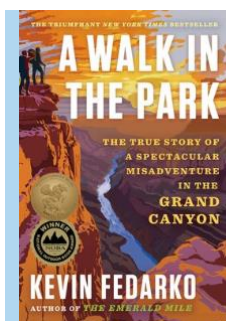


Discussion Guide



A Walk in the Park: The True Story of a Spectacular Misadventure in the Grand Canyon

Kevin Fedarko

Scribner

2024

512 pages

ISBN: 978-1501183058

Summer Self Care

Summary

A few years after quitting his job to follow an ill-advised dream of becoming a guide on the Colorado River, Kevin Fedarko was approached by his best friend, the National Geographic photographer Pete McBride, with a vision as bold as it was harebrained. Together, they would embark on an end-to-end traverse of the Grand Canyon, a journey that, McBride promised, would be "a walk in the park." Against his better judgment, Fedarko agreed to the scheme, unaware that the small cluster of experts who had completed the crossing billed it as "the toughest hike in the world." The ensuing ordeal, which lasted more than a year, revealed a place that was deeper, richer, and far more complex than anything the two men had imagined--and came within a hair's breadth of killing them both.

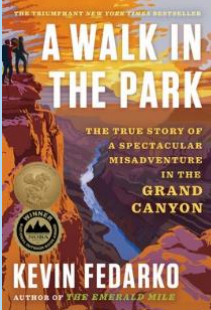
Questions

1. The Grand Canyon is one of America's greatest national treasures, receiving 4.9 million visitors each year. How does this book promote the preservation of this national park?
2. Share a favorite quote from this book. Why did you choose this quote?
3. How did your opinion of the book change while you read it?
4. What physical health, mental health, or self-care information stood out to you most from the book?
5. If you were preparing for this type of hike, what health resources would you consult?
6. What would you carry with you on this hike?
7. What tone does the author use – emotional, humorous, factual? Which passages made you laugh, cry, or reflect?
8. What surprised you about this story?

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9. Which parts of “A Walk in the Park” stayed with you after finishing?
10. Knowing that only a handful of people have survived this hike and that Fedarko and McBride were ill-prepared, do you think their journey was ultimately worth the risk?

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