Discussion Guide



Never Too Late
Shannon Dowler MD

Johns Hopkins University Press
2023
264 pages
ISBN: 978-1421446349

Aging and Romance

Summary

In *Never Too Late: Your Guide to Safer Sex after 60*, Shannon Dowler, a family physician who is also an expert on sexually transmitted diseases, provides a refreshing overview of sexual education for people over 55. With the advent of dating apps, vibrant 55+ retirement communities, and sexual enhancement drugs, adults are sexually active well into their golden years. Unfortunately, the rates of STDs are dramatically increasing in older adults. In entertaining, accessible language, Dr. Dowler presents relatable patient stories and hilarious rhymes that make for an easy and fun way to learn about safe sex.

Questions

1. Were you surprised at any of the information or anecdotes in the book?
2. Is there anything you wish the author had explored more deeply in the book? Was there anything missing?
3. Can you think of people you would like to share this book with? Why?
4. Would this book make it easier for you to talk to friends or family about sensitive, sometimes awkward topics?
5. Do you think the author's use of humor is effective?
6. The information in this book is geared toward people over 60. Do you think it would be meaningful to younger people?
7. How does the book relate to current events concerning health misinformation? How might the book be useful to disrupt health misinformation?
8. What health information stood out to you the most from the book?
9. What was your favorite/least favorite part of the book? Why?
10. Are there any lingering questions from the book you are still thinking about and if you could ask the author anything, what would it be?

This discussion guide has been funded in whole or in part with Federal funds from the National Library of Medicine (NLM), National Institutes of Health (NIH). The content was created by the NNLM Reading Club for educational use and is solely the responsibility of the authors and does not represent the official views of the National Institutes of Health (NIH). February 2026

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