

Improving Digital and Health Literacy Among Rural Seniors

Decatur Public Library | Decatur, Texas

2022-23 NAPC Community Award | \$28,891

Partners

Wise County Committee on Aging

OWLS Activity Center

Texas A&M Agrilife Wise County

Extension Office

All of Us Activities

Presentations

Budget

Personnel – \$10,337

Technology Consultant - \$1,500

iPads, e-readers, hotspots,

software – \$15,335

Indirect - \$1,717

Summary

Decatur Public Library, in partnership with the OWLS Activity Center, provided digital and health literacy services to 89 seniors living in rural Wise County, TX. Each month, project staff facilitated three sessions focused on digital and health literacy topics such as chair fitness, using library e-resources, and finding reliable health information resources such as [MedlinePlus.gov](https://www.ncbi.nlm.nih.gov/medlineplus/). Classes provided a social setting where seniors could relate to one another about technology challenges. During each project activity, library staff also introduced the *All of Us* Research Program (*All of Us*) to attendees.

Decatur Public Library increased awareness, access, and use of technologies, library resources, and online health resources like [MedlinePlus.gov](https://www.ncbi.nlm.nih.gov/medlineplus/) in their local senior community. Attendees felt more confident in asking library staff questions regarding accessing and using digital and health literacy resources. They also expressed an understanding of *All of Us*, and plans to discuss the program with their family and/or health care providers. This project strengthened local partnerships, as Decatur Public Library and the OWLS Activity Center will continue providing health and digital literacy programming. They also plan to expand into Spanish/bilingual programs to further services to their community.



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NNLM *All of Us* Program Center at allofus.nlm.gov/funding

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Project Record](https://allofus.nlm.gov/funding)



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