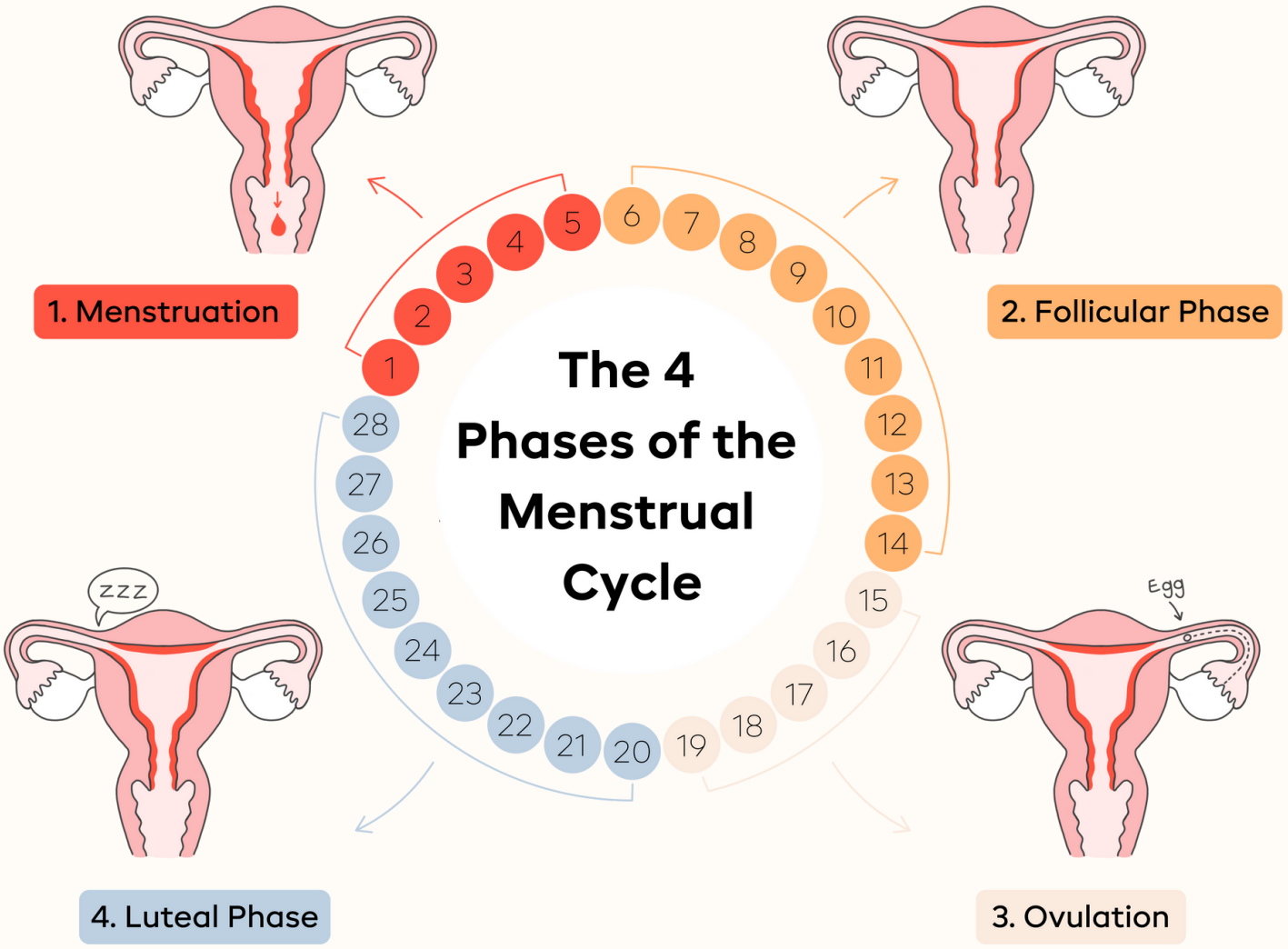
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A menstrual cycle is defined as the first day of menstrual bleeding of one cycle to the first day of menstrual bleeding of the next cycle.

For more information on menstruation go to medlineplus.gov/menstruation.html

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