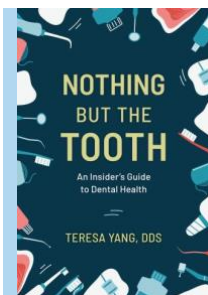


Discussion Guide



Nothing But the Tooth: An Insider's Guide to Dental Health
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Rowman & Littlefield
2023
320 pages
ISBN: 978-1538173657

Teeth and Oral Health

Summary

Essential for any dental patient, *Nothing But the Tooth* is a practical guide that provides current and concise information on all things dental. It answers questions you didn't even know to ask and empowers you to speak more knowledgeably with your dentist to improve your dental and overall health.

Questions

1. Where do you generally **get medical/dental information**? From your dentist or physician? From the internet, magazines, or newspapers? From friends and relatives? How would you compare this book relative to those other sources?
2. Do the book's topics **affect your life**? How so – directly, on a daily basis, or more generally? Now or sometime in the future?
3. What **evidence** does the author give to support the book's recommendations? Does she use personal observations and assessments? Facts and statistics? Opinions? Scientific research? Quotations from authorities?
4. Does the author **offer recommendations and solutions** to the issues raised in the book? Who would implement those solutions? How likely are those recommendations to be successful for you?
5. Are there any **controversial** issues in the book? How so? And who is aligned on which sides of the issues? Where do you fall in that line-up?
6. Does the author present **neutral information** from both the patient's and the dentist's perspectives? Or is it skewed toward one group? Cite examples of this.
7. Can you point to **specific passages** that struck you personally—as interesting, useful, or illuminating?
8. What did **you learn** from reading this book? How will you utilize this information in your own life and healthcare needs?
9. How does the book affect **your opinion of your dentist** and the dental profession in general? Is your view favorable? Is your dentist someone you can trust? Or has the book cast some doubt?
10. What **additional topics** do you wish the book covered?