

# NNLM *All of Us* Program Center Funded Projects

## We Care Wellness

Project Lead Organization: Pickens County Library System

Funding Year: 2021

Funding Amount: \$7,425



PICKENS COUNTY  
LIBRARY SYSTEM

### Community Partners

Pickens County

Pickens County Wellness Clinic

Michelle Spearman, Nutritionist, LLC

### Populations of Focus

Race & Ethnicity

Age

Annual Household Income

Disability

Educational Attainment

### Project Summary

Pickens County Library System's (PCLS) supported the health needs of the Pickens County community through educational programs, We Care Wellness activity kits, and community outreach promoting *All of Us* and NLM consumer health resources.

PCLS offered four cooking demonstrations at the FREE room in the Pickens County administration building using recipes from [MedlinePlus](#). All four cooking demonstrations targeted health concerns facing the residents of Pickens County. Three hundred promotional flyers were distributed. A total of 341 attendees joined the demonstrations, both in-person and virtually.

The library created We Care Wellness kits focused on health concerns for the residents of Pickens County. Each of PCLS's four library locations have thirteen kits, with two locations having a kit in Spanish and one in Chinese. Each kit contains information about [MedlinePlus](#) and the *All of Us* Research Program. They have added 248 items to their collection, and fifty-seven kits have been circulated so far.

PCLS also offered nine in-person events to demonstrate [MedlinePlus](#) and promote library card sign-ups. There were 97 attendees, 500 materials distributed, and twenty-eight new library cards issued. Each event conducted also included laptops to demonstrate how to access both [MedlinePlus](#) and the *All of Us* websites.

According to the survey results, all participants knew more about the *All of Us* Research Program after they attended a We Care Wellness event. Pickens County Library system staff also had the opportunity to watch the training webinars and explore both websites.

### South Carolina



## Key Words

Nutrition

Activity Kits

Health Literacy

## Project Highlights

**341** participants attended the 4 cooking demonstrations using recipes from MedlinePlus (in-person and virtual).

**57** We Care Wellness kits are circulating throughout Pickens County. Each library location has thirteen kits, with two locations having a kit in Spanish and one in Chinese. Each kit contains information about MedlinePlus and the *All of Us* Research Program.

**97** 97 community members visited the library at nine in-person events to demonstrate MedlinePlus and promote library card sign-ups. 500 materials were distributed and twenty-eight new library cards issued.

## Cost Estimates

*This section gives you a general idea of what costs to expect when implementing a similar program. Current costs may vary.*

- Supplies for wellness kits (x20) - \$5,000
- Supplies for workshops - \$500
- Instructor fees - \$1,000

## Recommendations

It was beneficial to create a work plan and set clear roles and responsibilities with timelines.

**Want to know more about this project?  
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