

KNOW YOUR FLOW

What if I Have Irregular Periods?

When you should see your doctor

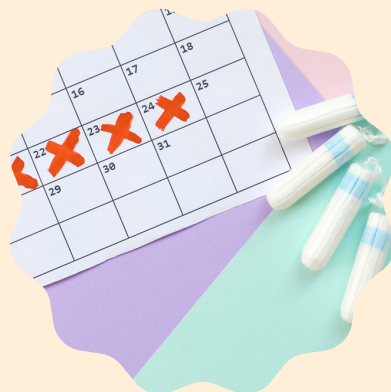


Your periods last longer than 7 days

You have periods more often than every 21 days



You have periods less often than every 45 days



For more information on menstruation go to medlineplus.gov/menstruation.html

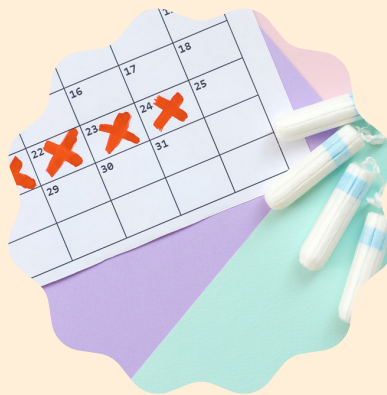
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