



National Library of Medicine
Network of the National Library of Medicine

Diverse Voices

Collection Development

Resources

Adult Collection
(2023 Edition)

Preface

The Diverse Voices in Health & Medicine Collection Development Project was borne of a funding opportunity offered by the Network of the National Library of Medicine (NNLM) Region 5, which serves the states of Alaska, Washington, Oregon, Nevada, California and Hawaii along with the U.S. Territories and Freely Associated States in the Pacific.

The award helps build collections that reflect voices of the communities served, as revealed through such genres as graphic medicine, fiction, nonfiction, memoirs, Young Adult, manuscripts (published and unpublished), oral histories and film. Expanding diverse voices in libraries (all types), public health agencies, academic programs, or community organizations ensures collection equity and supports health literacy by illuminating common or unique health issues facing underserved populations.

In all, NNLM Region 5 funded 27 Collection Equity Outreach Awards: 12 to public libraries, 11 to academic libraries, three to community-based organizations and one to a hospital library. Award recipients submitted final reports consisting of a bibliography of collection resources purchased, using a template created by NNLM staff to capture relevant bibliographic information. All 27 partner organizations returned these bibliographies, thus providing content for the Collection Development Resource. In total, awardees' bibliographies documented 1,400 unique resources purchased and shared. Each state in NNLM Region 5 is represented, as are myriad genres and formats.

A few caveats as you use this Resource:

- We chose not to use NLM's MeSH, LC's subject headings, Dewey Decimal or any other cataloging system but instead focused on terms that are commonly accepted and browsable. We asked Collection Equity awardees to state subject/topics for each bibliography resource as the initial starting point of our categorization. We sought and incorporated feedback from industry professionals and diverse colleagues within NNLM. We acknowledge that some terms may feel limiting to individual communities. The subject/topic headings used here are not intended to cause harm. In that spirit, if you find a term offensive or not representative, please reach out to nnlm@uw.edu with your concerns. We want to hear from you.
- For authors, we used what was submitted on the bibliography, so if two books have five authors each, and one awardee submitted John Doe et al. and the other submitted John Smith, Joe, Smith, Jane Smith, Jim Smith and Joan Smith, that's how they are displayed for each title.
- For ISBNs, we used what was submitted and made every effort to indicate the format, e.g., "(eBook) ISBN." We tried our best to fact-check the ISBNs, but some absurdity likely crept in, and we apologize in advance for any incorrect ISBNs you might discover.

Note for the 2023 Edition:

In 2023, we fixed small grammatical and style issues, expanded the subject list, and added over 500 additional materials and a Graphic Medicine Collection. These materials were submitted in bibliographies by 11 of the 27 original libraries.

Acknowledgements

NNLM Region 5 would like to thank the 27 libraries and community-based organizations who poured their heart and soul into their Collection Equity Awards and so graciously submitted their "final report" bibliography of resources they purchased, knowing these lists would be used to create a Collection Development Resource. Your hard work and dedication to representing and growing the voices of all the individuals you serve is inspiring!

Board of Regents, Nevada System of Higher Education (NSHE) on behalf of the University of Nevada, Las Vegas Health Sciences Library. [UNLV HSL], Las Vegas, NV

Clark Library, University of Portland, Portland, OR

Clatskanie Library District, Clatskanie, OR

Everett Public Library, Everett, WA

Jackson County Library District, Medford, OR

Juneau Public Libraries, Juneau, AK

Kenai Community Library, Kenai, AK

Lee Graff Medical Library, Beckman Research Institute of Research of the City of Hope, Duarte, CA

Los Angeles County Department of Public Health, Los Angeles, CA

Monterey County Free Libraries, Marina, CA

Norris Medical Library, USC Libraries, University of Southern California, Los Angeles, CA

North Bend Public Library, North Bend, OR

Oregon Health & Science University, Portland, OR

Oregon Post Adoption Resource Center (ORPARC), Portland, OR; a program of NW Resource Associates

Pacific University, Forest Grove, OR

Paul J. Cushing Library at Holy Names University, Oakland, CA

PlaneTree Health Library, San Jose, CA

Portland State University Library, Portland, OR

Providence System Library Services; Providence St. Vincent Hospital & Medical Center, Portland, OR

Redwood City Public Library, Redwood City, CA

The Regents of the University of California, San Francisco, CA

San Bruno Public Library, San Bruno, CA

San Diego State University Research Foundation, San Diego, CA

Springfield Public Library, Springfield, OR

UAA/APU Consortium Library/Alaska Medical Library, Anchorage, AK

Wailuku Public Library, Wailuku, HI

Walla Walla Rural Library District, Walla Walla, WA

Lastly, NNLM Region 5 would like to thank Kristi Torp, MLS, for her can-do spirit, thoughtful questions, organizational skills and multi-tasking abilities in piecing the Diverse Voices Collection Development

resource together and Michele Spatz, MLS, for her creativity, leadership and dedication to bringing the overall NNLM Region 5 Diverse Voices Project to life.

Browse Materials by Subject

(Subtitles are hyperlinked to quickly visit subject pages)

Addiction and Recovery		Healthcare System	
General Titles	1	General Titles / Reference Books	70
Aging		Health Equity	72
General Titles	9	Health Professions	80
Body Systems and Diseases		Women Physicians	82
General Titles	12	Public Health	86
Alzheimer's Disease & Dementia	13	LGBTQIA+ Health	
Anatomy & Physiology	15	General Titles	88
Autoimmune & Chronic Illness	16	Mental Health and Psychology	
Brain Disorders	17	General Titles	97
Cancers	18	Anxiety	108
Diabetes	21	Attention Deficit Disorders	110
Digestive System	22	Autism Spectrum Disorder	111
Fetal Alcohol Spectrum Disorders	23	Depression	113
Genetic Disorders	24	Eating Disorders	115
Heart & Circulation	25	Grief & Loss	116
HIV/AIDS	26	Self-Help	117
Nervous System Diseases	28	Suicide & Suicide Prevention	120
Pain	29	Trauma & Post-Traumatic Stress	121
Pandemics & Epidemics	30	Disorder (PTSD)	
Sleep	32	Nutrition and Fitness	
Death and Dying		Cookbooks	124
General Titles	33	Fitness & Exercise	129
General Health & Wellness		Food & Nutrition	133
General Titles	34	Parenting	
Holistic Wellness (Including	36	General Titles	136
Mindfulness & Meditation)		Adoption & Foster Care	139
Health of People with Disabilities		Sexual and Reproductive Health	
General Titles	39	General Titles	140
Hearing Loss	43	Infertility	142
Health Topics for People of Color		Menopause	143
General Titles	44	Pregnancy & Childbirth	144
Alaska Natives	45	Reproductive Health Disparities	
Arab & Middle Eastern Americans	46	Sexual Violence	149
Asian & Asian Americans	47	Sexually Transmitted Diseases	150
Black & African Americans	50	Social Issues	
Hispanic or Latine	59	General Titles	151
Indigenous Peoples	61	Abuse or Violence	153
Multiracial Individuals	64	Diversity, Equity, & Inclusion	154
Native Americans	65	Environmental Health	158
Native Hawaiians and	69	Immigration	159
Pacific Islanders		Racism	160
		Continued on next page...	
			162

Relationships	
War	163
Traditional Medicine	
General Titles	164
Women's Health (see also Sexual and Reproductive Health)	
General Titles	166

Addiction and Recovery
General Titles

Nonfiction

12 More Stupid Things That Mess Up Recovery

by Allen Berger

Hazelden, 2016. 140 pages. ISBN: 978-1616496548

12 Smart Things to Do When the Booze and Drugs Are Gone

by Allen Berger

Hazelden, 2010. 192 pages. ISBN: 978-1592858217

The 12 Step Prayer Book

by Bill P.

Hazelden, 2019. 416 pages. ISBN: 978-1616498863

12 Stupid Things That Mess Up Recovery

by Allen Berger

Hazelden, 2008. 136 pages. ISBN: 978-1592854868

Addict in the Family

by Beverly Conyers

Hazelden, 2021. 225 pages. ISBN: 978-1616499556

Addiction Free Naturally

by Brigitte Mars

Healing Arts Press, 2020. 320 pages. ISBN: 978-1644111116

Addictive Thinking

by Abraham Twerski

Hazelden, 1997. 136 pages. ISBN: 978-1568381381

Alcoholics Anonymous Big Book Large Print

Alcoholics Anonymous

AA World Service, 2001. 575 pages. ISBN: 978-1893007185

Alcoholics Anonymous Big Book Pocket Edition

Alcoholics Anonymous

AA World Service, 1986. 191 pages. ISBN: 978-0916856595

Alcoholics Anonymous Big Book

Anonymous

AA World Service, 2001. 576 pages. ISBN: 978-1893007178

As Bill Sees It Hardcover

by Bill W.

AA World Service, 1973. 332 pages. ISBN: 978-0916856038

Back to Basics

by Wally P.

Faith with Works, 2006. 148 pages. ISBN: 978-0965772013

Being Sober

by Harry Haroutunian

Rodale, 2013. 272 pages. ISBN: 978-0593236239

Body Mind and Spirit

Anonymous

Hazelden, 1990. 384 pages. ISBN: 978-1568380773

Commitment to Sobriety

by Martin Fleming

Johnson Institute, 1991. 40 pages. ISBN: 978-1562460235

Cornerstones

by Victor La Cerva

Hazelden, 2018. 400 pages. ISBN: 978-1616497620

Criminal and Addictive Thinking Workbook

by Hazelden & Minnesota Department of Corrections

Hazelden, 2019. 200 pages. ISBN: 978-1616497903

A Day at a Time

by Anonymous

Hazelden, 1989. 400 pages. ISBN: 978-1568380360

Days of Healing, Days of Joy

by Earnie Larsen

Hazelden, 1987. 400 pages. ISBN: 978-0894864551

The Devil's Playbook

by Lauren Etter

Crown Publishing Group NY, 2021. 496 pages. ISBN: 978-0593237984

Drop the Rock

by Bill P.

Hazelden, 2005. 132 pages. ISBN: 978-1592851614

Each Day a New Beginning

by Karen Casey

Hazelden, 1982. 400 pages. ISBN: 978-0894861611

Easy Does It

Anonymous

Hazelden, 1990. 400 pages. ISBN: 978-1568385075

Find Your Light

by Beverly Conyers

Hazelden, 2020. 168 pages. ISBN: 978-1616498030

From the Ashes: My Story of Being Indigenous, Homeless, and Finding My Way

by Jesse Thistle

Atria Books, 2021. 354 pages. ISBN: 978-1982182946

**Collocated: Indigenous Peoples*

A Gentle Path through the Twelve Steps Updated and Expanded

by Patrick Carnes

Hazelden, 2012. 340 pages. ISBN: 978-1592858439

Get Your Loved One Sober

by Robert Meyers

Hazelden, 2004. 250 pages. ISBN: 978-1592850815

Getting Started in AA

by Hamilton B.

Hazelden, 1995. 228 pages. ISBN: 978-1568380919

Introducción al tratamiento

(Introduction to Treatment Workbook)

Minnesota Department of Corrections

Hazelden, 2019. 124 pages. ISBN: 978-1616497965

Español

An Introductory Guide to Narcotics Anonymous

Narcotics Anonymous

Narcotics Anonymous World Services, 1991. 136 pages. ISBN: 978-1557761484

It Takes a Family

by Debra Jay

Hazelden, 2021. 340 pages. ISBN: 978-1616499129

Just for Today

Narcotics Anonymous

Narcotics Anonymous World Services, 1992. 389 pages. ISBN: 978-1557761514

Keep It Simple

Anonymous

Hazelden, 1989. 400 pages. ISBN: 978-0894866258

The Language of Letting Go

by Melody Beattie

Hazelden, 1990. 393 pages. ISBN: 978-0894866371

El lenguaje del adiós

(The Language of Goodbye)

by Melody Beattie

Grupo Patria Cultural, 2016. 432 pages. ISBN: 978-6070400445

Español

El libro grande de Alcoholicos Anonimos

(Alcoholics Anonymous Big Book)

World Services AA

AA World Service, 2008. 528 pages. ISBN: 978-1893007956

Español

Life with Hope

Marijuana Anonymous

Marijuana Anonymous, 2020. 232 pages. ISBN: 978-0976577935

Life with Hope 12 Step Workbook

Marijuana Anonymous

Marijuana Anonymous, 2020. 72 pages. ISBN: 978-0976577911

The Little Red Book

Anonymous

Hazelden, 1967. 160 pages. ISBN: 978-0894860041

The Little Red Book for Women

Anonymous

Hazelden, 2004. 156 pages. ISBN: 978-1592850822

Living the Twelve Traditions in Today's World
by Michael Fitzpatrick
Hazelden, 2012. 240 pages. ISBN: 978-1616491963

**Llegamos a creer
(We Came to Believe)**
Alcoholics Anonymous
AA World Service, 1987. 200 pages. ISBN: 978-0916856212

Español

Love First
by Jeff Jay
Hazelden, 2021. 340 pages. ISBN: 978-1616499099

A Man's Way through the Twelve Steps
by Dan Griffin
Hazelden, 2009. 288 pages. ISBN: 978-1592857241

Mindfulness and the 12 Steps
by Thérèse Jacobs-Stewart
Hazelden, 2010. 208 pages. ISBN: 978-1592858200

NA, It Works How and Why
World Service Office
Narcotics Anonymous World Services, 1993. 221 pages. ISBN: 978-1557761811

**Narcóticos Anónimos texto básico
(Narcotics Anonymous Basic Text)**
by World Service Office
Narcotics Anonymous World Services, 2010. 446 pages. ISBN: 978-1557768407

Español

Narcotics Anonymous
by Anonymous
Narcotics Anonymous World Services, 2008. 425 pages. ISBN: 978-1557767356

A New Direction: Alcohol and Other Drug Education Workbook
by Hazelden & Minnesota Department of Corrections
Hazelden, 2019. 175 pages. ISBN: 978-1616497927

A New Direction: Introduction to Treatment Workbook
by Hazelden & Minnesota Department of Corrections
Hazelden, 2019. 124 pages. ISBN: 978-1616497910

Night Light

by Amy Dean

Hazelden, 1986. 400 pages. ISBN: 978-0894863813

**Pensamiento adictivo y criminal
(Criminal and Addictive Thinking Workbook)**

Hazelden

Hazelden, 2019. 200 pages. ISBN: 978-1616497989

A Program for You

by Anonymous

Hazelden, 1991. 192 pages. ISBN: 978-0894867415

Recovering My Kid

by Joseph Lee

Hazelden, 2012. 250 pages. ISBN: 978-1616492649

Reduce Craving

by Katrin Schubert

Hazelden, 2016. 160 pages. ISBN: 978-1616496371

Rein In Your Brain

by Cynthia Tuohy

Hazelden, 2013. 240 pages. ISBN: 978-1616494674

Relieve Stress

by Katrin Schubert

Hazelden, 2016. 120 pages. ISBN: 978-1616496388

The Red Road to Wellbriety: In the Native American Way

by White Bison

White Bison, Inc, 2006. 299 pages. ISBN: 978-0971990401

**Collocated: Native Americans*

Sober but Stuck

by Dan F.

Hazelden, 1991. 228 pages. ISBN: 978-1568380780

Sober Dad

by Michael Graubart

Hazelden, 2017. 226 pages. ISBN: 978-1616497002

Español

A Sober Mom's Guide to Recovery

by Rosemary O'Connor

Hazelden, 2015. 192 pages. ISBN: 978-1616496029

Staying Sober: A Guide for Relapse Prevention

by Terence Gorski

Herald House, 1987. 227 pages. ISBN: 978-0830904594

Staying Sober: Tips for Working a Twelve Step Program of Recovery

by Meredith Gould

Hazelden, 1999. 200 pages. ISBN: 978-1568383408

Stools and Bottles

Anonymous

Hazelden, 1967. 159 pages. ISBN: 978-0894860270

Stress and Recovery

by Patricia Hoolihan

Hazelden, 1984. 24 pages. ISBN: 978-0894862366

Tending Dandelions

by Sandra Swenson

Hazelden, 2017. 250 pages. ISBN: 978-1616497200

Three Simple Rules

by Michael Graubart

Hazelden, 2018. 136 pages. ISBN: 978-1616497767

Twelve Steps and Twelve Traditions

Alcoholics Anonymous

AA World Service, 1973. 192 pages. ISBN: 978-0916856014

Large Print 9780916856458

Twenty-Four Hours a Day

Anonymous

Hazelden, 1954. 366 pages. ISBN: 978-0894860126

Unwelcome Inheritance

by Lisa Woititz

Hazelden, 2015. 192 pages. ISBN: 978-1616495909

The Urge: Our History of Addiction

by Carl Erik Fisher

Penguin Press, 2022. 400 pages. ISBN: 978-0525561446

Walk in Dry Places

by Mel B.

Hazelden, 1996. 400 pages. ISBN: 978-1568381275

A Woman's Way through the Twelve Steps

by Stephanie Covington

Hazelden, 1994. 264 pages. ISBN: 978-0894869938

Yesterday's Tomorrow

by Barry Longyear

Hazelden, 1997. 342 pages. ISBN: 978-1568381602

Graphic Novels**My Alcoholic Escape from Reality**

by Kabi Nagata (Author, Artist), Jocelyne Allen (Translator), Lianne Sentar (Adapter), Karis Page (Illustrator), Gwen Silver (Illustrator)

Seven Seas Entertainment, 2021. 133 pages. ISBN: 978-1645059998

Translated from Japanese

**Collocated: Asian & Asian Americans*

Video & Film Recordings**Dosed**

by Tyler Chandler

Abramorama Selects, 2021. 83 minutes. DVD.

For Walter and Josiah

by Jamie Eliassaint

Buffalo 8, 2023. 75 minutes. DVD.

Love In the Time of Fentanyl

by Colin Askey

Collective Eye Films, 2023. 80 minutes. DVD.

The Stairs

by Hugh Gibson

Grasshopper Film, 2022. 95 minutes. DVD.

Who We Are: Life Loss & Hope in the Opioid Epidemic

by Nicholas Brewer

EPF Media, 2021. 27 minutes. DVD.

**Aging
General Titles**

Nonfiction

Aging with Agency: Building Resilience, Confronting Challenges, and Navigating Eldercare

by Sandi Peters

Random House, 2020. 280 pages. eBook ISBN: 978-1623174378

Better Balance for Life

by Carol Clements

Workman Publishing, 2018. Unpaged. eBook ISBN: 978-1615194261

Embrace Aging: Conquer Your Fears and Enjoy Added Years

by Jeannette Guerrasio, MD

Rowman and Littlefield Publishing Group, 2022. 280 pages. eBook ISBN: 978-1538164211

From Strength to Strength: Finding Success, Happiness, and Deep Purpose in the Second Half of Life

by Arthur C. Brooks

Portfolio/Penguin, 2022. 252 pages. ISBN: 978-0593191484

I Remember Nothing: and Other Reflections

by Nora Ephron

Knopf, 2010. 135 pages. ISBN: 978-0307595607

Manual of Healthy Longevity & Wellbeing

by Luigi Fontana

Hardie Grant Books, 2023 215 pages. ISBN: 978-1743796825

Midlife Crisis

by Clara Dakota

Austin Macauley, 2022. 68 pages. ISBN: 978-1398422285

Natural and Home Remedies for Aging Well

by Bottom Line Inc.

Sourcebooks, 2018. 346 pages. eBook ISBN: 978-1492665816

The Neuroscience of Memory: Seven Skills to Optimize Your Brain Power, Improve Memory, and Stay Sharp at Any Age

by Sherrie D. All

New Harbinger, 2021. 183 pages. eBook ISBN: 978-1684037445

The New Old Me: My Late-Life Reinvention

by Meredith Maran

Blue Rider Press, 2017. 288 pages. ISBN: 978-0399574139

Superaging

by David Cravit

Flashpoint, 2023 236 pages. ISBN: 978-1954854864

Transformations in Queer, Trans, and Intersex Health and Aging

by Alexandra C.H. Nowakowski

Lexington Books, 2020. 100 pages. eBook ISBN: 978-1793616357

**Collocated: LGBTQIA+ Health*

True Age

by Morgan Levine

Avery Pub Group, 2023 294 pages. ISBN: 978-0593542767

Understanding Racial and Ethnic Differences in Health in Late Life: A Research Agenda

by Rodolfo A. Bulatao

Natl Academy Press, 2004. 169 pages. ISBN: 978-0309092470

**Collocated: Health Topics for People of Color*

Women Rowing North: Navigating Life's Currents and Flourishing as We Age

by Mary B. Pipher

Bloomsburg Publishing, 2019. 272 pages. ISBN: 978-1632869623

Yoga for Healthy Aging: A Guide to Lifelong Well-Being

by Baxter Bell & Nina Zolotow

Random House, 2017. Unpaged. eBook ISBN: 978-0834841222

**Collocated: Fitness & Exercise*

Graphic Novels

The Summer of Her Life

by Thomas von Steinaecker

SelfMadeHero, 2020. 73 pages. ISBN: 978-1910593783

(Translated from German)

Things to Do in a Retirement Home Trailer Park

by Nye Wright

Penn State University Press, 2015. 306 pages. ISBN: 978-0271071121

Video & Film Recordings

The Art of Aging: A Prescription for Mind and Body

by Brian Carpenter

Dreamscape Media, 2021 48 minutes. DVD.

Body Systems and Diseases
General Titles

Nonfiction

Breathing Lessons: A Doctor's Guide to Lung Health

by MeiLan K. Han

W.W. Norton & Company, 2022. 176 pages. ISBN: 978-0393866629

Graphic Novels

**Medicina pop
(Pop Medicine)**

by Yo Doctor

Plan B, 2020. 112 pages. ISBN: 978-8417809614

Español

**Body Systems and Diseases
Alzheimer's Disease & Dementia**

Fiction

Morningside Heights

by Joshua Henkin

Atheneom books, 2021. 304 pages. ISBN: 978-1524748357

Nonfiction

The 30-Day Alzheimer's Solution: The Definitive Food and Lifestyle Guide to Preventing Cognitive Decline

by Dean Sherzai

HarperOne, 2021. 248 pages. ISBN: 978-0062996954

The 36-Hour Day: A Family Guide to Caring for Persons with Alzheimer Disease, Related Dementing Illnesses, and Memory Loss in Later Life

by Nancy L. Mace

Johns Hopkins University Press, 2021. 341 pages. ISBN: 978-1421441719

ISBN: 978-0801865213 Large Print

Dementia Prevention

by Emily Clionsky

John Hopkins University Press, 2023. 261 pages. ISBN: 978-1421446257

A Loved One with Dementia

by Jean Rawitt

Rowman & Littlefield, 2020. 150 pages. ISBN: 978-1538136980

What You Need to Know About Alzheimer's Disease

by Matthew Domico

Greenwood Pub Group, 2022. 202 pages. ISBN: 978-1440870316

Graphic Novels

Tangles: A Story About Alzheimer's, My Mother, and Me

by Sarah Leavitt

WW Norton, 2010. 127 pages. ISBN: 978-1616086398

Video & Film Recordings

Determined (Fighting Alzheimer's)

by Melissa Godoy

PBS, 2022. 55 minutes, DVD.

Body Systems and Diseases
Anatomy and Physiology

Nonfiction

Comó funciona el cuerpo humano
(How the Human Body Works)

by Various Authors

DK Publishing, 2018. 256 pages. ISBN: 978-1465478795

Español

The Complete Human Body

by Alice Roberts

DK, 2023. 536 pages. ISBN: 978-0744073676

El gran libro del cuerpo humano
(The Big Book of the Human Body)

by Alice Roberts

DK Publishing, 2018. 528 pages. ISBN: 978-1465478788 Nonfiction

Español

Immune: A Journey into The Mysterious System That Keeps You Alive

by Philipp Dettmer

Random House. 2021. 341 pages. ISBN: 978-0593241318

Graphic Novels

Cells at Work: Baby! Volume 1

by Yasuhiro Fukuda & Akane Shimizu

Kodansha Advanced Media LLC, 2021. 160 pages. ISBN: 978-1646512027

eBook ISBN: 978-1646595556

Cells at Work: Baby! Volume 2

by Yasuhiro Fukuda & Akane Shimizu

Kodansha Advanced Media LLC, 2021. 176 pages. ISBN: 978-1646512034

eBook ISBN: 978-1646598205

Body Systems and Diseases Autoimmune & Chronic Illness

Nonfiction

The Invisible Kingdom: Reimagining Chronic Illness

by Meghan O'Rourke

Riverhead Books, 2022. 336 pages. ISBN: 978-1594633799

What Doesn't Kill You: A Life with Chronic Illness- Lessons from A Body in Revolt

by Tessa Miller

Henry Holt, 2022. 320 pages. ISBN: 978-1250751478

Graphic Novels

Chlorine Gardens

by Keiler Roberts

Koyama Press, 2018. 128 pages. ISBN: 978-1927668580

**Collocated: Mental Health & Psychology*

The Infinite Wait and Other Stories

by Julia Wertz

Koyama Press, 2012. 228 pages. ISBN: 978-0987963024

A Matter of Appearance: A Memoir

by Emily Wells

Seven Stories Press, 2023. 191 pages. ISBN: 978-1644212769

**Collocated: Heart & Circulation*

My Begging Chart

by Keiler Roberts

Drawn & Quarterly, 2021. 153 pages. ISBN: 978-1770464582

**Collocated: Nervous System Diseases*

Audio & Sound Recordings

Mayo Clinic Guide to Fibromyalgia

by Andy Abril

Recorded Books, 2020. 630 minutes. CD Audiobook.

Body Systems and Diseases
Brain Disorders

Nonfiction

Dyscalculia: A Love Story of Epic Miscalculation

by Camonghne Felix

One World/Ballantine, 2023. 224 pages. ISBN: 978-0593242179

Graphic Novels

Coma

by Zara Slattery

Myriad Editions, Hove, 2021. 271 pages. ISBN: 978-1912408665

Epileptic

by David B.

Pantheon, 2006. 368 pages. ISBN: 978-0375714689

Mirror Mind: Growing Up Dyslexic

by Tory Woollcott

2009. Unpaged. ISBN: 978-0981276601

**Collocated: Young Adult Collection*

Parenthesis

by Elodie Durand

Top Shelf Productions, 2021. 222 pages. ISBN: 978-1603094818

eBook ISBN: 978-1684069590

Take Care, Son

by Tony Husband

Constable and Robinson, 2014. 64 pages. ISBN: 978-1472115560

Body Systems and Diseases
Cancers

Nonfiction

Applying Big Data to Address the Social Determinants of Health in Oncology

National Academies Press, 2020. 61 pages. ISBN: 978-0309679060

**Collocated: Public Health*

Beat Cancer Kitchen

by Chris Wark

Hay House, 2023. 241 pages. ISBN: 978-1401965211

**Collocated: Cookbooks*

The Black Woman's Breast Cancer Survival Guide

by Cheryl Holloway

Praeger, 2017. 203 pages. ISBN: 978-1440856082

**Collocated: Black & African Americans*

Breast Cancer Facts, Myths, and Controversies

by Madelon L. Finkel

Praeger Pub Text, 2021. 240 pages. ISBN: 978-1440875137

Cancer Health Equity Research

by Marvella E. Ford

Academic Press, 2020. 246 pages. ISBN: 978-0128201763

Cancer Navigation: Charting the Path Forward for Low Income Women of Color

by Anjanette Wells

Oxford University Press, 2022. 182 pages. ISBN: 978-0190672867

**Collocated: Health Equity*

**El cancer y la nueva biología del agua
(Cancer and the New Water Biology)**

by Thomas Cowan

Editorial Sirio, 2021. 256 pages. ISBN: 978-8418531132

Español

**El código del cáncer
(The Cancer Code)**

by Jason Fung

Editorial Sirio, 2022. 400 pages. ISBN: 978-8418531507

Español

Crying in H Mart

by Michelle Zauner

Alfred a Knop Inc., 2021. 239 pages. ISBN: 978-0525657743

Moving Through Cancer: An Exercise and Strength-Training Program for the Fight of Your Life

by Kathryn Schmitz

Chronicle prism, 2021. 272 pages. ISBN: 978-1797210254

Talking To My Tatas: All You Need to Know from a Breast Cancer Researcher and Survivor

by Dana Brantley-Sieders

Rowman & Littlefield Publishers, 2022. 292 pages. ISBN: 978-1538155103

Graphic Novels

Algo extraño me pasó camino de casa

(Something Strange Happened to Me on the Way Home)

by Miguel Gallardo

Astiberri Ediciones, 2021. 80 pages. ISBN: 978-8418215339

Español

Cancer Made Me a Shallower Person

by Miriam Engelberg

HarperCollins, 2006. 126 pages. ISBN: 978-0060789732

Cancer Vixen: A True Story

by Marisa A. Marchetto

Pantheon Books, 2009. 211 pages. ISBN: 978-0375714740

eBook: 9781101870556

In Waves

by AJ Dungo

Nobrow, 2019. 368 pages. ISBN: 978-1910620632

Kimiko Does Cancer: A Graphic Memoir

by Kimiko Tobimatsu

Arsenal Pulp Press, 2020. 94 pages. ISBN: 978-1551528199

**Collocated: Asian & Asian Americans and LGBTQIA+ Health*

Lissa: A Story About Medical Promise, Friendship, and Revolution

by Sherine Hamdy & Coleman Nye

University of Toronto Press, 2017. 304 pages. ISBN: 978-1487593483

Mom's Cancer

by Brian Fies

Harry N Abrams, 2006. 136 pages. ISBN: 978-1613122419

My Diary

by Mio Matsumoto

Jonathon Cape, 2008. 200 pages. ISBN: 978-0224084437

Our Cancer Year

by Harvey Pekar & Joyce Brabner

Running Press, 1994. 252 pages. ISBN: 978-1568580111

Stargazing

by Jen Wang

First Second, 2019. 208 pages. ISBN: 978-1250183873

Stitches: A Memoir

by David Small

WW Norton, 2016. 336 pages. ISBN: 978-0393634334

Body Systems and Diseases

Diabetes

Nonfiction

Diabetes Sourcebook, 8th Ed.

by Kevin Hayes

Omnigraphics, 2021. 600 pages. ISBN: 978-0780819726

Diabetes: A History of Race and Disease

by Arleen M. Tuchman

Yale University Press, 2020. 266 pages. ISBN: 978-0300228991

Take Control of Your Diabetes Risk

by John J. Whyte

Harper Horizon, 2022. 288 pages. ISBN: 978-0785240679

What You Need to Know About Diabetes

by Tish Davidson

Greenwood Pub Group, 2020. 176 pages. ISBN: 978-1440868603

Winning with Diabetes

by Mark D. Corriere

Johns Hopkins University Press, 2023. 180 pages. ISBN: 978-1421445588

Graphic Novels

Martin Peters: A Graphic Novel

by Patrick Allaby

Conundrum Press, 2019. Unpaged. ISBN: 978-1772620382

Video & Film Recordings

Diabetes and Exercise

Roberta Anding

Idea Health and Fitness Association, 2011. 74 minutes. DVD.

**Collocated: Fitness & Exercise*

Blood Sugar Rising

Directed by David Alvarado

PBS, 2020. 120 minutes. DVD.

Body Systems and Diseases
Digestive System

Nonfiction

Heal Your Leaky Gut Diet and Meal Plan

by David Brownstein

Humanix Pub LLC, 2023. 170 pages. ISBN: 978-1630062217

**Collocated: Cookbooks*

Audio & Sound Recordings

Mayo Clinic on Digestive Health

by Sahil Khanna

Recorded Books, 2020. 445 minutes CD Audiobook.

Body Systems and Diseases
Fetal Alcohol Spectrum Disorders

Nonfiction

Dando sentido a la locura: guía de supervivencia para el TEAF **Español**
(Making Sense of the Madness: An FASD Survival Guide)

by Jeff Noble

CreateSpace Independent Publishing Platform, 2016. 124 pages. ISBN: 978-1533117472

TEAF recetas para no perder la cabeza: **Español**
Un catálogo de conocimiento colectivo e ideas que te harán decir “hmmm”
(FASD Sound Bites and Sanity Savers)

by Jeff Noble

CreateSpace Independent Publishing Platform, 2016. 130 pages. ISBN: 978-1533087386

Body Systems and Diseases
Genetic Disorders

Nonfiction

Normal: A Mother and Her Beautiful Son

by Magdalena M. Newman

Houghton Mifflin Harcourt, 2020. 260 pages. ISBN: 978-1328593122

Graphic Novels

Hole in the Heart: Bringing Up Beth

by Henny Beaumont

Penn State University Press, 2016. 273 pages. ISBN: 978-0271077406

**Collocated: Parenting*

Ronan and the Endless Sea of Stars

by Rick Louis

Harry N. Abrams, 2022. 160 pages. ISBN: 978-1419751080

Body Systems and Diseases
Heart and Circulation

Nonfiction

Heart: A History

by Sandeep Jauhar

Farrar, Straus and Giroux, 2018. 269 pages. ISBN: 978-0374168650

**Collocated: Healthcare Professions*

A Matter of Appearance: A Memoir

by Emily Wells Seven Stories Press, 2023. 191 pages. ISBN: 978-1644212769

**Collocated: Autoimmune & Chronic Illness*

The Open Heart Club: A Story About Birth and Death and Cardiac Surgery

by Gabriel Brownstein

PublicAffairs, 2019. 355 pages. ISBN: 978-1610399494

Audio & Sounds Recordings

Understanding the Heart

by Stephen Hussey, (narrated by Bob Souer)

Dreamscape Media LLC, 2022. 589 minutes. Audio CD ISBN: 978-1666608489

Body Systems and Diseases
HIV/AIDS

Fiction

Full Disclosure

by Camryn Garrett

Ember, 2020. 320 pages. ISBN: 978-1984829986

Nonfiction

All the Young Men: A Memoir of Love, AIDS, and Chosen Family in the American South

by Ruth C. Burks

Grove, 2021. 368 pages. ISBN: 978-0802157256

**Collocated: LGBTQIA+ Health*

And the Band Played On: Politics, People, and the AIDS Epidemic

by Randy Shilts

St. Martin's Press, 2007. 630 pages. ISBN: 978-0312374631

**Collocated: LGBTQIA+ Health*

The Bartlett Pocket Guide to HIV/AIDS Treatment 2021

by Paul A. Pham

Ppham and Jbriggs LLC, 2021. 124 pages. ISBN: 978-0996733366

Hidden Mercy: AIDS, Catholics and the Untold Stories

by Michael J. O'Loughlin

Broadleaf Books, 2021. 281 pages. ISBN: 978-1506467702

**Collocated: LGBTQIA+ Health*

How to Survive a Plague: The Story of How Activists and Scientists Tamed AIDS

by David France

Vintage, 2017. 640 pages. ISBN: 978-0307745439

**Collocated: LGBTQIA+ Health*

Let the Record Show: A Political History of Act Up New York

by Sarah Schulman

Picador, 2022. 752 pages. ISBN: 978-1250849120

**Collocated: LGBTQIA+ Health*

To Make the Wounded Whole: The African American Struggle against HIV/AIDS

by Dan Royles

The University of North Carolina Press, 2020. 319 pages. ISBN: 978-1469661339

**Collocated: Black & African Americans*

When We Rise: My Life in the Movement

by Cleve Jones

Hachette Books, 2017. 291 pages. ISBN: 978-0316315418

**Collocated: LGBTQIA+ Health*

Graphic Novels

Blue Pills: A Positive Love Story

by Frederik Peeters

Jonathan Cape, 2008. 190 pages. ISBN: 978-0224082396

Pedro and Me: Friendship, Loss, and What I Learned

by Judd Winick

Henry Holt, 2009. 192 pages. ISBN: 978-0805089646

Taking Turns: Stories from HIV/AIDS Care Unit 371

by MK Czerwiec

Penn State University Press, 2017. 213 pages. ISBN: 978-0271079677

Body Systems and Diseases
Nervous System Diseases

Fiction

Every Note Played: A Novel

by Lisa Genova

Scout Press, 2019. 307 pages. ISBN: 978-1476717814

Nonfiction

What You Need to Know About ALS

by Harry Levine III

Greenwood Pub Group, 2019. 149 pages. ISBN: 978-1440863561

Graphic Novels

Last Things: A Graphic Memoir of Loss and Love

by Marissa Moss

Conari Press, 2017. 176 pages. ISBN: 978-1633410596

My Begging Chart

by Keiler Roberts

Drawn & Quarterly, 2021. 153 pages. ISBN: 978-1770464582

**Collocated: Autoimmune & Chronic Illness*

My Degeneration: A Journey Through Parkinson's

by Peter Dunlap-Shohl

Penn State University Press, 2015. 96 pages. ISBN: 978-0271078953

Spiral Cage

by Al Davison

Active Images, 2003. 144 pages. ISBN: 978-0974056715

Us Two Together

by Ephameron

Penn State University Press, 2019. 232 pages. ISBN: 978-0271084916

Body Systems and Diseases

Pain

Nonfiction

El estrés, otras alteraciones emocionales y tu dolor de espalda (Stress, Other Emotional Disturbances and Your Back Pain)

by Roberto Junquera

Obelisco, 2022. 162 pages. ISBN: 978-8491119173

Español

Not Weakness: Navigating the Culture of Chronic Pain

by Francesca Grossman

She Writes Press, 2023. 256 pages. ISBN: 978-1647424770

Pain Management

by Myrna Goldstein

Green Wood Pub Group, 2020. 386 pages. ISBN: 978-1440876950

Talking Back: How to Overcome Chronic Back Pain and Rebuild Your Life

by Rowland Hazard

Rowman & Littlefield, 2021. 160 pages. ISBN: 978-1538146651

What You Need to Know About Headaches

by Claudio Buttice

Greenwood Pub Group, 2022. 196 pages. ISBN: 978-1440875311

Graphic Novels

Pain Is Really Strange

by Steve Haines (Author), Sophie Standing (Artist)

Singing Dragon, 2015. 32 pages. ISBN: 978-1848192645

Body Systems and Diseases
Pandemics and Epidemics (Widespread Disease)

Nonfiction

From TB to AIDS: Epidemics Among Urban Blacks Since 1900

by David McBride

State University of New York Press. 1991. 254 pages. ISBN: 978-0791405291

**Collocated: Black & African Americans*

Historia de las epidemias en México

Español

(History of Epidemics in Mexico)

by José N. Iturriaga

Penguin Random House Grupo Editorial, S.A.U., 2020. 230 pages. ISBN: 978-6073197168

eBook ISBN: 978-6073197755

**Collocated: Hispanic or Latine*

The Myth of Closure: Ambiguous Loss in a Time of Pandemic and Change

by Pauline Boss

W.W. Norton & Company, 2021. 192 pages. ISBN: 978-1324016816

**Collocated: Mental Health & Psychology*

Resiliencia para pandemias

Español

(Resilience for Pandemics)

by Alejandra Crail

Grijalbo, 2021. 257 pages. ISBN: 978-6073801829

**Collocated: Mental Health & Psychology*

La salud mental en tiempo de la pandemia

Español

(Mental Health in the Times of the Pandemic)

by Paul Valent

Tektime, 2021. 108 pages. ISBN: 978-8835425052

**Collocated: Mental Health & Psychology*

Unheard Voices of the Pandemic: Narratives from the First Year of COVID-19

by Dao X. Tran

2021. 107 pages. ISBN: 978-1642597134

The Vaccine: Inside the Race to Conquer the Covid-19 Pandemic

by Joe Miller

St. Martin's Press, 2022. 278 pages. ISBN: 978-1250280367

Viral Loads: Anthropologies of Urgency in the Time of Covid-19

by Lenore Manderson

UCL Press, 2021. 466 pages. ISBN: 978-1800080256

Graphic Novels

Covid Chronicles: A Comics Anthology

by Kendra Boileau

Penn State University Press, 2021. 279 pages. ISBN: 978-0271090146

Efectos secundarios: 19 historietas del Covid

(Side Effects: 19 Covid Comics)

by Various

Astiberri Ediciones, 2021. 120 pages. ISBN: 978-8418215933

Español

**Pandemia: La visión de los mejores artistas del comic independiente
Americano**

(Pandemic: The Vision of the Best American Independent Comic Artists)

by Various

Comics de no ficción para tiempos, 2021. 102 pages. ISBN: 978-8412265736

Español

Video & Film Recordings

Covid-19 Employee Mental Health

TMW Media Group, 2020. 9 minutes. DVD.

**Collocated: Mental Health & Psychology*

Audio & Sound Recordings

Historia de las epidemias en México

(History of Epidemics in Mexico)

by José N. Iturriaga (narrated by Erik Jam)

Penguin Random House Grupo Editorial, S.A.U., 2021. 06:09:30. eAudio ISBN: 978-6073810883

**Collocated: Hispanic or Latine*

Español

Body Systems and Diseases
Sleep

Nonfiction

Alimenta el sueño para un cerebro sano
(Feed Your Sleep for a Healthy Brain) **Español**

by Raquel Marin
Roca Editorial, 2022. 237 pages. ISBN: 978-8418870750

El arte de dormir
(The Art of Sleeping Well) **Español**

by Rob Hobson
Editorial Sirio, 2020. 179 pages. ISBN: 978-8418000409

El buen dormir
(The Good Sleep) **Español**

by Pere Leon
Urano, 2018. 192 pages. ISBN: 978-8416720330

Dormir inteligentemente
(Sleep Smart) **Español**

by Shawn Stevenson
Editorial Edaf, 2019. 331 pages. ISBN: 978-8441439290

Improve Sleep
by Katrin Schubert
Hazelden, 2017. 157 pages. ISBN: 978-1616497224

Insomnia Doc's Guide to Restful Sleep
by Kristen Casey
Mango, 2023. 248 pages. ISBN: 978-1684810659

Sleep
by Christine Parsons
Johns Hopkins University Press, 2023. 60 pages. ISBN: 978-1421446080

The Sleep Fix: Practical, Proven, and Surprising Solutions for Insomnia, Snoring, Shift Work, and More
by Dianne Macedo
Headline Home, 2021. 371 pages. ISBN: 978-1472297174

Death and Dying General Titles

Nonfiction

African American Grief

by Paul C. Rosenblatt

Taylor and Francis, 2022. 224 pages. ISBN: 978-1003169758

**Collocated: Black& African Americans*

Being Mortal: Medicine and What Matters in the End

by Atul Gawande

Metropolitan Books, 2014. 282 pages. ISBN: 978-0805095159

Graphic Novels

Billy, Me & You

by Nicola Streeten

Myriad Editions, 2007. 208 pages. ISBN: 978-0956559944

**Collocated: Grief & Loss*

Can't We Talk About Something More Pleasant?

by Roz Chast

Bloomsbury, 2014. 228 pages. ISBN: 978-1620406380

Don't Go Where I Can't Follow

by Anders Nilsen

Drawn and Quarterly 2012 96 978-1770460911

Life Support: Invitation to Prayer

by Judith Margolis

Penn State University Press, 2019. 96 pages. ISBN: 978-0271083735

General Health & Wellness
General Titles

Nonfiction

Health Fix

by Ayan Panja

Kyle Books, 2023. 255 pages. ISBN: 978-1914239298

Healthy Heart, Healthy Brain: The Proven Personalized Path to Protect Your Memory, Prevent Heart Attacks and Strokes, and Avoid Chronic Illness

by Bradley Bale MD., et al.

Little Brown Spark, 2022. 455 pages. ISBN: 978-0316705554

Rest Is Resistance: A Manifesto

by Tricia Hersey

Little, Brown Spark, 2022. 211 pages. ISBN: 978-0316365215

Strong Heart, Sharp Mind: 6-Step Program That Reverses Heart Disease and Helps Prevent Alzheimer's

by Joseph C. Piscatella

Humanix Books, 2022. 250 pages. ISBN: 978-1630061937

Weight Loss for Life: The Proven Plan for Success

by Lawrence J. Cheskin

Johns Hopkins University Press, 2021. 380 pages. ISBN: 978-1421441948

"You Just Need to Lose Weight" and 19 Other Myths About Fat People

by Aubrey Gordon

Beacon Press, 2023. 205 pages. ISBN: 978-0807006474

Your Life Depends on It: What You Can Do to Make Better Choices About Your Health

by Talya Miron-Shatz Ph.D.

Basic Books, 2021. 256 pages. ISBN: 978-1541646759

Audio & Sound Recordings

Eat To Beat Your Diet

by Peter Ganim, William W. Li

Grand Central Publishing, 2023. 848 minutes. CD Audiobook. ISBN: 978-1668626702

Everyday Utopia

by Kristen R. Ghodsee

Simon and Schuster Audio, 2023. 180 minutes CD Audiobook

Getting to 50/50

by Sharon Meers

Blackstone Audio, 2013. 750 minutes CD Audiobook

Work Your Money, Not Your Life: How to Balance Your Career and Personal

by Roger Ma

Dreamscape Media, 2022. 406 minutes. CD Audibook.

Video & Film Recordings

The Cannabis Question

PBS, 2022. 55 minutes DVD.

Health Hacks: Quick Tips for a Happy and Healthy Life

Wownow, 2023. 60 minutes DVD.

General Health & Wellness
Holistic Wellness (Including Mindfulness and Meditation)

Nonfiction

**75 practicas esenciales de mindfulness
(75 Essential Mindfulness Practices)**

by Matthew Sockolov

Sirio Editorial, 2022. 246 pages. ISBN: 978-8419105219

Español

Clean Living Handbook

by Cinder Mill Press

Cinder Mill Press, 2023. 191 pages. ISBN: 978-1646433179

Comfort Crisis

by Michael Easter

Rodale Books, 2021. 304 pages. ISBN: 978-0593138762

Complete Wellbeing Manual

by Emma Van Hinsbergh

Sirius, 2023. 256 pages. ISBN: 978-1398802445

Despertando: 5 Minutos al Dia Para Alcanzar Tu Mejor Version

by Lety Sahagun

Planeta Publishing, 2023. 282 pages. ISBN: 978-6070790836

Español

Detox Your Body

by Zhao Yingpan

Shanghai Book Traders, 2023. 176 pages. ISBN: 978-1938368967

Excellent Advice for Living

by Kevin Kelly

Viking Pr, 2023. 212 pages. ISBN: 978-0593654521

Guided Meditation for Anxiety: Self-Hypnosis and Guided Imagery for Stress Relief, Boost Confidence and Inner Peace, and Reduce Depression with Mindfulness and Positive Affirmations (Unabridged)

by Kaizen Mindfulness Meditations

Findaway, 2020. 35 pages. eBook ISBN: 978-1951030476

Gut Renovation

by Roshini Raj

William Morrow & Co, 2023. 276 pages. ISBN: 978-0063144217

A Kinder Voice

by Thérèse Jacobs-Stewart

Hazelden, 2016. 120 pages. ISBN: 978-1616496395

Life in Five Senses

by Gretchen Rubin

Crown Pub, 2023. 250 pages. ISBN: 978-0593442746

**Meditacion para escepticos inquietos
(Meditation for Restless Skeptics)**

by Dan Harris

Oceano, 2018. 330 pages. ISBN: 978-6075277691

Español

Mindfulness and Meditation: Your Questions Answered

by Blaise Aguirre

Greenwood, 2018. 156 pages. ISBN: 978-1440852961

**Mindfulness para principiantes: Budismo simple y claro
(Mindfulness for Beginners: Buddhism Simple and Clear)**

by Eric McLuhan

Findaway, 2021. 110 pages. ISBN: 978-1505502176

Español

**Mindfulness para vivir sin miedos
(Mindfulness to Live Without Fears)**

by Helen Flix

Conesa Diversa Ediciones, 2016. 132 pages. ISBN: 978-8494403743

Español

Mountain Is You

by Brianna Wiest

Thought Catalog Books, 2020. 248 pages. ISBN: 978-1949759228

**Nunca renuncies a ser feliz
(Never Give Up on Being Happy)**

by Joan Gallardo Llodra

Grijalbo Mondadori, 2022. 319 pages. ISBN: 978-8425360794

Español

**Piensa como un monje
(Think Like a Monk: Train Your Mind for Inner Peace and a Fulfilling Life)**

by Jay Shetty

Grijalbo, 2020. 402 pages. ISBN: 978-1644733196

Español

Powerhouse

by Greg D. Wells

Collins, 2023. 319 pages. ISBN: 978-1443466714

Prescription for Nutritional Healing: The A-Z Guide to Supplements

by Phyllis A. Balch

Avery Pub Group, 2023. 386 pages. ISBN: 978-0593541043

Saludable Mente: Habitos Para Optimizar Tu Cerebro y Mejorar tu Salud a Cualquier Edad (Healthy Mind)

by Marcos Vasquez

Grijalbo Mondadori, 2021. 329 pages. ISBN: 978-8425359477

Español

Santo Remedio

by Juan Ribera

Aguilar, 2023. 216 pages. ISBN: 978-1644737552

Spark Factor

by Molly Maloof

Harperwave, 2023. 312 pages. ISBN: 978-0063207202

Una vida genial (The Genius Life)

by Max Lugavere

Grijalbo, 2021. 296 pages. ISBN: 978-6073803946

Español

Vivir Conserenidad, 365 Consejos

by Patricia Ramirez

Grijalbo Mondadori, 2023. 411 pages. ISBN: 978-8425362217

Wa the Art of Balance

by Kaki Okumura

Watkins Pub Ltd, 2023. 246 pages. ISBN: 978-1786786890

Your Coping Skills Aren't Working

by Richard Brouillette

New Harbinger Pubns Inc, 2023. 179 pages. ISBN: 978-1648480997

Video & Film Recordings

Awake: The Life of Yogananda

by Paola Di Florio

Alive Mind, 2015. 86 minutes DVD.

Health of People with Disabilities
General Titles

Nonfiction

Affirming Disability: Strengths-Based Portraits of Culturally Diverse Families

by Janet Story

Sauer, 2020. 161 pages. ISBN: 978-0807763292

All My Relations: Understanding the Experiences of Native Americans with Disabilities

by Hilary N. Weaver

Routledge, 2019. 144 pages. ISBN: 978-0367028435

**Collocated: Native Americans*

All Our Families: Disability Lineage and the Future of Kinship

by Jennifer Natalya

Fink, Beacon Press, 2022. 232 pages. ISBN: 978-0807003954

Being Heumann: An Unrepentant Memoir of Disability Rights Activist

by Judith Heumann

Beacon Press, 2020. 218 pages. ISBN: 978-0807019290

Bodies of Truth: Personal Narratives on Illness, Disability, and Medicine

by Dinty W. Moore

University Of Nebraska Press, 2019. 210 pages. ISBN: 978-1496212658

Broken Places & Outer Spaces: Finding Creativity in the Unexpected

by Nnedi Okorafor

Simon & Schuster, 2019. 88 pages. ISBN: 978-1501195471

Crip Kinship: The Disability Justice & Art Activism of Sins Invalid

by Shayda Kafai

Arsenal Pulp Press, 2021. 192 pages. ISBN: 978-1551528656

Demystifying Disability: What to Know, What to Say, and How to Be an Ally

by Emily Ladau

Ten Speed Press, 2021. 176 pages. ISBN: 978-1984858986

Disability and the Church: A Vision for Diversity and Inclusion

by Lamar Hardwick

IVP, 2021. 208 pages. ISBN: 978-0830841615

**Collocated: Diversity, Equity, & Inclusion*

Disability Visibility: First-Person Stories from the Twenty-First Century

by Alice Wong

Vintage, 2020. 336 pages. ISBN: 978-1984899422

eBook ISBN: 978-1984899439

Falling, Floating, Flickering: Disability and Differential Movement in African Diasporic Performance

by Hershini Bhana Young

NYU Press, 2023. 307 pages. ISBN: 978-1479818457

**Collocated: Black & African Americans*

Haben: The Deafblind Woman Who Conquered Harvard Law

by Haben Girma

Twelve, 2019. 277 pages. ISBN: 978-1538728727

I Live a Life Like Yours

by Jan Grue

Farrar Straus & Giroux, 2021. 260 pages. ISBN: 978-0374600785

(M)othering Labeled Children: Bilingualism and Disability in the Lives of Latinx Mothers

by María Cioè-Peña

Multilingual Matters, 2021. 189 pages. ISBN: 978-1800411272

**Collocated: Hispanic or Latine*

No Pity: People with Disabilities Forging a New Civil Rights Movement

by Joseph P. Shapiro

Crown, 1994. 400 pages. ISBN: 978-0307798329

Pretty One: On Life, Pop Culture, Disability, and Other Reasons to Fall in Love with Me

by Keah Brown

Atria Books, 2019. 242 pages. ISBN: 978-1982100544

Such a Pretty Girl: A Story of Struggle, Empowerment, and Disability Pride

by Nadina Laspina

New Village Press, 2019. 338 pages. ISBN: 978-1613321034

Supporting Neurodiverse College Student Success: A Guide for Librarians, Student Support Services, and Academic Learning Environments

by Elizabeth Coghill

Rowman & Littlefield, 2021. 296 pages. ISBN: 978-1538137376

**Collocated: Mental Health & Psychology*

The Wounds That Bind Us

by Kelley Shinn

West Virginia University Press, 2023. 294 pages. ISBN: 978-1952271861

Year of the Tiger: An Activist's Life

by Alice Wong

Vintage Books, 2022. 376 pages. ISBN: 978-0593315392

**Collocated: Asian & Asian Americans*

Graphic Novels

Dumb: Living Without a Voice

by Georgia Webber

Fantagraphics Books, 2018. 175 pages. ISBN: 978-1683961161

The Impending Blindness of Billie Scott

by Zoe Thorogood

Avery Hill Publishing, 2021. Unpaged ISBN: 978-1910395646

(Fiction)

A Quick & Easy Guide to Sex & Disability

by A. Andrews

Limerence Press, 2020. 70 pages. ISBN: 978-1620106945

**Collocated: Sexual & Reproductive Health*

Sitting Pretty: The View from My Ordinary Resilient Disabled Body

by Rebekah Taussig

Harper One, 2020. 237 pages. ISBN: 978-0062936790

The Thud

by Mikaël Ross

Fantagraphics Books, 2021. 123 pages. ISBN: 978-1683964063

Twister

by Roland Burkart (Author, Illustrator), Natascha Hoffmeyer (Translator)

The Pennsylvania State University Press/Graphic Mundi, 2021. 112 pages.

ISBN: 978-0271088082

(Translated from German)

Uncanny Bodies: Superhero Comics and Disability

Scott T. Smith & Jose Alaniz

Pennsylvania State University Press, 2019. 234 pages. ISBN: 978-0271084749

We Move Together

by Kelly Fritsch

Ak Press, 2021. 42 pages. ISBN: 978-1849354042

Health of People with Disabilities
Hearing Loss

Nonfiction

The Perseverance

by Raymond Antrobus

The Home Books, 2018. 96 pages. ISBN: 978-1951142421

Shape of Sound: A Memoir

by Fiona Murphy

Text Publishing, 2021. 296 pages. ISBN: 978-1922330512

**Collocated: Mental Health & Psychology*

Health Topics for People of Color
General Titles

Nonfiction

The Color of Hope: People of Color Mental Health Narratives

by Vanessa Hazzard & Iresha Picot

Createspace Independent Publishing Platform, 2015. 86 pages. ISBN: 978-1514273487

**Collocated: Mental Health & Psychology*

**The Color of My Mind: Mental Health Narratives from People of Color
(El Color de Mi Mente: Narrativas de Salud Mental de Personas de Color)**

English with Spanish translation

by Dior Vargas [Editor]

Reclamation Press, 2019. 84 pages. ISBN: 978-1947647398

**Collocated: Mental Health & Psychology*

The Experiences of Queer Students of Color at Historically White Institutions: Navigating Intersectional Identities on Campus

by Antonio Duran

Routledge, 2021. 180 pages. ISBN: 978-1000216769

**Collocated: LGBTQIA+ Health*

Understanding Racial and Ethnic Differences in Health in Late Life: A Research Agenda

by Rodolfo Bulatao

Natl Academy Press, 2004. 169 pages. ISBN: 978-0309092470

**Collocated: Aging*

Health Topics for People of Color
Alaska Natives

Nonfiction

American Indian and Alaska Native Children and Mental Health: Development, Context, Prevention, and Treatment

by Michelle Sarche

Praeger, 2011. 408 pages. ISBN: 978-0313383045

**Collocated: Native Americans and Mental Health & Psychology*

Haa Kusteeyí: Our Culture Tlingit Life Stories

English, with some Tlingit

by Nora Marks Dauenhauer & Richard Dauenhauer (Editors)

University Of Washington Press; Sealaska Heritage Institute, 1994. 888 pages.

ISBN: 978-0295974019

Health Topics for People of Color
Arab & Middle Eastern Americans

Graphic Novel

Mis(H)Adra

by Iasmin Omar

Ata Gallery 13, 2017. Unpaged ISBN: 978-1501162107

(Fiction)

**Collocated: Mental Health & Psychology*

Health Topics for People of Color
Asian & Asian Americans

Fiction

Barefoot Doctor: A Novel

by Canxue (Author), Karen Gernant (Translator), Chen Zeping (Translator)

Yale University Press, 2022. 257 pages. ISBN: 978-0300259636

(Translated from Chinese)

**Collocated: Traditional Medicine*

Nonfiction

Beautiful Country: A Memoir of an Undocumented Childhood

by Qian Julie Wang

Anchor, 2022. 320 pages. ISBN: 978-0593313008

**Collocated: Immigration*

Biting the Hand: Growing Up Asian in Black and White America

by Julia Lee

Henry Holt and Company, 2023. 243 pages. ISBN: 978-1250824677

Counseling and Psychotherapy for South Asian Americans: Identity, Psychology, and Clinical Implications

by Ulash Thakore-Dunlap

Routledge, 2023. 294 pages. ISBN: 978-0367533496

**Collocated: Mental Health & Psychology*

I Want to Die but I Want to Eat Tteokbokki

by Baek Sehee (Author) Anton Hur (Translator)

Bloomsbury, 2022. 192 pages. ISBN: 978-1635579383

**Collocated: Depression*

Go Back to Where You Came From: And Other Helpful Recommendations on How to Become American

by Wajahat Ali

W.W. Norton & Company, 2022. 272 pages. ISBN: 978-0393867978

Letters to a Young Brown Girl: Poems

by Barbara Reyes

Boa Editions, 2020. 72 pages. ISBN: 978-1950774173

The Making of Asian America: A History

by Erika Lee

Simon & Schuster, 2015. 663 pages. ISBN: 978-1476739427

Minor Feelings: An Asian American Reckoning

by Cathy Park Hong

One World, 2020. 206 pages. ISBN: 978-1984820365

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An Epidemic of Empathy in Healthcare: How to Deliver Compassionate, Connected Patient Care That Creates a Competitive Advantage

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McGraw Hill, 2016. 212 pages. ISBN: 978-1259583018

Mosby's Medical Dictionary

Mosby, Inc., 2021. 1964 pages. ISBN: 978-0323639156

Mosby's Dictionary of Medicine, Nursing & Health Professions (11th Ed.)

Mosby, 2021. 2015 pages. ISBN: 978-0323639149

Speaking from the Body: Latinas on Health and Culture

by Angie Chabram-Dernersesian, Adela de la Torre (Editors)

University of Arizona Press 2008 232 ISBN: 978-0816526642

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Dead Reckoning, 2018. 160 pages. ISBN: 978-1682471005

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by Sally N. Ellis Fletcher

Sigma Theta Tau International, 2015. 172 pages. ISBN: 978-1937554972

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by Alison A. Fogarty

Praeger, 2018. 192 pages. ISBN: 978-1440863233

Gender Euphoria: Stories of Joy from Trans, Non-Binary and Intersex Writers

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Unbound, 2021. 272 pages. ISBN: 978-1800180574

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Journal of a Black Queer Nurse

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Common Notions, 2023. 178 pages. ISBN: 978-1942173779

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Sibling Rivalry Press, 2020. 96 pages. ISBN: 978-1943977741
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Bold Type Books, 2020. 247 pages. ISBN: 978-1541762954

The Natural Mother of the Child: A Memoir of Nonbinary Parenthood

by Krys M. Belc
Counterpoint, LLC, 2021. 304 pages. ISBN: 978-1640094383
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Non-Binary Genders: Navigating Communities, Identities, and Healthcare

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Policy Press, 2020. 243 pages. ISBN: 978-1447351931

The Queer and Transgender Resilience Workbook: Skills for Navigating Orientation and Gender Expression

by Anneliese Singh
New Harbinger Publications, Inc., 2018. 210 pages. ISBN: 978-1626259461

Queer Conception: The Complete Fertility Guide for Queer and Trans Parents-To-Be

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**Collocated: Sexual & Reproductive Health*

Queers, Bi's, and Straight Lies: An Intersectional Examination of LGBTQ Stigma

by Meredith G. F. Worthen
Routledge, 2020. 429 pages. ISBN: 978-1315280332

Real Queer America: LGBT Stories from Red States

by Samantha Allen
Back Bay Books, 2020. 320 pages. ISBN: 978-0316516020

The Remedy: Queer & Trans Voices on Health & Health Care

by Zena Sharman (Editor)
Arsenal Pulp Press, 2016. 271 pages. ISBN: 978-1551526584
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Emerald Publishing Limited, 2021. 237 pages. ISBN: 978-1838671471

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by Laura Erickson-Schroth

Oxford University Press, 2022. 728 pages. ISBN: 978-0190092726

Trans Medicine: The Emergence and Practice of Treating Gender

by Stef M. Shuster

New York University Press, 2021. 223 pages. ISBN: 978-1479845378

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Lexington Books, 2020. 106 pages. ISBN: 978-1793616340

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by Maia Kobabe

Oni-Lion Forge Publishing Group, 2022. 239 pages. ISBN: 978-1549304002

How to Be Ace: A Memoir of Growing Up Asexual

by Rebecca Burgess

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by Stuart Getty

Sasquatch Books, 2020. 240 pages. ISBN: 978-1632173133

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Zuiker Press, 2020. 83 pages. ISBN: 978-1947378247

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Soft Skull Press, 2014. 128 pages. ISBN: 978-1593765408

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Rainbow Reflection: Body Image Comics for Queer Men

by Stephanie Gauvin (Editor); Phillip Joy (Editor); Matthew Lee (Editor)

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Special Topics in Being a Human: A Queer and Tender Guide to Things I've Learned the Hard Way about Caring for People, Including Myself

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Graywolf Press, 2019. 202 pages. ISBN: 978-1555978273

The Color of Hope: People of Color Mental Health Narratives

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Createspace Independent Publishing Platform, 2015. 86 pages. ISBN: 978-1514273487

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Reclamation Press, 2019. 84 pages. ISBN: 978-1947647398

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J Charlton Publishers, 2020. 332 pages. ISBN: 978-1926476216

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Algonquin Young Readers, 2018. 240 pages. ISBN: 978-1616207816

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by Drew Ramsey, M.D.

HarperCollins Publishers Inc., 2021. 270 pages. ISBN: 978-0063031715

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Harpercollins Espanol, 2023. 271 pages. ISBN: 978-0063293267

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by Margaret S. Chisolm

Johns Hopkins University Press, 2021. 150 pages. ISBN: 978-1421441580

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by Mentas Libres

Independently Published, 2020. 36 pages. ISBN: 979-8668960699

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St. Martin's press, 2022. 258 pages. ISBN: 978-1250274175

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Forgiveness Is Really Strange

by Masi Noor (Author), Marina Cantacuzino (Author), Sophie Standing (Illustrator)

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Drawn & Quarterly, 2014. 241 pages. ISBN: 978-1770462472

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by Elisa Macellari

Laurence King Publishing, 2012. 131 pages. ISBN: 978-2351842813
(Translated from the Italian)

Marbles: Mania, Depression, Michelangelo and Me

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Avery Publishing Group / Penguin, 2012. 256 pages. ISBN: 978-1592407323
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Ata Gallery 13, 2017. Unpaged ISBN: 978-1501162107

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Random Cómico, 2020. 144 pages. ISBN: 978-8417247881

Español

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by Espé (Author, Artist), Hannah Chute (Translator)

The Pennsylvania State University Press/Graphic Mundi, 2021. 147 pages.

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Psychiatric Tales: Eleven Graphic Stories About Mental Illness

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Bloomsbury, 2011. 139 pages. ISBN: 978-1608192786

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by Ellen Forney

Fantagraphic Books, Inc., 2018. 179 pages. ISBN: 978-1683961017

Spring Rain: A Graphic Memoir of Love, Madness, and Revolutions

by Andy Warner

St. Martins Griffin, 2020. 196 pages. ISBN: 978-1250165978

The Third Population

by Aurélien Ducoudray (Author), Jeff Pourquié (Artist), Kendra Boileau (Translator)
Penn State University Press, 2020. 107 pages. ISBN: 978-0271087177
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by Uta Frith, Chris Frith, Alex Frith
Scribner Book Company, 2022. 352 pages. ISBN: 978-1501194078

Audio & Sound Recordings

The Body Keeps the Score

by Bessel van der Kolk, M.D., (narrated by Sean Pratt)
Books on Tape/Penguin Random House Audio, 2021. 16:24.16. eAudio ISBN: 978-0593412718

Breathe: 21 Days to Stress Less and Transform Chaos to Calm

by Bonnie Gray
Dreamscape Media, 2023. 292 minutes. CD Audiobook.

Breathing - The Master Key to Self

by Dr. Andrew Weil, M.D.
Sounds True Media, 2000. 397 minutes. CD Audiobook Mental Health & Psychology Audio & Sound Recordings English

Burnout: The Secret to Unlocking the Stress Cycle (unabridged)

by Emily Nagoski, PhD & Amelia Nagoski, DMA (narrated by Amelia Nagoski)
Books on Tape, New York, 2019. 07:01:57. eAudio ISBN: 978-1984845924

The Burnout Solution

by Siobhan Murray
Brilliance Audio, 2020. 110 minutes. CD Audiobook.

Cognitive Behavioral Therapy In 7 Weeks

by Seth J. Gillihan, PhD
Blackstone Audio, 2018. 435 minutes. CD Audiobook.

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by Harriet Lerner

Harper Collins, 2004. 270 minutes. CD Audiobook.

Fierce Self-Compassion

by Kristin Neff

Harper Collins, 2021. 600 minutes. CD Audiobook.

Invisible**Español**

by Eloy Moreno & Rodri Martín (narrated by Elena Silva)

Penguin Random House Grupo Editorial, S.A.U., 2019. 04:52:47. eAudio ISBN: 978-8417605414

Mindful Cognitive Behavioral Therapy

by Seth J. Gillihan, PhD

Harper Collins, 2022. 651 minutes. CD Audiobook.

Notes on a Banana

David Leite (narrated by David Leite)

Harper Collins Publishers, 2017. 720 minutes. Audio CD ISBN: 978-1538412251

See No Stranger: A Memoir and Manifesto of Revolutionary Love (unabridged)

Valarie Kaur (narrated by Valarie Kaur)

Books on Tape, New York, 2020. 13:20:01 eAudio ISBN: 978-0593164730

Video & Film Recordings**3 Girls I Know**

by Paula Mozen

Paula Mozen, 2020. 54 minutes. DVD.

Alive Inside

by Michael Rossato-Bennett

City Drive Films, 2014. 78 minutes. DVD.

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by Abi Damaris Corbin

Decal Bleeker, 2022. 103 minutes. DVD.

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The Great Courses, 2020. 720 minutes. DVD.

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TMW Media Group, 2020. 9 minutes. DVD.

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Gravitas Ventures, 2022. 78 minutes. DVD.

The Mysteries of Mental Illness

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Overcoming Anxiety and Depression

Powersplash, 2020. 9 minutes. DVD.

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The Great Courses, 2022. 360 minutes. DVD.

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Qi Gong for Depression and Emotional Balance

by Lee Holden

YMAA Publication Center, 2020. 45 minutes. DVD.

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Am I Overthinking This?

by Michelle Rial

Chronicle Books, 2019. 136 pages. ISBN: 978-1452175867

The Anatomy of Anxiety: Understanding and Overcoming the Body's Fear Response

by Ellen Vora

Harper Wave, an imprint of HarperCollins Publishers, 2022. 337 pages. ISBN: 978-006307509

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Touchstone, 2003. 224 pages. ISBN: 978-1451603637

**Collocated: Black & African Americans*

Unwinding Anxiety: New Science Shows How to Break the Cycles of Worry and Fear to Heal Your Mind

by Judson Brewer

Avery Publishing Group, 2021. 304 pages. ISBN: 978-0593330449

Graphic Novels

Anxiety Is Really Strange

by Steve Haines & Sophie Standing

Singing Dragon, 2018. 32 pages. ISBN: 978-1848193895

eBook ISBN: 978-1848194076

**Pequeños trozos de ansiedad: Observaciones para mentes agitadas
(Thin Slices of Anxiety: Observations and Advice to Ease a Worried Mind)**

Español

by Catherine Lepage

Editorial Gustavo Gili S.L., 2020. 108 pages. ISBN: 978-8425232787

Thin Slices of Anxiety: Observations and Advice to Ease a Worried Mind

by Catherine Lepage

Chronicle Books, 2016. Unpaged. ISBN: 978-1452145792

(Translated from the French)

The Worrier's Guide to Life

by Gemma Correll

Andrews McMeel Publishing, 2015. 103 pages. ISBN: 978-1449466008

Mental Health and Psychology
Attention Deficit Disorders

Nonfiction

A Thousand Ways to Pay Attention: A Memoir

by Rebecca Schiller

The Experiment, 2022. 293 pages. ISBN: 978-1615198801

Mental Health and Psychology
Autism Spectrum Disorder

Fiction

Act Your Age, Eve Brown

by Talia Hibbert

Avon Books, 2021. 400 pages. ISBN: 978-0062941275

Nonfiction

Autism Spectrum, Sexuality and the Law: What Every Parent and Professional Needs to Know

by Tony Attwood

Jessica Kingsley, 2014. 224 pages. ISBN: 978-0857006790

**Collocated: Sexual & Reproductive Health*

Autistic and Expecting: Practical support for parents to be, and health and social care practitioners

by Alexis Quinn

Pavilion Publishing, 2021. 285 pages. ISBN: 978-1914010859

**Collocated: Pregnancy & Childbirth*

Dale la vuelta al autismo: Una guía para padres de niños pequeños con síntomas tempranos de autismo

Español

(Turn Autism Around: A Guide for Parents of Young Children with Early Symptoms of Autism)

by Mary L. Barbera

Urano, 2022. 264 pages. ISBN: 978-8417694685

Educational Psychology Perspectives on Supporting Young Autistic People

by Judith Gainsborough

Jessica Kingsley Publishers, 2022. 316 pages. ISBN: 978-1787758209

How to Be Human: An Autistic Man's Guide to Life

By Jory Fleming

Simon & Schuster, 2021. 192 pages. ISBN: 978-1501180507

I Have Been Buried Under Years of Dust

by Valerie Gilpeer

Harper Collins, 2021. 264 pages. ISBN: 978-0062984340

Navigating Autism

by Temple Grandin

W Norton & Co Inc, 2021. 362 pages. ISBN: 978-0393714845

The Reason I Jump

by Naoki Higashida

Random House Inc, 2016. 161 pages. ISBN: 978-0812985153

Thinking in Pictures

by Temple Grandin

Vintage Books, 2006. 270 pages. ISBN: 978-0307275653

Uniquely Human: A Different Way of Seeing Autism (Updated and Expanded)

by Barry M. Prizant

Simon & Schuster, 2022. 368 pages. ISBN: 978-1982193898

Unmasking Autism

by Devon Price

Harmony Books, 2022. 296 pages. ISBN: 978-0593235232

We're Not Broken

by Eric Garcia

Harvest Publication, 2021. 304 pages. ISBN: 978-1328587848

Graphic Novels

Invisible Differences: A Story of Asperger's, Adulthood, and Living a Life in Full Color

by Julie Dachez

Oni-Lion Forge Publishing Group, LLC, 2020. 196 pages. ISBN: 978-1620107669

(Translated from the French)

Sensory: Life on the Spectrum an Autistic Comic Anthology

by Bex Ollerton (Editor)

Andrews McMeel Publishing, 2022. 176 pages. ISBN: 978-1524874766

Mental Health and Psychology
Depression

Nonfiction

El demonio de la depresión
(The Demon of Depression)

by Andrew Solomon

Debolsillo, 2021. 704 pages. ISBN: 978-6073801409

Español

Depresión o victoria: Crónica de una batalla
(Depression or Victory: Chronicle of a Battle)

by Meritxell Duran

Reservoir Books, 2020. 200 pages. ISBN: 978-8417910174

Español

I Want to Die but I Want to Eat Tteokbokki

by Baek Sehee (Author) Anton Hur (Translator)

Bloomsbury, 2022. 192 pages. ISBN: 978-1635579383

**Collocated: Asian & Asian Americans*

Willow Weep for Me

by Meri Nana-Ama Danquah

W.W. Norton & Company, 1998. 274 pages. ISBN: 978-0393348750

Graphic Novels

Dear Scarlet: The Story of My Postpartum Depression

by Teresa Wong

Arsenal Pulp Press, 2019. 117 pages. ISBN: 978-1551527659

**Collocated: Pregnancy & Childbirth*

I Had a Black Dog

by Matthew Johnstone

Robinson, 2007. 48 pages. ISBN: 978-1845295899

Living With a Black Dog

by Matthew Johnstone

Andrew McMeel Publishing, 2006. 48 pages. ISBN: 978-0740757433

My Depression: A Picture Book

by Elizabeth Swados

Seven Stories Press, 2014. 176 pages. ISBN: 978-1609805500

Video & Film Recordings

Viniyogatherapy for Depression

by Gary Kraftsow

Pranamaya, Inc., 2011. 158 minutes. DVD.

**Collocated: Fitness & Exercise*

Yoga for Health: Depression

by Jenny Cornero

Dreamscape Media LLC, 2019. 56 minutes. DVD.

**Collocated: Fitness & Exercise*

Yoga para la salud: Depresión

by Jenny Cornero

Dreamscape Media LLC, 2019. 75 minutes. DVD

**Collocated: Fitness & Exercise*

Español

Audio & Sound Recordings

Depresión

by Jesús Ramírez-Bermúdez (narrated by Diego Santana)

Penguin Random House Grupo Editorial, S.A.U., 2021. 06:07:25. eAudio ISBN: 978-6073810876

Español

Mental Health and Psychology
Eating Disorders

Nonfiction

Aprende de tu hambre emocional
(Learn from Your Emotional Eating)

by Marisol Santillan

Vergara, 2022. 258 pages. ISBN: 978-6073811187

Español

Enough Already: Learning to Love the Way I Am Today

by Valerie Bertinelli

Harvest Publications, 2022. 256 pages. ISBN: 978-0358567363

Esclavos de la comida
(Food Slaves)

by Paula Garcia

Arcopress, 2020. 221 pages. ISBN: 978-8417828080

Español

Hunger

by Roxane Gay

HarperCollins, 2017. 306 pages. ISBN: 978-0062362599

Nervosa

by Hayley Gold

Street Noise Books, 2023. 240 pages. ISBN: 978-1951491246

What You Need to Know About Eating Disorders

by Jessica Bartley

Greenwood Pub Group, 2020. 145 pages. ISBN: 978-1440862397

Graphic Novels

Lighter Than My Shadow

by Katie Green

Oni Press, 2017. 516 pages. ISBN: 978-1941302415

eBook: 978-1549301094

Mental Health and Psychology
Grief & Loss

Nonfiction

The Grieving Brain: The Surprising Science of How We Learn from Love and Loss

by Mary-Francis O'Connor

Harper One, 2022. 236 pages. ISBN: 978-0062946232

Graphic Novels

Billy, Me & You

by Nicola Streeten

Myriad Editions, 2007. 208 pages. ISBN: 978-0956559944

**Collocated: Death & Dying*

Ronan and the Endless Sea of Stars

by Rick Louis

Harry N. Abrams, 2022. 160 pages. ISBN: 978-1419751080

**Collocated: Genetic Disorders*

Mental Health and Psychology
Self-Help

Nonfiction

Atlas of the Heart: Mapping Meaningful Connection and the Language of Human Experience

by Brene Brown

Random House Large Print, 2021. 410 pages. ISBN: 978-0593207246

Despeja tu mente

(Clear Your Mind)

by Leticia Caballero

Crecimiento de autoayuda, 2020. 224 pages. ISBN: 978-3903331952

Español

Empathy: Turning Compassion into Action

by David Johnston

Signal, 2023. 224 pages. ISBN: 978-0771049064

Find Your People: Building Deep Community in a Lonely World

by Jennie Allen

WaterBrook, 2022. 244 pages ISBN: 978-0593193389

**Collocated: Relationships*

The Gifts of Imperfection

by Brene Brown

Hazelden, 2010. 260 pages. ISBN: 978-1592858491

Los hábitos de un cerebro feliz

(The Habits of a Happy Brain)

by Loretta G. Breuning

Ediciones Obelisco, 2017. 244 pages. ISBN: 978-8491111481

Español

Help Yourself Now: A Practical Guide to Finding the Information and Assistance You Need

by Jan Yager

Allworth, 2021. 432 pages. ISBN: 978-1621536307

How to Do the Work: Recognize Your Patterns, Heal from Your Past, and Create Your Self

by Nicole LePera

HarperCollins, 2021. 293 pages. ISBN: 978-1409197744

eBook ISBN: 978-0063012103

An Invitation to Self-Care

by Tracey Cleantis

Hazelden, 2017. 200 pages. ISBN: 978-1616496791

The Poetry Remedy: Prescriptions for the Heart, Mind, and Soul

by William Sieghart

Viking, 2019. 196 pages. ISBN: 978-0525561088

Sanate: Conecta con tu esencia mediante

(Heal Yourself: Connect with Your Essence Through Holistic Psychology)

by Nicole Lepera

Grijalbo, 2021. 395 pages. ISBN: 978-8425359354

Español

Self-Care for Black Women

by Oludara Adeeyo

Adams Media Corporation, 2022. 192 pages. ISBN: 978-1507217313

**Collocated: Black & African Americans*

Set Boundaries, Find Peace: A Guide to Reclaiming Yourself

by Nedra Glover Tawwab

TarcherPerigee, 2021. 282 pages. ISBN: 978-0593192092

eBook ISBN: 978-0593192108

Tu camino para sanar

(Your Path to Healing)

by Gaby Pérez

Planeta Publishing, 2021. 256 pages. ISBN: 978-6070776106

Español

Volver a ti – Conecta con tu espiritualidad

(Come Back to You. Connect with Your Spirituality)

by Nuria Roura

Grijalbo, 2020. 239 pages. ISBN: 978-8418007019

Español

Wabi Sabi: Japanese Wisdom for a Perfectly Imperfect Life

by Beth Kempton

Harper Design, 2019. 236 pages. ISBN: 978-0062905154

Graphic Novels

Cheeky: A Head-To-Toe Memoir

by Ariella Elovic

Bloomsbury, 2020. 241 pages. ISBN: 978-1635574524

Audio & Sounds Recordings

40 Days to Personal Revolution

by Baron Baptiste (narrated by Baron Baptiste)

Simon & Schuster Audio, 2022. 480 minutes. Audio CD ISBN: 978-1797136370

Self-Healing Mind

by Gregory S. Brown (narrated by Gregory S. Brown)

Harper Collins Publishers, 2022. 450 minutes. Audio CD ISBN: 978-0063094475

Mental Health and Psychology
Suicide and Suicide Prevention

Nonfiction

Guided by the Spirits: The Meanings of Life, Death, and Youth Suicide in an Ojibwa Community

by Seth Allard

Routledge, 2018. 172 pages. ISBN: 978-1351216821

**Collocated: Native Americans*

Mental Health and Psychology
Trauma and Post-Traumatic Stress Disorder (PTSD)

Nonfiction

Aftershocks: A Memoir

by Nadia Owusu

Simon & Schuster, 2021. 299 pages. ISBN: 978-1982111229

All My Friends Live in My Computer: Trauma, Tactical Media, and Meaning

by Samira Rajabi

Rutgers University Press, 2021. 157 pages. ISBN: 978-1978818958

Decolonizing Trauma Work: Indigenous Stories and Strategies

by Renee Linklater

Fernwood Publishing, 2014. 176 pages. ISBN: 978-1552666586

**Collocated: Indigenous Peoples*

EMDR Workbook for Trauma & PTSD

by Megan Boardman

New Harbinger Pubns Inc, 2023. 152 pages. ISBN: 978-1684039586

Finding Comfort During Hard Times: A Guide to Healing After Disaster, Violence, and Other Community Trauma

by Earl Johnson

Rowman and Littlefield Publishing Group, 2020. 167 pages. ISBN: 978-1538127094

eBook ISBN: 978-1538127100

Heavy: An American Memoir

by Kiese Laymon

Scribner, 2019. 256 pages. ISBN: 978-1501125669

A History of Scars: A Memoir

by Laura Lee

Atria Paperback, 2021. 198 pages. ISBN: 978-1982127282

Legacy: Trauma, Story, and Indigenous Healing

by Suzanne Methot

ECW Press, 2019. 368 pages. ISBN: 978-1770414259

eBook ISBN: 978-1773052977

**Collocated: Indigenous Peoples*

My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies

by Resmaa Menakem

Central Recovery Press, 2017. 300 pages. ISBN: 978-1942094470

**Collocated: Racism*

The Pain We Carry: Healing from Complex PTSD for People of Color

by Natalie Y. Gutiérrez

New Harbinger Publications, 2022. 197 pages. ISBN: 978-1684039319

Unbroken: The Trauma Response is Never Wrong

by MaryCatherine McDonald

Sounds True Inc, 2023. 192 pages. ISBN: 978-1683648840

What Happened to You?: Conversations on Trauma, Resilience, and Healing

by Bruce Perry and Oprah Winfrey

Flatiron Books, 2021. 301 pages. ISBN: 978-1250223180

What My Bones Know: A Memoir of Healing from Complex Trauma

by Stephanie Foo

Ballantine Books, 2022. 329 pages. ISBN: 978-0593238103

Why Does He Do That? Inside the Minds of Angry and Controlling Men

by Lundy Bancroft

Putnam Adult, 2002. 432 pages. ISBN: 978-0425191651

Graphic Novels

Algériennes: The Forgotten Women of the Algerian Revolution

by Swann Meralli

The Pennsylvania State University Press, 2020 113 pages. ISBN: 978-0271086231

Freedom Hospital: A Syrian Story

by Hamid Sulaiman

Interlink Books, 2018 288 pages. ISBN: 978-1623719951

**Collocated: War*

Looking at Trauma: A Tool Kit for Clinicians

by Abby Hershler

Penn State University Press, 2021. 77 pages. ISBN: 978-0271092072

eBook ISBN: 978-0271092287

Not My Shame

by T. O. Walker

Singing Dragon, 2017. Unpaged. ISBN: 978-1785921841

**Collocated: Sexual Violence*

Trauma Is Really Strange

by Steve Haines & Sophie Standing

Singing Dragon, 2015. 32 pages. ISBN: 978-1848192935

We All Wish for Deadly Force

by Leela Corman

Retrofit Comics LLC, 2016. 88 pages. ISBN: 978-1940398518

Audio & Sounds Recordings**Finding Comfort During Hard Times: A Guide to Healing after Disaster, Violence, and Other Community Trauma (unabridged)**

by Earl Johnson (narrated by Adam Lofbomm)

Tantor Media, Inc., 2020. 06:06:32. eAudio ISBN: 978-1705253076

Healing the Roots of Trauma

by Dawson Church (narrated by Dawson Church)

Macmillan Audio, 2022. 360 minutes. Audio CD ISBN: 978-1683649366

The Wisdom of Trauma

by Zaya Benazzo

Video project, 2022. 149 minutes. DVD.

Video & Film Recordings**Thank You for Your Service**

Directed by Jason Hall

Universal, 2018. 109 minutes. DVD.

**Collocated: War*

**Nutrition and Fitness
Cookbooks**

Nonfiction

5 Ingredients: Quick and Easy Food

by Jamie Oliver

Flatiron Books, 2019. 320 pages. ISBN: 978-1250303882

**América Latina. Gastronomía
(Latin American Cookbook)**

by Virgilio Martínez

Phaidon Press, 2021. 432 pages. ISBN: 978-1838663544

Español

**Antioxidantes: Alimentos y recetas antiedad
(Antioxidants: Anti-Aging Foods and Recipes)**

by Mariza Snyder

Urano, 2021. 128 pages. ISBN: 978-8416972814

Español

Beat Cancer Kitchen

by Chris Wark

Hay House, 2023. 241 pages. ISBN: 978-1401965211

**Collocated: Cancer*

Clean & Delicious

by Dani Spies

Alpha Books, 2023. 255 pages. ISBN: 978-0744077001

**Cocina Keto
(The Keto Kitchen)**

by Laura Garat

Grijalbo Mondadori, 2022. 255 pages. ISBN: 978-8418055324

Español

**Cocina Sana y Feliz
(Healthy and Happy Cooking)**

by Connie Achurra Grijalbo

Mondadori, 2023. 244 pages. ISBN: 978-8425363856

Español

**Cocinología: La ciencia de cocinar
(The Science of Cooking)**

by Stuart Farrimond

DK Publishing, 2019. 256 pages. ISBN: 978-1465486844

Español

Cook Smart, Eat Well

by Jennifer A. Welper

Mayo Clinic Press, 2022. 272 pages. ISBN: 978-1893005808

Cristy's Kitchen

by Cristina Kisner

William Morrow Cookbooks, 2023. 319 pages. ISBN: 978-0063214682

**Deliciously Ella: Mi Libro de Cocina Vegana
(Deliciously Ella: My Vegan Cookbook)**

Español

by Ella Mills

Salamandra, 2021. 286 pages. ISBN: 978-8418107153

Dinner for Everyone: 100 Iconic Dishes Made 3 Ways – Easy, Vegan, Or Perfect for Company

by Mark Bittman

Clarkson Potter, 2019. 432 pages. ISBN: 978-0385344760

Donshiftology Healthy Meal Prep

by Lisa Bryan

Clarkson Potter, 2022. 303 pages. ISBN: 978-0593235577

Eat the Rainbow

by Harriet Porterfield

Leaping Hare Pr, 2023. 191 pages. ISBN: 978-0711276857

Everyday Healthy Cookbook

by Kathy Hodson

Rockridge Press, 2020. 178 pages. ISBN: 978-1646116546

Everything Low-Cholesterol Cookbook

by Laura Livesey

Everything, 2023. 272 pages. ISBN: 978-1507220177

Everything One Pot Mediterranean Cookbook

by Peter Minaki

Everything, 2023. 271 pages. ISBN: 978-1507220238

Fast 800 Keto Recipe Book

by Clare Bailey

Short Books, 2023. 255 pages. ISBN: 978-1780725130

Fix It with Food: Every Meal Easy

by Michael Symon

Clarkson Potter/Publishers, 2021. 255 pages. ISBN: 978-0593233108

Fresh Alaska Cookbook

by Rob Kinnenn

University of Alaska Press, 2018. 144 pages. ISBN: 978-1602233591

Fridge Love: Organize Your Refrigerator for A Healthier, Happier Life – With 100 Recipes

by Kristen Hong

Mariner Books, 2022. 334 pages. ISBN: 978-0358434726

Heal Your Leaky Gut Diet and Meal Plan

by David Brownstein

Humanix Pub LLC, 2023. 170 pages. ISBN: 978-1630062217

**Collocated: Digestive System*

Immunity Food Fix Cookbook

by Donna B Mazzola

Fair Winds Press, 2023. 192 pages. ISBN: 978-0760381182

Macro Cooking Made Simple

by Rachel Werner

Chartwell Books, 2023. 159 pages. ISBN: 978-0785841999

Met Flex Diet

by Ian K. Smith

Harvest, 2023. 261 pages. ISBN: 978-0063289826

Mexico Gastronomía Vegetariana

(The Mexican Vegetarian Book)

by Margarita Carrillo Arronte

Phaidon Press, 2022. 416 pages. ISBN: 978-1838665777

Español

More Than Veggies: Asian Favourites Made Plant-Based

by Joy Yuan

Marshall Cavendish International (Asia), 2020. 132 pages. ISBN: 978-9814928038

Mostly Veggies

by Brittany Mullins

Voracious, 2023. 271 pages. ISBN: 978-0316427920

Rachael's Good Eats

by Rachael Devaux

Griffin, 2023. 256 pages. ISBN: 978-1250850393

Rainbow Food de Superchulo Español
by Rebeca Toribio
Vergara, 2023. 127 pages. ISBN: 978-8418620980

Refuerza tus defensas: Consigue un sistema inmunitario fuerte de forma natural Español
(Strengthen Your Defenses: Get A Strong Immune System Naturally)
by Alvaro Vargas
Grijalbo, 2021. 220 pages. ISBN: 978-8425360367

La Revolucion de la Glucose Español
(The Glucose Revolution)
by Jessie Inchauspe
Planeta Publishing, 2022. 303 pages. ISBN: 978-6070790515

Salad Seasons
by Sheela Prakash
Rizzoli Intl Pubns, 2023. 208 pages. ISBN: 978-0847899265

El secreto de la vida a base de plantas Español
(The Secret of Plant-Based Life)
by Draco Rose
Aguilar, 2015. 144 pages. ISBN: 978-1941999462

Super Simple Autoimmune Cookbook
by Sophie Van Tiggelen
New Shoe Pr, 2023. 191 pages. ISBN: 978-0760383605

Super Tonics
by Meredith Youngson
Ten Speed Pr, 2023. 191 pages. ISBN: 978-1984861672

Tasty Pride: 75 Recipes and Stories from the Queer Food Community
by Jesse Szewczyk
Clarkson Potter, 2020. 223 pages. ISBN: 978-0593136980
**Collocated: LGBTQIA+ Health*

Tasty, Healthy, Cheap
by Kevin Tatar
Harvard Common Pr, 2023. 176 pages. ISBN: 978-0760382202

Tlingit Recipes of Today and Long Ago
by Pauline Duncan
Cookbook Publishers, Inc, 2006. 86 pages. ISBN: OCLC 166592354

English & Tlingit

Truly Simple

by Kristin Cavalleri

Rodale Pr, 2023. 271 pages. ISBN: 978-0593578780

Vegetable Revelation

by Steven Satterfield

Harperwave, 2023. 314 pages. ISBN: 978-0063088030

The Weekday Vegetarians

by Jenny Rosenstrach

Clarkson Potter, 2021. 256 pages. ISBN: 978-0593138748

Nutrition and Fitness
Fitness & Exercise

Nonfiction

15 Minute Stretch: Four 15-Minute Workouts for Flexibility, Posture, and Strength

by Suzanne Martin

DK, 2022. 111 pages. ISBN: 978-0744051292

52 Ways to Walk: The Surprising Science of Walking for Wellness and Joy, One Week at A Time

by Annabel Streets

G.P. Putnam's Sons, 2022. 267 pages. ISBN: 978-0593419953

**Anatomía del yoga: Un estudio fisiológico postura a postura
(Science of Yoga: A Posture-by-Posture Physiological Study)**

Español

by Ann Swanson

DK Publishing, 2019. 224 pages. ISBN: 978-1465485342

B.K.S. Iyengar Yoga the Path to Holistic Health: The Definitive Step-By-Step Guide

by B.K.S. Iyengar

DK Publishing, 2021. 432 pages. ISBN: 978-0744033724

Breathe, Focus, Excel

by Martin Harvey

Human Kinetics, 2023. 202 pages. ISBN: 978-1718210172

Complete Guide to Strength Training Method

by Keven Arseneault

Human Kinetics Publishers, 2023. 344 pages. ISBN: 978-1718216693

Exercise: Why Something We Never Evolved to Do Is Healthy and Rewarding

by Daniel Lieberman

Pantheon Books, 2021. 464 pages. ISBN: 978-1524746988

Fat Girls Hiking: An Inclusive Guide to Getting Outdoors at Any Size or Ability

by Summer Michaud-skog,

Timber Press, 2022. 250 pages. ISBN: 978-1643260396

eBook ISBN: 978-1643261195

Fit Citizens: A History of Black Women's Exercise from Post-Reconstruction to Postwar America

by Ava Purkiss

The University of North Carolina Press, 2023. 231 pages. ISBN: 978-1469672724

**Collocated: Black /African Americans*

Friction Factor

by Tyler Martin

Bch Fulfillment & Distribution, 2023. 284 pages. ISBN: 979-8986402048

Functional Training for the Mind

by Jeremy Bhandari

Mango, 2023. 216 pages. ISBN: 978-1684811335

Healing Through Yoga: Transform Loss into Empowerment

by Paul Denniston

Chronicle Prism, 2022. 264 pages. ISBN: 978-1797210223

**HIIT: Entrenamiento de intervalos de alta intensidad
(Science of HIIT)**

by Ingrid S. Clay

DK Pub, 2023. 224 pages. ISBN: 978-0744079111

Español

Let's Get Physical: How Women Discovered Exercise and Reshaped the World

by Danielle Friedman

G.P. Putman's Sons, 2022. 328 pages. ISBN: 978-0593188422

Make the Pool Your Gym

by Karl Knopf

Ulysses Pr, 2023. 104 pages. ISBN: 978-1646045075

**Mi diario de yoga
(My Yoga Journal)**

by Xuan Lan

Grijalbo Ilustrados, 2020. 256 pages. ISBN: 978-8417752361

Español

Pajama Pilates: 40 Exercises for Stretching, Strengthening, and Toning at Home

by Maria Mankin

Chronicle Press, 2021. 111 pages. ISBN: 978-1797207087

Pilates for Everyone: 50 Poses for Every Type of Body

by Micki Havard

Alpha Books, 2021. 256 pages. ISBN: 978-1615649921

Run Like a Pro (Even if You're Slow): Elite Tools and Tips for Runners at Every Level

by Matt Fitzgerald

Berkley, 2022. 320 pages. ISBN: 978-0593201916

Science of HIIT

by Ingrid S. Clay

DK Pub, 2022. 224 pages. ISBN: 978-0744051285

The Secret to Superhuman Strength

by Alison Bechdel

Mariner House, 2021. 231 pages. ISBN: 978-0544387652

Yoga for Healthy Aging: A Guide to Lifelong Well-Being

by Baxter Bell & Nina Zolotow

Random House, 2017. 336 pages. ISBN: 978-1611803853

eBook ISBN: 978-0834841222

**Collocated: Aging*

Yoke: My Yoga of Self-Acceptance

by Jessamyn Stanley

Workman Publishing Company, 2021. 198 pages. ISBN: 978-1523505210

eBook ISBN: 978-1523513987

Audio & Sounds Recordings

Yoke: My Yoga of Self-Acceptance

by Jessamyn Stanley (narrated by Jessamyn Stanley)

Blackstone, 2021. 270 minutes. Audio CD ISBN: 978-1665047531

Video & Film Recordings

30 Minutes to Fitness: Your Healthy Back

by Kelly Coffrey-Meyer

BayView Entertainment, 2014. 45 minutes DVD.

Diabetes and Exercise

Roberta Anding

Idea Health and Fitness Association, 2011. 74 minutes. DVD

**Collocated: Diabetes*

Exercise and Mental Health: The Mind-Body Connection

Healthy Learning, 2012. 83 minutes. DVD

Pure Pilates

Rick Ramirez

Publisher synergetic, 2018. 63 minutes. DVD

Stott Pilates: Armchair Pilates with Hand Weights

Merithew Entertainment, 2013. 79 minutes. DVD

Stott Pilates: Basic Pilates 2nd Edition

Merithew Entertainment, 2008. 66 minutes. DVD

Sun Tai Chi

Chenhan Yang (directed by David Silver)

YMAA Publication Center. 2021. 115 minutes. DVD

Tai Chi Fit: For Women

by David Silver

YMAA Publication Center, 2021. 45 minutes DVD.

Viniyogatherapy for Depression

Gary Kraftsow

Pranamaya, INC., 2011. 158 minutes. DVD

**Collocated: Depression*

Yoga for Health: Depression

Jenny Cornero

Dreamscape Media LLC, 2019. 56 minutes. DVD

**Collocated: Depression*

Yoga for Pregnancy: Deep Breathing Yin Yoga

by MJ Gordan, 2022. 22 minutes DVD.

Yoga para la salud: Depresión

(Yoga for Health: Depression)

Jenny Cornero

Dreamscape Media LLC, 2019. 75 minutes. DVD

**Collocated: Depression*

Yoga Therapy for Back Pain

by Emily Kligerman

Bayview, 2012. 99 minutes DVD.

Español

Nutrition and Fitness
Food and Nutrition

Nonfiction

The Beginner's Guide to Growing Great Vegetables

by Lorene Edwards Forkner

Timber Press, 2021. 223 pages. ISBN: 978-1643260853

Brotha Vegan: Black Men Speak on Food, Identity, Health and Society

by Omowale Adewale

Lantern Publishing & Media, 2021. 230 pages. ISBN: 978-1590565988

**Collocated: Black & African Americans*

By Any Greens Necessary: A Revolutionary Guide for Black Women Who Want to Eat Great, Get Healthy, Lose Weight, and Look Phat

by Tracye Lynn McQuirter

Independent Publishers Group, 2010. 240 pages. ISBN: 978-1556529986

eBook ISBN: 978-1569766620

**Collocated: Black & African Americans*

**La Ciencia de la Nutricion
(The Science of Nutrition)**

by Rhiannon Lambert

DK Pub, 2022. 224 pages. ISBN: 978-0744064254

Español

**Comer para vencer la depresion y la ansiedad
(Eat to Beat Depression & Anxiety)**

by Drew Ramsey

Paidos, 2023. 308 pages. ISBN: 978-6075693729

**Collocated: Mental Health & Psychology*

Español

**Cuida de ti
(Take Care of Yourself)**

by Cristina Andrades

Vergara, 2021. 240 pages. ISBN: 978-8417664893

Español

**Dime que como ahora
(Tell Me What to Eat Now)**

by Blanca Garcia-Orea Haro

Grijalbo Mondadori, 2023. 255 pages. ISBN: 978-8425362330

Español

Eat to Beat Depression and Anxiety: Nourish Your Way to Better Mental Health in Six Weeks

by Drew Ramsey, M.D.

HarperCollins Publishers Inc., 2021. 270 pages. ISBN: 978-0063031715

eBook ISBN: 978-0063031739

**Collocated: Mental Health & Psychology*

Eating While Black: Food Shaming and Race in America

by Psyche A. Williams-Forsion

University of North Carolina Press, 2022. 264 pages. ISBN: 978-1469668451

**Collocated: Black & African Americans*

**Espectro de la inflamacion
(The Spectrum of Inflammation)**

Español

by Will Cole

Editorial Sirio, 2020. 350 pages. ISBN: 978-8418531415

Indigenous Food Sovereignty in the United States: Restoring Cultural Knowledge, Protecting Environments, and Regaining Health

by Devon A. Mihesuah (Editor), Elizabeth Hoover (Editor), Winona LaDuke (Foreword)

University of Oklahoma Press, 2019. 390 pages. ISBN: 978-0806163215

eBook ISBN: 978-0806165783

**Collocated: Native Americans*

Just One Thing

by Michael Mosely

Mobius, 2023. 207 pages. ISBN: 978-1780725512

More Fuel You

by Renee McGregor

Vertebrate Pub, 2023. 180 pages. ISBN: 978-1839810824

Plant Love Kitchen

by Marisa Moore

Natl Geographic Society, 2023. 254 pages. ISBN: 978-1426222214

Plantifully Lean

by Kiki Nelson

S&S/Simon Element, 2023. 261 pages. ISBN: 978-1668017081

**Lo que la comida le hace a tu cerebro
(What Food Does to Your Brain)**

Español

by Uma Naidoo

Grijalbo, 2022. 380 pages. ISBN: 978-6073805544

Recovering Our Ancestors' Gardens: Indigenous Recipes and Guide to Diet and Fitness

Devon A. Mihesuah

Bison Books, 2020. 384 pages. ISBN: 978-0803245259

**Collocated: Indigenous Peoples*

**Supervivir: Vuelve al origen y recupera tu salud
(Survival. Go Back to the Origin and Recover Your Health)**

by Carlos Stro

Grijalbo Mondadori, 2023. 292 pages. ISBN: 978-8425362194

Español

Unlock Your Macro Type

by Christine Hronec

Harvest, 2023. 323 pages. ISBN: 978-0063268784

The Wellness Trap

by Christy Harrison

Little Brown Spark, 2023. 311 pages. ISBN: 978-0316315609

Your Super Life

by Kristel De Groot

Harvest, 2023. 297 pages. ISBN: 978-0063236752

Video & Film Recordings

How Diet Is Connected to Mental Health, Trauma and Addiction

Films Media Group, 2021. 59 minutes. DVD

**Collocated: Mental Health & Psychology*

Audio & Sounds Recordings

**Más vegetales, menos animales: Una alimentación más saludable y sostenible
(More Vegetables, Less Animals: A Healthier and More Sustainable Diet)**

by Julio Basulto & Juanjo Cáceres (narrated by Julio Basulto & Juanjo Cáceres)

Penguin Random House Grupo Editorial, S.A.U., 2020. 08:58:15.

eAudio ISBN: 978-8466348515

Español

This Is Your Brain on Food

by Uma Naidoo (narrated by Deepti Gupta)

Blackstone Audio Inc., 2020. 480 minutes. Audio CD ISBN: 978-1549153822

**Parenting
General Titles**

Nonfiction

Brain-Body Parenting: How to Stop Managing Behavior and Start Raising Joyful, Resilient Kids

by Mona Delahooke

Harper Wave, 2022. 352 pages. ISBN: 978-0063061316

**Cómo abrazar a un erizo: 12 claves para conectar de forma positiva con los adolescentes
(How to Hug a Hedgehog)**

by Brad Wilcox

Books4pocket, 2021. 192 pages. ISBN: 978-8416622573

Español

The Grandfamily Guidebook

by Andrew Adesman

Hazelden, 2018. 416 pages. ISBN: 978-1616497576

**Guia de introduccion sobre salud mental infantil
(Introductory Guide to Children's Mental Health)**

by Mentas Libres

Independently Published, 2020. 36 pages. ISBN: 979-8668960699

**Collocated: Mental Health & Psychology*

Español

**Hijos de alta demanda. manual para padres
(High Demand Kids. A Manual for Parents)**

by Ursula Perona

Editorial Toromítico, 2021. 160 pages. ISBN: 978-8415943907

Español

The Innovative Parent: Raising Connected, Happy, Successful Kids Through Art

by Erica Ping & Curtis Ho

Swallow Press, 2019. 232 pages. ISBN: 978-0804012157

Michael Rosen's Book of Play: Why Play Really Matters, and 101 Ways to Get More of It in Your Life

by Michael Rosen

Lightning Source Inc, 2019. 270 pages. ISBN: 978-1788161916 eBook ISBN: 978-1782835189

**Collocated: Mental Health & Psychology*

The Natural Mother of the Child: A Memoir of Nonbinary Parenthood

by Krys M. Belc

Counterpoint, LLC, 2021 304 pages. ISBN: 978-1640094383

**Collocated: LGBTQIA+ Health*

Niños altamente sensibles; guía esencial

(Highly Sensitive Children: An Essential Guide)

by Bea Sánchez

Universo PAS Ediciones, 2022. 167 pages. ISBN: 978-8412518832

Español

El poder de la presencia: cómo la presencia de los padres

Moldea el Cerebro de los Hijos y Configura las Personas Que Llegarán a Ser

(The Power of Presence)

by Daniel J. Siegel Alba Editorial, 2020. 280 pages. ISBN: 978-

8490656471 Parenting Nonfiction **Español**

Español

Raising Multiracial Children: Tools for Nurturing Identity in a Racialized World

by Farzana Nayani

North Atlantic Books (2020), 288 pages 2020 239 pages ISBN: 978-1623174491

**Collocated: Multiracial Individuals*

Revolutionary Mothering: Love on the Front Lines

by Alexis Pauline Gumbs, China Martens, Mai'a Williams

PM Press, 2016. 250 pages. ISBN: 978-1629631103

**Collocated: Diversity, Equity, & Inclusion*

The Scaffold Effect: Raising Resilient, Self-Reliant, and Secure Kids in an Age of Anxiety

by Harold S. Koplewicz

Harmony, 2021 272 pages. ISBN: 978-0593139349

Graphic Novels

Hole in the Heart: Bringing Up Beth

by Henny Beaumont

Penn State University Press, 2016. 273 pages. ISBN: 978-0271077406

**Collocated: Genetic Disorders*

Persephone's garden

by Glynnis Fawkes

Secret Acres, 2019. 272 pages. ISBN: 978-0999193563

Pretending Is Lying

by Dominique Goblet

New York Review, Comics, 2017. 144 pages. ISBN: 978-1681370477

Spot 12: Five Months in the Neonatal ICU

by Jenny Jaeckel

Raincloud Press, 2016. 116 pages. ISBN: 978-1941203156

Sunburning

by Keiler Roberts

Koyama Press, 2017. 120 pages. ISBN: 978-1927668443

Parenting
Adoption & Foster Care

Nonfiction

Adopción e identidades: cultura y raza en la integración familiar y social **Español**
(Adoption and Identities: Culture and Race in Family and Social Integration)

by Eulàlia Torras

Editorial Octaedro, S.L., 2011. 160 pages. ISBN: 978-8499212371

Adopción, trauma y juego: Manual para tratar a los niños **Español**
Adoptados y Maltratados a Través del Juego
(Adoption, Trauma and Play)

by Montserrat Lapastora

Desclée De Brouwer, 2018. 352 pages. ISBN: 978-8433030115

Del miedo al amor: Su guía esencial para criar hijos **Español**
adoptivos y de crianza
(From Fear to Love)

by Bryan Post

Independently published, 2020. 184 pages. ISBN: 979-8650906322

Estrategias y soluciones para padres adoptivos de la A a la Z **Español**
Strategies and Solutions for Adoptive Parents from A to Z)

by Sarah Naish

EDICIONES OBELISCO S.L., 2019. 400 pages. ISBN: 978-8491114406

Psicología del bebé adoptado **Español**
Psychology of the Adopted Baby)

by Montserrat Lapastora

Desclée De Brouwer, 2021. 192 pages. ISBN: 978-8433031402

Vincúlate. relaciones reparadoras del vínculo en los niños **Español**
Adoptados y Acogidos
(Bond. Repairing the Relationship Bond in Adopted and Fostered Spanish Children)

by José L. Marrodán

Desclée De Brouwer, 2015. 192 pages. ISBN: 978-8433027894

Graphic Novels

Palimpsest: Documents from a Korean Adoption

by Lisa Wool-Rim Sjöblom

Drawn & Quarterly, 2019. 151 pages. ISBN: 978-1770463301

(Translated from Swedish)

**Sexual and Reproductive Health
General Titles**

Nonfiction

Autism Spectrum, Sexuality and the Law: What Every Parent and Professional Needs to Know

by Tony Attwood

Jessica Kingsley, 2014. 224 pages. ISBN: 978-0857006790

**Collocated: Autism Spectrum Disorders*

Enduring Shame

by Heather B. Adams

University of South Carolina Press, 2022. 252 pages. ISBN: 978-1643362946

**Collocated: Health Equity*

Loved and Wanted: A Memoir of Choice, Children, and Womanhood

by Christa Parravani

Henry Holt, 2020. 206 pages. ISBN: 978-1250756848

**Collocated: Health Equity*

Queer Conception: The Complete Fertility Guide for Queer and Trans Parents-To-Be

by Kristin L. Kali

Sasquatch Books, 2022. 320 pages. ISBN: 978-1632173980

**Collocated: LGBTQIA+ Health*

**Slow Sex: El arte y el oficio del orgasmo femenino
(Slow Sex: The Art and Craft of the Female Orgasm)**

Español

by Nicole Daedone

Océano, 2021. 256 pages. ISBN: 978-6077353393

Supporting Queer Birth: A Book for Birth Professionals and Parents

by AJ Silver

Jessica Kingsley Publishers, 2022. 224 pages. ISBN: 978-1839970450

**Collocated: LGBTQIA+ Health*

Graphic Novels

Comics for Choice: Illustrated Abortion Stories, History and Politics

by Hazel Newlevant (Editor), Whit Taylor (Editor), O K Fox (Editor)

Silver Sprocket, 2023. 308 pages. ISBN: 979-8886200140

**Collocated: Health Equity*

Graphic Reproduction: A Comics Anthology

by Jenell Johnson

Penn State University Press, 2018. 217 pages. ISBN: 978-0271080949

I Know You Rider: A Memoir

by Leslie Stein

Drawn & Quarterly, 2020. 133 pages. ISBN: 978-1770464018

**Collocated: Health Equity*

Not Your Mother's Meatloaf: A Sex Education Comic Book

by Saiya Miller

Soft Skull Press, 2013. 181 pages. ISBN: 978-1593765170

Our Lady of Birth Control: A Cartoonist's Encounter with Margaret Sanger

by Sabrina Jones

Soft Skull, 2016. 160 pages. ISBN: 978-1593766405

A Quick & Easy Guide to Sex & Disability

by A. Andrews

Limerence Press, 2020. 70 pages. ISBN: 978-1620106945

**Collocated: Health of People with Disabilities*

Sexuality: A Graphic Guide

by Meg-John Barker

Icon, 2021. 176 pages. ISBN: 978-1785786532

Sexual and Reproductive Health Infertility

Graphic Novels

Blossoms & Bones: Drawing a Life Back Together

by Kim Krans

Harper One, 2022. 209 pages. ISBN: 978-0062986382

**Collocated: Eating Disorders*

Catalogue Baby: A Memoir of Infertility

by Myriam Steinberg

Page Two Books, 2021. 251 pages. ISBN: 978-1989603642

If: A Memoir of Infertility

by Sheila Alexander

Archway Publishing, 2019. 64 pages. ISBN: 978-1480875395

In Vitro

by William Roy

Life Drawn, 2020. 155 pages. ISBN: 978-1643379883

Two-Week Wait: An IVF Story

by Luke Jackson & Kelly Jackson

Scribe Us, 2021. 160 pages. ISBN: 978-1950354634

Sexual and Reproductive Health Menopause

Nonfiction

Con hormonas y a lo loco (Hormones Going Crazy)

by Clotilde Vázquez

Vergara, 2022. 182 pages. ISBN: 978-8418045974

Español

Menopause: 50 Things You Need to Know

by Felice Gersh

Rockridge Press, 2021. 182 pages. ISBN: 978-1638070962

What Fresh Hell Is This?

by Heather Corinna

Hachette Books, 2021. 324 pages. ISBN: 978-0306874765

Graphic Novels

Menopause: A Comic Treatment

by M K Czerwiec

Penn State University Press, 2020. 144 pages. ISBN: 978-0271087122

eBook ISBN: 978-1637790205

Audio & Sound Recordings

Queen Menopause

by Allison Daddo (narrated by Allison Daddo)

Brilliance Audio Inc., 2022. 480 minutes. Audio CD ISBN: 978-1038609083

**Sexual and Reproductive Health
Pregnancy and Childbirth**

Nonfiction

The Birth Partner: A Complete Guide to Childbirth for Dads, Partners, Doulas, and Other Labor Companions (5th Edition)

by Penny Simkin

Harvard Common Press, 2018. 440 pages. ISBN: 978-1558329102

**El embarazo semana a semana
(Pregnancy Week by Week)**

Español

by Miranda Fernandez

Almuzara, 2022. 304 pages. ISBN: 978-8418757792

Pregnancy and Birth: A Reference Handbook

by Keisha L. Goode & Barbara Katz Rothman

ABC-Clio Inc, 2021. 323 pages. ISBN: 978-1440869211

Study Guide for Foundations of Maternal-Newborn and Women's Health Nursing

by Sharon Murray

Saunders publishing, 2018. 288 pages. ISBN: 978-0323479660

Graphic Novels

Autistic and Expecting: Practical Support for Parents to Be, and Health and Social Care Practitioners

by Alexis Quinn

Pavilion Publishing, 2021. 285 pages. ISBN: 978-1914010859

**Collocated: Autism Spectrum Disorders*

Be Pregnant: An Illustrated Companion for Moms-To-Be

by Eugenia Viti

Voracious, 2022. 208 pages. ISBN: 978-0316628457

eBook ISBN: 978-1250247452

Chlorine Gardens

by Keiler Roberts

Koyama Press, 2018. 128 pages. ISBN: 978-1927668580

**Collocated: Autoimmune & Chronic Illness & Mental Health*

Dear Scarlet: The Story of My Postpartum Depression

by Teresa Wong

Arsenal Pulp Press, 2019. 117 pages. ISBN: 978-1551527659

**Collocated: Depression*

**Empuja: Nuestros partos. nuestras historias
(Push!: Our Deliveries. Our Stories)**

by Fleur Godart

Anaya multimedia, 2021. 224 pages. ISBN: 978-8441543713

Español

Kid Gloves: Nine Months of Careful Chaos

by Lucy Knisley

First Second books, 2019. 256 pages. ISBN: 978-1626728080

**El meteorito: De cuando fui madre y todo voló en mil pedazos
(The Meteorite: When I Was a Mother and Everything Blew Up)**

by Amaia Arrazola

Lunweg Editores, 2020. 168 pages. ISBN: 978-8418260193

Español

My Body Created a Human

by Emma Ahlqvist

Princeton Architectural Press, 2022. 240 pages. ISBN: 978-1648961557

Pregnant Butch: Nine Long Months Spent in Drag

by A. K. Summers

Soft Skull Press, 2014. 128 pages. ISBN: 978-1593765408

**Collocated: LGBTQIA+ Health*

Sexual and Reproductive Health
Pregnancy & Childbirth - Reproductive Health Disparities

Fiction

Take My Hand

by Dolen Perkins-Valdez

Berkley, 2022. 359 pages. ISBN: 978-0593337691

**Collocated: Black & African Americans*

Nonfiction

Babylost: Racism, Survival, and the Quiet Politics of Infant Mortality, from A to Z

by Monica J. Casper

Rutgers University Press, 2022. 259 pages. ISBN: 978-1978825956

**Collocated: Black & African Americans*

Battling over Birth: Black Women and the Maternal Health Care Crisis

by Julia C. Oparah, Helen Arega, Dantia Hudson, Linda Jones, Talita Oseguera

Praeclarus Press, 2018. 202 pages. ISBN: 978-1946665119

**Collocated: Black & African Americans*

Birthing Justice: Black Women, Pregnancy, and Childbirth

by Julia C. Oparah & Alicia D. Bonaparte (Editors)

Routledge, 2016. 234 pages. ISBN: 978-1612058368

**Collocated: Black & African Americans*

Birthing Liberation: How Reproductive Justice Can Set Us Free

by Sabia Wade

Chicago Review Press, 2023. 272 pages. ISBN: 978-1641607971

**Collocated: Black & African Americans*

Black, Pregnant and Shamed

by Ashley Randolph-Cooley

Lulu.com, 2020. 32 pages. ISBN: 978-1716617904

**Collocated: Black & African Americans*

Body Belly Soul: The Black Mother's Guide to a Primal, Peaceful and Powerful Birth

by Nicole Bailey

Unapologetic Voice House LLC, 2021. 188 pages. ISBN: 978-1955090162

**Collocated: Black & African Americans*

Dismissed: Tackling the Biases that Undermine Our Health Care

by Angela Marshall and Kathy Palokoff
Citadel, 2023. 304 pages. ISBN: 978-0806542041
**Collocated: Black & African Americans*

The Echoing Ida Collection

by Cynthia R. Greenlee, Kemi Alabi, Janna Zinzi, Michelle Duster
First Feminist Press Edition, 2021. 369 pages. ISBN: 978-1558612839
**Collocated: Black & African Americans*

The Ethos of Black Motherhood in America: Only White Women Get Pregnant

by Kimberly C. Harper
Lexington Books, 2021. 135 pages. ISBN: 978-1793601421
**Collocated: Black & African Americans*

Full Surrogacy Now: Feminism Against Family

by Sophie A. Lewis
Verso, 2019. 216 pages. ISBN: 978-1786637291

Killing the Black Body: Race, Reproduction, and the Meaning of Liberty

by Dorothy Roberts
Second Vintage Books, 2017. 375 pages. ISBN: 978-0679758693
**Collocated: Black & African Americans*

Motherhood so White: A Memoir of Race, Gender, and Parenting in America

by Nefertiti Austin
Sourcebooks, 2019. 290 pages. ISBN: 978-1492679011
**Collocated: Black & African Americans*

My Black Motherhood: Mental Health, Stigma, Racism and the System

by Sandra Igwe
Jessica Kingsley Publishers, 2022. 215 pages. ISBN: 978-1839970092
**Collocated: Black & African Americans*

Oh Sis, You're Pregnant: The Ultimate Guide to Black Pregnancy & Childbirth

by Scania Boswell
Mango Publishing Group, 2021. 336 pages. ISBN: 978-1642504989
**Collocated: Black & African Americans*

Pregnant While Black: Advancing Justice for Maternal Health in America

by Monique Rainford
Broadleaf Books, 2023. 245 pages. ISBN: 978-1506487618
**Collocated: Black & African Americans*

Radical Reproductive Justice: foundations, Theory, Practice, Critique

by Loretta J. Ross, Lynn Roberts, Erika Derkas, Whitney Peoples, Pamela Bridgewater Toure, Dorothy Roberts

The Feminist Press at the City University of New York, 2017. 455 pages.

ISBN: 978-1936932047

**Collocated: Black & African Americans*

Reproductive Injustice: Racism, Pregnancy, and Premature Birth

by Dána-Ain Davis

New York University Press, 2019. 251 pages. ISBN: 978-1479812271

**Collocated: Black & African Americans*

Reproductive Rights as Human Rights: Women of Color and the Fight for Reproductive Justice

by Zakiya T. Luna

New York University Press, 2020. 320 pages. ISBN: 978-1479831296

**Collocated: Black & African Americans*

Skimmed: Breastfeeding, Race, and Injustice

by Andrea Freeman

Stanford University Press, 272. 2020 pages. ISBN: 978-1503610811

**Collocated: Black & African Americans*

Under the Skin: The Hidden Toll of Racism on American Lives and on the Health of Our Nation

by Linda Villarosa

Doubleday, 269. 2022 pages. ISBN: 978-0385544887

**Collocated: Black & African Americans*

We Live for the We: The Political Power of Black Motherhood

by Dani McClain

Bold Type Books, 2019. 251 pages. ISBN: 978-1568588544

**Collocated: Black & African Americans*

Sexual and Reproductive Health
Sexual Violence

Nonfiction

Being Mean: A Memoir of Sexual Abuse and Survival

by Patricia Eagle

She Writes Press, 2019. 376 pages. ISBN: 978-1631525193

Heart Berries

by Therese M. Mailhot

Counterpoint, 2018. 160 pages. ISBN: 978-1640091603

Men Too: Unspoken Truths About Male Sexual Abuse

by Kelli Palfy

Peaks and Valleys Publishing, 2020. 200 pages. ISBN: 978-1999292515

Graphic Novels

Not My Shame

by T. O. Walker

Singing Dragon, 2017. Unpaged. ISBN: 978-1785921841

**Collocated: Trauma and Post-Traumatic Stress Disorder (PTSD)*

Take It as a Compliment

by Maria Stoian

Singing Dragon, 2020 97 pages. ISBN: 978-1787756120

Sexual and Reproductive Health
Sexually Transmitted Diseases

Graphic Novels

Monsters

by Ken Dahl

Secret Acres, 2009. 208 pages. ISBN: 978-0988814998

**Social Issues
General Titles**

Fiction

Demon Copperhead: A Novel

by Barbara Kingsolver

Harper, 2022. 548 pages. ISBN: 978-0063251922

Nonfiction

Another Bullshit Night in Suck City

by Nick Flynn

WW Norton, 2005. 288 pages. ISBN: 978-0393329407

Critical Perspectives on Social Justice in Speech-Language Pathology

by RaMonda Horton

IGI Global, 2021. 355 pages. ISBN: 978-1799871347

Here We Are: Feminism for the Real World

by Kelly Jensen

Algonquin Young Readers, 2017. 240 pages. ISBN: 978-1616205867

Making Spaces Safer

by Shawna Potter

AK Press, 2018. 110 pages. ISBN: 978-1849353571

On the Ragged Edge of Medicine: Doctoring Among the Dispossessed

by Patricia Kullberg

Oregon State University Press, 2017. 176 pages. ISBN: 978-0870718861

**Collocated: Health Equity*

A Terrible Thing to Waste

by Harriet Washington

Little Brown Spark, 2019. 360 pages. ISBN: 978-0316509435

What If I Say the Wrong Thing?: 25 Habits for Culturally Effective People

by Verna A. Myers

American Bar Association, 2014. 125 pages. ISBN: 978-1614389712

Graphic Novels

Threadbare: Clothes, Sex and Trafficking

by Anne E. Moore

Microcosm Publishing, 2016. 160 pages. ISBN: 978-1621067399

Audio & Sound Recordings

Be The Boss Everyone Wants to Work For: A Guide for New Leaders

by William A. Gentry

Berrett-Koehler Publishers, 2016. 14:25:00. CD Audiobook.

Social Issues
Abuse or Violence

Nonfiction

No Visible Bruises: What We Don't Know About Domestic Violence Can Kill Us

by Rachel L. Snyder

Bloomsbury Publishing, 2019. 320 pages. ISBN: 978-1635570984

Graphic Novels

Dragonslippers: This Is What an Abusive Relationship Looks Like

by Rosalind B. Penfold

Grove Press, 2007. 272 pages. ISBN: 978-0802170200

eBook ISBN: 978-0802199393

Social Issues
Diversity, Equity, and Inclusion

Nonfiction

Allies and Advocates: Creating an Inclusive and Equitable Culture

by Amber Cabral

Wiley, 2021. 192 pages. ISBN: 978-1119772941

The Ambition Decisions: What Women Know About Work, Family, and the Path to Building a Life

by Hana Schank

Penguin Books, 2019. 288 pages. ISBN: 978-0525558828

Becoming Dr. Q: My Journey from Migrant Farm Worker to Brain Surgeon

by Alfredo Quiñones-Hinojosa (Author), Mim Eichler Rivas (Contributor)

University of California Press, 2011. 317 pages. ISBN: 978-0520274563

**Collocated: Healthcare System*

Becoming Leaders: A Practical Handbook for Women in Engineering, Science, and Technology

by F. M. Williams

ASCE Press, 2019. 200 pages. ISBN: 978-0784481998

Better Allies: Everyday Actions to Create Inclusive, Engaging Workplaces

by Karen Catlin

Better Allies Press, 2021. 282 pages. ISBN: 978-1732723351

The Body Is Not an Apology: The Power of Radical Self-Love

by Sonya R. Taylor

Berrett-Koehler Publishers, 2021. 176 pages. 978-1523091003

**Collocated: Women's Health*

Bridging Differences for Better Mentoring: Lean Forward, Learn, Leverage

by Lisa Z. Fain

Berrett-Koehler Publishers, 2020. 224 pages. ISBN: 978-1523085903

Disability and the Church: A Vision for Diversity and Inclusion

by Lamar Hardwick

IVP, 2021. 208 pages. ISBN: 978-0830841615

**Collocated: Health of People with Disabilities*

Diversity Beyond Lip Service: A Coaching Guide for Challenging Bias

by La'Wana Harris

Berrett-Koehler Publishers, 2019. 176 pages. ISBN: 978-1523098682

Emergent Strategy

by Adrienne M. Brown

AK Press, 2017. 280 pages. ISBN: 978-1849352611

Hijab Butch Blues: A Memoir

by Lamya H

The Dial Press, 2023. 284 pages. ISBN: 978-0593448762

**Collocated: LGBTQIA+ Health*

How to Be an Inclusive Leader: Your Role in Creating Cultures of Belonging Where Everyone Can Thrive

by Jennifer Brown

Berrett-Koehler Publishers, Inc., 2021 168 pages. ISBN: 978-1523093144

eBook ISBN: 978-1523085187

How to Listen and How to Be Heard: Inclusive Conversations at Work

by Alissa Carpenter

Career Press, 2020. 256 pages. ISBN: 978-1632657695

Just Work: How to Root Out Bias, Prejudice, and Bullying to Build a Kick-Ass Culture of Inclusivity

by Kim Scott

St. Martin's Press, 2021. 416 pages. ISBN: 978-1250203489

The Neurodiverse Workplace: An Employer's Guide to Managing and Working with Neurodivergent Employees, Clients and Customers

by Victoria Honeybourne

Jessica Kingsley Publishers, 2019. 176 pages. ISBN: 978-1787750340

Pleasure Activism

by Adrienne M. Brown

AK Press, 2019. 464 pages. ISBN: 978-1849353274

**Ponle fin al sesgo
(The End of Bias)**

by Jessica Nordell

Ediciones Urano, 2022. ISBN: 978-8492917037

Español

Revolutionary Mothering: Love on the Front Lines

by Alexis Pauline Gumbs, China Martens, Mai'a Williams
PM Press, 2016. 250 pages. ISBN: 978-1629631103

**Collocated: Parenting*

See No Stranger: A Memoir and Manifesto of Revolutionary Love

by Valarie Kaur
One World, 2021. 416 pages. ISBN: 978-0525509110
eBook ISBN: 978-0525509103

Strategies for Being Visible: 14 Profile-Raising Ideas for Emerging Female Leaders

by Susan Ritchie
Business Books, 2019. 152 pages. ISBN: 978-1785354731

Subtle Acts of Exclusion: How to Understand, Identify, and Stop Microaggressions

by Tiffany Jana
Berrett-Koehler Publishers, Incorporated, 2020. 201 pages. ISBN: 978-1523087075
eBook ISBN: 978-1523087068

The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together

by Heather McGhee
One World, 2021. 448 pages. ISBN: 978-0525509578
**Collocated: Racism*

Understand, Manage, and Prevent Algorithmic Bias: A Guide for Business Users and Data Scientists

by Tobias Baer
Apress, 2019. 258 pages. ISBN: 978-1484248850

We Have Always Been Here: A Queer Muslim Memoir

by Samra Habib
Viking Canada, 2019. 220 pages. ISBN: 978-0735235007
**Collocated: LGBTQIA+ Health*

Graphic Novels

Commute: An Illustrated Memoir of Female Shame

by Erin Williams
Harry N Abrams, 2019. 295 pages. ISBN: 978-1419736742

Escaping Wars and Waves: Encounters with Syrian Refugees

by Olivier Kugler
Penn State University Press, 2018. 79 pages. ISBN: 978-0271082240
**Collocated: War*

Video & Film Recordings

Muslims in Conversation: Reaching for Equity and Respect in Healthcare

(Speakers: Aameena Jandali, Muneza Rahman)

PlaneTree Health Library & Islamic Networks Group, 2022. 32:25:00. Streamed .mp4 file.

URL: <https://youtu.be/6pnXYQBXEBI>

Social Issues
Environmental Health

Nonfiction

Braiding Sweetgrass

by Robin Wall Kimmerer

Milkweed Editions, 2013. 390 pages. ISBN: 978-1571313560

**Collocated: Indigenous Peoples*

The Intersectional Environmentalist

by Leah Thomas

Voracious, 2022. 208 pages. ISBN: 978-0316279291

What the Eyes Don't See: A Story of Crisis, Resistance, and Hope in an American City

by Mona Hanna-Attisha

One World, 2018. 364 pages. ISBN: 978-0399590856

**Collocated: Public Health*

Social Issues
Immigration

Nonfiction

Beautiful Country: A Memoir of an Undocumented Childhood

by Qian Julie Wang

Anchor, 2022. 320 pages. ISBN: 978-0593313008

**Collocated: Asian & Asian Americans*

The Best We Could Do: An Illustrated Memoir

by Thi Bui Abrams

ComicArts, 2017. 327 pages. ISBN: 978-1419718779

**Collocated: Asian & Asian Americans*

Immigrant Youth in Cultural Transition: Acculturation, Identity, and Adaptation Across National Contexts

by John W. Berry

Routledge, 2023. 305 pages. ISBN: 978-1003309192

**Collocated: Mental Health & Psychology*

Social Issues

Racism

Fiction

We Love You, Charlie Freeman

by Kaitlyn Greenidge

Algonquin Books, 2017. 341 pages. ISBN: 978-1616206444

**Collocated: Black & African Americans*

Nonfiction

The Antiracism Handbook: Practical Tools to Shift Your Mindset & Uproot Racism in Your Life & Community

by Thema Bryant-Davis

New Harbinger Publications, 2022. 177 pages. ISBN: 978-1684039104

The Antiracist: How to Start the Conversation About Race and Take Action

by Konwani Fidel

Skyhorse Publishing Company, 2020. 143 pages. ISBN: 978-1510764217

Black and Blue: The Origins and Consequences of Medical Racism

by John Hoberman

University Of California Press, 2012. 304 pages. ISBN: 978-0520274013

eBook ISBN: 978-0520951846

**Collocated: Health Equity*

Masters of Health: Racial Science and Slavery in U.S. Medical Schools

by Christopher Willoughby

The University of North Carolina Press, 2022. 267 pages. ISBN: 978-1469672120

**Collocated: Health Equity*

My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies

by Resmaa Menakem

Central Recovery Press, 2017. 300 pages. ISBN: 978-1942094470

1st edition: 978-1942094487

**Collocated: Trauma and Post-Traumatic Stress Disorder (PTSD)*

The Other Talk: Reckoning with Our White Privilege

by Brandon Kiely

Atheneum/Caitlyn Dlouhy Books, 2021. 272 pages. ISBN: 978-1534494046

The Racial Healing Handbook: Practical Activities to Help You Challenge Privilege, Confront Systemic Racism & Engage in Collective Healing

by Anneliese A. Singh

New Harbinger Publications, Inc, 2019. 222 pages. ISBN: 978-1684032709

Right Within: How to Heal from Racial Trauma in the Workplace

by Minda Harts

Seal Press, 2021. 288 pages. ISBN: 978-1541619623

So, You Want to Talk About Race

by Ijeoma Oluo

Seal Press, 2019. 272 pages. ISBN: 978-1580058827

Social Determinants of Health and Health Disparities

by Paula Braveman

Oxford University Press, 2023. 312 pages. ISBN: 978-0190624125

**Collocated: Health Equity*

The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together

by Heather McGhee

One World, 2021. 448 pages. ISBN: 978-0525509578

**Collocated: Diversity, Equity, & Inclusion*

Weathering: The Extraordinary Stress of Ordinary Life in an Unjust Society

by Arline T. Geronimus

Little, Brown, 2023. 356 pages. ISBN: 978-0316258180

White Fragility: Why It's So Hard for White People to Talk About Racism

by Robin DiAngelo

Beacon Press, 2018. 192 pages. ISBN: 978-0807047422

Social Issues Relationships

Fiction

Dotter of Her Father's Eyes

Mary M. Talbot

Dark Horse Books, 2012. 96 pages. ISBN: 978-1595828507

Everything Here Is Beautiful

by Mira T. Lee

Penguin Books, 2019. 384 pages. ISBN: 978-0735221970

**Collocated: Mental Health & Psychology*

Nonfiction

Find Your People: Building Deep Community in A Lonely World

by Jennie Allen

WaterBrook, 2022. 2443 pages. ISBN: 978-0593193389

**Collocated: Self-Help*

Mothers, Fathers, and Others: Essays

by Siri Hustvedt

Simon & Schuster, 2021. 285 pages. ISBN: 978-1982176396

Nonviolent Communication: A Language of Life

by Marshall B. Rosenberg

PuddleDancer Press, 2015. 244 pages. ISBN: 978-1892005281

**Collocated: Mental Health & Psychology*

Polysecure: Attachment, Trauma and Consensual Nonmonogamy

by Jessica Fern

Thorntree Press 2020 268 pages ISBN: 978-1944934989

**Collocated: Mental Health & Psychology*

Graphic Novels

The Facts of Life

by Paula Knight

Penn State University Press, 2017. 240 pages. ISBN: 978-0271078465

Social Issues War

Graphic Novels

Escaping Wars and Waves: Encounters with Syrian Refugees

by Olivier Kugler

Penn State University Press, 2018. 79 pages. ISBN: 978-0271082240

**Collocated: Diversity, Equity, & Inclusion*

Freedom Hospital: A Syrian Story

by Hamid Sulaiman

Interlink Books, 2018 288 pages. ISBN: 978-1623719951

**Collocated: Trauma and Post-Traumatic Stress Disorder (PTSD)*

The Photographer

by Emmanuel Guibert

First Second, 2009. 288 pages. ISBN: 978-1596433755

Video & Film Recordings

Thank You for Your Service

Directed by Jason Hall

Universal, 2018. 109 minutes. DVD.

**Collocated: Trauma and Post-Traumatic Stress Disorder (PTSD)*

**Traditional Medicine
General Titles**

Fiction

Barefoot Doctor: A Novel

by Canxue (Author), Karen Gernant (Translator), Chen Zeping (Translator)
Yale University Press, 2022. 257 pages. ISBN: 978-0300259636
(Translated from Chinese)

**Collocated: Asian & Asian American*

Nonfiction

Ayurveda

Sonja Shah-Williams
DK Pub, 2021. 144 pages. ISBN: 978-0744026771

A Comprehensive Handbook of Traditional Chinese Medicine

by Zhang Yifang
Shanghai Book Traders, 2020. 292 pages. ISBN: 978-1602201729

Coyote Medicine: Lessons from Native American Healing

by Lewis Mehl-Madrona
Simon & Schuster, 1998. 304 pages. ISBN: 978-0684839974
**Collocated: Native Americans*

Everyday Ayurveda Guide to Self-Care

Kate O'Donnell
Shambhala Pubns, 2020. 274 pages. ISBN: 978-1611806519

Face Reading

by Wu Jianshe
Scpg Pub Corp, 2022. 148 pages. ISBN: 978-1938368592

Foot Reflexology & Acupressure

by Zha Wei
Shanghai Book Traders, 2020. 168 pages. ISBN: 978-1602201644

Grandmothers of the Light: A Medicine Woman's Sourcebook

by Paula G Allen
Beacon Press, 1992. 246 pages. ISBN: 978-0807081037
**Collocated: Native Americans*

Hand Reflexology & Acupressure

by Chen Feisong

Shanghai Book Traders, 2019. 144 pages. ISBN: 978-1602201620

Mayo Clinic Book of Home Remedies

by Cindy A. Kermott & Martha P. Millman

Mayo Clinic Press, 2017. 206 pages. ISBN: 978-1893005686

Medicinal Herbs for Family Health & Wellness: 123 Trusted Recipes for Common Concerns, From Allergies & Asthma to Sunburns and Toothaches

by J. J. Pursell

Timber Press, 2021. 262 pages. ISBN: 978-1643260679

Mother Earth Plants for Health and Beauty: Indigenous Plants, Traditions, and Recipes

by Carrie Armstrong

Eschia Books, 2020. 141 pages. ISBN: 978-1926696645

Pacific Northwest Medicinal Plants: Identify, Harvest, and Use 120 Wild Herbs for Health and Wellness

by Scott Kloos

Timber Press, 2017. 415 pages. ISBN: 978-1604696578

The Science of the Sacred: Bridging Global Indigenous Medicine Systems and Modern Scientific Principles

by Nicole Redvers

North Atlantic Books, 2019. 296 pages. ISBN: 978-1623173371

**Collocated: Indigenous Peoples*

Wisdom Engaged: Traditional Knowledge for Northern Community Well-Being

by Leslie M. Johnson

Polynya Press, 2019. 402 pages. ISBN: 978-1772124101

**Collocated: Native Americans*

Graphic Novels

Yellow Monkey Emperor's Classic of Chinese Medicine

by Damo Mitchell

Jessica Kingsley Publishers, 2016. 272 pages. ISBN: 978-1848192867

Women's Health
(See also Sexual and Reproductive Health)
General Titles

Nonfiction

Activa tu suelo pélvico
(Activate the Pelvic Floor)

by Lauren Roxburgh

Editorial Sirio, 2021. 232 pages. ISBN: 978-8418531200

Español

The Body Is Not an Apology: The Power of Radical Self-Love

by Sonya Renee Taylor

Berrett-Koehler Publishers, 2021. 176 pages. 9781523091003

Cuaderno para un perine despierto y relajado
(Notebook for an Awake and Relaxed Perineum)

by Nuria Vives

Obelisco, 2022. 44 pages. ISBN: 978-8494982712

Español

Cuerpo de mujer
(Body of a Woman)

by Monica Felipe-Larralde

Obelisco, 2021. 120 pages. ISBN: 978-8494845857

Español

Diagnosis Female: How Medical Bias Endangers Women's Health

by Emily Dwass

Rowman & Littlefield Publishers, 2019. 232 pages. ISBN: 978-1538114469

**Collocated: Health Equity*

Endometriosis: La guía para entender qué es y cómo cuidarte
(Endometriosis: The Guide to Understanding What It Is and How to Take Care of Yourself)

by Francisco Carmona

Grijalbo Ilustrados, 2021. 192 pages. ISBN: 978-8417752651

Español

Pain and Prejudice: How the Medical System Ignores Women – And What We Can Do About It
by Gabrielle Jackson

Greystone Books, 2021. 383 pages. ISBN: 978-1771647168

**Collocated: Health Equity*

Policing the Womb: Invisible Women and the Criminalization of Motherhood

by Michele Goodwin

Cambridge University Press, 2020. 334 pages. ISBN: 978-1107030176

**Collocated: Health Equity*

The Wonder Down Under: The Insider's Guide to Anatomy, Biology, and Reality of the Vagina

by Ellen S. Dahl & Nina Brochmann

Quercus, 2018. 304 pages. ISBN: 978-1681440217

Graphic Novels

Tits & Clits, 1972-1987

by Joyce Farmer, Lyn Chevli, Mary Fleener, and Samantha Meier (Editors)

Fantagraphics, 2023. 368 pages. ISBN: 978-1683966838