

# KNOW YOUR FLOW

## QUESTION:

Can a tampon get lost? 🙄



## ANSWER:

Luckily, that can't happen. The opening of the cervix (at the top of the vagina) is just too tiny for a tampon to get through. It can't travel to other parts of your body. If you try to take out the tampon and have trouble finding the string at first, don't worry! If you need help, tell a trusted friend or adult. ❤️

**For more information on menstruation go to [medlineplus.gov/menstruation.html](https://medlineplus.gov/menstruation.html)**