

Improving Health Literacy in High School Students

Community Health Center, Inc. | Waterbury, CT
2022-23 NAPC Community Award | \$29,616

Partners

Early College High School

All of Us Activities

Presentations

Use of [Data Browser](#)

Costs

Personnel - \$12,262

Supplies - \$376

Student Stipends - \$5,133

Indirect - \$6,931



Summary

The Community Health Center, Inc. (CHC) aimed to improve the health literacy of high school students by engaging them in a project to evaluate health disparities seen in their own communities. Through the project activities, CHC guided a cohort of 18 students on understanding why health disparities exist based on factors such as biology, social and built environment, lifestyle, etc. In doing so, students learned why health literacy is important in overcoming barriers related to care to improve their own health and the health of their families and community. They also learned how to find credible sources online to further their understanding of information they are receiving at their health care provider.

Then, students researched local, state, and federal programs and policies that are in place to address these disparities to identify gaps where interventions can be targeted. Lastly, they also explored the publicly available [All of Us Data Browser](#) and chose variables of interest to understand the severity of their topic on a national level. The students learned how the *All of Us* Research Program seeks to reduce the health disparities seen in their communities.

When the students do their final presentation, the CHC *All of Us* research team will be present handing out information to the parents and other adults (18+) that attend.

Explore funded projects and partnership opportunities with the
NNLM *All of Us* Program Center at allofus.nlm.gov/funding

[View NNLm.gov](https://www.nlm.nih.gov)
[Project Record](https://www.nlm.nih.gov)



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