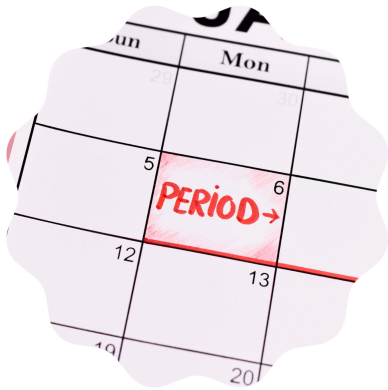


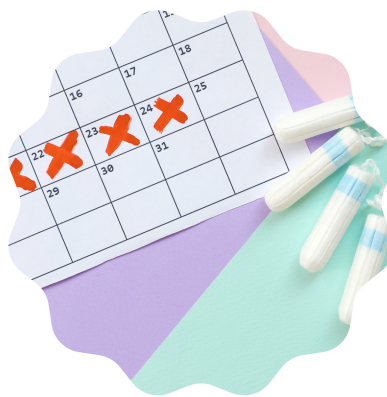
KNOW YOUR FLOW

What if I Have Irregular Periods?

When you should see your doctor



Your periods last longer than 7 days



You have periods less often than every 45 days



You have periods more often than every 21 days

For more information on menstruation go to medlineplus.gov/menstruation.html