



**National Library of Medicine**  
*Network of the National Library of Medicine*

# **Diverse Voices**

# **Collection Development**

# **Resources**

**Children's Collection**  
(2023 Edition)

## Preface

The Diverse Voices in Health & Medicine Collection Development Project was borne of a funding opportunity offered by the Network of the National Library of Medicine (NNLM) Region 5, which serves the states of Alaska, Washington, Oregon, Nevada, California and Hawaii along with the U.S. Territories and Freely Associated States in the Pacific.

The award helps build collections that reflect voices of the communities served, as revealed through such genres as graphic medicine, fiction, nonfiction, memoirs, Young Adult, manuscripts (published and unpublished), oral histories and film. Expanding diverse voices in libraries (all types), public health agencies, academic programs, or community organizations ensures collection equity and supports health literacy by illuminating common or unique health issues facing underserved populations.

In all, NNLM Region 5 funded 27 Collection Equity Outreach Awards: 12 to public libraries, 11 to academic libraries, three to community-based organizations and one to a hospital library. Award recipients submitted final reports consisting of a bibliography of collection resources purchased, using a template created by NNLM staff to capture relevant bibliographic information. All 27 partner organizations returned these bibliographies, thus providing content for the Collection Development Resource. In total, awardees' bibliographies documented 1,400 unique resources purchased and shared. Each state in NNLM Region 5 is represented, as are myriad genres and formats.

A few caveats as you use this Resource:

- We chose not to use NLM's MeSH, LC's subject headings, Dewey Decimal or any other cataloging system but instead focused on terms that are commonly accepted and browsable. We asked Collection Equity awardees to state subject/topics for each bibliography resource as the initial starting point of our categorization. We sought and incorporated feedback from industry professionals and diverse colleagues within NNLM. We acknowledge that some terms may feel limiting to some communities. The subject/topic headings used here are not intended to cause harm. In that spirit, if you find a term offensive or not representative, please reach out to [nnlm@uw.edu](mailto:nnlm@uw.edu) with your concerns. We want to hear from you.
- For authors, we used what was submitted on the bibliography, so if two books have five authors each, and one awardee submitted John Doe et al. and the other submitted John Smith, Joe, Smith, Jane Smith, Jim Smith and Joan Smith, that's how they are displayed for each title.
- For ISBNs, we used what was submitted and made every effort to indicate the format, e.g., "(eBook) ISBN." We tried our best to fact-check the ISBNs, but some absurdity likely crept in, and we apologize in advance for any incorrect ISBNs you might discover.
- For the Children's and Young Adults' Collections, we included the suggested age range when we were able to ascertain it. If no age range is noted, regrettably, we were not able to obtain that information.

### Note for the 2023 Edition:

In 2023, we fixed small grammatical and style issues, expanded the subject list, and added over 500 additional materials and a Graphic Medicine Collection. These materials were submitted in bibliographies by 11 of the 27 original libraries.

### Acknowledgements

NNLM Region 5 would like to thank the 27 libraries and community-based organizations who poured their heart and soul into their Collection Equity Awards and so graciously submitted their "final report"

bibliography of resources they purchased, knowing these lists would be used to create a Collection Development Resource. Your hard work and dedication to representing and growing the voices of all the individuals you serve is inspiring!

Board of Regents, Nevada System of Higher Education (NSHE) on behalf of the University of Nevada, Las Vegas Health Sciences Library. [UNLV HSL], Las Vegas, NV

Clark Library, University of Portland, Portland, OR

Clatskanie Library District, Clatskanie, OR

Everett Public Library, Everett, WA

Jackson County Library District, Medford, OR

Juneau Public Libraries, Juneau, AK

Kenai Community Library, Kenai, AK

Lee Graff Medical Library, Beckman Research Institute of Research of the City of Hope, Duarte, CA

Los Angeles County Department of Public Health, Los Angeles, CA

Monterey County Free Libraries, Marina, CA

Norris Medical Library, USC Libraries, University of Southern California, Los Angeles, CA

North Bend Public Library, North Bend, OR

Oregon Health & Science University, Portland, OR

Oregon Post Adoption Resource Center (ORPARC), Portland, OR; a program of NW Resource Associates

Pacific University, Forest Grove, OR

Paul J. Cushing Library at Holy Names University, Oakland, CA

PlaneTree Health Library, San Jose, CA

Portland State University Library, Portland, OR

Providence System Library Services; Providence St. Vincent Hospital & Medical Center, Portland, OR

Redwood City Public Library, Redwood City, CA

The Regents of the University of California, San Francisco, CA

San Bruno Public Library, San Bruno, CA

San Diego State University Research Foundation, San Diego, CA

Springfield Public Library, Springfield, OR

UAA/APU Consortium Library/Alaska Medical Library, Anchorage, AK

Wailuku Public Library, Wailuku, HI

Walla Walla Rural Library District, Walla Walla, WA

Lastly, NNLM Region 5 would like to thank Kristi Torp, MLS, for her can-do spirit, thoughtful questions, organizational skills and multi-tasking abilities in piecing the Diverse Voices Collection Development Resource together and Michele Spatz, MLS, for her creativity, leadership and dedication to bringing the overall NNLM Region 5 Diverse Voices Project to life.

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**Addiction and Recovery  
General Titles**

**Fiction**

**Healthy Choices, Healthy Lives**

by Karen Olson

Theytus Books, 2009 20 pages. ISBN: 978-1894778534

Ages 8-12

*\*Collocated: Indigenous Peoples*

**Where We Used to Roam**

by Jenn Bishop

Aladdin, 2021. 352 pages. ISBN: 978-1534457294

Ages 8-12

*\*Collocated: Relationships*

**Nonfiction**

**La epidemia de los opioides y la crisis de las adicciones  
(The Opioid Epidemic and the Addiction Crisis)**

by Elliot Smith

Ediciones Lerner, 2022. ebook ISBN: 978-1728474557

Ages 9 - 14 years

*\*Collocated: Young Adult Collection*

**Español**

**Body Systems and Diseases**  
**General Titles**

**Fiction**

**Beaver Doesn't Open the Door**

by Pang Shuo

Clavis, 2021. 32 pages. ISBN: 978-1605376486

Ages 5-11 Picture Book

**Nonfiction**

**American Murderer**

by Gail Jarrow

Calkins Creek, 2022. 160 pages. ISBN: 978-1684378159

Ages 10+

**What Linnaeus Saw**

by Karen Magnuson

Norton Young Readers, 2019. 256 pages. ISBN: 978-1324004684

Ages 10+

**Body Systems and Diseases**  
**Allergies and Immune System Diseases**

**Graphic Novels**

**Allergic: A Graphic Novel**

by Megan Wagner Lloyd (author) Michelle Mee Nutter (illustrator)

Scholastic, Inc. (US), 2021. 240 pages. ISBN: 978-1338568905

eBook ISBN: 978-1338568929

Ages 9-12 Fiction



**Body Systems and Diseases**  
**Anatomy and Physiology**

**Nonfiction**

**The Bare Naked Book**

by Kathy Stinson (author) Melissa Cho (illustrator)  
Annick Press, 2021. 36 pages. ISBN: 978-1773214726  
Ages 1-4 Picture Book

**Bienvenidos a cerebrópolis**  
**(Welcome to Braintown)**

by Matteo Farinella  
Destino Juvenil & Infantil, 2018. 48 pages. ISBN: 978-8408186885  
Ages 7+

**Español**

**Big Brain Book: How It Works and All Its Quirks**

by Leanne Boucher Gill  
Magination Press, 2021. 256 pages. ISBN: 978-1433830457  
Ages 10-13

**The Big Bonkers Body Book**

by John Farndon  
Beetle Books, 2022. 80 pages. ISBN: 978-1914087646  
Ages 6-9

**Bodies Are Cool**

by Tyler Feder  
Penguin Group (USA), Inc., 2021. 32 pages. ISBN: 978-0593112625  
eBook ISBN: 978-0593112632  
Ages 2-5

**I Want an Apple: How My Body Works**

by David L. Harrison (author) David Catrow (illustrator)  
Holiday House, 2021. 32 pages. ISBN: 978-0823441044  
Ages 4-7 Picture Book

**Under Our Clothes: Our First Talk About Our Bodies**

by Jillian Roberts (Author), Jane Heinrichs (Illustrator), Heather Gould (narrator)  
Orca Book Publishers, 2019. 32 pages. eBook ISBN: 978-1459825208  
Ages 6-8 Readalong

**Body Systems and Diseases**  
**Brain Disorders**

**Fiction**

**Brilliant Bea: A Story for Kids with Dyslexia and Learning Differences**

by Shaina Rudolph (Author), Mary Vukadinovich (Author), Fiona Lee (Illustrator)

Magination Press, 2021. 32 pages. ISBN: 978-1433837418

Ages 4-8 Picture Book

**Body Systems and Diseases**  
**Cancers**

**Nonfiction**

**When a Kid Like Me Fights Cancer**

by Catherine Stier

Albert Whitman & Company, 2021. 32 ISBN: 978-0807563960

Ages 2-5

**Body Systems and Diseases**  
**Dental Care**

**Fiction**

**Open Wide Katie!**

by Fran Manushkin

Picture Window Books, 2021. 32 pages. ISBN: 978-1515858744

Ages 5-7

**Pete the Cat and the Lost Tooth**

by James Dean & Kimberly Dean

HarperCollins Publishers Inc., 2017. 32 pages. eBook ISBN: 978-0062675200

Ages 4-6

**Graphic Novels**

**Smile**

by Raina Telgemeier

Graphix, 2014. 213 pages. ISBN: 978-0545780018

Ages 10+

**Audio & Sound Recordings**

**Pete the Cat and the Lost Tooth**

by James Dean & Kimberly Dean (narrated by James Fouhey)

HarperCollins Publishers Inc., 2020. 00:04:18. eAudio ISBN: 978-0063026667

**Body Systems and Diseases**  
**Diabetes**

**Graphic Novels**

**Diabetes and Me: An Essential Guide for Kids and Parents**

by Kim Chaloner & Nick Bertozzi

Hill & Wang, 2013. 176 pages. ISBN: 978-0809028191

Ages 8-12

**Body Systems and Diseases**  
**Digestive Diseases**

**Fiction**

**I'm a Gluten-Sniffing Service Dog**

by Michal Babay (Author), Ela Smietanka (Illustrator)

Albert Whitman & Company, 2021. 32 pages. eBook ISBN: 978-0807536469

Ages 4-9

**Violet and the Crumbs**

by Abigail Rayner

Northsouth book, 2022. 40 pages. ISBN: 978-0735844858

Ages 4-8 Picture Book

**Nonfiction**

**Gluten-Free Diets**

by Gail Saunders-Smith & Mari Schuh

Capstone, 2014. 24 pages. eBook ISBN: 978-1491406236

Ages 4-8

*\*Collocated: Food & Nutrition*

**Audio & Sound Recordings**

**Gluten-Free Diets**

by Mari Schuh

Capstone, 2020. 00:03:19. eAudio ISBN: 978-1543523362

*\*Collocated: Food & Nutrition*

**Body Systems and Diseases**  
**Genetic Disorders**

**Fiction**

**My Friend Jen: A Little Different**

by Leah Jenica

JLG Publishing, 2016. 24 pages. ISBN: ISBN: 978-0995664104

Ages 8-12 (Sickle cell anemia)

*\*Collocated: Black & African Americans*

**My Friend Jen: The Check Up**

by Leah Jenica

JLG Publishing, 2020. 24 pages. ISBN: ISBN: 978-0995664135

Ages 8-12 (Sickle cell anemia)

*\*Collocated: Black & African Americans*

**Body Systems and Diseases**  
**HIV/AIDS**

**Nonfiction**

**What Is the AIDS Crisis?**

by Nico Medina

Penguin Workshop, 2022. 112 pages. ISBN: 978-0593227022

Ages 8-12.

**Graphic Novels**

**Medikidz Explain HIV**

by Kim Chilman-Blair

Rosen Central, 2011. 40 pages. ISBN: 978-1435894587

Ages 9-12



**Body Systems and Diseases**  
**Nervous System Diseases**

**Fiction**

**Some Days: A Tale of Love, Ice Cream and My Mom's Chronic Illness**

by Julie A. Stamm

Experiment, 2021. 32 pages. ISBN: 978-1615198108

Ages 2-5 Picture Book (Multiple Sclerosis)

*\*Collocated: Relationships*

**Body Systems and Diseases**  
**Pandemics & Epidemics (Widespread Disease)**

**Fiction**

**Rez Dogs**

by Joseph Bruchac

Dial Books for Young Readers, 2021. 192 pages. ISBN: 978-0593326213

Ages 8-12

*\*Collocated: Native Americans*

**Nonfiction**

**Pandemias**

**(Pandemics)**

by Tomek Zarnecki

Thule Ediciones, 2021. 96 pages. ISBN: 978-8416817771

Ages 7-9

**Español**

**Patient Zero: Solving the Mysteries of Deadly Epidemics**

by Marilee Peters

Annick Press, 2021. 202 pages. eBook ISBN: 978-1773215129

Ages 10+

**El virus de la Covid-19**

**(The Covid-19 Virus)**

by Grace Hansen

ABDO Publishing Company, 2020. 24 pages. eBook ISBN: 978-1098208813

Ages 6-7

**Español**

**Graphic Novels**

**Comics de ciencia: plagas. la batalla microscópica**

**(Science Comics: Plagues. The Microscopic Battle)**

by Falynn Koch

Oceano historias graficas, 2021. 128 pages. ISBN: 978-6075571799

Ages 9-12

**Español**

**Body Systems and Diseases**  
**Pandemics & Epidemics (Widespread Disease) - Vaccines**

**Nonfiction**

**Vaccines**

by Matt Chandler

Focused readers, 2022. 48 pages. ISBN: 978-1637390801

Ages 8-12

**Virus y vacunas [futuros genios 6]**

**Español**

**(Viruses & Vaccines)**

by Carlos Pazos

Penguin Random House Grupo Editorial, 2021. 24 pages. eBook ISBN: 978-8448858049

Ages 5-8

**Graphic Novels**

**A Shot in the Arm! [Big Ideas that Changed the World Series, Book 3]**

by Don Brown

Abrams, 2021. 144 pages. eBook ISBN: 978-1647000905

Ages 8-12

## Death and Dying General Titles

### Fiction

#### **Cómo hablarles a tus hijos acerca de la muerte y el duelo**

(How to Talk to Your Children About Death and Grief)

by Molly Potter

PICARONA, 2020. 40 pages. ISBN: 978-8491452560

Ages 5 to 7

*\*Collocated: Grief & Loss*

#### **Dancing With the Cranes**

by Jeannette Armstrong

Theytus Books, 2017. 24 pages. ISBN: 978-1894778701

Ages 6-8

*\*Collocated: Indigenous Peoples and Emotional Literacy*

#### **We Dream Medicine Dreams**

by Lisa Boivin

HighWater Press, 2021. 48 pages. ISBN: 978-1553799870

Ages 6-8

*\*Collocated: Indigenous Peoples*

#### **Which Way Should I Go?**

by Sylvia Olsen

Sono Nis Press, 2008. 40 pages. ISBN: 978-1550391619

Ages 8-12

*\*Collocated: Indigenous Peoples*

### Nonfiction

#### **Death Is Stupid**

by Anastasia Higginbotham

Dottir Press, 2020. 64 pages. ISBN: 978-1558619258

Ages 4-8 Picture Book

#### **Where Do They Go?**

by Julia Alvarez (author), Sabra Field (illustrator)

Random House, Inc., 2018. 24 pages. eBook ISBN: 978-1609806712

Ages 3-7

**Español**

**General Health**  
**Holistic Wellness (Including Mindfulness and Meditation)**

**Fiction**

**I Am at Peace: A Book of Mindfulness**

by Susan Verde & Peter Reynolds

Harry N. Abrams, 2017. 32 pages. ISBN: 978-1419727016

Ages 2-7 Picture Book

**Mindful Mr. Sloth**

by Katy Hudson

Capstone Editions, 2021. unpagged ISBN: 978-1684463978

Ages 5 to 8

**Outside In**

by Deborah Underwood

Houghton Mifflin Harcourt, 2020. Unpagged. ISBN: 978-1328866820

Ages 4 to 6

**Taking Care of Me: Healthy Habits with Sesame Street**

by Mari Schuh

Lerner Publication, 2021. 32 pages. ISBN: 978-1728423876

Ages 4-8 Picture Book

**Taking Time**

by Jo Loring-Fisher

Lantana publishing, 2020. 32 pages. ISBN: 978-1911373087

Ages 5-8 Picture Book

**Thank You, Miyuki**

by Roxane Marie Galliez

Princeton Architectural Press, 2020. Unpagged. ISBN: 978-1616899011

Ages 5 to 8

**The Three Little Yogis and the Wolf Who Lost His Breath**

by Susan Verde

Harry N Abrams, 2020. 32 pages. ISBN: 978-1419741036

Ages 4-8 Picture Book

**Your Happy Heart; How Helping Others Helps You, Too**

by Amie Dean

Natl Center for Youth Issues, 2019. 32 pages. ISBN: 978-1937870560

Ages 7-12

**Nonfiction**

**Breathe Like a Bear: 30 Mindful Moments for Kids to Feel Calm and Focused Anytime, Anywhere**

by Kira Willey Rodale Kids, 2017. 84 pages. ISBN: 978-1623368852

Ages 3 to 6

**Calm**

by Jillian Roberts

Orca Book Publishers, 2022. 20 pages. eBook ISBN: 978-1459830998

Ages 0-2

**Crafting Calm: Art and Activities for Mindful Kids**

by Megan Borgert-Spaniol

Beaming Books, 2020. 80 pages. ISBN: 978-1506465265

Ages 8 to 12

**I Can Do Hard Things: Mindful Affirmations for Kids**

by Gabi Garcia

Skinned Knee Publishing, 2018. 35 pages. ISBN: 978-0998958088

Ages 3-7

**My Heart Flies Open**

by Omileye Achikeobi-Lewis

North Atlantic Books, 2021. 32 pages. ISBN: 978-1623176136

eBook 9781623176143

Ages 4-8 Board Book

**My Magic Breath: Finding Calm Through Mindful Breathing**

by Nick Ortner

Harper, 2018. Unpaged ISBN: 978-0062687760

Ages 3 to 6

**Yo puedo hacer cosas difíciles: Afirmaciones conscientes para niños  
(I Can Do Hard Things: Mindful Affirmations for Kids)**

by Gabi Garcia

Skinned Knee Publishing, 2018. 34 pages. ISBN: 978-1949633030

Ages 2-6

**Español**

**Health of People with Disabilities**  
**General Titles**

**Fiction**

**Best Day Ever!**

by Marilyn Singer (Author), Leah Nixon (Illustrator)  
Clarion Books, 2021. 32 pages. ISBN: 978-1328987839  
Ages 2-7 Picture Book

**Dancing With Daddy**

by Anitra Rowe Schulte (Author), Ziyue Chen (Illustrator)  
Two Lions, 2021. 40 pages. ISBN: 978-1542007191  
Ages 3-7 Picture Book

**I Will Dance**

by Nancy B. Flood  
Antheneum Books for Young Readers, 2020. 48 pages. ISBN: 978-1534430617  
Ages 4-8

**Just Ask!: Be Different, Be Brave, Be You**

by Sonia Sotomayor  
Philomel Books, 2020. 32 pages. ISBN: 978-0525514121  
Ages 4-7

**Mighty Mila: An Inclusive Children's Book About an Unstoppable Deaf Girl**

by Katie Pertuziello & Nadja Sarell  
Mighty Books, LLC, 2021. 36 pages. ISBN: 978-1736851012  
Ages 4-7

**My Three Best Friends and Me, Zulay**

by Cari Best (Author), Vanessa Brantley-Newton (Illustrator)  
Farrar Straus Giroux, 2015. 40 pages. ISBN: 978-0374388195  
Ages 4-8 Picture Book

**¡Solo pregunta!: Sé diferente, sé valiente, sé tú  
(Just Ask!: Be Different, Be Brave, Be You)**

by Sonia Sotomayor  
Philomel Books, 2019. 32 pages. ISBN: 978-0525515500  
Ages 5 to 7

**Español**

## Nonfiction

### **Unstoppable: Women with Disabilities**

by Helen Wolfe (Author), Karen Patkau (Illustrator)

Second Story Press, 2021. 24 pages. ISBN: 978-1772602098

Ages 4-7 Biography

## Graphic Novels

### **El Deafo**

by Cece Bell

Amulet Books, 2014. 233 pages. ISBN: 978-1613126219

Ages 7-10



**Health Topics for People of Color**  
**Alaska Natives**

**Fiction**

**Am'Ala**

by Frank H. Kaash Katasse

Sealaska Heritage Institute, 2017. 40 pages. ISBN: 978-1946019066

Picture Book

**Baby Eagle: Learn Eagle Clans**

by Crystal Worl

Sealaska Heritage Institute, 2016. 14 pages. ISBN: 978-0996369824

Ages 0-5 Board Book

**Tlingit, English**

**Baby Raven: Learn Raven Clans**

by Crystal Worl

Sealaska Heritage Institute, 2016. 14 pages. ISBN: 978-0996369817

Ages 0-5 Board Book

**Tlingit, English**

**Colors: Learn the Colors in Lingít**

by Yarrow Vaara

Sealaska Heritage Institute, 2016. 22 pages. ISBN: 978-0996369855

Ages 6-8 Board Book

**Tlingit, English**

**Cradle Songs of Southeast Alaska**

by Crystal Worl

Sealaska Heritage Institute, 2019. 22 pages. ISBN: 978-1946019363

Board Book

**Tlingit, Haida, Tsimshian**

**How Devil's Club Came to Be**

by Miranda Rose Kaagwéil Worl

Sealaska Heritage Institute, 2017. 30 pages. ISBN: 978-1946019141

Ages 6-8 Picture Book

**Let's Go! A Harvest Story**

by Hannah Lindoff

Sealaska Heritage Institute, 2017. 40 pages. ISBN: 978-1946019097

Ages 6-8 Picture Book

**Native Values: Living in Harmony**

by Rosita Kaaháni Worl

Sealaska Heritage Institute, 2017. 40 pages. ISBN: 978-1946019110

Picture Book

**Tlingit, Haida, Tsimshian, English**

**Origins of Rivers and Streams: A Raven Story**

by Pauline Kookesh Duncan

Sealaska Heritage Institute, 2017. 14 pages. ISBN: 978-0996369886

Picture Book

**Picking Berries**

by Hannah Lindoff

Sealaska Heritage Institute, 2017. 40 pages. ISBN: 978-1946019103

Picture Book

**English, Tlingit, Haida, Tsimshian**

**Raven and the Box of Daylight**

by Pauline Kookesh Duncan

Sealaska Heritage Institute, 2017. 14 pages. ISBN: 978-0996369893

Ages 0-5 Picture Book

**Raven and the Hidden Halibut**

by Nick A. Foote

Sealaska Heritage Institute, 2020. 40 pages. ISBN: 978-1946019486

Ages 0-5 Picture Book

**Tlingit, English**

**Raven and the Tide Lady**

by Michaela Goade

Sealaska Heritage Institute, 2018. 40 pages. ISBN: 978-1946019233

Ages 0-5 Picture Book

**Raven Brings Us Fire**

by Pauline Kookesh Duncan

Sealaska Heritage Institute, 2017. 14 pages. ISBN: 978-0996369879

Ages 0-5 Picture Book

**Raven Loses His Nose**

by David Lang

Sealaska Heritage Institute, 2018. 40 pages. ISBN: 978-4946019219

Ages 0-5 Picture Book

**Raven Makes the Aleutians**

by Janine Gibbons (illustrator) Nora Dauenhauer (storyteller)

Sealaska Heritage Institute, 2018. 40 pages. ISBN: 978-1946019226

Ages 0-5

**Shanyaak'Uvlaax - Salmon Boy**

by Johnny Marks (editor), Michaela Goade (illustrator)

Sealaska Heritage Institute, 2017. 40 pages. ISBN: 978-1946019028

Ages 5-6 Picture Book

**English, Tlingit**

**Strong Stories Tlingit: Tlingit Storytellers**

by Bill Helin

Strong Nations Publishing Inc., 2016. 16 pages. ISBN: 978-1771741071

Ages 5-11

**The Woman Who Married the Bear**

by Frank H. Kaash Katasse

Sealaska Heritage Institute, 2017. 40 pages. ISBN: 978-1946019080

Ages 5-6 Picture Book

**Nonfiction**

**Metlakatla Memories: Photo Memory Collection**

by Mae'jon Dar Cawyer

CreateSpace Independent Publishing Platform, 2010. 37 pages. ISBN: 978-1456339296

Photobook

**Health Topics for People of Color**  
**Asian & Asian Americans**

**Fiction**

**Eyes That Kiss in the Corners**

by Joanna Ho

HarperCollins, 2021. 40 pages. ISBN: 978-0062915627

Ages 2-7

**Health Topics for People of Color**  
**Black & African Americans**

**Fiction**

**Beautiful, Wonderful, Strong Little Me!**

by Hannah Carmona (Author), Dolly Georgieva-Gode (Illustrator)

Eifrig Publishing, 2019. 32 pages. ISBN: 978-1632331694

Ages 3-10

*\*Collocated: Diversity, Equity & Inclusion and Hispanic or Latine*

**Black Is a Rainbow Color**

by Angela Joy

Roaring Book Press, 2020. 38 pages. ISBN: 978-1626726314

Ages 3-8

**Farmer Will Allen and the Growing Table**

by Jacqueline Briggs Martin

Lerner Publishing Group, 2013. 32 pages. ISBN: 978-0983661535

eBook ISBN: 978-1430117155

Ages 6-10

*\*Collocated: Food & Nutrition*

**Know Your Hairitage: Zara's Wash Day**

by Zenda M. Walker

Know Your Hairitage, 2021. 40 pages. ISBN: 978-1736277805

Ages 3-11

**Let the Children March**

by Monica Clark-Robinson

Clarion Books, 2018. 40 pages. ISBN: 978-0544704527

Ages 5-9

*\*Collocated: Diversity, Equity, & Inclusion*

**My Friend Jen: A Little Different**

by Leah Jenica

JLG Publishing, 2016. 24 pages. ISBN: ISBN: 978-0995664104

Ages 8-12 (Sickle cell anemia)

*\*Collocated: Genetic Disorders*

**My Friend Jen: The Check Up**

by Leah Jenica

JLG Publishing, 2020. 24 pages. ISBN: 978-0995664135

Ages 8-12 (Sickle cell anemia)

*\*Collocated: Genetic Disorders*

**Sulwe**

by Lupita Nyong'o

Simon & Schuster Books for Young Readers, 2020. 48 pages. ISBN: 978-1534425361

Ages 3-8

**Health Topics for People of Color  
Hispanic or Latine**

**Fiction**

**Beautiful, Wonderful, Strong Little Me!**

by Hannah Carmona (Author), Dolly Georgieva-Gode (Illustrator)

Eifrig Publishing, 2019. 32 pages. ISBN: 978-1632331694

Ages 3-10

*\*Collocated: Black & African Americans and Diversity, Equity & Inclusion*

**Dreamers**

by Yuyi Morales

Neal Porter Books, 2018. 40 pages. ISBN: 978-0823440559

Ages 3-9

*\*Collocated: Diversity, Equity & Inclusion*

**My Papi Has a Motorcycle**

by Isabel Quintero

Kokila, 2020. 40 pages. ISBN: 978-0525553410

Ages 4-8

*\*Collocated: Relationships*

**Nonfiction**

**Juegos tradicionales  
(Traditional Games)**

by María Angélica Ovalle (Author), Paloma Valdivia (Illustrator)

Editorial Amanuta, 2015. 48 pages. eBook ISBN: 978-9563641974

**Español**

**Path to the Stars**

by Sylvia Acevado

Clarion, 2020. 320 pages. ISBN: 978-0358206934

Ages 10+

*\*Collocated: Diversity, Equity, & Inclusion*

**Health Topics for People of Color  
Indigenous Peoples**

**Fiction**

**47,000 Beads**

by Angel Adeyoha

Flamingo Rampant, 2017 28 pages. ISBN: 978-0987976383

Ages 6-8 Picture Book

*\*Collocated: LGBTQIA+ Health*

**The Barren Grounds: The Misewa Sage (Book 1)**

by David Robertson

Puffin Canada, 2021. 256 pages. ISBN: 978-0735266124

Ages 10-17

*\*Collocated: Young Adult Collection*

**Birdsong**

by Julie Flett

Greystone Kids, 2019. 48 pages. ISBN: 978-1771644730

Ages 3-8 Fiction, Picture Book

**Cree/English**

**Dancing With the Cranes**

by Jeannette Armstrong

Theytus Books, 2017. 24 pages. ISBN: 978-1894778701

Ages 6-8

*\*Collocated: Death & Dying and Emotional Literacy*

**Girls Dance, Boys Fiddle**

by Carole Lindstrom

Pemmican Publications, 2015. 32 pages. ISBN: 978-1894717823

Ages 6-8 Picture book

*\*Collocated: Self-Esteem / Self-Acceptance*

**Healthy Choices, Healthy Lives**

by Karen Olson

Theytus Books, 2009. 20 pages. ISBN: 978-1894778534

Ages 8-12

*\*Collocated: Addiction & Recovery*



**I Am Like a Tree: Bark and Knots; A Story About Courage and Struggles**

by Kerry Armstrong

Strong Nations Publishing Inc., 2020. 24 pages. ISBN: 978-1771745642

Ages 9-12

*\*Collocated: Emotional Literacy*

**I Am Like a Tree: Leaves and Branches; A Story of Belonging and Growth**

by Kerry Armstrong

Strong Nations Publishing Inc., 2020. 24 pages. ISBN: 978-1771745628

Ages 9-12

*\*Collocated: Emotional Literacy*

**I Am Like a Tree: Seeds and Leaves; A Story About Survival and Belonging**

by Kerry Armstrong

Strong Nations Publishing Inc., 2020. 24 pages. ISBN: 978-1771745635

Ages 9-12

*\*Collocated: Emotional Literacy*

**I Am Like a Tree: Trunk and Roots; A Story of Self and Empathy**

by Kerry Armstrong

Strong Nations Publishing Inc., 2020. 24 pages. ISBN: 978-1771745611

Ages 9-12

*\*Collocated: Emotional Literacy*

**Indian Shoes**

by Cynthia L. Smith

Heartdrum, 2021. 80 pages. ISBN: 978-0064421485

Ages 6-10

**Ispík kákí péyakoyak / When We Were Alone**

by David A. Robertson

HighWater Press, 2020. 32 pages. ISBN: 978-1553799054

Ages 6-8 Picture Book

Cree, English

**Kamik: An Inuit Puppy Story (Story 1)**

by Donald Uluadluak

Inhabit Media, 2012. 32 pages. ISBN: 978-1927095119

Ages 6-8 Picture Book

**Kisepayawi Nikamowin Nanaskamowin Kistikan**

by Randy Morin

BookLand Press Inc., 2022. 26 pages. ISBN: 978-1772311570

Ages 5-6

*\*Collocated: Food & Nutrition*

Cree

**Learning My Rights with Mousewoman**

by Morgan Asoyuf

Native Northwest, 2021. 22 pages. ISBN: 978-1554766260

Ages 2-5 Board Book

**Little You / kiya kâ-apisîsiyan**

by Richard Van Camp

Orca Book Publishers, 2018. 24 pages. ISBN: 978-1459820067

Ages 3-5 Board Book

Cree, English

**Many Nations: An Alphabet of Native America**

by Joseph Bruchac

Scholastic Inc., 2004. 32 pages. ISBN: 978-0439635905

Ages 10+

**Miser on the Mountain: A Nisqually Legend of Mount Rainier**

by Nancy Luenn

Sasquatch Books, 1997. 32 pages. ISBN: 978-1570610820

Ages 5-12 Picture Book

**Mouse Celebrates the Winter Solstice**

by Terri Mack

Strong Nations Publishing Inc., 2014. 24 pages. ISBN: 978-1771740555

Ages 4-10

**My Heart Fills with Happiness**

by Monique G. Smith

Orca Book Publishers, 2021. 32 pages. ISBN: 978-1459825390

Ages 0-2 Board Book

English, Anishinaabemowin

**My Heart Fills with Happiness**

by Monique G. Smith

Orca Book Publishers, 2021. 24 pages. ISBN: 978-1459831872

Ages 3-5 Board Book

English, Plains Cree

**On the Trapline**

by David A. Robertson

Tundra Books, 2021. 48 pages. ISBN: 978-0735266681

Ages 4-8 Picture Book

English (Some Cree)

**Porcupine**

by Mike Bowden

Strong Nations Publishing Inc., 2020. 24 pages. ISBN: 978-1771745581

Ages 8-12

English & Secwepemc/Shuswap

**The Sea in Winter**

by Christine Day

Heartdrum, 2022. 272 pages. ISBN: 978-0062872050

Ages 8-12

*\*Collocated: Mental Health & Psychology*

**Siha Tooskin Knows the Best Medicine**

by Charlene Bearhead

HighWater Press, 2020. 24 pages. ISBN: 978-1553798408

Ages 9-11

*\*Collocated: Traditional Medicine*

**Strong Stories Coast Salish: Taking Care of Our Mother Earth**

by Celestine Aleck

Strong Nations Publishing Inc., 2016. 16 pages. ISBN: 978-1771741286

*\*Collocated: Environmental Health*

**Sweetest Kulu**

by Celina Kalluk

Inhabit Media, 2016. 30 pages. ISBN: 978-1772271119

Ages 1-4

**Tani's Search for the Heart**

by Keith Egawa

Keith T.A. Egawa, 2013. 40 pages. ISBN: 978-0615769110

Ages 6-9

*\*Collocated: Grief & Loss*

**We All Play; kimêtawânaw**

by Julie Flett

Greystone Kids, 2021. 40 pages. ISBN: 978-1771646079

Ages 0-7 Picture Book

Cree, English

**We Are Water Protectors**

by Carole Lindstrom

Roaring Brook Press, 2020. 35 pages. ISBN: 978-1250203557

Ages 2-8

*\*Collocated: Environmental Health*

**We Dream Medicine Dreams**

by Lisa Boivin

HighWater Press, 2021. 48 pages. ISBN: 978-1553799870

Ages 6-8

*\*Collocated: Death & Dying*

**We Sang You Home**

by Richard Van Camp

Orca Book Publishers, 2018. 26 pages. ISBN: 978-1459820142

Ages 3-5 Board Book

English, Cree

**Which Way Should I Go?**

by Sylvia Olsen

Sono Nis Press, 2008. 40 pages. ISBN: 978-1550391619

Ages 8-12

*\*Collocated: Death & Dying*

**The Woman Carried Away by Killer Whales**

by Janine Gibbons (illustrator)

Sealaska Heritage Institute, 2017. 40 pages. ISBN: 978-1946019035

Ages 5-6 Picture Book

**Nonfiction**

**Indigenous Peoples' Day**

by Katrina M. Phillips

Pebble Books, 2021. 32 pages. ISBN: 978-1663926401

Ages 6-8 Picture Book

**Medicine Wheel Workbook: Finding Your Healthy Balance**

by Carrie Armstrong

Medicine Wheel Education, 2022. 80 pages. ISBN: 978-1989122778

Ages 8-12

**Speaking Our Truth: A Journal of Reconciliation**

by Monique G. Smith

Orca Book Publishers, 2017. 160 pages. ISBN: 978-1459815834

Ages 9-12

**Health Topics for People of Color**  
**Native Americans**

**Fiction**

**At the Mountain's Base**

by Traci Sorell

Kokila, 2019. 32 pages. ISBN: 978-0735230606

Ages 4-8 Picture Book

**The Birchbark House (1)**

by Louise Erdrich

HarperCollins, 2021. 272 pages. ISBN: 978-0063064164

Ages 7-11

**Chickadee (Birchbark House 4)**

by Louise Erdrich

HarperCollins, 2013. 224 pages. ISBN: 978-0060577926

Ages 8-12

**The Christmas Coat: Memories of My Sioux Childhood**

by Virginia D. H. Sneve

South Dakota Historical Society Press, 2019. 32 pages. ISBN: 978-1941813256

Ages 4-8 Picture Book

**The Cloud Artist; A Choctaw Tale**

by Sherri Maret

The RoadRunner Press, 2017. 36 pages. ISBN: 978-1937054748

Ages 4-8

**English, Choctaw**

**Coyote in Love: The Story of Crater Lake**

by Mindy Dwyer

WestWinds Press, 2014. 32 pages. ISBN: 978-0882409979

Ages 4-8

**Eagle Song**

by Joseph Bruchac

Puffin Books, 1999. 96 pages. ISBN: 978-0141301693

Ages 7-10

**The Game of Silence (Birchbark House 2)**

by Louise Erdrich

HarperCollins, 2006. 288 pages. ISBN: 978-0064410298

Ages 7-12

**The Girl Who Married the Moon: Tales from Native North America**

by Joseph Bruchac

Fulcrum Inc., 2006. 128 pages. ISBN: 978-1555915667

Ages 8+

**Healer of the Water Monster**

by Brian Young

Heartdrum, 2021 368 pages. ISBN: 978-0062990402

Ages 8-12

**Hiawatha and the Peacemaker**

by Robbie Robertson

Harry N. Abrams, 2015. 48 pages. ISBN: 978-1419712203

Ages 4-8 Picture Book

**How the World Was Made; A Cherokee Story**

**English & Cherokee**

by Brad Wagon

7th Generation, 2021. 40 pages. ISBN: 978-1939053374

Ages 3-5

**How Totsuwa Became Cherokee**

**Cherokee & English**

by Virginia Hamby

The Cherokee Nation & Mantra Lingua, 2021. 24 pages. ISBN: 978-1787849389

Ages 5-9 Picture Book

**Hungry Johnny**

by Cheryl Kay Minnema

Minnesota Historical Society Press, 2014. 32 pages. ISBN: 978-0873519267

Ages 3-7 Picture Book

**I Can Make This Promise**

by Christine Day

Heartdrum, 2020. 288 pages. ISBN: 978-0062872005

Ages 8-12

**I Like Who I Am**

by Tara White

Theytus Books, 2016. 40 pages. ISBN: 978-1894778633

Ages 6-8 Picture Book

**Indian No More**

by Charlene Willing McManis & Traci Sorell  
Tu Books, 2019. 211 pages. ISBN: 978-1620148396  
Ages 9-12

**Jingle Dancer**

by Cynthia L. Smith  
Heartdrum, 2021. 32 pages. ISBN: 978-0688162412  
Ages 4-8 Picture Book

**Jo Makoons: The Used-To-Be Best Friend**

by Dawn Quigley  
Heartdrum, 2021. 80 pages. ISBN: 978-0063015388  
Ages 6-10

**Josie Dances**

by Denise Lajimodiere  
Minnesota Historical Society Press, 2021. 32 pages. ISBN: 978-1681342078  
Ages 3-7 Picture Book

**English, Ojibwe**

**Kiki's Journey**

by Kristy Orono-Ramirez  
Children's Book Press (CA), 2017. 32 pages. ISBN: 978-0892394104  
Ages 4-7

**The Land of Great Turtles**

by Brad Wagon  
7th Generation, 2018. 40 pages. ISBN: 978-1939054906  
Ages 4-9

**English, Cherokee**

**Makoons (Birchbark House 5)**

by Louise Erdrich  
HarperCollins, 2018. 192 pages. ISBN: 978-0060577957  
Ages 8-12

**Mary and the Trail of Tears: A Cherokee Removal Survival Story**

by Andrea L. Rogers  
Capstone Press, 2020. 112 pages. ISBN: 978-1496592163  
Ages 8-12

**The Porcupine Year (Birchbark House 3)**

by Louise Erdrich

HarperCollins, 2010. 224 pages. ISBN: 978-0064410304

Ages 8-12

**Powwow Day**

by Traci Sorell

Charlesbridge, 2022. 32 pages. ISBN: 978-1580899482

Ages 4-8

**Rez Dogs**

by Joseph Bruchac

Dial Books for Young Readers, 2021. 192 pages. ISBN: 978-0593326213

Ages 8-12

*\*Collocated: Pandemics & Epidemics*

**The Water Walker**

by Joanne Robertson

Second Story Press, 2019. 40 pages. ISBN: 978-1772601008

Ages 6-9

English and Ojibwa

**When We Are Kind / Nihá'ádaahwiinít'ígo**

by Monique G. Smith

Orca Book Publishers, 2020. 32 pages. ISBN: 978-1459827530

Ages 3-5

English and Navajo

**You Hold Me Up Gimanaadenim**

by Monique G. Smith

Orca Book Publishers, 2021. 32 pages. ISBN: 978-1459827196

Ages 3-5

English, Anishinaabemowin

**Nonfiction**

**Ancestor Approved: Intertribal Stories for Kids**

by Cynthia L. Smith

Heartdrum, 2022. 320 pages. ISBN: 978-0062869951

Ages 10+

**The Earth Under Sky Bear's Feet: Native American Poems of the Land**

by Joseph Bruchac

Puffin Books, 1998. 32 pages. ISBN: 978-0698116474

Ages 4-8



**Ella Cara Deloria: Language Protector**

by Diane Wilson

Wise Inc, 2021. 56 pages. ISBN: 978-1634894456

Ages 8-12

**Keepers of the Animals: Native American Stories and Wildlife Activities for Children**

by Michael J. Caduto

Fulcrum Publishing, 1997. 288 pages. ISBN: 978-1555913861

Ages 6+

**A Native American Thought of It: Amazing Inventions and Innovations**

by Rocky Landon

Annick Press, 2013. 48 pages. ISBN: 978-1554511549

Ages 9-11 Picture Book

**Navajo Life; A Bilingual Children's Picture Book**

**English & Navajo**

by Hildegard Thompson

CreateSpace Independent Publishing Platform, 2014. 24 pages. ISBN: 978-1497581456

**Notable Native People: 50 Indigenous Leaders, Dreamers, and Changemakers from Past and Present**

by Adrienne Keene

Ten Speed Press, 2021. 144 pages. ISBN: ISBN: 978-1984857941

All Ages

**Powwow; A Celebration Through Song and Dance**

by Karen Pheasant-Neganigwane

Orca Book Publishers, 2020. 88 pages. ISBN: 978-1459812345

Ages 9-12

**Sharice's Big Voice: A Native Kid Becomes a Congresswoman**

by Sharice Davids

HarperCollins, 2021. 40 pages. ISBN: 978-0062979667

Ages 5-9

**She Persisted: Maria Tallchief**

by Christine Day

Philomel Books, 2021 80 pages. ISBN: 978-0593115817

Ages 6-9

**We Are Grateful: Otsaliheliga**

**English, Cherokee**

by Traci Sorell

Charlesbridge, 2018. 32 pages. ISBN: 978-1580897723

Ages 3-7

**We Are Still Here!: Native American Truths Everyone Should Know**

by Traci Sorell

Charlesbridge, 2021. 40 pages. ISBN: 978-1623541927

Ages 7-10

**Graphic Novels**

**Super Indian (Volume 1)**

Arigon Starr

Wacky Productions Unlimited, 2012. 64 pages. ISBN: 978-9870985952

Ages 9-14 (fiction)

\*Collocated: Young Adult

**Super Indian (Volume 2)**

Arigon Starr

Wacky Productions Unlimited, 2015. 64 pages. ISBN: 978-0985953522

Ages 9-14 (fiction)

\*Collocated: Young Adult

**Tales of the Mighty Code Talkers**

by Arigon Starr

Reycraft Books, 2019. 64 pages. ISBN: 978-1478868088

Ages 8-10

**Health Topics for People of Color**  
**Native Hawaiians and Pacific Islanders**

**Fiction**

**Ho'onani: Hula Warrior**

by Heather Gale

Tundra Books, 2019. 40 pages. ISBN: 978-0735264496

Ages 4-8

**Healthcare System**  
**General Titles**

**Nonfiction**

**The Hospital**

by Dr. Christle Nwora (Author), Ginnie Hsu (Illustrator)

Macmillan Publishers, 2022. 64 pages. eBook ISBN: 978-1684493241

Ages 6-8

**Healthcare System  
Health Professions**

**Fiction**

**Super Paramedic!**

by Fran Manushkin

Picture Window Books, 2019. 32 pages. ISBN: 978-1515845577

Ages 5-7

**Nonfiction**

**I Want to Be a Doctor**

by Laura Driscoll (Author), Catalina Echeverri (Illustrator)

HarperCollins, 2018. 32 pages. ISBN: 978-0062432414

Ages 3-6 Picture Book

**Optometrists and What They Do**

by Liesbet Slegers

Clavis, 2021. 32 pages. ISBN: 978-1605376288

Ages 4-9 Picture Book

**Tu Youyou's Discovery**

by Songju Ma Daemicke

Albert Whitman & Company, 2021. 32 pages. eBook ISBN: 978-0807581100

Ages 4-8

**LGBTQIA+ Health  
General Titles**

**Fiction**

**47,000 Beads**

by Angel Adeyoha

Flamingo Rampant, 2017. 28 pages. ISBN: 978-0987976383

Ages 6-8 Picture Book

*\*Collocated: Indigenous Peoples*

**This Is Our Rainbow: 16 Stories of Her, Him, Them, and Us**

by Katherine Locke & Nicole Melleby

Knopf Books for Young Readers, 2021. 336 pages. ISBN: 978-0593303979

eBook ISBN:9780593303962

Ages 8-12

**Nonfiction**

**The Every Body Book: The LGBTQ+ Inclusive Guide for Kids About Sex, Gender, Bodies and Families**

by Rachel E. Simon

Jessica Kingsley Publishers, 2020. 96 pages. ISBN: 978-1787751736

Ages 8-11

*\*Collocated: Sexual & Reproductive Health*

**My Own Way: Celebrating Gender Freedom for Kids**

by Joana Estrela & Jay Hulme

Quarto Publishing Group USA, 2022. 40 pages. eBook ISBN: 978-0711265851

Ages 3-6

**Mental Health and Psychology**  
**General Titles**

**Fiction**

**The Color Monster**

by Anna Llenas

Little, Brown and Company, 2018. unpagged ISBN: 978-0316450010

Ages 4 to 6

**Grow Happy**

by Jon Lasser

Magination Press, 2017. unpagged ISBN: 978-1433823312

Ages 4 to 7

**Here and Now**

by Julia Denos

Houghton Mifflin Harcourt, 2021. 32 pages. ISBN: 978-1328465641

Ages 4 to 7

**Hurry Up!: A Book About Slowing Down**

by Kate Dopirak

Beach Lane Books, 2020. unpagged ISBN: 978-1534424975

Ages 4 to 8

**I Am a Peaceful Goldfish**

by Shoshana Chaim

Greystone Kids, 2021. unpagged ISBN: 978-1771646376

Ages 4 to 6

**I Am You: A Book About Ubuntu**

by Refiloe Moahloli

Amazon Crossing Kids, 2022. 32 pages. ISBN: 978-1542035668

Ages 4 to 8

**I Am!: Affirmations for Resilience**

by Bela Barbosa

Rise x Penguin Workshop, 2020. unpagged ISBN: 978-0593222799

Ages 4 to 7

**The More You Give**

by Marcy Campbell

Alfred A. Knopf, 2022. unpagged ISBN: 978-0593372739

Ages 4 to 8

**The Rabbit Listened**

by Cori Doerrfeld

Dial Books for Young Readers, 2018. 32 pages. ISBN: 978-0735229358

Ages 4 to 6

**The Sea in Winter**

by Christine Day

Heartdrum, 2022. 272 pages. ISBN: 978-0062872050

Ages 8-12

*\*Collocated: Indigenous Peoples*

**Sometimes All I Need is Me**

by Juliana Perdomo

Candlewick Press, 2022. unpagged ISBN: 978-1536218046

Ages 4 to 7

**Wallflowers**

by MacKenzie Joy

Clarion Books, 2023. unpagged ISBN: 978-0358726463

Ages 4 to 7

**Nonfiction****I Am, I Can: 365 Affirmations for Kids**

by Wynne Kinder

DK Publishing, 2020. 72 pages. ISBN: 978-1465492449

Ages 7 to 9

**Imperfect Stories: Meet 28 Inspiring People and Discover Their Mental Health Stories**

by Leo Potion (author), Ana Strumpf (illustrator)

Laurence King, 2021. 64 pages. ISBN: 978-1786279200

Ages 8-12

**They Only See the Outside**

by Kalli Dakos

Magination Press, 2021. 59 pages. ISBN: 978-1433835193

Ages 8 to 12



## Mental Health and Psychology

### Anxiety

#### Fiction

##### **Encuentra Tu Calma:**

**Español**

##### **Un Enfoque Consciente Para Aliviar la Ansiedad y Crecer Tu Valentía**

##### **(Find Your Calm: A Mindful Approach to Relieve Anxiety and Grow Your Bravery)**

by Gabi Garcia

Skinned Knee Publishing, 2020. 33 pages. ISBN: 978-1949633153

Ages 2+

##### **Find Your Calm: A Mindful Approach to Relieve Anxiety and Grow Your Bravery**

by Gabi Garcia

Skinned Knee Publishing, 2020. 17 pages. ISBN: 978-1949633122

Ages 2+

##### **El gran libro de los miedos del ratoncito**

**Español**

##### **(The Little Mouse's Big Book of Fears)**

by Emily Gravett

PICARONA, 2015. 32 pages. ISBN: 978-8416117444

Ages 8 to 11

##### **Puppy in My Head**

by Elise Gravel

HarperCollins, 2021. 32 pages. ISBN: 978-0063037670

Ages 4-8 Picture Book

##### **¿Qué te preocupa?**

**Español**

##### **(What's Worrying You?)**

by Molly Potter

PICARONA, 2019. 40 pages. ISBN: 978-8491451600

Ages 5 to 7

#### Nonfiction

##### **Help! My Feelings Are Too Big!**

by K. L. Aspden

Jessica Kingsley Publishers, 2019. 64 pages. ISBN: 978-1785925566

Ages 9-12

*\*Collocated: Emotional Literacy and Trauma & Post-Traumatic Stress Disorder (PTSD)*

**El libro (des) preocupado  
(The Worry (Less) Book)**

by Rachel Brian

Editorial Océano de Mexico, 2022. 64 pages. ISBN: 978-6075573403

Ages 7-9

**Español**

**Mental Health and Psychology**  
**Attention Deficit Disorders**

**Graphic Novels**

**Button Pusher**

by Tyler Page

Macmillan Publishers, 2022. 256 pages. eBook ISBN: 978-1250876430

Ages 10+

**A Tale as Tall as Jacob: Misadventures with My Brother**

by Samantha Edwards

Andrews McMeel Publishing, 2021. 208 pages. ISBN: 978-1524865047

Ages 8-12

## Mental Health and Psychology

### Autism Spectrum Disorders

#### Nonfiction

##### **The Awesome Autistic Go-To Guide**

by Yenn Purkis

Jessica Kingsley, 2020. 112 pages. ISBN: 978-1787753167

Ages 10+

##### **My Life with Autism**

by Mari C. Schuh

Amicus, 2020. 24 pages. ISBN: 978-1681519920

Ages 6-9 Picture Book

##### **The Survival Guide for Kids with Autism Spectrum Disorder**

by Elizabeth Verdick & Elizabeth Reeve

Free Spirit Publishing, 2021. 248 pages. ISBN: 978-1631985997

Ages 9-13

##### **Talking Is Not My Thing**

by Rose Robbins

Eerdmans Books for Young Readers, 2020. 32 pages. ISBN: 978-0802855497

Ages 3-7 Picture Book

##### **Understanding Autism**

by Jessica Rusick

Big Buddy Books, 2021. 32 pages. ISBN: 978-1532195723

Ages 4-8

#### Graphic Novels

##### **Medikidz Explain Autism**

by Kim Chilman-Blair

Rosen Central, 2011. 40 pages. ISBN: 978-1435894600

Ages 10+

##### **When Stars Are Scattered**

by Omar Mohamed & Victoria Jamieson

Dial Books, 2020. 264 pages. ISBN: 978-0525553908

Ages 9+

**Mental Health and Psychology**  
**Emotional Literacy**

**Fiction**

**Annie's Cat Is Sad**

by Heather Smith

Feiwel & Friends, 2022. 32 pages. ISBN: 978-1250806840

Ages 4-8 Picture Book

**Así es mi corazón**

**(In My Heart)**

by Jo Witek

Editorial Bruño, 2014. 32 pages. ISBN: 978-8469601433

Ages 0 to 4

**Español**

**The Boy with Big, Big Feelings**

by Britney Winn Lee

Beaming Books, 2019. 32 pages. ISBN: 978-1506454504

Ages 3-7

**Cleo**

by Sassafras D. Bruyn

Uranito Internacional, 2017. 32 pages. ISBN: 978-8416715367

Ages 5 to 7

**Español**

**¿Cómo te sientes hoy?**

**(How Are You Feeling Today?)**

by Molly Potter

PICARONA, 2016. 40 pages. ISBN: 978-8416648535

Ages 5 to 11

**Español**

**Confesiones de un amigo imaginario**

**(Confessions of an Imaginary Friend)**

by Michelle Cuevas Puck, 2017. 176 pages. ISBN: 978-8496886544

Ages 8 to 11

*\*Collocated: Emotional Literacy*

**Español**

**El conejo escuchó**

**(The Rabbit Listened)**

by Cori Doerrfeld

Dial Books, 2022. 40 pages. ISBN: 978-0593461785

Ages 0 to 4

**Español**

**The Crayons' Book of Feelings**

by Drew Daywalt (Author), Oliver Jeffers (Illustrator)

Penguin Group (USA), Inc., 2021. 32 pages. eBook ISBN: 978-0593404676

Ages 1-3

**Dancing With the Cranes**

by Jeannette Armstrong

Theytus Books, 2017. 24 pages. ISBN: 978-1894778701

Ages 6-8

*\*Collocated: Indigenous Peoples and Death & Dying*

**Emocionario (Dime lo que sientes)**

**Español**

**(Emotionary: Say What You Feel)**

by Rafael R. Valcarcel

Lectorum Publications, Inc., 2016. 94 pages. ISBN: 978-9877470246

Ages 5 to 11

**Escuchando con mi corazón: Una cuento de bondad y autocompasión  
(Listening With My Heart: A Tale of Kindness and Self-Compassion)**

**Español**

by Gabi Garcia

Skinned Knee Publishing, 2017. 34 pages. ISBN: 978-0998958064

Ages 2-6

**Este monstruo me suena/This Monster Rings A Bell**

**Español and English**

by Gabriela Keselman

LA Galera S A Editorial, 2004. 32 pages. ISBN: 978-8424630157

Ages 5 to 7

**Finnegan's Fantastic Friday / Feliciano la tortuga**

**Español and English**

by Raquel Dorshkind

Bowker, 2023. 28 pages. ISBN: 979-8986174518

Ages 5 to 7

**Happy Within / Feliz por dentro**

**Español and English**

by Marisa J Taylor

Marisa J Taylor, 2020. 36 pages. ISBN: 978-1916395619

Ages 0 to 4

*\*Collocated: Diversity, Equity, & Inclusion*

**Hasta los superhéroes tienen días malos  
(Even Superheroes Have Bad Days)**

**Español**

by Shelly Becker

PICARONA, 2021. 40 pages. ISBN: 978-8491454670

Ages 5 to 7

**I Am Like a Tree: Bark and Knots; A Story About Courage and Struggles**

by Kerry Armstrong

Strong Nations Publishing Inc., 2020. 24 pages. ISBN: 978-1771745642

Ages 9-12

*\*Collocated: Indigenous Peoples*

**I Am Like a Tree: Leaves and Branches; A Story of Belonging and Growth**

by Kerry Armstrong

Strong Nations Publishing Inc., 2020. 24 pages. ISBN: 978-1771745628

Ages 9-12

*\*Collocated: Indigenous Peoples*

**I Am Like a Tree: Seeds and Leaves; A Story About Survival and Belonging**

by Kerry Armstrong

Strong Nations Publishing Inc., 2020. 24 pages. ISBN: 978-1771745635

Ages 9-12

*\*Collocated: Indigenous Peoples*

**I Am Like a Tree: Trunk and Roots; A Story of Self and Empathy**

by Kerry Armstrong

Strong Nations Publishing Inc., 2020. 24 pages. ISBN: 978-1771745611

Ages 9-12

*\*Collocated: Indigenous Peoples*

**In My Heart: A Book of Feelings (Growing Hearts)**

by Jo Witek

Harry N. Abrams, 2014. 32 pages. ISBN: 978-1419713101

Ages 2-5

**Justo al borde**

**(Right on the Edge)**

by Agnès D. Lestrade

Editorial Edaf, S.L., 2016. 40 pages. ISBN: 978-8441436848

Ages 5 to 7

**Español**

**La niña que escogió ser feliz**

**(The Girl Who Chose to Be Happy)**

by Rosa Casas Villodre (Author), Daniela Andrés Herrada (Illustrator)

Lantia, 2020. 42 pages. eBook ISBN: 978-1524314934

**Español**

**Listening With My Heart: A Story of Kindness and Self-Compassion**

by Gabi Garcia

Skinned Knee Publishing, 2017. 32 pages. ISBN: 978-0998958033

Ages 4-7

**Luisol y las pesadillas**  
**(Luisol and the Nightmares)**  
by Martha E. Romero  
SELECTOR, 2020. 24 pages. ISBN: 978-6074536454  
Ages 5 to 7

**Español**

**The Many Colors of Harpreet Singh**  
by Supriya Kelkar  
Sterling Children's Books, 2019 32 pages. ISBN: 978-1454931843  
Ages 3-7

**Mi corazón se llena de alegría**  
**(My Heart Fills with Happiness)**  
by Monique Gray Smith  
Orca Book Publishers, 2020. 24 pages. ISBN: 978-1459824294  
Ages 0 to 4

**Español**

**Morris, regálame un amigo**  
**(Morris, Give Me a Friend)**  
by Gabriela Keselman  
EDICIONES SM, 2015. 56 pages. ISBN: 978-8467579864  
Ages 5 to 11

**Español**

**Nadie quiere jugar conmigo**  
**(Nobody Wants to Play with Me)**  
by Gabriela Keselman  
EDICIONES SM, 2015. 64 pages. ISBN: 978-8467579734  
Ages 0 to 5

**Español**

**Necesito un abrazo**  
**(I Need a Hug)**  
by Aaron Blabey  
Scholastic en español, 2019. 32 pages. ISBN: 978-1338565959  
Ages 0 to 7 Emotional Literacy J Fiction

**Español and English**

**El niño y la bestia**  
**(The Boy and the Beast)**  
by Marcus Saueremann  
PICARONA, 2013. 32 pages. ISBN: 978-8494074516  
Ages 0 to 7

**Español**



**Nunca te rindas  
(Never Give Up)**  
by Kathryn Cole  
PICARONA, 2018. 32 pages. ISBN: 978-8491451037  
Ages 5 to 11

**Español**

**El peor día de toda mi vida/The Worst Day of My Life Ever!**  
by Julia Cook  
Boys Town Press, 2012. 32 pages. ISBN: 978-1934490341  
Ages 5 to 11

**Español and English**

**La pequeña nunca-jamás  
(The Little Never-Ever)**  
by Irena Stusej  
PICARONA, 2016. 24 pages. ISBN: 978-8416648276  
Ages 5 to 7

**Español**

**El pequeño caballero que luchó contra la lluvia  
(The Little Gentleman Who Fought the Rain)**  
by Gilles Tibo  
PICARONA, 2018. 40 pages. ISBN: 978-8491452089  
Ages 5 to 7

**Español**

**Regalos del corazón  
(Gifts of the Heart)**  
by Jose Ruiz  
Urano, 2014. 200 pages. ISBN: 978-6079344269  
Ages 5 to 7

**Español**

**Rey por un día  
(King for a Day)**  
by Thomishia Booker  
Independently published, 2020. 26 pages. ISBN: 979-8561177781  
Ages 0 to 7

**Español**

**Una perla única  
(A Unique Pearl)**  
by Donna J. Napoli  
PICARONA, 2014. 40 pages. ISBN: 978-8416117017  
Ages 5 to 7

**Español**

**What's Inside Your Backpack?**

By Jessica Sinarski

National Center for Youth Issues, 2021. 32 pages. ISBN: 978-1953945235

Ages 7-11

**The Year We Learned to Fly**

by Jacqueline Woodson (Author), Rafael López (Illustrator)

Penguin Group, Inc., 2022. 32 pages. eBook ISBN: 978-0399545542

Ages 5-8

**Nonfiction**

**Breathing Makes It Better: A Book for Sad Days, Mad Days, Glad Days, and All Other Feelings in Between**

by Christopher Willard

Bala Kids, 2019. 36 pages. ISBN: 978-1611804690

Ages 4-8

**The Feelings Book**

by Lynda Madison

American Girl, 2013. 104 pages. ISBN: 978-1609581831

Ages 8+

**Help! My Feelings Are Too Big!**

By K. L. Aspden

Jessica Kingsley Publishers, 2019. 64 pages. ISBN: 978-1785925566

Ages 9-12

*\*Collocated: Anxiety and Trauma & Post-Traumatic Stress Disorder (PTSD)*

**Just Because I Am: A Child's Book of Affirmation**

by Lauren Murphy Payne, MSW, LCSW

Free Spirit Publishing, 2015. 36 pages. ISBN: 978-1631980527

Ages 4-8

**Mateo encuentra su wow; Un cuento de maravilla y agradecimiento  
(Mateo Finds His Wow: A Story of Wonder and Gratitude)**

**Español**

by Gabi Garcia

Skinned Knee Publishing, 2020. 32 pages. ISBN: 978-1949633108

Ages 6-10

**Mateo Finds His Wow: A Story of Wonder and Gratitude**

by Gabi Garcia

Skinned Knee Publishing, 2019. 32 pages. ISBN: 978-1949633061

Ages 6-10

**My Body Is a Rainbow: The Color of My Feelings**

by Mallika Chopra

Running Press Kids, 2021. 32 pages. ISBN: 978-0762499045

Ages 4-8

**My Mixed Emotions: Help Your Kids Handle Their Feelings**

by Elinor Greenwood

DK Publishing, 2018. 79 pages. ISBN: 978-1465473325

Ages 5 and up

**Que sucede dentro de mi cabeza?**

**(What is Happening Inside My Head)**

by Molly Potter

Obelisco, 2020. 32 pages. ISBN: 978-8491452997

Ages 5-7 Picture Book

**Español**

**Thank You Mind: Understanding My Big Feelings on Tricky Days**

by Jennifer Cohen Harper

PESI Publishing & Media, 2020. 48 pages. ISBN: 978-1683733454

Ages 4-8

**Worries Are Not Forever**

by Elizabeth Verdick

Free Spirit Publishing, 2018. 40 pages. ISBN: 978-1631983146

Ages 4-7

**Mental Health  
Grief and Loss**

**Fiction**

- ¡Adiós, amiga! ¡Hola, amigo!**  
**(Goodbye, Friend! Hello, Friend!)**  
by Cori Doerrfeld  
PICARONA, 2021. 40 pages. ISBN: 978-8491454328  
Ages 0 to 7  
**Español**
- Cómo hablarles a tus hijos acerca de la muerte y el duelo**  
**(How to Talk to Your Children About Death and Grief)**  
by Molly Potter  
PICARONA, 2020. 40 pages. ISBN: 978-8491452560  
Ages 5 to 7  
*\*Collocated: Death & Dying*  
**Español**
- Confesiones de un amigo imaginario**  
**(Confessions of an Imaginary Friend)**  
by Michelle Cuevas Puck, 2017. 176 pages. ISBN: 978-8496886544  
Ages 8 to 11  
*\*Collocated: Emotional Literacy*  
**Español**
- Cuando no estabas conmigo**  
**(When You Weren't with Me)**  
by Chandra G. Ippen Piplo Productions, 2019. 32 pages. ISBN: 978-1950168033  
Ages 5 to 7  
**Español**
- Drilo. Mama y papa ya no viven juntos**  
**(Drilo. Mom and Dad Don't Live Together Anymore)**  
by Marichel Roca Urano, 2017. 27 pages. ISBN: 978-6077480617  
Ages 5 to 11  
**Español**
- En todas partes y en cualquier lugar**  
**(Everywhere and Anywhere)**  
by Sassafra D. Bruyn  
Uranito Internacional, 2017. 32 pages. ISBN: 978-8416773282  
Ages 5 to 7  
**Español**

<p><b>Esas cosas que nos pasan; 5 cuentos para transformar nuestras emociones gracias al pensamiento poderoso</b>  <b>(Those Things That Happen to Us)</b>          by Mariona Martorell          DUOMO EDICIONES, 2021. 120 pages. ISBN: 978-8418538513          Ages 5 to 11</p>	<p><b>Español</b></p>
<p><b>Faro de los corazones extraviados</b>  <b>(The Lighthouse of Lost Hearts)</b>          by Celia S. García          Editorial Toromítico, 2011. 40 pages. ISBN: 978-8496947849          Ages 8 to 14</p>	<p><b>Español</b></p>
<p><b>Florette</b>          by Anna Walker          Clarion Books, 2018. 40 pages. ISBN: 978-0544876835          Ages 5 to 7</p>	<p><b>Español</b></p>
<p><b>Hilos de colores</b>  <b>(Color Threads)</b>          by Elena F. Rueda          Nórdica Libros, 2022. 64 pages. ISBN: 978-8418930133          Ages 5 to 7</p>	<p><b>Español</b></p>
<p><b>No te vayas</b>  <b>(Don't Go)</b>          by Gabriela Keselman          Editorial Kókinos, 2018. 40 pages. ISBN: 978-8417074548          Ages 0 to 7</p>	<p><b>Español</b></p>
<p><b>Las olas de mamá</b>  <b>(Mama's Waves)</b>          by Chandra G. Ippen          Piplo Productions, 2022. 32 pages. ISBN: 978-1950168132          Ages 0 to 11  <i>*Collocated: Relationships</i></p>	<p><b>Español</b></p>
<p><b>Las olas de papá</b>  <b>(Papa's Waves)</b>          by Chandra G. Ippen          Piplo Productions, 2022. 32 pages. ISBN: 978-1950168156          Ages 5 to 7  <i>*Collocated: Relationships</i></p>	<p><b>Español</b></p>

**Tani's Search for the Heart**

by Keith Egawa

Keith T.A. Egawa, 2013. 40 pages. ISBN: 978-0615769110

Ages 6-9

*\*Collocated: Indigenous Peoples & Death & Dying*

**Nonfiction**

**Why Is Mommy Crying?**

by Cori I. Baill

River Grove Books, 2021 34 pages. ISBN: 978-1632993779

Picture Book

## Mental Health and Psychology

### Self-Esteem / Self-Acceptance

(Note: Self-esteem refers to how you feel about yourself—whether you feel you are generally good, worthwhile, and valuable—while self-acceptance is simply acknowledging and accepting that you are who you are.)

#### Fiction

**La amistad que necesito: como darme bondad y cariño a mi mismo**  
**(The Friend I Need: Being Kind and Caring to Myself)**

Español

by Gabi Garcia

Skinned Knee Publishing, 2020. 34 pages. ISBN: 978-1949633283

Ages 5-8

**Amor de pelo**

Español

**(Hair Love)**

by Matthew A. Cherry

Kokila, 2021. 32 pages. ISBN: 978-0593354773

Ages 5 to 7

*\*Collocated: Relationships*

**Brown Boy Joy**

by Dr. Thomishia Booker

CreateSpace Independent Publishing Platform, 2018. 27 pages. ISBN: 978-1721221998

Ages 1-5

*\*Collocated: Diversity, Equity & Inclusion*

**Different, Not Less**

by Chloe Hayden

Murdoch Books, 2023. 288 pages. ISBN: 978-1922616180

Ages 10+

**The Friend I Need: Being Kind & Caring to Myself**

by Gabi Garcia

Skinned Knee Publishing, 2020. 34 pages. ISBN: 978-1949633191

Ages 5-8

**Girls Dance, Boys Fiddle**

by Carole Lindstrom

Pemmican Publications, 2015. 32 pages. ISBN: 978-1894717823

Ages 6-8 Picture book  
*\*Collocated: Indigenous Peoples*

**Me quiero  
(I Love Me)**

by Susanna Isern  
Editorial Flamboyant, S.L., 2020. 44 pages. ISBN: 978-8417749750  
Ages 5 to 11

**Español**

**Quiet Power**

by Susan Cain  
Rocky Pond Books, 2016. 288 pages. ISBN: 978-0803740600  
Ages 10+

**There's Only One You**

by Kathryn Heling  
Sterling Children's Books, 2019. 32 pages. ISBN: 978-1454922926  
Ages 3-7

**Where Are You From?**

by Yamile Saied Méndez  
HarperCollins, 2019. Unpaged. ISBN: 978-0062839930  
Ages 4-8  
*\*Collocated: Diversity, Equity, & Inclusion*

**Your Happiest You**

by Judy Woodburn  
American Girl, 2017. 112 pages. ISBN: 978-1683370208  
Ages 9+

**Your Name Is a Song**

by Jamilah Thompkins-Bigelow  
Innovation Press, 2020. 40 pages. ISBN: 978-1943147724  
Ages 5-10  
*\*Collocated: Diversity, Equity, & Inclusion*



**Mental Health and Psychology**  
**Trauma and Post-Traumatic Stress Disorder (PTSD)**

**Nonfiction**

**Help! My Feelings Are Too Big!**

by K. L. Aspden

Jessica Kingsley Publishers, 2019. 64 pages. ISBN: 978-1785925566

Ages 9-12

*\*Collocated: Anxiety and Emotional Literacy*

**Nutrition and Fitness**  
**Cookbooks**

**Nonfiction**

**Cocina saludable en familia: Recetas plant based fáciles y deliciosas**  
**(Healthy Family Cooking: Easy and Delicious Plant Based Recipes)**

**Español**

by Gloria Carrión (La Gloria Vegana)

Penguin Random House Grupo Editorial, 2020. 144 pages. eBook ISBN: 978-8417736668

Ages 7+

**Exploring Kitchen Science: 30+ Edible Experiments & Kitchen Activities**

by Exploratorium

Open Road Integrated Media, 2021. 112 pages. eBook ISBN: 978-1681887654

Ages 8-12

**Nutrition and Fitness**  
**Fitness & Exercise**

**Fiction**

**Berta juega al fútbol (mi amiga berta)**  
**(Berta Plays Soccer (My Friend Berta))**

**Español**

by Liane Schneider (author), Teresa Clavel Lledó (translator)

Penguin Random House Grupo Editorial, 2022. 24 pages. eBook ISBN: 978-8418797491

Ages 4-6

**Sueños de agua: Serie Elena Sirena, libro 1**  
**(Dreams of Water: Elena Mermaid Series, Book 1)**

**Español**

by Ona Carbonell

Penguin Random House Grupo Editorial, 2019. 192 pages. eBook ISBN: 978-8420452593

Ages 7+

**Nonfiction**

**Mindful Moves: Kid Friendly Yoga and Peaceful Activities for a Happy, Healthy You**

by Nicole Cardoza

Storey Publishing LLC, 2021. 64 pages. ISBN: 978-1635862713

Ages 5-7

**Nutrition and Fitness**  
**Food & Nutrition**

**Fiction**

**Farmer Will Allen and the Growing Table**

by Jacqueline Briggs Martin

Lerner Publishing Group, 2013. 32 pages. ISBN: 978-0983661535

eBook 978-1430117155

Ages 6-10

*\*Collocated: Black & African Americans*

**Fruits in Suits**

by Jared Chapman

Abrams, 2017. 40 pages. eBook ISBN: 978-1683350361

Ages 1-3

**Kisepayawi Nikamowin Nanaskamowin Kistikan**

**Cree**

by Randy Morin

BookLand Press Inc., 2022. 26 pages. ISBN: 978-1772311570

Ages 5-6

*\*Collocated: Indigenous Peoples*

**Nonfiction**

**Eating the Alphabet: Fruits & Vegetables from A to Z**

by Lois Ehlert

Houghton Mifflin Harcourt, 2013. 34 pages. eBook ISBN: 978-0547539096

Ages 1-3

**Gluten-Free Diets**

by Gail Saunders-Smith & Mari Schuh

Capstone, 2014. 24 pages. eBook ISBN: 978-1491406236

Ages 4-8

*\*Collocated: Digestive Diseases*

**Making a Magnificent You**

by Martin Katz

Fidelis publishing, 2022. 40 pages. ISBN: 978-1956454109

Ages 5-7 Picture Book

**What's for Breakfast?**

by Stephani Spilwell

Little Bee Books, 2021. 12 pages. ISBN: 978-1499812183

Ages 3-6 Board Book

**Audio & Sound Recordings**

**Gluten-Free Diets**

by Mari Schuh

Capstone, 2020. 00:03:19. eAudio ISBN: 978-1543523362

*\*Collocated: Digestive Diseases*

**La oruga muy hambrienta**

by Eric Carle (narrated by Diego Santana)

Books on Tape, New York, 2021. 00:07:52. eAudio ISBN: 978-0593586112

**Español**

**Video & Film Recordings**

**The Weight of the Nation for Kids**

Shari Cookson

HBO Documentaries, 2013. 89 minutes. DVD

**Sexual and Reproductive Health**  
**General Titles**

**Nonfiction**

**The Every Body Book: The LGBTQ+ Inclusive Guide for Kids About Sex, Gender, Bodies and Families**

by Rachel E. Simon

Jessica Kingsley Publishers, 2020. 96 pages. ISBN: 978-1787751736

Ages 8-11

*\*Collocated: LGBTQIA+ Health*

**Imágenes buenas, imágenes malas: Protegiendo a los más pequeños contra la pornografía (Good Pictures, Bad Pictures)**

**Español**

by Kristen A. Jenson

Glen Cove Press LLC, 2021. 55 pages. ISBN: 978-0997318746

Ages 8 to 11

**It's My Body: A Book About Body Privacy for Young Children**

by Louise A. Spilburg

Franklin Watts, 2022. 32 pages. ISBN: 978-1445161686

Ages 5-7 Picture Book

**Making a Baby**

by Rachel Greener

Dial Books, 2021. 32 pages. ISBN: 978-0593324851

Ages 5-8

**Tell Me About Sex, Grandma**

by Anastasia Higginbotham

Dottir Press, 2021. 64 pages. ISBN: 978-1948340427

eBook ISBN: 9781948340472

Ages 6-12 Picture Book

**Tu cuerpo es tuyo (Your Body Is Yours)**

**Español**

by Lucía Serrano

NubeOcho, 2021. 40 pages. ISBN: 978-8418599408

Ages 4+

## Sexual and Reproductive Health Menstruation

### Nonfiction

#### **Helloflo. The Guide. Period.**

by Naama Bloom

Dutton Books, 2017. 176 pages. ISBN: 978-0399187315

Ages 10+

#### **Period: End of Sentence: A New Chapter in the Fight for Menstrual Justice**

by Anita Diamant

Scribner, 2021. 158 pages. ISBN: 978-1982144296

Ages 9-12

#### **Own Your Period: A Fact Filled Guide to Period Positivity**

by Chella Quint & Giovana Medeiros

QEB Publishing, 2021. 96 pages. ISBN: 978-0711256644

eBook ISBN: 978-0711256668

Ages 9-12

#### **Welcome to Your Period**

by Yumi Stynes

Walker books, 2021. 176 pages. ISBN: 978-1536214765

Ages 10+

### Graphic Novels

#### **Go with the Flow**

by Lily Williams & Karen Schneeman

First Second, 2020. 336 pages. ISBN: 978-1250305725

Ages 10+

**Sexual and Reproductive Health  
Puberty**

**Nonfiction**

**Boy's Guide to Becoming a Teen**

by AMA

Jossey-Bass, 2006. 128 pages. ISBN: 978-0787983437

Ages 10+

**Girl to Girl: Honest Talk About Growing Up and Your Changing Body**

by Sarah O'Leary

Burningham Chronicle Books, 2013. 136 pages. ISBN: 978-1452102429

Ages 9+

**Girl's Guide to Becoming a Teen**

by AMA

Jossey-Bass, 2006. 128 pages. ISBN: 978-0787983444

Ages 10+

**It's Perfectly Normal**

by Robie H. Harris

Candlewick Press MA, 2021. 128 pages. ISBN: 978-0763668723

Ages 9-12

**You-ology: Puberty Guide for Every Body**

by Trish Hutchison

American Academy of Pediatrics, 2022. 150 pages. ISBN: 978-1610025690

Ages 9-12



**Sexual and Reproductive Health**  
**Sexual Violence**

**Fiction**

**Nooooooooo**

by Kathryn Cole

Obelisco, 2018. 32 pages. ISBN: 978-8491451044

Ages 5 to 11

**Español**

**You Ruined It**

by Anastasia Higginbotham

Dottir, 2022. 96 pages. ISBN: 978-1948340304

Ages 8-12 Picture Book

**Social Issues**  
**Abuse and Violence**

**Fiction**

**The Star Outside My Window**

by Onjali Q. Rauf

Delacorte Press, 2021. 320 pages. ISBN: 978-0593302279

Ages 8-12

**Social Issues**  
**Adoption & Foster Care**

**Fiction**

- Hijito pollito**  
**(Little Chick and Mommy Cat)**  
by Marta Zafrilla  
Cuento de Luz, 2012. 32 pages. ISBN: 978-8415241973  
Ages 0 to 7 **Español**
- Mami, papi y yo: El regalo de la adopción**  
**(Mommy, Daddy, and Me: The Gift of Adoption)**  
by Mayté Hoyos  
Independently published, 2021. 34 pages. ISBN: 979-8487476791  
Ages 0 to 7 **Español**
- El misterioso huevo**  
**(The Odd Egg)**  
by Emily Gravett  
PICARONA, 2019. 40 pages. ISBN: 978-8491452195  
Ages 0 to 7 **Español**
- Pablo's Tree**  
by Pat Mora  
Simon & Schuster Books for Young Readers, 1994. 32 pages. ISBN: 978-0027674019  
Ages 5 to 7
- ¿Qué es la adopción? Para niños**  
**(What Is Adoption? For Kids)**  
by Jeanette Yoffe  
IngramSpark, 2022. 38 pages. ISBN: 978-1087941363  
Ages 5 to 11 **Español**
- Una familia nueva - La adopción explicada a los niñitos: Un libro sobre la adopción para los 0 - 5 años**  
**(A New Family: A Book About Adoption for Ages 0-5)**  
by Anaïs Galiana  
Independently published, 2021. 25 pages. ISBN: 979-8493237027  
Ages 0 to 7 **Español**

**¿Qué es cuidado de crianza?  
(What Is Foster Care?)**

by Jeanette Yoffe

IngramSpark, 2022. 36 pages. ISBN: 978-1088063934

Ages 5 to 11

**Español**

**Social Issues**  
**Diversity, Equity, and Inclusion**

**Fiction**

**Beautiful, Wonderful, Strong Little Me!**

by Hannah Carmona (Author), Dolly Georgieva-Gode (Illustrator)

Eifrig Publishing, 2019. 32 pages. ISBN: 978-1632331694

Ages 3-10

*\*Collocated: Black & African Americans and Hispanic or Latine*

**Brown Boy Joy**

by Dr. Thomishia Booker

CreateSpace Independent Publishing Platform, 2018. 27 pages. ISBN: 978-1721221998

Ages 1-5

*\*Collocated: Self Esteem / Self-Acceptance*

**La canción de Amina**

**(Amina's Song)**

by Sigrid Heuck

EDICIONES SM, 2017. 128 pages. ISBN: 978-8467591576

Ages 8 to 11

**Español**

**El cocodrilo al que no le gustaba el agua**

**(The Crocodile Who Didn't Like Water)**

by Gemma Merino

PICARONA, 2014. 32 pages. ISBN: 978-8416117048

Ages 5 to 7

**Español**

**The Day Saida Arrived**

by Susana Gómez Redondo

Blue Dot Kids Press, 2020. Unpaged. ISBN: 978-1733121255

Ages 3-7

**Diversity To Me / La diversidad para mi**

by Marisa J Taylor

Marisa J Taylor, 2022. 36 pages. ISBN: 978-1914605185

Ages 0 to 4

**Español and English**

**Dreamers**

by Yuyi Morales

Neal Porter Books, 2018. 40 pages. ISBN: 978-0823440559

Ages 3-9

*\*Collocated: Hispanic or Latine*

**Happy Within / Feliz Por Dentro**

by Marisa J Taylor

Marisa J Taylor, 2020. 36 pages. ISBN: 978-1916395619

Ages 0 to 4

*\*Collocated: Emotional Literacy*

**Español and English****Intersectionallies: We Make Room for All**

by Chelsea Johnson (Author), LaToya Council (Author), Carolyn Choi (Author), Ashley Seil Smith (Illustrator)

Dottir Press, 2022. 48 pages. ISBN: 978-1948340571

Ages 6-12 Picture Book

**Interseccionalianza: Hacemos espacio para todxs**

**(Intersectionallies: We Make Room for All)**

by Chelsea Johnson

Dottir Press, 2020. 48 pages. ISBN: 978-1948340410

Ages 8 to 11

**Español****Let the Children March**

by Monica Clark-Robinson

Clarion Books, 2018. 40 pages. ISBN: 978-0544704527

Ages 5-9

*\*Collocated: Black & African Americans*

**The Little Book of Little Activists**

by Penguin Young Readers

Penguin Young Readers, 2017. Unpaged. ISBN: 978-0451478542

Ages 5-9

**Mi piel marrón**

**(My Brown Skin)**

by Thomishia Booker

CreateSpace Independent Publishing Platform, 2017. 24 pages. ISBN: 978-1975810412

Ages 0 to 7

**Español**

**Morenitos alegres somos  
(Brown Boy Joy)**

by Thomishia Booker

Hey Carter! Books, 2018. 30 pages. ISBN: 978-1733915946  
Ages 5 to 7

**Español**

**The Most Beautiful Thing**

by Kao Kalia Yang

Carolrhoda Books, 2020. 36 pages. ISBN: 978-1541561915  
Ages 5-9

**My Friends / Mis Amigos**

by Taro Gomi

Chronicle Books, 2006. 40 pages. ISBN: 978-0811852043  
Ages 0 to 4

**Español and English**

**My Nap / Mi siesta**

by Raúl The Third III

Versify, 2022. 18 pages. ISBN: 978-0358394730  
Ages 0 to 4

**Español and English**

**My Party / Mi fiesta**

by Raúl The Third III

Versify, 2022. 18 pages. ISBN: 978-0358394723  
Ages 0 to 4

**Español and English**

**Nana Akua Goes to School**

by Tricia Elam Walker

Anne Schwartz Books, 2020. Unpaged. ISBN: 978-0525581147  
Ages 4-8

**Sofía Valdez, presidenta tal vez**

**(Sofía Valdez, Future Prez)**

by Andrea Beaty

Beascoa, 2019. 40 pages. ISBN: 978-1644731079  
Ages 5 to 7

**Español**

**Sugar in Milk**

by Thirty Umrigar

Running Press Kids, 2020. Unpaged. ISBN: 978-0762495191  
Ages 4-8

**Tacos Today: El Toro & Friends**

by Raúl The Third III

Versify, 2023. 56 pages. ISBN: 978-0358539377

Ages 5 to 11

**Tag Team: El Toro & Friends**

by Raúl The Third III

Versify, 2021. 56 pages. ISBN: 978-0358380399

Ages 5 to 11

**Tea ¿y tú de que color eres?**

**(Tea: What Color Are You?)**

by Silvia Serreli

PICARONA, 2016. 36 pages. ISBN: 978-8416648368

Ages 5 to 7

**Español**

**Team Up: El Toro & Friends**

by Raúl The Third III

Versify, 2022. 56 pages. ISBN: 978-0358394716

Ages 5 to 11

**La tiranosauria**

**(She Rex)**

by Michelle Robinson

PICARONA, 2020. 40 pages. ISBN: 978-8491453802

Ages 5 to 7

**Español**

**Todo tipo de amigos**

**(All Kinds of Friends)**

by Norma Simon

PICARONA, 2015. 32 pages. ISBN: 978-8416117284

Ages 5 to 7

**Español**

**Training Day: El Toro & Friends**

by Raúl The Third III

Versify, 2021. 56 pages. ISBN: 978-0358380382

Ages 5 to 11

**Under My Hijab**

by Hena Khan

Lee & Low Books, 2019. 32 ISBN: 978-1620147924

Ages 4-8



**¡Vamos! Let's Go Eat**

by Raúl The Third III

Versify, 2020. 48 pages. ISBN: 978-1328557049

Ages 5 to 11

*\*Collocated: Food & Nutrition*

**Español and English**

**¡Vamos! Let's Cross the Bridge**

by Raúl The Third III

Versify, 2021. 48 pages. ISBN: 978-0358380405

Ages 5 to 7

**Español and English**

**¡Vamos! Let's Go to the Market**

by Raúl The Third III

Versify, 2019. 48 pages. ISBN: 978-1328557261

Ages 5 to 7

**Español and English**

**We Came to America**

by Faith Ringgold

Alfred A. Knopf Books for Young Readers, 2016. Unpaged. ISBN: 978-0517709474

Ages 5-8

**Where Are You From?**

by Yamile Saied Méndez

HarperCollins, 2019. Unpaged. ISBN: 978-0062839930

Ages 4-8

*\*Collocated: Self-Esteem / Self-Acceptance*

**Your Name Is a Song**

by Jamilah Thompkins-Bigelow

Innovation Press, 2020. 40 pages. ISBN: 978-1943147724

Ages 5-10

*\*Collocated: Self-Esteem / Self-Acceptance*

**Nonfiction**

**Finding Wonders**

by Jeannine Atkins

Atheneum Books, 2016. 208 pages. ISBN: 978-1481465656

Ages 10+

**Let Me Play: The Story of Title IX**

by Karen Blumenthal

Atheneum Books, 2022. 176 pages. ISBN: 978-1665918749

Ages 8+

**Not My Idea: A Book About Whiteness**

by Anastasia Higginbotham

Dottir Press, 2018. 64 pages. ISBN: 978-1948340007

Ages 3-10 Picture Book

**Path to the Stars**

by Sylvia Acevado

Clarion, 2020. 320 pages. ISBN: 978-0358206934

Ages 10+

*\*Collocated: Hispanic or Latine*

**We Are the Change: Words of Inspiration from Civil Rights Leaders (Books for Kid Activists, Activism Book for Children)**

by Harry Belafonte

Chronicle Books, 2019. 50 pages. ISBN: 978-1452170398

Ages 10+

**What Is a Refugee?**

by Elise Gravel

Schwartz & Wade Books, 2019. Unpaged. ISBN: 978-0593120064

Ages 3-7

**Social Issues**  
**Environmental Health**

**Fiction**

**Strong Stories Coast Salish: Taking Care of Our Mother Earth**

by Celestine Aleck

Strong Nations Publishing Inc., 2016. 16 pages. ISBN: 978-1771741286

*\*Collocated: Indigenous Peoples*

**We Are Water Protectors**

by Carole Lindstrom

Roaring Brook Press, 2020. 35 pages. ISBN: 978-1250203557

Ages 2-8

*\*Collocated: Indigenous Peoples*

**Zonia's Rain Forest**

by Juana Martinez-Neal

Candlewick Press (MA), 2021. 40 pages. ISBN: 978-1536208450

Ages 4-8

**Nonfiction**

**Evolution Under Pressure**

by Yolanda Ridge

Annick Press, 2023. 124 pages. ISBN: 978-1773217512

Ages 10+

**Social Issues  
Relationships**

**Fiction**

- Amor de pelo  
(Hair Love)** **Español**  
by Matthew A. Cherry  
Kokila, 2021. 32 pages. ISBN: 978-0593354773  
Ages 5 to 7  
*\*Collocated: Self-Esteem*
- Ati y su caja de besos  
(Ati and Her Box of Kisses)** **Español**  
by Various Authors  
Urano, 2016. 56 pages. ISBN: 978-6079344993  
Ages 5 to 7
- Donde las maravillas crecen  
(Where Wonder Grows)** **Español**  
by Xelena Gonzalez  
Cinco Puntos Press, 2022. 40 pages. ISBN: 978-1947627581  
Ages 5 to 11
- Familias fabulosas  
(Fabulous Families)** **Español**  
by Francesco Maddaloni  
Duomo Ediciones, 2022. 176 pages. ISBN: 978-8418538483  
Ages 8 to 14
- El gran viaje de las familias extraordinarias  
(The Big Journey of Extraordinary Families)** **Español**  
by Susanna Isern  
Duomo ediciones, 2022. 152 pages. ISBN: 978-8418128288  
Ages 5 to 12
- ¿Mamá sólo hay una?  
(Mama, Is There Only One?)** **Español**  
by Isabella Paglia  
PICARONA, 2016. 48 pages. ISBN: 978-8416648832  
Ages 5 to 7

**Las maravillosas cosas que llegarás a ser**  
**(The Wonderful Things You Will Be)** **Español**

by Emily W. Martin  
PICARONA, 2015. 40 pages. ISBN: 978-8491450498  
Ages 0 to 7

**Mi querida abuelita**  
**(My Dear Grandma)** **Español**

by Tatjana P. Kobe  
PICARONA, 2017. 32 pages. ISBN: 978-8491450399  
Ages 0 to 7

**My Papi Has a Motorcycle**

by Isabel Quintero  
Kokila, 2020. 40 pages. ISBN: 978-0525553410  
Ages 4-8  
*\*Collocated: Hispanic or Latine*

**Las olas de mamá**  
**(Mama's Waves)** **Español**

by Chandra G. Ippen  
Piplo Productions, 2022. 32 pages. ISBN: 978-1950168132  
Ages 0 to 11  
*\*Collocated: Grief & Loss*

**Las olas de papá**  
**(Papa's Waves)** **Español**

by Chandra G. Ippen  
Piplo Productions, 2022. 32 pages. ISBN: 978-1950168156  
Ages 5 to 7  
*\*Collocated: Grief & Loss*

**Por todo nuestro alrededor**  
**(All Around Us)** **Español**

by Xelena Gonzalez  
Cinco Puntos Press, 2021. 32 pages. ISBN: 978-1947627574  
Ages 8 to 11

**¡Qué grande eres papá!**  
**(How Big You Are, Dad!)** **Español**

by Isabella Paglia  
PICARONA, 2016. 48 pages. ISBN: 978-8416648818  
Ages 5 to 7

**Simon y el sauce lloron**  
**(Simon and the Weeping Willow)**

by Ingrid Coronado

Urano, 2020. 80 pages. ISBN: 978-6077481423

Ages 5 to 7

**Español**

**Some Days: A Tale of Love, Ice Cream and My Mom's Chronic Illness**

by Julie A. Stamm

Experiment, 2021. 32 pages. ISBN: 978-1615198108

Ages 2-5 Picture Book (Multiple Sclerosis)

*\*Collocated: Nervous System Diseases*

**Sueno de Bhakti**  
**(Bhakti's Dream)**

by Fabiana Fondevila

Urano, 2016. 40 pages. ISBN: 978-6079344368

Ages 5 to 11

**Español**

**Where We Used to Roam**

by Jenn Bishop

Aladdin, 2021. 352 pages. ISBN: 978-1534457294

Ages 8-12

*\*Collocated: Addiction & Recovery*

**Worser**

by Jennifer Ziegler

Random House, Inc., 2022. 256 pages. eBook ISBN: 978-0823452835

Ages 9-12

**Nonfiction**

**Divorce Is the Worst**

by Anastasia Higginbotham

Dottir Press, 2019. 64 pages. ISBN: 978-1558618800

eBook ISBN: 978-1948340380

Ages 4-8 Picture Book

**Mi familia es de otro mundo**  
**(My Family Is from Another World)**

by Cecilia Blanco

Uranito Internacional, 2017. 80 pages. ISBN: 978-8416773367

Ages 5 to 7

**Español**

**Traditional Medicine**  
**General Titles**

**Fiction**

**Siha Tooskin Knows the Best Medicine**

by Charlene Bearhead

HighWater Press, 2020. 24 pages. ISBN: 978-1553798408

Ages 9-11

*\*Collocated: Indigenous Peoples*