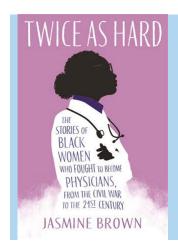
Discussion Guide



Twice as Hard: The Stories of Black Women Who Fought to Become Physicians, From the Civil War to the 21st Century Jasmine Brown

Beacon Press 2023 240 pages ISBN: 978-0807025086 Women in Medicine

Summary

In this work of extensive research, Jasmine Brown offers a rich perspective, penning the longerased stories of nine pioneering black women physicians beginning in 1860, when a black woman first entered medical school. Brown tells the stories of these doctors from the perspective of a black woman in medicine. Her journey as a medical student already has parallels to those of black women who entered medicine generations before her. What she uncovers about these women's struggles, their need to work twice as hard and be twice as good, and their ultimate success serves as instruction and inspiration for new generations considering a career in medicine or science.

Questions

- 1. Why do you think the author chose the title of this book?
- 2. Why did the author write this book?
- 3. Did you feel any emotions while you read this?
- 4. Can you point to specific passages that struck you personally as interesting, profound, validating or upsetting?
- 5. Did you learn something new reading this book? Did it broaden your perspective about a difficult societal issue?
- 6. What challenges do you think the author faced when researching the black women physicians in this book?
- 7. The author says that she never learned about black women physicians in her history classes. Do you think this is a common experience? Was that your experience growing up?
- 8. How can learning about these stories impact young people?
- 9. What was a major barrier that two or more women faced in this book? Does this barrier still exist in medicine?

