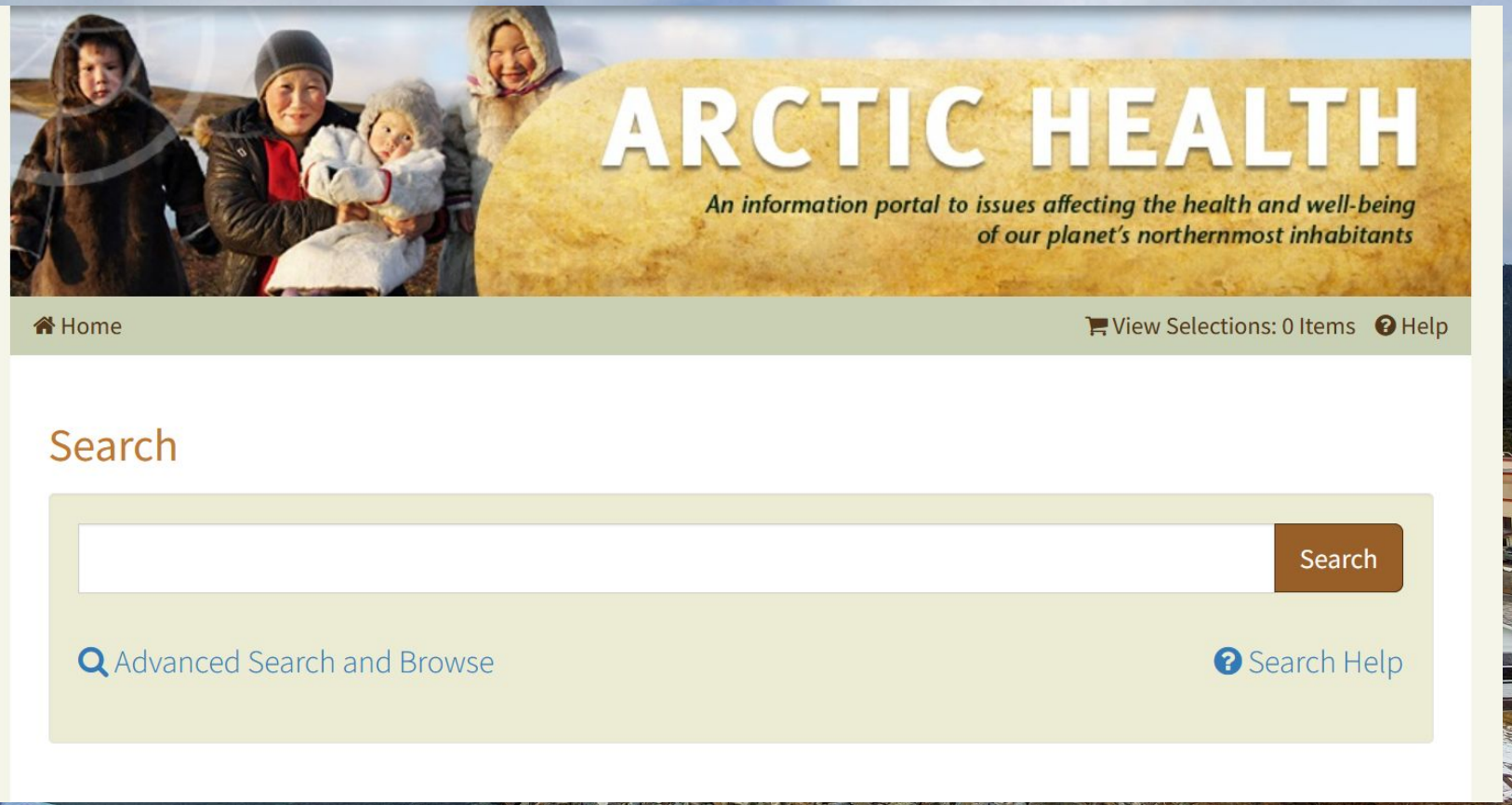
SLED STATEWIDE LIBRARY ELECTRONIC DOORWAY

INFORMATION RESOURCES FOR, ABOUT, AND BY ALASKANS

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AML's Arctic Health Website

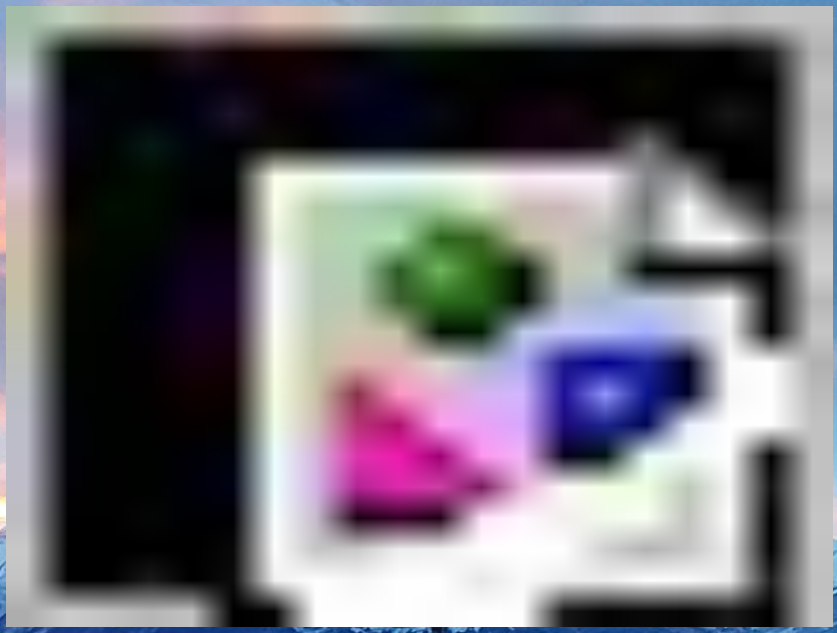


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Strategy to Evaluate Health Information

- Creating Health Information Evaluation Plan for Alaska Medical Library (AML)
- Compiling Resources on Authoritative Health Information
- Creating a Dedicated LibGuide for Authoritative Health Information
- Sharing the Guide with the University Community and the Wider Community of Alaska
- Promoting the resources for Wider Use



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Developing a Rural Health Plan for your organization

The following slides are prompts to help identify an outreach framework for your community.

The specific steps below each prompt reflect what we have done in Alaska and may or may not be feasible for your institution or community.

Activity: Reflect on prompts as they relate to your community.

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Prompt 1: Assess Infrastructure and Map Community Stakeholders

- Identify Geographic and Technological Barriers
- Build Cross-Sector Partnerships
- Cross-Promote Resources



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Prompt 2: Deliver Accessible, Asynchronous and Point of Care Information

- **Establish a Central Digital “Front-Door”**
- **Support Rural Health-Care Providers**
- **Adopt Hybrid Outreach Models**



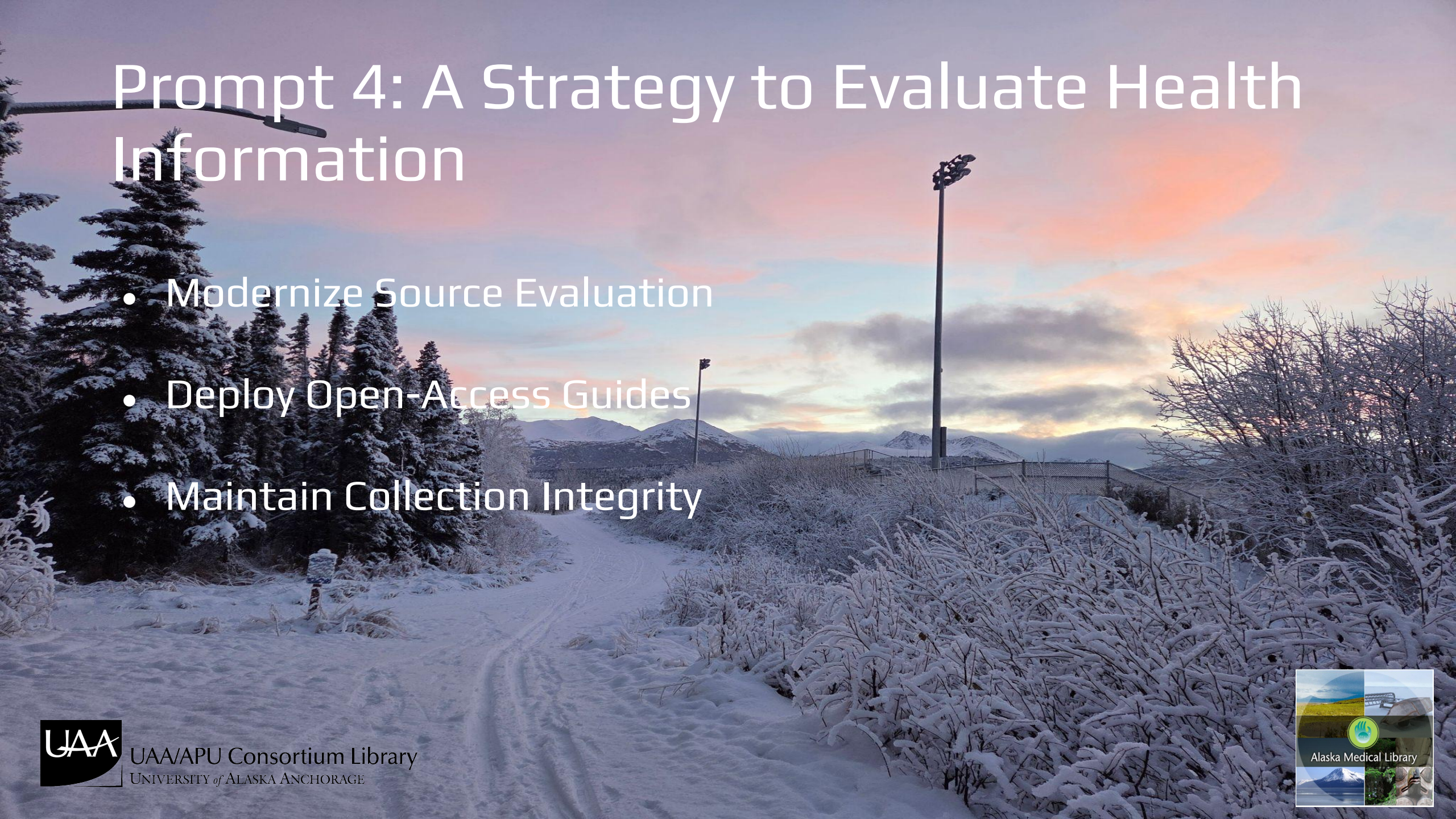


Prompt 3: Implement Culturally Tailored & Community-Engaged Health Literacy

- Train Peer Health Ambassadors
- Co-Create Multilingual Materials
- Leverage Public Libraries as Trusted Hubs

Prompt 4: A Strategy to Evaluate Health Information

- Modernize Source Evaluation
- Deploy Open-Access Guides
- Maintain Collection Integrity



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Prompt 5: Secure Funding and Long-Term Sustainability

- Leverage Network Grants
- Maintain Continuous Partnerships



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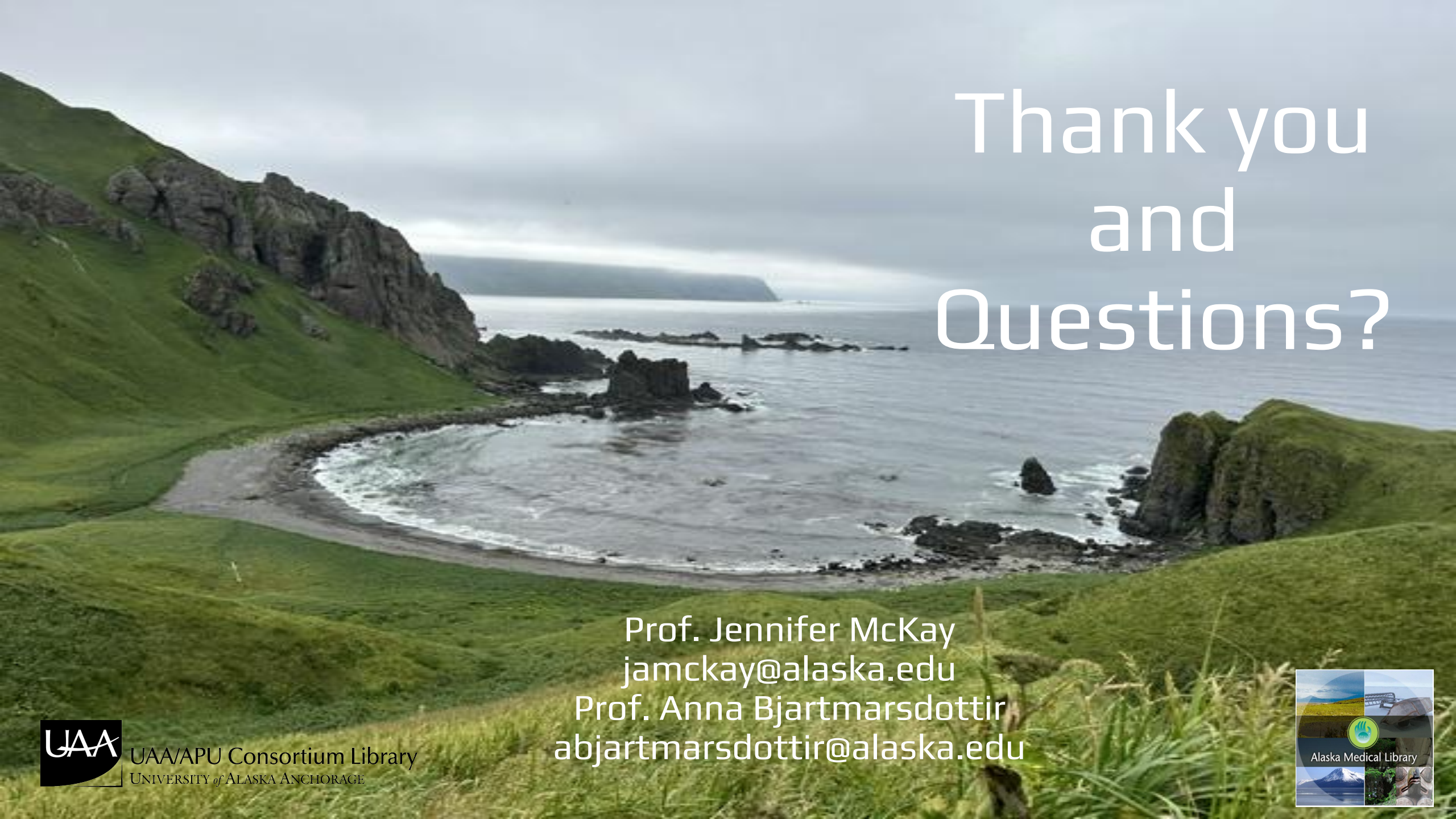
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Wrap-Up

Which prompts work or don't work for your community?

Are there other ideas to incorporate into your health plan?

What are some key takeaways?



Thank you and Questions?

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