# Prescription and Over-the-Counter Drugs Activity Guide

## Below you will find the steps to follow for each of the exploration activities

### **Exploring National Institute on Drug Abuse (NIDA)**

**Scenario**: You are seeking information on cocaine. You are hoping to find a research report on cocaine and a Drug Facts page on the NIDA website.

Visit:  [NIDA](https://nida.nih.gov)  (Link also visible at top right on learning video)

* Click *Research Topics*
* Click *Research by Substance*

**Scenario**: You want to use NIDA to find the resources to implement research-based interventions.

* Click *Clinical Resources*
* Click *CTN Dissemination Initiative*

### **Exploring DailyMed**

**Scenario**: You are caring for a patient with hypothyroidism who is taking Synthroid.

Visit: [DailyMed](https://dailymed.nlm.nih.gov/dailymed/) (Link also visible at top right on learning video)

* Search for Synthroid in the search box
* Select the first entry
* Scroll down to the “drug interactions” section and click plus box next to it
* Click “View Labeling Archives” on the left side of the page

### **Exploring Lactmed**

**Scenario**: You have a patient taking Prozac who wants to know if it is safe to continue using this drug during pregnancy.

Visit: [Drugs and Lactation Database](https://www.ncbi.nlm.nih.gov/books/NBK501922/) (Link also visible at top right on learning video)

* Search for *Prozac* in the search box
* Click on *Fluoxetine*
* Click *Summary of Use During Lactation*
* Scroll to *Alternative Drugs to Consider*