# Health Programming at Your Library

[State Health Facts](http://www.kff.org/statedata/)

[County Health Rankings and Roadmaps](https://www.countyhealthrankings.org/)

[City Health Dashboard](https://www.cityhealthdashboard.com/)

## **Activity 1: Choose Your Own Adventure**

1. Pick a resource from above.

2. Explore and learn about your area.

3. Share what you used and what you learned or confirmed.

## Activity 2: Explore Programming Ideas

* Select a resource from below
* Explore one of the resources and identify one idea that could be used or adapted for your community.

[Let’s Move in Libraries](https://letsmovelibraries.org/program-ideas/)

ALA: Programming Librarian

[WebJunction: Health Happens in Libraries](https://www.webjunction.org/explore-topics/ehealth.html)

[Rural Health Literacy Toolkit](https://www.ruralhealthinfo.org/toolkits/health-literacy/2/community/public-libraries)

[Ready.gov](file:///C%3A%5CUsers%5CRBrown%5CDownloads%5CReady.gov)

[Jbrary Storytime Resources](https://jbrary.com/youtube-playlists/)

[NNLM Past Funded Projects](https://www.nnlm.gov/funding/funded)

[“Period Pantry” at the Brooklyn Public Central Library](https://www.cbsnews.com/newyork/news/central-library-provides-free-menstrual-products/)

[NNLM Discovery-Virtual Health. Virtual Health at the Pottsboro Public Library](https://www.youtube.com/watch?v=pV32iJ4WL-g)

[NNLM Logic Model](https://www.nnlm.gov/sites/default/files/2021-08/Logic%20Model.pdf)

[Storytime Logic Model: Library Research Service](https://www.lrs.org/2020/09/09/the-logic-model-take-it-one-step-at-a-time/)

## Activity 3: Your Turn

Choose either the logic model below or the 7 questions on the next page and begin filling in the key pieces to implement your idea.

| Project: Goal:  |
| --- |
| Inputs | Activities | Outcomes |
| What we invest | What we do  | Who we reach | Why this project: Short term results  | Why this project: intermediate results | Why this project: Long term results |
|  |  |  |  |  |  |

### **7 Questions:**

| **Who:**will you reach? Can you assist?Can partner? |  |
| --- | --- |
| **Where:**Where do you have the space?Senior center or school?Is it Accessible to participants? |  |
| **How much?**Time?Money? |  |
| **What?** Type of activity? Resources to include? |  |
| **Why?**Is your organization the one to offer this?Will It benefit your target population? |  |
| **When?**Are staff available? Are target population available?Pair with health observance month or local event? |  |
| **How?** Will you market your program?Will you conduct the activity?Will you tell if it was successful? |  |

## **Marketing Ideas**

[Public Library Association’s Marketing Strategies Page](https://www.ala.org/pla/resources/tools/public-relations-marketing/marketing-strategies)

## **NLM Exhibition Program**

[Host a Traveling Exhibition](https://www.nlm.nih.gov/hmd/get-involved/hostexhibitions.html)

## **Activities with NNLM Partners**

[Story Corps: All Our Voices Toolkit](https://allofus.nnlm.gov/storycorps)

[#CiteNLM Wikipedia Edit-a-thon](https://www.nnlm.gov/guides/wikipedia-edit-a-thon)

[Citizen Science Month](https://scistarter.org/citizensciencemonth)

## **[NNLM Reading Club](https://www.nnlm.gov/reading-club)**

[Provide Feedback](https://redcap.nubic.northwestern.edu/redcap/surveys/?s=3FP47XE8R7C7CMD8&guide=NNLM%20Reading%20Club&mla_ce_code=)

[NNLM Region 7 Graphic Medicine Community of Interest](https://www.nnlm.gov/guides/region-7-graphic-medicine-0)

[Diverse Voices in Health & Medicine Collections](https://www.nnlm.gov/reading-club/diverse-voices-collection)

## **Graphic Medicine**

[NNLM Region 7 Graphic Medicine Community of Interest](https://www.nnlm.gov/guides/region-7-graphic-medicine-0)

[Contact your RML](https://www.nnlm.gov/about/regions)

[Diverse Voices in Health and Medicine Collections](https://www.nnlm.gov/reading-club/diverse-voices-collection)

## **NNLM Guides & Resources**

[Order Free Informational Materials](https://www.nnlm.gov/guides/order)

[NNLM Proposal Writing Toolkit for Funding](https://www.nnlm.gov/guides/nnlm-proposal-writing-toolkit)

[NLM Product Guides](https://www.nnlm.gov/guides/nlm-product-guides)

## **NNLM All of Us Program Center**

[What is All of Us?](https://www.youtube.com/watch?v=ti50nS7B5vI)

## **NNLM Membership**

[NNLM Membership Directory](https://nnlm.gov/membership/directory)

[Become a member](https://www.nnlm.gov/membership/join)

## **NNLM Funding Opportunities**

[Explore NNLM Funding](https://www.nnlm.gov/funding)

## **Tools for NNLM Funding**

[NNLM Proposal Writing Toolkit](https://www.nnlm.gov/guides/nnlm-proposal-writing-toolkit)

[How to Apply for NNLM Funding](https://youtu.be/_1Q2QVa1id0?si=uFn07pFfZgu3itqU)

## **NNLM Training and Classes**

[Environmental Health and Justice: a brief primer](https://www.nnlm.gov/training/class/environmental-health-and-justice-brief-primer)

[Health Literacy On-Demand](https://www.nnlm.gov/training/class/health-literacy-demand)

[MedlinePlus Tutorial for Librarians and Health Educators](https://www.nnlm.gov/training/class/medlineplus-tutorial-librarians-and-health-educators)

[AHEM: clearing the way to easy-to-read health materials](https://www.nnlm.gov/training/class/ahem-clearing-way-easy-read-health-materials)

[Providing Mental Health Resources at Your Library](https://www.nnlm.gov/training/class-catalog/caring-mind-providing-mental-health-information-your-library)

[Consumer Health Collection Management](https://www.nnlm.gov/training/class-catalog/consumer-health-collection-management-demand)

[Providing Multilingual Health Information](https://www.nnlm.gov/training/class-catalog/providing-multilingual-health-information)

## **Consumer Health Information Specialization (CHIS)**

* [Learn more about CHIS](https://www.nnlm.gov/guides/consumer-health-information-specialization)
* Select Courses that apply to CHIS:
	+ [Beyond an Apple a Day: Providing Consumer Health Information at Your Library](https://www.nnlm.gov/training/class-catalog/beyond-apple-day-providing-consumer-health-information-your-library)
	+ [Health Misinformation Webinar series](https://www.nnlm.gov/training/class-catalog/health-misinformation-webinar-series%22%20%5Ct%20%22_blank)
	+ [Introduction to Health Reference: Ethics and Best Practices On-Demand](https://nnlm.gov/training/class/introduction-health-reference-ethics-and-best-practices)
	+ [Consumer Health Collection Management](https://nnlm.gov/training/class/consumer-health-collection-management-demand)
	+ [NNLM Book Discussion](https://www.nnlm.gov/training/class-catalog/nnlm-book-discussion)
	+ [Providing Mental Health Resources at your Library](https://www.nnlm.gov/training/class-catalog/providing-mental-health-information-your-library)

## **Health Equity and Access**

* [All of Us Research Program](https://allofus.nih.gov/)
* Centers for Disease Control and Prevention (CDC) [Health Equity Resources](https://www.cdc.gov/nccdphp/dnpao/health-equity/health-equity-resources.html)
* American Public Health Association (APHA) [Health Equity](https://www.apha.org/topics-and-issues/health-equity)
* Substance Abuse and Mental Health Services Administration (SAMHSA)
	+ [Behavioral Health](https://www.samhsa.gov/behavioral-health-equity/resources)
	+ [Equity Resources](https://www.samhsa.gov/behavioral-health-equity/resources)
* World Health Organization (WHO) [Health Equity](https://www.who.int/health-topics/health-equity)
* [MedlinePlus: Health Information in Multiple Languages](https://medlineplus.gov/languages/languages.html)

## **Cultural Humility**

[CDC Cultural Humility and Community Engagement](https://www.cdc.gov/globalhealth/equity/guide/cultural-humility.html)

[U.S. Department of Health & Human Services (HHS) Think Cultural Health](https://thinkculturalhealth.hhs.gov/)

[NNLM Video: "Integrating Cultural Humility into Practice" by Twanna Hodge](https://youtu.be/4uE4PIW2CDk)

[TEDx Memphis: "Reimagining the Public Library to Connect the Community" by Shamichael Hallman](https://youtu.be/JI2CLgq3LLk)