



National Library of Medicine
Network of the National Library of Medicine

Diverse Voices

Collection Development

Resources

Young Adult Collection
(2023 Edition)

Preface

The Diverse Voices in Health & Medicine Collection Development Project was borne of a funding opportunity offered by the Network of the National Library of Medicine (NNLM) Region 5, which serves the states of Alaska, Washington, Oregon, Nevada, California and Hawaii along with the U.S. Territories and Freely Associated States in the Pacific.

The award helps build collections that reflect voices of the communities served, as revealed through such genres as graphic medicine, fiction, nonfiction, memoirs, Young Adult, manuscripts (published and unpublished), oral histories and film. Expanding diverse voices in libraries (all types), public health agencies, academic programs, or community organizations ensures collection equity and supports health literacy by illuminating common or unique health issues facing underserved populations.

In all, NNLM Region 5 funded 27 Collection Equity Outreach Awards: 12 to public libraries, 11 to academic libraries, three to community-based organizations and one to a hospital library. Award recipients submitted final reports consisting of a bibliography of collection resources purchased, using a template created by NNLM staff to capture relevant bibliographic information. All 27 partner organizations returned these bibliographies, thus providing content for the Collection Development Resource. In total, awardees' bibliographies documented 1,400 unique resources purchased and shared. Each state in NNLM Region 5 is represented, as are myriad genres and formats.

A few caveats as you use this Resource:

- We chose not to use NLM's MeSH, LC's subject headings, Dewey Decimal or any other cataloging system but instead focused on terms that are commonly accepted and browsable. We asked Collection Equity awardees to state subject/topics for each bibliography resource as the initial starting point of our categorization. We sought and incorporated feedback from industry professionals and diverse colleagues within NNLM. We acknowledge that some terms may feel limiting to some communities. The subject/topic headings used here are not intended to cause harm. In that spirit, if you find a term offensive or not representative, please reach out to nnlm@uw.edu with your concerns. We want to hear from you.
- For authors, we used what was submitted on the bibliography, so if two books have five authors each, and one awardee submitted John Doe et al. and the other submitted John Smith, Joe, Smith, Jane Smith, Jim Smith and Joan Smith, that's how they are displayed for each title.
- For ISBNs, we used what was submitted and made every effort to indicate the format, e.g., "(eBook) ISBN." We tried our best to fact-check the ISBNs, but some absurdity likely crept in, and we apologize in advance for any incorrect ISBNs you might discover.
- For the Children's and Young Adults' Collections, we included the suggested age range when we were able to ascertain it. If no age range is noted, regrettably, we were not able to obtain that information.

Note for the 2023 Edition:

In 2023, we fixed small grammatical and style issues, expanded the subject list, and added over 500 additional materials and a Graphic Medicine Collection. These materials were submitted in bibliographies by 11 of the 27 original libraries.

Acknowledgements

NNLM Region 5 would like to thank the 27 libraries and community-based organizations who poured their heart and soul into their Collection Equity Awards and so graciously submitted their "final report"

bibliography of resources they purchased, knowing these lists would be used to create a Collection Development Resource. Your hard work and dedication to representing and growing the voices of all the individuals you serve is inspiring!

Board of Regents, Nevada System of Higher Education (NSHE) on behalf of the University of Nevada, Las Vegas Health Sciences Library. [UNLV HSL], Las Vegas, NV

Clark Library, University of Portland, Portland, OR

Clatskanie Library District, Clatskanie, OR

Everett Public Library, Everett, WA

Jackson County Library District, Medford, OR

Juneau Public Libraries, Juneau, AK

Kenai Community Library, Kenai, AK

Lee Graff Medical Library, Beckman Research Institute of Research of the City of Hope, Duarte, CA

Los Angeles County Department of Public Health, Los Angeles, CA

Monterey County Free Libraries, Marina, CA

Norris Medical Library, USC Libraries, University of Southern California, Los Angeles, CA

North Bend Public Library, North Bend, OR

Oregon Health & Science University, Portland, OR

Oregon Post Adoption Resource Center (ORPARC), Portland, OR; a program of NW Resource Associates

Pacific University, Forest Grove, OR

Paul J. Cushing Library at Holy Names University, Oakland, CA

PlaneTree Health Library, San Jose, CA

Portland State University Library, Portland, OR

Providence System Library Services; Providence St. Vincent Hospital & Medical Center, Portland, OR

Redwood City Public Library, Redwood City, CA

The Regents of the University of California, San Francisco, CA

San Bruno Public Library, San Bruno, CA

San Diego State University Research Foundation, San Diego, CA

Springfield Public Library, Springfield, OR

UAA/APU Consortium Library/Alaska Medical Library, Anchorage, AK

Wailuku Public Library, Wailuku, HI

Walla Walla Rural Library District, Walla Walla, WA

Lastly, NNLM Region 5 would like to thank Kristi Torp, MLS, for her can-do spirit, thoughtful questions, organizational skills and multi-tasking abilities in piecing the Diverse Voices Collection Development Resource together and Michele Spatz, MLS, for her creativity, leadership and dedication to bringing the overall NNLM Region 5 Diverse Voices Project to life.

Browse Materials by Subject

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**Addiction and Recovery
General Titles**

Fiction

Firekeeper's Daughter

by Angeline Boulley

Henry Hold and Co., 2021. 496 pages. ISBN: 978-1250766564

**Collocated: Traditional Medicine*

Ages 13+

We Weren't Looking to be Found

by Stephanie Kuehn

Disney Hyperion, 2022. 320 pages. ISBN: 978-1368064101

**Collocated: Mental Health & Psychology*

Ages 14-18

You'd Be Home Now

by Kathleen Glasgow

Ember, 2022. 416 pages. ISBN: 978-0525708070

Ages 14+

Nonfiction

**Ayudar a un amigo con un problema de drogas
(Helping a Friend with a Drug Problem)**

Español

by Precious McKenzie (translated by A. Jimenez)

Rosen Publishing Group, 2017. 64 pages. ISBN: 978-1499466164

Ages 12+

**La epidemia de los opioides y la crisis de las adicciones
(The Opioid Epidemic and the Addiction Crisis)**

Español

by Elliot Smith

Ediciones Lerner, 2022. eBook ISBN: 978-1728474557

Ages 9 - 14 years

**Collocated: Children's Collection*

Everything You Need to Know About Alcoholism

by Philip Wolny

Rosen YA, 2019. 64 pages. ISBN: 978-1508187493

Ages 12+

Everything You Need to Know About Smoking, Vaping, and Your Health

by Sherri Mabry Gordon

Oxford University Press, 2019. 64 pages. ISBN: 978-1508183525

Ages 12+

Everything You Need to Know About the Opioid Epidemic

by Rajdeep Paulus

Rosen YA, 2019. 64 pages. ISBN: 978-1508183570

Ages 12+

**Todo lo que necesitas saber sobre el cigarrillo
(Everything You Need to Know About Smoking)**

by Elizabeth Keyishan

Rosen Publishing Group, 2002. 64 pages. ISBN: 978-0823921195

Ages 12+

Español

Tweak: Growing Up on Methamphetamines

by Nic Sheff

Atheneum Books for Young Readers, 2008. 336 pages. ISBN: 978-1416972198

Ages 15+

We All Fall Down: Living with Addiction

by Nic Sheff

Little, Brown Books for Young Readers, 2011. 368 pages. ISBN: 978-0316080811

Kindle ASIN: B0047Y17Q6

Ages 15+

Graphic Novels

Hey Kiddo

by Jarrett Krosoczka

Graphix, 2018. 320 pages. ISBN: 978-0545902489

eBook: 978-0545902496

Ages 11+

Body Systems and Diseases
Anatomy & Physiology

Nonfiction

Folding Tech

by Karen Latchana

Kenney 21st century books, 2020. 104 pages. ISBN: 978-1541533042

Ages 11+

Graphic Novels

Neurocomic: A Comic About the Brain

by Hana Ros

Nobrow, 2022. 152 pages. ISBN: 978-1913123086

Ages 16+

Body Systems and Diseases
Autoimmune & Chronic Illness

Fiction

Lovely, Dark, and Deep

by Justina Chen

Arthus A. Levine Books, 2018. 352 pages. ISBN: 978-1338134063

Lycanthropy and Other Chronic Illnesses

by Kristen O'neal

Quirk Books, 2021. 384 pages. ISBN: 978-1683692348

Ages 14+

Moth Girl

by Heather Kamins

G.P. Putnam's Sons Books for Young Readers, 2022. 272 pages. ISBN: 978-0593109366

Ages 12-17

Graphic Novel

Notes from a Sickbed

by Tessa Brunton

Graphic Universe, 2022. 160 pages. ISBN: 978-1728462936

Ages 14 - 18

Sunshine: A Graphic Novel

by Jarrett J Krosoczka

Graphix, 2023. 240 pages. ISBN: 978-1338356328

Ages 12+

Body Systems and Diseases
Brain Disorders

Graphic Novels

A Chance

by Cristina Durán & Miguel Giner Bou
Graphic Mundi, 2021. 312 pages. ISBN: 978-1637790038
Ages 12+

Dyslexia and Me: How to Survive and Thrive if You're Neurodivergent

by Onyinye Udokporo
Jessica Kingsley, 2023. 208 pages. ISBN: 978-1787759442
Ages 12 - 18 Years

Maybe an Artist

by Elizabeth Montague
Random House Studio, 2022. 176 pages. ISBN: 978-0593307816
Ages 14+
**Collocated: Black & African Americans*

Mirror Mind: Growing Up Dyslexic

by Tory Woollcott
Toronto, Ont.: [T. Woollcott], 2009. Unpaged. ISBN: 978-0981276601
**Collocated: Adult Collection*

Body Systems and Diseases
Cancers

Fiction

Catastrophe Theory

by Lowry Warchut

Woodhall Press, 2022. 280 pages. ISBN: 978-1954907409

Ages 14+

Nonfiction

I Have Cancer... What's Next?

by Elissa Bongiorno

Rosen Young Adult, 2021. 104 pages. ISBN: 978-1499470666

Ages 12+

Body Systems and Diseases
Diabetes

Fiction

The Girls Are Never Gone

by Sarah Glenn Marsh

Razorbill, 2021. 336 pages. ISBN: 978-1984836151

**Collocated: LGBTQIA+ Health*

Ages 12+

Nonfiction

Highs & Lows of Type 1 Diabetes: The Ultimate Guide for Teens and Young Adults

by Patrick McAllister

Good Books, 2018. 172 pages. ISBN: 978-1680992984

Body Systems and Diseases
Heart & Circulation

Fiction

Everything I Thought I Knew

by Shannon Takaoka

Candlewick Press (MA), 2020. 320 pages. ISBN: 978-1536207767

Ages 14-17

Hello (from Here)

by Chandler Baker

Dial Books, 2021. 352 pages. ISBN: 978-0593326121

**Collocated: Pandemics & Epidemics*

Ages 12-17

Body Systems and Diseases
HIV/AIDS

Nonfiction

Viral the Fight Against AIDS

by Ann Bausum

Viking Books, 2019. 176 pages. ISBN: 978-0425287200

Ages 12+

Body Systems and Diseases
Injuries

Fiction

Curveball: The Year I Lost My Grip

by Jordan Sonnenblick

Scholastic Paperbacks, 2014. 304 pages. 978-0545320702

**Collocated: Relationships*

Ages12+

**Body Systems and Diseases
Pandemics & Epidemics**

Fiction

Hello (from Here)

by Chandler Baker

Dial Books, 2021. 352 pages. ISBN: 978-0593326121

**Collocated: Heart & Circulation*

Ages 12-17

I Miss You, I Hate This

by Sara Saedi

Poppy Books, 2022. 352 pages. ISBN: 978-0316629829

Ages 14+

Then Everything Happens at Once

by M-E Girard

Harper Teen, 2023. 432 pages. ISBN: 978-0063206687

**Collocated: LGBTQIA+ Health*

Ages 14+

Nonfiction

Terrible Typhoid Mary

by Susan Campbell Bartoletti

Clarion, 2015. 240 pages. ISBN: 978-0544313675

Ages 13+

Death and Dying General Titles

Fiction

The Coldest Winter I Ever Spent

by Anne Jacobus

Carolrhoda Lab (R), 2023. 352 pages. ISBN: 978-1728423951

**Collocated: Mental Health and Suicide & Suicide Prevention*

Ages 13-18

The First to Die at the End

by Adam Silvera

Quill Tree Books, 2022. 560 pages. ISBN: 978-0063240803

**Collocated: LGBTQIA+ Health*

Ages 14+

Graphic Novels

Dancing at the Pity Party: A Dead Mom Graphic Memoir

by Tyler Feder

Dial books, 2020. 208 pages. ISBN: 978-0525553021

**Collocated: Grief & Loss*

Ages 12-17

General Health & Wellness
General Titles

Fiction

Silent Spring (Anniversary)

by Rachel Carson

Mariner Books Classics, 2022. 400 pages. ISBN: 978-0618249060

Ages 14+

Nonfiction

Healthy Living for Teens: Inspiring Advice on Diet, Exercise, and Handling Stress

by Youth Communication

Sky Pony, 2021. 168 pages. ISBN: 978-1510759909

Running on Empty: Sleeplessness in American Teens

by Connie Goldsmith

Twenty-First Century Books, 2021. 112 pages. ISBN: 978-1728415765

Ages 11+

Se un adolescente feliz

(Being a Happy Teen)

by Andrew Matthews

Penguin Random House Grupo Editorial, 2021. 168 pages. ISBN: 978-6073194464

Ages 13+

Español

What They Don't Teach Teens: Life Safety Skills for Teens and the Adults Who Care for Them

by Jonathan Cristall

Quill Driver Books, 2020. 344 pages. ISBN: 978-1610353588

General Health & Wellness
Holistic Wellness
(including Mindfulness & Meditation)

Nonfiction

Astrology Using the Wisdom of the Stars

by DK

DK, 2018. 256 pages. ISBN: 978-1465464132

Ages 13+

Everything You Need to Know About Mindfulness

by Kerry Elizabeth Benson

Rosen YA, 2019. 64 pages. ISBN: 978-1508187554

Ages 12+

Living Simply a Teen Guide to Minimalism

by Sally McGraw

21st century books, 2019. 112 pages. ISBN: 978-1541500549

Ages 12+

Luminary: A Magical Guide to Self-Care

by Kate Scelsa

Simon & Schuster, 2022. 368 pages ISBN: 978-1665902342

Ages 12+

Mindfulness for Teen Worry

by Jeffrey Bernstein

Instant help, 2018. 240 pages. ISBN: 978-1626259812

**Collocated: Mental health & Psychology*

Ages 12+

Mindfulness Workbook for Teens: Exercises and Tools to Handle Stress, Find Focus, and Thrive

by Linette Bixby

Rockridge Press, 2020. 168 pages. ISBN: 978-1647392239

Ages 12+

Project You: More Than 50 Ways to Calm Down, De-Stress, and Feel Great

by Aubre Andrus

Capstone, 2017. 202 pages. Kindle ASIN: B072VVYC34

Ages 14+

The Self-Confidence Workbook for Teens: Mindfulness Skills to Help You Overcome Social Anxiety, Be Assertive, and Believe in Yourself

by Ashley Vigil-Otero

Instant Help Publications, 2023. 152 pages. ISBN: 978-1648480492

**Collocated: Anxiety*

This Moment Is Your Life (and So Is This One): A Fun and Easy Guide to Mindfulness, Meditation, and Yoga

by Mariam Gates

Dial Books, 2018. 248 pages. ISBN: 978-0399186622

Ages 10+

General Health & Wellness
Vocational & Life Skills

Nonfiction

7 Habits of Highly Effective Teens

by Sean Covey

Simon and Schuster, 2014. 288 pages. ISBN: 978-1476764665

Ages 12+

Adulting 101

by Hannah Beilenson

Peter Pauper Press, 2023. 160 pages. ISBN: 978-1441340566

Ages 14+

Be You Only Better: Real-Life Self-Care for Young Adults (and Everyone Else)

by Kristi Hugstad

Findaway, 2021. 168 pages. Kindle ASIN: B08W96CFZJ

Ages 14+

Careers: The Ultimate Guide to Planning Your Future

by DK

DK Publishing (Dorling Kindersley), 2022. 320 pages. ISBN: 978-0744051728

Don't Sit on the Baby

by Halley Bondy

Zest books, 2022. 144 pages. ISBN: 978-1728420288

Ages 11+

Exploring Jobs in the Skilled Trades

by Stuart A Kallen

Referencepoint Press, 2022. 64 pages. 978-1678203368

Getting Things Done for Teens: Take Control of Your Life in a Distracting World

by David Allen

Penguin Books, 2017. 286 pages. Kindle ASIN: B075HYF16J

Ages 13+

How to Choose Your Perfect Computer Science Career

by Cathleen Small

Cheriton Children's Books, 2023. 64 pages. 978-1914383830

How to Choose Your Perfect Science Career

by Cathleen Small

Cheriton Children's Books, 2023. 64 pages. 978-1914383847

Life Skills for Teens

by Karen Harris

Spotlight Media, 2021. 139 pages. ISBN: 978-1951806408

Ages 13+

A Teen's Guide to Getting Stuff Done: Discover Your Procrastination Type, Stop Putting Things Off, and Reach Your Goals

by Jennifer Shannon

New Harbinger Publications, 2017. 162 pages. Kindle ASIN: B06XGSDZLS

Ages 12+

Your Turn: How to Be an Adult

by Julie Lythcott-Haimes

Holt, 2021. 496 pages. ISBN: 978-1250137777

Health of People with Disabilities General Titles

Fiction

You, Me, and Our Heartstrings

by Melissa See

Scholastic Press, 2022. 320 pages. ISBN: 978-1338790290

**Collocated: Mental Health & Psychology*

Ages 12+

Nonfiction

The Disability Experience: Working Toward Belonging

by Hannalora Leavitt

Orca Press, 2021. 192 pages. ISBN: 978-1459819283

eBook: 9781459819306

Ages 12+

Disability Visibility: 17 First-Person Stories for Today: Adapted for Young Adults

by Alice Wong

Delacorte Press, 2020. 139 pages. ISBN: 978-0593381670

Ages 12+

A Face for Picasso

by Ariel Henley

Farrar Straus Giroux, 2021. 400 pages. ISBN: 978-0374314071

Ages 12+

Disability Visibility Young Readers

by Alice Wong

Delacorte, 2021. 160 pages. ISBN: 978-0593381670

Ages 12+

Graphic Novels

The Body Factory

by Heloise Chochois

Graphic Mundi-Psu Press, 2021. 168 pages. ISBN: 978-0271087061

Ages 13+

**Health Topics for People of Color
Asian & Asian Americans**

Nonfiction

From a Whisper to a Rallying Cry

by Paula Yoo

Norton Young Readers, 2021. 384 pages. ISBN: 978-1324002871

Ages 14+

**Collocated: Social Issues*

Graphic Novels

Days of Infamy

by Lawrence Goldstone

Scholastic Focus, 2022. 288 pages. ISBN: 978-1338722468

Ages 12+

**Collocated: Racism*

Health Topics for People of Color
Black & African Americans

Fiction

Tyrell

by Coe Booth

PUSH, 2007. 310 pages. ISBN: 978-0439838801

Ages 14+ (People Experiencing Homelessness)

Nonfiction

365 Badass Affirmations for Black Teens

by Maya Genesis

Affirmations for Black Teens, 2021. 62 pages. ISBN: 978-1803579641

**Collocated: Self-Esteem / Self-Acceptance*

Black and Resilient: 52 Weeks of Anti-Racist Activities for Black Joy and Empowerment

by M.J. Fievre

Mango, 2021. 184 pages. ISBN: 978-1642507461

**Collocated: Mental Health & Psychology*

Ages 12+

Black Enough: Stories of Being Young & Black in America

by Ibi Zoboi (Editor)

Balzer Bray, 2020. 416 pages. ISBN: 978-0062698735

Ages 13+

Resilient Black Girl: 52 Weeks of Anti-Racist Activities for Black Joy and Resilience

by M.J. Fievre

Mango, 2021. 184 pages. ISBN: 978-1642506549

**Collocated: Mental Health & Psychology*

Ages 12+

Graphic Novels

Maybe an Artist

by Elizabeth Montague

Random House Studio, 2022. 176 pages. ISBN: 978-0593307816

Ages 14+

**Collocated: Brain Disorders*

**Health Topics for People of Color
Hispanic or Latine**

Nonfiction

**Pork Belly Tacos with a Side of Anxiety: My Journey Through Depression, Bulimia, and
Addiction**

by Yvonne Castaneda

Santa Monica Press, 2022. 280 pages. ISBN: 978-1595801081

**Collocated: Eating Disorders*

Ages 15+

**Health Topics for People of Color
Indigenous Peoples**

Fiction

The Barren Grounds: The Misewa Sage (Book 1)

by David Robertson

Puffin Canada, 2021. 256 pages. ISBN: 978-0735266124

**Collocated: Children's Collection*

Ages 10+

Elatsoe

by Darcie Little Badger

Levine Querido, 2020. 368 pages. ISBN: 978-1646140053

**Collocated: LGBTQIA+*

Ages 12+

Four Faces of the Moon

by Amanda Strong

Annick Press, 2021. 136 pages. ISBN: 978-1773214542

Ages 12+

The Marrow Thieves

by Cherie Dimaline

DCB, 2017. 260 pages. ISBN: 978-1770864863

Ages 13+

Nonfiction

Apple (Skin to Core)

by Eric Gansworth

Levine Querido, 2020. 352 pages. ISBN: 978-1646140138

**Collocated: Racism*

Ages 12+

An Indigenous Peoples' History of the United States for Young People

by Roxanne Dunbar-Ortiz

Beacon Press, 2019. 272 pages. ISBN: 978—0807049396

Ages 12+

Native Women Changing Their Worlds

by Patricia Cutright

7th Generation, 2021. 128 pages. ISBN: 978-1939053329

Ages 12+

Soaring Spirits; Conversations with Native American Teens

by Karen Gravelle

Franklin Watts, 1995. 128 pages. ISBN: 978-0531112212

Ages 12+

Braiding Sweetgrass for Young Adults

by Robin Wall Kimmerer

Zest Books, 2022. 304 pages. ISBN: 978-1728458984

Ages 12+

**Collocated: Environmental Health*

Graphic Novels

Moonshot: The Indigenous Comics Collection

by Hope Nicholson

Inhabit Education Books Inc, 2021. 176 pages. ISBN: 978-1774503690

Ages 13+

Will I See?

by David Robertson

Highwater Press, 2016. 54 pages. ISBN: 978-1553796749

**Collocated: Abuse & Violence*

Ages 15+

Health Topics for People of Color
Native Americans

Fiction

#Notyourprincess: Voices of Native American Women

by Lisa Charleyboy & Mary Beth Leatherdale
Annick Press, 2017. 112 pages. ISBN: 978-1554519576
Ages 12+

The Absolutely True Diary of a Part-Time Indian

by Sherman Alexie
Little, Brown Books for Young Readers, 2009. 229 pages. ISBN: 978-0316013697
Ages 12+

Apple in the Middle

by Dawn Quigley
North Dakota State University, 2020. 264 pages. ISBN: 978-1946163219
**Collocated: Racism*

Creeboy

by Teresa Wouters
Lorimer, 2022. 128 pages. ISBN: 9781459416789
Ages 13+

Give Me Some Truth

by Eric Gansworth
Arthur A. Levine Books, 2018. 432 pages. ISBN: 978-1338143546
Ages 14+

Hearts Unbroken

by Cynthia L. Smith
Candlewick, 2020. 304 pages. ISBN: 978-1536213133
**Collocated: Racism*
Ages 14+

Hunting by Stars

by Cherie Dimaline
Harry N. Abrams, 2021. 400 pages. ISBN: 978-1419753473
Ages 12+

If I Ever Get Out of Here

by Eric Gansworth

Arthur A. Levine Books, 2015. 368 pages. ISBN: 978-0545417310

Ages 12+

Moccasin Thunder: American Indian Stories for Today

by Lori M. Carlson

HarperCollins Publishers Inc., 2005. 176 pages. ISBN: 978-0066239576

Ages 13+

Rain Is Not My Indian Name

by Cynthia L. Smith

Heartdrum, 2021. 144 pages. ISBN: 978-0380733002

eBook ISBN: 978-0688173975

Ages 12+

Son Who Returns

by Gary Robinson

7th Generation, 2014. 120 pages. ISBN: 978-1939053046

Ages 12+

Nonfiction

Dreaming in Indian: Contemporary Native American Voices

by Lisa Charleyboy & Mary Beth Leatherdale (Editors)

Annick Press, 2016. 128 pages. ISBN: 978-1554516865

Ages 12+

Everything You Wanted to Know About Indians but Were Afraid to Ask [Young Readers Edition]

by Anton Treuer

Levine Querido, 2021. 400 pages. ISBN: 978-1646140459

Ages 12+

Our Stories Remember: American Indian History, Culture, and Values Through Storytelling

by Joseph Bruchac

Fulcrum Publishing, 2003. 192 pages. ISBN: 978-1555911294

Ages 12+

Sacajawea

by Joseph Bruchac

Clarion Books, 2008. 208 pages. ISBN: 978-0152064556

Ages 12+

Why You Can't Teach United States History Without American Indians

by Susan Sleeper-Smith

The University of North Carolina Press, 2015. 349 pages. ISBN: 978-1469621203

**Collocated: Adult Collection*

Graphic Novels

7 Generations: A Plains Cree Saga

by David A. Robertson (author), Scott B. Henderson (illustrator)

Portage & Main Press, 2012. 136 pages. eBook ISBN: 978-1553793854

Ages 15+ (Fiction)

A Girl Called Echo: Northwest Resistance

by Katherena Vermette

Highwater Press, 2020. 48 pages. ISBN: 978-1553798316

Ages 12+ (Fiction)

A Girl Called Echo: Pemmican Wars

by Katherena Vermette

Highwater Press, 2018. 48 pages. ISBN: 978-1553796787

Ages 12+ (Fiction)

A Girl Called Echo: Red River Resistance

by Katherena Vermette

Highwater Press, 2019. 48 pages. ISBN: 978-1553797470

Ages 12+ (Fiction)

A Girl Called Echo: Road Allowance Era

by Katherena Vermette

Highwater Press, 2021. 48 pages. ISBN: 978-1553799306

Ages 12+ (Fiction)

Super Indian (Volume 1)

by Arigon Starr

Wacky Productions Unlimited, 2012. 64 pages. ISBN: 978-9870985952

**Collocated: Children's*

Ages 9-14 (Fiction)

Super Indian (Volume 2)

by Arigon Starr

Wacky Productions Unlimited, 2015. 64 pages. ISBN: 978-0985953522

**Collocated: Children's*

Ages 9-14 (Fiction)

Trickster: Native American Tales, a Graphic Collection

by Matt Dembicki & Joseph Bruchac

Chicago Review Press, 2021. 248 pages. ISBN: 978-1682752739

Ages 12+

LGBTQIA+ Health
General Titles

Fiction

Boy at the Window

by Lauren Melissa Ellzey

Bold Strokes Books, 2022. 254 pages. ISBN: 978-1636790923

**Collocated: Mental Health & Psychology*

Ages 13-18

Burn Down, Rise Up

by Vincent Tirado

Sourcebooks Fire, 2022. 352 pages. ISBN: 978-1728246000

**Collocated: Racism*

Ages 14-18

Chasing Pacquiao

by Rod Pulido

Viking Books for Young Readers, 2023. 272 pages. ISBN: 978-0593526736

Ages 12+

The First to Die at the End

by Adam Silvera

Quill Tree Books, 2022. 560 pages. ISBN: 978-0063240803

**Collocated: Death & Dying*

Ages 14+

The Girls Are Never Gone

by Sarah Glenn Marsh

Razorbill, 2021. 336 pages. ISBN: 978-1984836151

**Collocated: Diabetes*

Ages 12+

Here the Whole Time

by Vitor Martins

Scholastic Press, 2020. 288 pages. ISBN: 978-1338620825

**Collocated: Self-Esteem / Self-Acceptance*

Ages 14+

I Kissed Shara Wheeler

by Casey McQuiston

Wednesday Books, 2022. 368 pages. ISBN: 978-1250244451

Ages 13-18

I Was Born for This

by Alice Oseman

Scholastic Press, 2022. 384 pages. ISBN: 978-1338830934

Ages 14+

Little & Lion

by Brandy Colbert

Little, Brown and Company, 2017. 330 pages. ISBN: 978-0316349000

**Collocated: Mental Health & Psychology*

Ages 14+

Loveless

by Alice Oseman

Scholastic Press, 2022. 432 pages. ISBN: 978-1338751932

Ages 14+

Out of the Blue

by Jason June

Harperteen, 2022. 384 pages. ISBN: 978-0063015203

Ages 14-17

Pet

by Akwaeke Emezi

Random House Children's books, 2019. 224 pages. ISBN: 978-0593175446

Ages 12+

The Queen of Junk Island

by Alexandra Mae Jones

Annick Press, 2022. 400 pages. ISBN: 978-1773216355

Ages 16-18

A Scatter of Light

by Melinda Lo

Dutton Books for Young Readers, 2022. 336 pages. ISBN: 978-0525555285

Ages 14+

Suicide Notes

by Michael Thomas Ford

Harper Teen, 2019. 320 pages. ISBN: 978-0062845511

**Collocated: Suicide & Suicide Prevention*

Ages 14-17

Then Everything Happens at Once

by M-E Girard

Harper Teen, 2023. 432 pages. ISBN: 978-0063206687

**Collocated: Pandemics & Epidemics*

Ages 14+

This is Our Place

by Vitor Martins

Push, 2022. 320 pages. ISBN: 978-1338818642

Ages 12+

Nonfiction**The ABC's of LGBT+: (Gender Identity Book for Teens, Teen & Young Adult Lgbt Issues)**

by Ash Hardell

Mango, 2016. 190 pages. ISBN: 978-1633534094

Ages 12+

Ace and Aro Journeys: A Guide to Embracing Your Asexual or Aromantic Identity

by Ace and Aro Advocacy Project

Jessica Kingsley Publishers, 2023. 272 pages. ISBN: 978-1839976384

All Out: The No-Longer-Secret Stories of Queer Teens throughout the Ages

by Sandra Mitchell

Harlequin Teen, 2018. 368 pages. ISBN: 978-1335470454

Ages 13-17

The Awesome Autistic Guide for Trans Teens

by Y. & Rose Purkis

Jessica Kingsley Publishers, 2022. 112 pages. ISBN: 978-1839970764

**Collocated: Autism Spectrum Disorders*

Ages 13-17

Being Gay, Staying Healthy

by Jaime Seba

Mason Crest Publishing, 2010. 64 pages. ISBN: 978-1422218648

Ages 14+

Being Jazz – My Life as a Transgender Teen

by Jazz Jennings

Ember, 2017. 272 pages. ISBN: 978-0399554643

Ages 12+

Bi the Way: The Bisexual Guide to Life

by Lois Shearing

Jessica Kingsley Publishers, 2021. 240 pages. ISBN: 978-1787752900

Ages 13+

Brave Face

by Shaun David Hutchinson

Simon and Schuster, 2020. 384 pages. ISBN: 978-1534431522

Ages 14+

Elatsoe

by Darcie Little Badger

Levine Querido, 2020. 368 pages. ISBN: 978-1646140053

**Collocated: Indigenous Peoples*

Ages 12+

**Este libro es gay
(This Book is Gay)**

by James Dawson

Spanish Publishers LLC, 2015. 288 pages. Kindle ASIN: B01B6179WI

Ages 14+

Español

Everything You Need to Know About Nonbinary Gender Identities

by Anita Louise McCormick

Rosen YA, 2019. 64 pages. ISBN: 978-1508187615

Ages 12+

Hello, Cruel World: 101 Alternatives to Suicide for Teens, Freaks, and Other Outlaws

by Kate Bornstein

Seven Stories Press, 2006. 231 pages. ISBN: 978-1583227206

**Collocated: Suicide & Suicide Prevention*

Ages 14+

Here and Queer

by Rowan Elliot

Francis Lincoln, 2022. 160 pages. ISBN: 978-0711264755

Ages 14+

I Am Ace: Advice on Living Your Best Asexual Life

by Cody Daigle-Orians

Jessica Kingsley Publishers, 2023. 192 pages. ISBN: 978-1839972621

Ages 12+

My Trans Parent: A User Guide for When Your Parent Transitions

by Heather Bryant

Jessica Kingsley Publishers, 2020. 304 pages. ISBN: 978-1787751224

Ages 14+

Naked: Not Your Average Sex Encyclopedia

by Myriam Daguzan Bernier

Orca Book Publishers, 2022. 256 pages. ISBN: 978-1459831018

**Collocated: Sexual & Reproductive Health*

Ages 12+

The New Queer Conscience

by Adam Eli

Penguin Workshop, 2020. 64 pages. ISBN: 978-0593093689

Ages 12+

The Pride Guide: A Guide to Sexual and Social Health for LGBTQ Youth

by Jo Langford

Rowman and Littlefield Publishing Group, 2018. 382 pages. eBook ISBN: 978-1538144152

Ages 14+

Queer Ducks

by Eliot Schrefer

Katherine Tegen Books, 2022. 240 pages. ISBN: 978-0063069497

Ages 14+

Queer There and Everywhere

by Sarah Prager

Harper Collins, 2023. 304 pages. ISBN: 978-0063329232

Ages 13+

Queerly Autistic: The Ultimate Guide for LGBTQIA+ Teens on the Spectrum

by Erin Ekins

Jessica Kingsley Publishers, 2021. 235 pages. ISBN: 978-1787751712

**Collocated: Autism Spectrum Disorders*

Ages 12+

Seeing Gender

by Iris Gottfried

Chronicle Books, 2022. 208 pages. ISBN: 978-1797211978

Ages 12+

This Book is Gay

Juno Dawson

Sourcebooks Fire, 2021. 308 pages. ISBN: 978-1728254326

Ages 14+

Trans Futures Now: A Queer Guided Journal on Finding Your Allies, Demanding Liberation, and Using Your Voice

by Milo Stewart

Mango, 2022. 172 pages. ISBN: 978-1642508468

**Collocated: Mental Health & Psychology*

Ages 14-18

Trans+: Love, Sex, Romance, and Being You

by Kathryn Gonzales

Magination Press, 2019. 304 pages. ISBN: 978-1433829833

Ages 13-18

Transparent: Love, Family, and Living the T with Transgender Teenagers

by Cris Beam

Harcourt Trade, 2008. 323 pages. ISBN: 978-0156033770

Ages 14+

We Are Not Broken

by George M. Johnson

Little, Brown Books for Young Readers, 2023. 256 pages. ISBN: 978-0759554634

Ages 14+

What's the T?: The Guide to All Things Trans and/or Nonbinary

by Juno Dawson

Sourcebooks Fire, 2022. 336 pages. ISBN: 978-1728254036

Ages 14-17

Graphic Novels**iAy, Mija! (a Graphic Novel): My Bilingual Summer in Mexico**

by Christine Suggs

Little, Brown Ink, 2023. 336 pages. ISBN: 978-0316591966

Ages 12+ (Fiction)

The Girl from the Sea

by Molly K. Ostertag

Scholastic Press, 2021. 208 pages. ISBN: 978-1338540574

Ages 12+ (Fiction)

The Magic Fish

by Trung Le Nguyen

Random House Graphic, 2020. 256 pages. ISBN: 978-1984851598

Ages 12+ (Fiction)

Other Ever Afters: New Queer Fairy Tales (a Graphic Novel)

by Melanie Gillman

Random House Graphic, 2022. 240 pages. ISBN: 978-0593303191

Ages 12+ (Fiction)

A Quick & Easy Guide to They/Them Pronouns

by Archie Bongiovanni & Tristan Jimerson

Limerence Press, 2018. 64 pages. ISBN: 978-1620104996

Ages 13+

Welcome to St. Hell: My Trans Teen Misadventure: A Graphic Novel

by Lewis Hancox

Graphix, 2022. 304 pages. ISBN: 978-1338824445

Ages 14+

Mental Health & Psychology
General Titles

Fiction

Boy at the Window

by Lauren Melissa Ellzey

Bold Strokes Books, 2022. 254 pages. ISBN: 978-1636790923

**Collocated: LGBTQIA+ Health*

Boys and Girls Screaming

by Kern Carter

Dcb, 2022. 272 pages. ISBN: 978-1770866454

The Coldest Winter I Ever Spent

by Anne Jacobus

Carolrhoda Lab (R), 2023. 352 pages. ISBN: 978-1728423951

**Collocated: Death & Dying and Suicide & Suicide Prevention*

Dear Universe

by Florence Gonsalves

Little, Brown Books for Young Readers, 2020. 352 pages. ISBN: 978-0316436731

Kind of Sort of Fine

by Spencer Hall

Atheneom Books for Young Readers, 2021. 288 pages. ISBN: 978-1534482982

Ages 12+

Little & Lion

by Brandy Colbert

Little, Brown and Company, 2017. 330 pages. ISBN: 978-0316349000

**Collocated: LGBTQIA+*

We Weren't Looking to be Found

by Stephanie Kuehn

Disney Hyperion, 2022. 320 pages. ISBN: 978-1368064101

**Collocated: Addiction & Recovery*

You, Me, and Our Heartstrings

by Melissa See

Scholastic Press, 2022. 320 pages. ISBN: 978-1338790290

**Collocated: Health of People with Disabilities*

Nonfiction

5 Simple Steps to Manage Your Mood: A Guide for Teen Girls How to Let Go of Negative Feelings and Create a Happy Relationship with Yourself and Others

by Jacqui Letran

A Healed Mind, LLC, 2020. 134 pages. ISBN: 978-1952719066

Ages 13+

Ab(solutely) Normal: Short Stories That Smash Mental Health Stereotypes

by Nora Shalaway Carpenter

Candlewick Press (MA), 2023. 336 pages. ISBN: 978-1536224146

The Anger Workbook for Teens

by Rachelle Cassada Lohmann

Instant Help, 2019. 184 pages. ISBN: 978-1684032457

Ages 13+

The Anxiety and Depression Workbook for Teens: Simple CBT Skills to Help You Deal with Anxiety, Worry, and Sadness

by Michael A. Tompkins

Instant Help Publications, 2022. 192 pages. ISBN: 978-1684039197

Attention Deficit: How Technology Has Hijacked Our Ability to Concentrate

by Stuart A Kallen

Referencepoint Press, 2022. 64 pages. ISBN: 978-1678204549

Beneath the Surface

by Kristi Hugstad

New World Library, 2019. 184 pages. ISBN: 978-1608686353

Ages 12+

Black and Resilient: 52 Weeks of Anti-Racist Activities for Black Joy and Empowerment

by M.J. Fievre

Mango, 2021. 184 pages. ISBN: 978-1642507461

**Collocated: Black / African American*

Communication Skills for Teens

by Michelle Skeen

Instant Help, 2016. 208 pages. ISBN: 978-1626252639

Ages 13+

Cómo sufrir... en 10 sencillos pasos: El arte budista de NO amargarte la vida **Español**
(How to Suffer...In 10 Easy Steps)

by William H. Arntz

Gaia Ediciones, 2021. 256 pages. ISBN: 978-8484458531

En busca de la normalidad **Español**
(In Search of Normalcy)

by Alexa Tsoulis-Reay

Ediciones Urano, 2023. 352 pages. ISBN: 978-8492917129

Everything You Need to Know About Anger Management

by Corona Brezina

Rosen YA, 2019. 64 pages. ISBN: 978-1508183406

Ages 12+

Goodnight, Mind for Teens

by Colleen Carney

Instant Help, 2020. 208 pages. ISBN: 978-1684034383

Ages 13+

Heads Up: Changing Minds on Mental Health

by Melanie Siebert

Orca book publishers, 2020. 192 pages. ISBN: 978-1459819115

Ages 12+

I Would but My Damn Mind Won't Let Me

by Jacqui Letran

A Healed Mind, 2016. 132 pages. ISBN: 978-0997624403

Ages 13+

In Limbo

by Deb Jj Lee

First Second, 2023. 352 pages. ISBN: 978-1250252654

Kintsugi: El arte de transformar las dificultades en oro **Español**
(Kintsugi: The Art of Transforming Difficulties into Gold)

by Andrea Löhndorf

RBA Libros, 2022. 144 pages. ISBN: 978-8491875758

El libro que deberías leer antes de los 25 **Español**
(The Book You Should Read Before Age 25)

by Jandro I. Eixea

Amat Editorial, 2021. 160 pages. ISBN: 978-8418114748

Life Inside My Mind

by Maureen Johnson et al

Simon & Schuster, 2019. 320 pages. ISBN: 978-1481494656

Ages 14+

Mindfulness for Teen Worry

by Jeffrey Bernstein

Instant help, 2018. 240 pages. ISBN: 978-1626259812

**Collocated: Holistic Wellness*

Ages 12+

A Perfectionist's Guide to Not Being Perfect

by Bonnie Zucker

Magination Press, 2022. 248 pages. ISBN: 978-1433837036

**¿Quién decide por ti cuando decides tú?
(Who Decides for You When You Decide?)**

Español

by Domm Cobb and Pedro Jara

Aguilar, 2022. 304 pages. ISBN: 978-8403522671

Resilient Black Girl: 52 Weeks of Anti-Racist Activities for Black Joy and Resilience (Social Justice and Antiracist Book for Teens, Gift fo (Badass Black Girl)

by M.J. Fievre

Mango, 2021. 184 pages. ISBN: 978-1642506549

**Collocated: Black / African American*

Stress Less: A Teens Guide to a Calm Chill Life

by Michael A. Tompkins

Magination Press, 2023. 312 pages. ISBN: 978-1433837043

The Stress Survival Guide for Teens

by Jeffery Bernstein

Instant Help, 2019. 224 pages. ISBN: 978-1684033911

Ages 13+

Supertú

Español

(Superyou)

by Emily Gordon Planeta Publishing, 2016. 336 pages. ISBN: 978-6070736117

Surviving the Emotional Roller Coaster

by Sheri Van Dijk

Instant Help, 2016. 224 pages. ISBN: 978-1626252400

Ages 13+

Take in the Good

by Gina Biegel

Shambhala, 2020. 208 pages. ISBN: 978-1611807714

Ages 13+

Teen Stress: Your Questions Answered

by Nicole Zamanzadeh

Greenwood, 2020. 172 pages. ISBN: 978-1440865589

This Book Is a Safe Space: Cute Doodles and Therapy Strategies to Support Self-Love and Wellbeing (Anxiety & Depression Self-Help)

by Amy Tran

Mango, 2023. 180 pages. ISBN: 978-1642507898

**Todo lo que necesitas saber sobre la ira
(Everything You Need to Know About Anger Management)**

Español

by Renora Licata

Rosen Publishing Group, 2002. 64 pages. ISBN: 978-0823935871

Ages 12+

Trans Futures Now: A Queer Guided Journal on Finding Your Allies, Demanding Liberation, and Using Your Voice

by Milo Stewart

Mango, 2022. 172 pages. ISBN: 978-1642508468

**Collocated: LGBTQIA+ Health*

Where to Start: A Survival Guide to Anxiety, Depression, and Other Mental Health Challenges

by Mental Health America

Rocky Pond Books, 2023. 208 pages. ISBN: 978-0593531402

You Be You: Affirmations for Teens: Daily Motivation to Boost Self-Confidence and Feel Empowered

by Joy Hartman

Rockridge Press, 2021. 150 pages. ISBN: 978-1638079842

Your Brain Needs a Hug: Life, Love, Mental Health, and Sandwiches

by Rae Earl

Macmillan Publishers, 2019. 282 pages. ISBN: 978-1250307859

Kindle ASIN: B07MYXM2Q2

Ages 15+

Your Life, Your Way

by Joseph Ciarrochi

Instant Help, 2020. 168 pages. ISBN: 978-1684034659

Ages 13+

Graphic Novels

Bonding: A Love Story about People and Their Parasites

by Matthew Erman

Vault Comics, 2023. 208 pages. ISBN: 978-1939424655

Ages 13-16 (Fiction)

Charisma's Turn: A Graphic Novel

by Monique Couvson

New Press, 2023. 128 pages. ISBN: 978-1620974018

**Collocated: Racism*

Ages 15-18 (Fiction)

Mental Health & Psychology
Anxiety

Fiction

One Way or Another

by Kara McDowell

Scholastic Inc., 2021. 336 pages. ISBN: 978-1338654561

Nonfiction

Anxiety and Panic Attacks: Your Questions Answered

by Daniel Zwillenberg

Greenwood, 2018. 160 pages. ISBN: 978-1440852985

Ages 14+

The Anxiety Toolkit for Teens

by Teen Thrive

Teen Thrive, 2022. 180 pages. ISBN: 978-1914986123

Improve: How I Discovered Improv and Conquered Social Anxiety

by Alex Graudins

First Second, 2022. 240 pages. ISBN: 978-1250208224

More Than Stress: Understanding Anxiety Disorders

by Bruce M. Hyman

Twenty-First Century Books (TM), 2022. 104 pages. ISBN: 978-1541588936

**¿Quién dijo ansiedad?: Todo lo que necesitas saber para hacerle frente
(Who Said Anxiety?)**

Español

by Marta Foix and Judit Izquierdo

Grijalbo Mondadori, 2023. 285 pages. ISBN: 978-8425362187

The Self-Confidence Workbook for Teens: Mindfulness Skills to Help You Overcome Social Anxiety, Be Assertive, and Believe in Yourself

by Ashley Vigil-Otero

Instant Help Publications, 2023. 152 pages. ISBN: 978-1648480492

**Collocated: Holistic Wellness*

The Shyness and Social Anxiety Workbook for Teens: CBT and ACT Skills to Help You Build Social Confidence (Second Edition, Revised)

by Jennifer Shannon

Instant Help Publications, 2022. 176 pages. ISBN: 978-1684038015

Social Anxiety Relief for Teens: A Step-By-Step CBT Guide to Feel Confident and Comfortable in Any Situation

by Bridget F. Walker

Instant Help Publications, 2021. 192 pages. ISBN: 978-1684037056

When Anxiety Makes You Angry: CBT Anger Management Skills for Teens with Anxiety-Driven Anger

by Kelsey Torgerson Dunn

Instant Help Publications, 2022. 168 pages. ISBN: 978-1684038367

Graphic Novels

Subnormal

by Fernando Llor

Panini España S.A. 2020. 76 pages. ISBN: 978-8413344096

**Collocated: Suicide & Suicide Prevention and Abuse & Violence*

Español

Mental Health & Psychology
Attention Deficit Disorders

Nonfiction

My Brain Is Different: Stories of ADHD and Other Developmental Disorders

by Monzusu

Seven Seas, 2022. 184 pages. 978-1638582359

Mental Health & Psychology
Autism Spectrum Disorders

Nonfiction

The Awesome Autistic Guide for Trans Teens

by Y. & Rose Purkis

Jessica Kingsley Publishers, 2022. 112 pages. ISBN: 978-1839970764

**Collocated: LGBTQIA+ Health*

Queerly Autistic: The Ultimate Guide for LGBTQIA+ Teens on the Spectrum

by Erin Ekins

Jessica Kingsley Publishers, 2021. 235 pages. ISBN: 978-1787751712

**Collocated: LGBTQIA+ Health*

The Spectrum Girl's Survival Guide

by Siena Castellon

Jessica Kingsley Publishers, 2020. 256 pages. ISBN: 978-1787751835

Ages 12+

Mental Health & Psychology
Depression

Fiction

The Dark Matter of Mona Starr

by Laura Lee Gulledge

Amulet Books, 2020. 192 pages. ISBN: 978-1419742002

Just Breathe

by Cammie McGovern

Harperteen, 2021. 368 pages. ISBN: 978-0062463364

The Surprising Power of a Good Dumpling

by Wai Chim

Scholastic Press, 2020. 336 pages. ISBN: 9781338656114

Ages 14+

We Are All So Good at Smiling

by Amber McBride

Feiwel & Friends, 2023. 304 pages. ISBN: 978-1250780386

Nonfiction

Depression: Your Questions Answered

by Romeo Vitelli

Greenwood, 2019. 121 pages. ISBN: 978-1440866005

Video & Film Recordings

Teenage Depression & Suicide

by Schlessinger Media, 2004. 23 minutes. DVD

**Collocated: Suicide & Suicide Prevention*

Mental Health & Psychology
Eating Disorders

Nonfiction

**Adictos a la comida: Cuando los alimentos crean dependencia
(Food Addicts)**

by Armando Piccinni

Libsa, 2021. 284 pages. ISBN: 978-8466241403

Español

My Body in Pieces

by Marie-Noëlle Hébert

Groundwood Books, 2021. 104 pages. ISBN: 978-1773064840

Over It: A Teen's Guide to Getting Beyond Obsessions with Food and Weight

by Carol Emery Normandi

New World Library, 2001. 224 pages. ISBN: 978-1577311485

**Pork Belly Tacos with a Side of Anxiety: My Journey Through Depression, Bulimia, and
Addiction**

by Yvonne Castaneda

Santa Monica Press, 2022. 280 pages. ISBN: 978-1595801081

**Collocated: Hispanic & Latine*

Ages 15+

Graphic Novels

Imperfect: A Story of Body Image

by Douny a Awada

Zuiker Press, 2019. 95 pages. ISBN: 978-1947378070

Ages 12+

Tyranny

by Lesley Fairfield

Tundra Books, 2009. 114 pages. ISBN: 978-0887769030

Ages 12+

Mental Health & Psychology
Grief & Loss

Fiction

Funeral Girl

by Emma K Ohland

Carolrhoda Lab (R), 2022. 272 pages. ISBN: 978-1728458007

Queen of the Tiles

by Hanna Alkaf

Salaam Reads / Simon & Schuster Books for Young Readers, 2022. 304 pages.

ISBN: 978-1534494558

Until We Break

by Matthew Dawkins

Wattpad Books, 2022. 352 pages. ISBN: 978-1990259692

Graphic Novels

Dancing at the Pity Party: A Dead Mom Graphic Memoir

by Tyler Feder

Dial books, 2020. 208 pages. ISBN: 978-0525553021

**Collocated: Death & Dying*

Ages 12-17

Mental Health & Psychology
Self-Esteem / Self-Acceptance

(Note: Self-esteem refers to how you feel about yourself—whether you feel you are generally good, worthwhile, and valuable—while self-acceptance is simply acknowledging and accepting that you are who you are.)

Fiction

Every Body Shines

by Cassandra Newbould

Bloomsbury YA, 2021. 416 pages. ISBN: 978-1547606078

Ages 14+

Here the Whole Time

by Vitor Martins

Scholastic Press, 2020. 288 pages. ISBN: 978-1338620825

**Collocated: LGBTQIA+ Health*

Ages 14+

Nonfiction

365 Badass Affirmations for Black Teens

by Maya Genesis

Affirmations for Black Teens, 2021. 62 pages. ISBN: 978-1803579641

**Collocated: African Americans / Black Americans*

Better with Books: 500 Books to Ignite Empathy and Encourage Self-Acceptance in Tweens and Teens

by Melissa Hart

Sasquatch Books, 2019. 304 pages. ISBN: 978-1632172273

**Collocated: Diversity, Equity, & Inclusion*

The Body Image Book for Girls

by Charlotte Markey

Cambridge University, 2020. 226 pages. ISBN: 978-1108718776

Ages 12+

Body Talk: 37 Voices Explore Our Radical Anatomy

by Kelly Jensen

Algonquin Young Readers, 2020. 256 pages. ISBN: 978-1616209674

Ages 14+

Embrace Your Size: My Own Body Positivity

by Hara

Yen Press, 2022. 160 pages. ISBN: 978-1975347291

Express Yourself

by Emily Roberts

Instant Help, 2015. 232 pages. ISBN: 978-1626251489

Ages 13+

Find Your Voice: A Guided Journal for Writing Your Truth

Angie Thomas

Balzer Bray, 2020. 192 pages. ISBN: 978-0062983930

Ages 13+

Hope Nation

by Angie Thomas et al

Philomel, 2018. 304 pages. ISBN: 978-1524741679

Ages 12+

Just As You Are

by Michelle Skeen

Instant Help, 2018. 176 pages. ISBN: 978-1626255906

Ages 12+

The Other F Word: A Celebration of the Fat and Fierce

by Angie Manfredi

Harry N Abrams, 2021. 224 pages. ISBN: 978-1419747007

Ages 13+

Rising Troublemaker: A Fear-Fighter Manual for Teens

by Luvvie Ajayi Jones

Philomel Books, 2022. 272 pages. ISBN: 978-0593526033

The Self-Esteem Habit for Teens

by Lisa Schab

Instant Help, 2018. 200 pages. ISBN: 978-1626259195

Ages 12+

Victoria. Mi camino hacia el amor propio

(Victory. My Path to Self-Love)

by Victoria Volkova

Penguin Random House Grupo Editorial, 2021. 203 pages. Kindle ASIN: B08WG19DXJ

Ages 12+

Español

Mental Health & Psychology
Suicide & Suicide Prevention

Fiction

The Coldest Winter I Ever Spent

by Anne Jacobus

Carolrhoda Lab (R), 2023. 352 pages. ISBN: 978-1728423951

**Collocated: Mental Health and Death & Dying*

It's Kind of a Funny Story

by Ned Vizzini

Disney-Hyperion, 2007. 464 pages. ISBN: 978-0786851973

Ages 12+

Suicide Notes

by Michael Thomas Ford

Harper Teen, 2019. 320 pages. ISBN: 978-0062845511

**Collocated: LGBTQIA+ Health*

Nonfiction

Hello, Cruel World: 101 Alternatives to Suicide for Teens, Freaks, and Other Outlaws

by Kate Bornstein

Seven Stories Press, 2006. 231 pages. ISBN: 978-1583227206

**Collocated: LGBTQIA+ Health*

Ages 14+

Graphic Novels

Subnormal

by Fernando Llor

Panini España S.A. 2020. 76 pages. ISBN: 978-8413344096

**Collocated: Anxiety and Abuse & Violence*

Español

Video & Film Recordings

Teenage Depression & Suicide

by Schlessinger Media, 2004. 23 minutes. DVD

**Collocated: Depression*

Mental Health & Psychology
Trauma and Post-Traumatic Stress Disorder (PTSD)

Nonfiction

The Racial Trauma Handbook for Teens: CBT Skills to Heal from the Personal and Intergenerational Trauma of Racism

by Tamara Hill

Instant Help Publications, 2023. 168 pages. ISBN: 978-1648480126

**Collocated: Racism*

The PTSD Survival Guide for Teens

by Sheela Raja

Instant Help, 2018. 160 pages. ISBN: 978-1626259904

Ages 12+

Graphic Novels

Desperate Pleasures

by M. S. Harkness

Uncivilized Books, 2020. 193 pages. ISBN: 978-1941250426

Ages 16+

Invisible Wounds: Graphic Journalism

by Jess Ruliffson

Fantagraphics Books, 2022. 178 pages. ISBN: 978-1683961901

**Collocated: War*

Little Mama

by Halim Mahmoudi

Magnetic Press 2019. 191 pages. ISBN: 978-1549307959

Ages 16+ (Translated from French)

Numb to This: Memoir of a Mass Shooting

by Kindra Neely

Little, Brown Ink, 2022. 304 pages. ISBN: 978-0316462082

**Collocated: Abuse & Violence*

Ages 14+

Nutrition & Fitness
Cookbooks

The Complete Cookbook for Teen Chefs: 70+ Teen-Tested and Teen-Approved Recipes to Cook, Eat and Share

by America's Test Kitchen Kids

America's Test Kitchen Kids, 2022. 208 pages. ISBN: 978-1948703956

Fantastic Vegan Recipes for the Teen Cook: 60 Incredible Recipes You Need to Try for Good Health and a Better Planet

by Elaine Skiadas

Page Street Publishing, 2023. 168 pages. ISBN: 978-1645679769

How-To Cookbook for Teens: 100 Easy Recipes to Learn the Basics

by Julee Morrison

Rockridge Press, 2020. 168 pages. ISBN: 9781646114191

Ages 12+

Nutrition & Fitness
Fitness & Exercise

Nonfiction

**El hábito hace al yogui: Cómo ser constante en yoga
(Habit Makes the Yogi)**

by Julia A. Aguilar

Larousse, 2021. 224 pages. ISBN: 978-8418473159

Español

**Los secretos del Yoga
(The Secrets of Yoga)**

by Clémentine Erpicum

Anaya Multimedia, 2021. 160 pages. ISBN: 978-8441543317

Español

Nutrition & Fitness
Food & Nutrition

Nonfiction

Food-Related Stories

by Gaby Melian

Penguin Workshop, 2022. 64 pages. ISBN: 978-0593223499

Ages 12+

Eat Well and Feel Great

by Tina Lond-Caulk

Green Tree, 2022. 240 pages. ISBN: 9781399401944

Ages 13+

The Story of Seeds

by Nancy Castaldo

Clarion, 2016. 144 pages. ISBN: 978-0544320239

Ages 12+

**Collocated: Environmental Health*

We Are What We Eat: Understanding Diet and Disease

by Holly Brown

Lucent Press, 2019. 104 pages. ISBN: 978-1534568754

The Young Champion's Mind

by Jim Afremow

Rodale Kids, 2018. 224 pages. ISBN: 978-1635650563

Ages 12+

Sexual and Reproductive Health General Titles

Fiction

Love Radio

by Evony Ladelle

Simon and Schuster Book for Young Readers, 2022. 320 pages. ISBN: 978-1665908153

Ages 12+

Nonfiction

Birth Control: Your Questions Answered

by Paul Quinn

Greenwood, 2019. 187 pages. ISBN: 978-1440862700

Ages 12+

Doing It

by Hannah Witton

Sourcebooks, 2018. 352 pages. eBook ISBN: 978-1492665021

Ages 14+

Naked: Not Your Average Sex Encyclopedia

by Myriam Daguzan Bernier

Orca Book Publishers, 2022. 256 pages. ISBN: 978-1459831018

**Collocated: LGBTQIA+ Health Sexual & Reproductive Health*

Nonfiction

Real Talk About Sex and Consent: What Every Teen Needs to Know

by Cheryl M. Bradshaw

New Harbinger Publications, 2020. 206 pages. ISBN: ASIN: B083B5QWSG

Ages 13+

Sex Ed: An Inclusive Teenage Guide to Sex and Relationships

by School of Sexuality Education

Walker Books Ltd., 2021. 256 pages. ISBN: ASIN: B0932C76MR

Ages 14+

Sex Plus: Learning, Loving, and Enjoying Your Body

by Laci Green

HarperCollins Publishers Inc., 2018. 511 pages. ISBN: ASIN: B072VDDV96

Ages 16+

Understanding Reproductive Health

by Jeanne M. Ford

Essential Library, 2020. 112 pages. ISBN: 978-1532192234

Ages 11+

Graphic Novels

Drawn to Sex Vol. 2: Our Bodies and Health

by Erika Moen

Limerence Press, 2020. 208 pages. ISBN: 978-1620107911

Ages 15+

Let's Talk About It: The Teen's Guide to Sex, Relationships, and Being Human

by Erika Moen

Random House Graphic, 2021. 240 pages. ISBN: 978-0593125311

Ages 14+

My Mom Had an Abortion

by Beezus B. Murphy

PM Press, 2021. 64 pages. ISBN: 978-1629639130

Ages 12+

A Quick & Easy Guide to Consent

by Isabella Rotman, Luke Howard

Limerence Press, 2020. 77 pages. ISBN: 978-1620107942

We Need to Talk about Vaginas: An Important Book about Vulvas, Periods, Puberty, and Sex!

by Allison K. Rodgers

Neon Squid, 2023. 64 pages. ISBN: 978-1684492848

**Collocated: Women's Health*

We Should Hang Out Sometime: Embarrassingly, a True Story

by Josh Sundquist

Little, Brown Books for Young Readers, 2016. 352 pages. ISBN: 978-0316251006

Welcome to Consent: How to Say No, When to Say Yes, and How to Be the Boss of Your Body

by Yumi Stynes

Walker Books Us, 2023. 224 pages. ISBN: 978-1536226171

**Sexual and Reproductive Health
Menstruation**

Nonfiction

**Cyclo: Tu menstruación sostenible y en positivo
(Cycle: Your Sustainable and Positive Menstruation)**

Español

by Alma Paloma

Penguin Random House Grupo Editorial, 2020. 172 pages. Kindle ASIN: B084GFBZX6

Ages 14+

The Moon in You: A Period Book for Girls

by Alexandria King

Andrea Vriesen, 2020. 228 pages. ISBN: 978-0993662485

Period Power

by Nadya Okamoto

Simon & Schuster, 2018. 368 pages. ISBN: 978-1534430211

Ages 12+

Sexual and Reproductive Health Puberty

Nonfiction

The Puberty Book

by Kelsey Powell

Britannica Digital Learning, 2016. 400 pages. eBook ISBN: 978-0733635496

Puberty is Gross but also Really Awesome

by Gina Loveless & Lauri Johnston

Rodale Kids, 2021. 192 pages. ISBN: 978-1635653533

Graphic Novels

What's Happening to My Body? Book for Boys: Revised Edition (Revised)

by Lynda Madaras

William Morrow & Company, 2007. 256 pages. ISBN: 978-1557047656

What's Happening to My Body? Book for Girls: Revised Edition (Revised)

by Lynda Madaras

William Morrow & Company, 2007. 288 pages. ISBN: 978-1557047649

Sexual and Reproductive Health
Sexual Violence

Fiction

Boy Toy

by Barry Lyga

HMH Books for Young Readers, 2009. 416 pages. ISBN: 978-0547076348

Ages 12+

Fighting Words

by Kimberley B. Bradley

Dial Books, 2020. 272 pages. ISBN: 978-1984815705

Off the Record

by Camryn Garrett

Knopf Books for Young Readers, 2021. 320 pages. ISBN: 978-1984829993

Ages 14+

Non-Fiction

Shout

by Laurie H. Anderson

Viking books for young readers, 2019. 204 pages. ISBN: 978-0670012107

Ages 14-17

Graphic Novels

Becoming Unbecoming

by Una

Arsenal Pulp Press, 2016. 211 pages. ISBN: 978-1551526539

Ages 15+

**Sexual and Reproductive Health
Teen Pregnancy & Parenting**

Nonfiction

Dealing with Teen Pregnancy

by Kristin Thiel

Cavendish Square, 2019. 112 pages. eBook ISBN: 978-1502646361

Ages 12+

Pregnant Girl: A Story of Teen Motherhood, College, and Creating a Better Future for Young Families

by Nicole L. Lewis

Beacon Press, 2021. 207 pages. ISBN: 978-0807056035

Teen Mom: You're Stronger than You Think

by Tricia Goyer

Zondervan, 2015. 224 pages. ISBN: 978-0310338871

Ages 13+

Teen Pregnancy: Your Questions Answered

by Paul Quinn

Greenwood, 2021. 145 pages. ISBN: 978-1440876110

**Todo lo que necesitas saber sobre la paternidad adolescente
(Everything You Need to Know About Teen Fatherhood)**

by Eleanor H. Ayer

Rosen Publishing Group, 2002. 64 pages. ISBN: 978-0823935857

Ages 12+

Español

Unplanned Pregnancies

by Alexis Burling

Essential Library, 2021. 112 pages. ISBN: 978-1532196317

**Social Issues
General Titles**

Nonfiction

Allies

by Shakirah Bourne

DK, 2021. 240 pages. ISBN: 978-0744039917

Ages 12+

Better than We Found It

by Frederick Joseph

Candlewick, 2022. 528 pages. ISBN: 978-1536224528

Ages 12+

Crafting Change

by Jessica Vitkus

Farrar, Straus, & Giroux, 2022. 208 pages. ISBN: 978-0374313326

Ages 12+

Hidden Systems

by Dan Nott

Random House Graphic, 2023. 272 pages. ISBN: 978-0593125366

Ages 12+

A Time of Fear

by Albert Marrin

Knopf Books, 2021. 320 pages. ISBN: 978-0525644293

Ages 12+

Social Issues
Abuse & Violence

Fiction

The Smell of Other People's Houses

by Bonnie-Sue Hitchcock

Wendy Lamb Books, 2016. 240 pages. ISBN: 978-0553497816

Ages 12+

Nonfiction

Punching Bag

by Rex Ogle

Norton Young Readers , 2021. 224 pages. ISBN: 978-1324016236

Ages 13-18

Graphic Novels

Numb to This: Memoir of a Mass Shooting

by Kindra Neely

Little, Brown Ink, 2022. 304 pages. ISBN: 978-0316462082

**Collocated: Trauma & Post-Traumatic Stress Disorder (PTSD)*

Ages 14+

Subnormal

by Fernando Llor

Panini España S.A. 2020. 76 pages. ISBN: 978-8413344096

**Collocated: Anxiety and Suicide & Suicide Prevention*

Español

Will I See?

by David Robertson

Highwater Press, 2016. 54 pages. ISBN: 978-1553796749

**Collocated: Indigenous Peoples*

Ages 15+

Social Issues
Diversity, Equity, & Inclusion

Nonfiction

Bernice Sandler and the Fight for Title IX

by Jen Barton

Magination Press, 2022. 144 pages. ISBN: 978-1433839467

Ages 12+

Better with Books: 500 Books to Ignite Empathy and Encourage Self-Acceptance in Tweens and Teens

by Melissa Hart

Sasquatch Books, 2019. 304 pages. ISBN: 978-1632172273

**Collocated: Self-Esteem / Self-Acceptance*

Caste for Young Readers

by Isabel Wilkerson

Delacorte Press, 2022. 352 pages. ISBN: 978-0593427941

Ages 12+

Girlhood: Teens Around the World

by Masuma Ahuja

Algonquin, 2021. 256 pages. ISBN: 978-1643750118

Ages 12+

Graphic Novels

Level Up

by Gene Luen Yang

First Second, 2011. 160 pages. ISBN: 978-1596432352

Ages 12+

What Makes Girls Sick and Tired

by Lucille de Pesloüan

Second Story Press, 2018. 47 pages. ISBN: 978-1772600964

Ages 13+ (Translated from the French)

Social Issues
Environmental Health

Nonfiction

Braiding Sweetgrass for Young Adults

by Robin Wall Kimmerer

Zest Books, 2022. 304 pages. ISBN: 978-1728458984

Ages 12+

**Collocated: Indigenous Peoples*

The Story of More (Young Adult Adaptation)

by Hope Jahren

Delacorte Press, 2021. 208 pages. ISBN: 978-0593381120

Ages 12+

The Story of Seeds

by Nancy Castaldo

Clarion, 2016. 144 pages. ISBN: 978-0544320239

Ages 12+

**Collocated: Food & Nutrition*

Urgent Message from a Hot Planet

by Ann Eriksson

Orca Book Publishing, 2022. 216 pages. ISBN: 978-1459826328

Ages 12+

Social Issues
Racism

Fiction

Burn Down, Rise Up

by Vincent Tirado

Sourcebooks Fire, 2022. 352 pages. ISBN: 978-1728246000

**Collocated: LGBTQIA+ Health*

Concrete Rose

by Angie Thomas

Balzer & Bray/Hyperteen, 2021. 368 pages. ISBN: 978-0062846716

Days of Infamy

by Lawrence Goldstone

Scholastic Focus, 2022. 288 pages. ISBN: 978-1338722468

Ages 12+

**Collocated: Asian & Asian Americans*

From a Whisper to a Rallying Cry

by Paula Yoo

Norton Young Readers, 2021. 384 pages. ISBN: 978-1324002871

**Collocated: Asian & Asian Americans*

Ages 14+

Hearts Unbroken

by Cynthia L. Smith

Candlewick, 2020. 304 pages. ISBN: 978-1536213133

**Collocated: Native Americans*

Ages 14+

Promise Boys

by Nick Brooks

Henry Holt & Company, 2023. 304 pages. ISBN: 978-1250866974

Nonfiction

Apple in the Middle

by Dawn Quigley

North Dakota State University, 2020. 264 pages. ISBN: 978-1946163219

**Collocated: Native Americans*

Apple (Skin to Core)

by Eric Gansworth

Levine Querido, 2020. 352 pages. ISBN: 978-1646140138

**Collocated: Indigenous Peoples*

Ages 12+

The Racial Trauma Handbook for Teens: CBT Skills to Heal from the Personal and Intergenerational Trauma of Racism

by Tamara Hill

Instant Help Publications, 2023. 168 pages. ISBN: 978-1648480126

**Collocated: Trauma and Post-Traumatic Stress Disorder (PTSD)*

Stamped: Racism, Antiracism, and You

by Jayson Reynolds & Ibram X. Kendi

Little, Brown Books for Young Readers, 2020. 320 pages. ISBN: 978-0316453691

Ages 12+

Sugar Changed the World

by Marc Aronson

Clarion Books, 2017. 176 pages. ISBN: 978-0544582477

Ages 12+

Graphic Novels

Charisma's Turn: A Graphic Novel

by Monique Couvson

New Press, 2023. 128 pages. ISBN: 978-1620974018

**Collocated: Mental Health & Psychology*

Ages 15-18 (Fiction)

**Social Issues
Relationships**

Fiction

Curveball: The Year I Lost My Grip

by Jordan Sonnenblick

Scholastic Paperbacks, 2014. 304 pages. ISBN: 978-0545320702

**Collocated: Injuries*

Ages 12+

Nonfiction

Abuela, Don't Forget About Me

by Rex Ogle

Norton Young Readers, 2022. 208 pages. ISBN: 978-1324019954

Ages 12+

Dear Wonderful You, Letters to Adopted & Fostered Youth (The An-Ya Project)

by Diane René Christian

CreateSpace Independent Publishing Platform, 2014. 176 pages. ISBN: 978-1502746658

**Lenguaje sin palabras: Aprende a leer el lenguaje no verbal y mejora tus habilidades de comunicación
(Language Without Words)**

by Barbara Tijerina

Aguilar, 2021. 248 pages. ISBN: 978-6073194174

Español

**Todo lo que necesitas saber sobre el matrimonio adolescente
(Everything You Need to Know About Teen Marriage)**

by Eleanor H. Ayer

Rosen Publishing Group, 2002. 64 pages. ISBN: 978-0823935864

Español

Social Issues
War

Nonfiction

Flowers in the Gutter

by KR Gaddy

Dutton Books, 2020. 320 pages. ISBN: 978-0525555414

Ages 12+

Symphony for the City of the Dead

by MT Anderson

Candlewick, 2017. 464 pages. ISBN: 978-0763691004

Ages 14+

Graphic Novels

Invisible Wounds: Graphic Journalism

by Jess Ruliffson

Fantagraphics Books, 2022. 178 pages. ISBN: 978-1683961901

**Collocated: War*

Traditional Medicine
General Titles

Fiction

Firekeeper's Daughter

by Angeline Boulley

Henry Hold and Co., 2021. 496 pages. ISBN: 978-1250766564

**Collocated: Addiction & Recovery*

Ages 13+

**Women's Health
General Titles**

Nonfiction

**La guía de ginecología
(Gynecology Guide)**

by Juju La gygy

RBA Libros, 2022. 160 pages. ISBN: 978-8491875581

Español

Endometriosis: A Guide for Girls

by Tamer Seckin

Turner, 2020. 208 pages. ISBN: 978-1684423651

We Need to Talk about Vaginas: An Important Book about Vulvas, Periods, Puberty, and Sex!

by Allison K. Rodgers

Neon Squid, 2023. 64 pages. ISBN: 978-1684492848

**Collocated: Sexual & Reproductive Health*