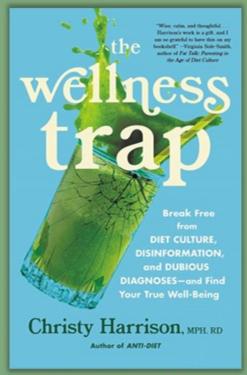
## Join us for a book discussion!



The Wellness Trap: Break Free from Diet Culture, Disinformation, and Dubious Diagnoses, and Find Your True Well-Being by Christy Harrison

Date: Time:

