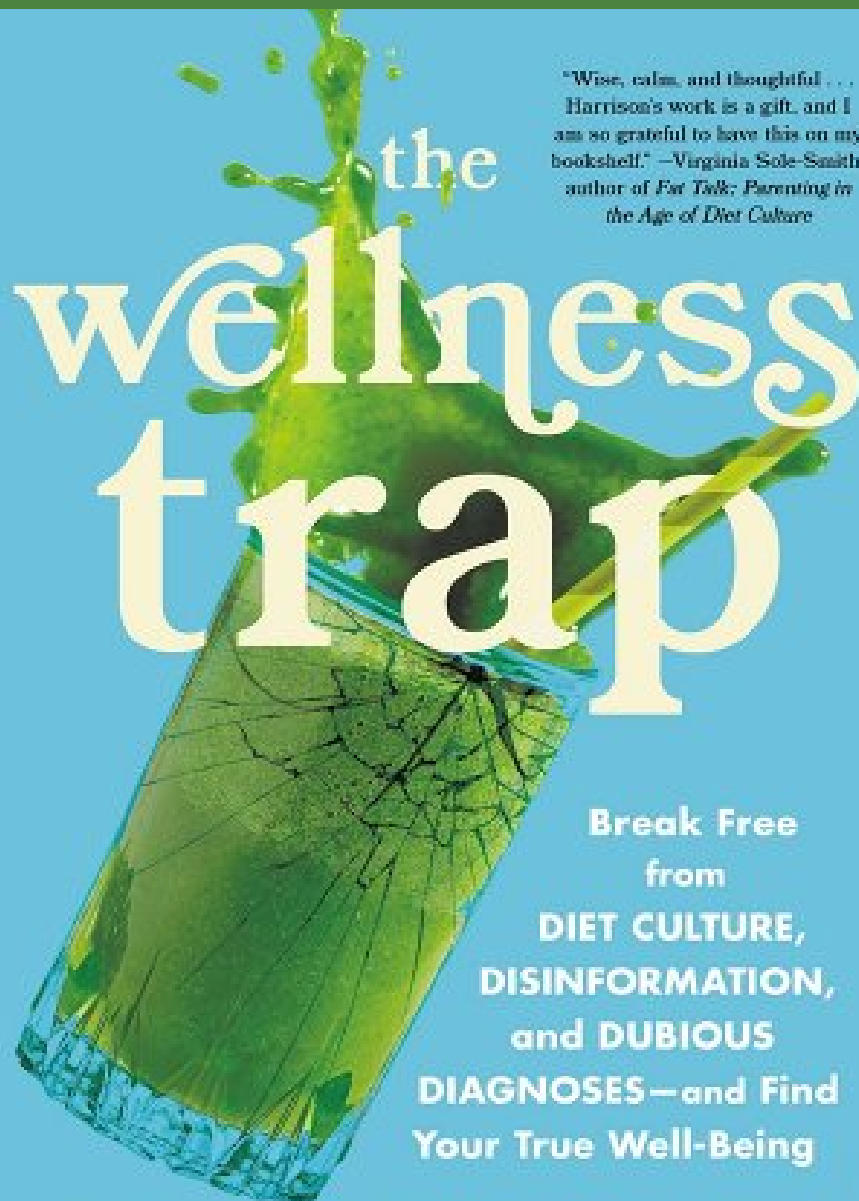


Join us for a book discussion!



"Wise, calm, and thoughtful . . .
Harrison's work is a gift, and I
am so grateful to have this on my
bookshelf." —Virginia Sole-Smith,
author of *Fat Talk: Parenting in
the Age of Diet Culture*

Break Free
from
DIET CULTURE,
DISINFORMATION,
and DUBIOUS
DIAGNOSES—and Find
Your True Well-Being

Christy Harrison, MPH, RD
Author of *ANTI-DIET*

Date:

Time:

Location: