



DNA tells a story. Do you want to know yours?

When you enroll in the *All of Us* Research Program, you join an unprecedented effort to meet one goal: speed up health research. Studying DNA is a key part of this effort. One of the side benefits of participating is that you can get your DNA results over time.

Your DNA can tell you about your genetic ancestors from the last few hundred years. People often wonder if genetic ancestry and ethnicity are the same thing. They aren't.



Genetic ancestry is about where on the globe your relatives came from.



Ethnicity means a group of people who share things like language, religious beliefs, or culture.

To learn more and to enroll:

JoinAllofUs.org

help@joinallofus.org

(844) 842-2855

Toll-free TTY-based Telecommunications Relay Service is available by dialing 711.

What do I need to do to get my DNA results?

If you want your DNA results, your first steps are to:

- 1 Create an *All of Us* participant account and complete the “Consent to Join the *All of Us* Research Program” to participate in the program
- 2 Agree to share your electronic health records (EHRs)*
- 3 Go through the “Consent to Get DNA Results” and tell us you want your DNA results*
- 4 Complete “The Basics” survey*
- 5 When invited to do so, provide your blood or saliva samples
- 6 Keep your email and/or mobile phone number up to date in your *All of Us* account

*You can participate in *All of Us* without completing Steps 2-4, but we generally will invite you to provide blood or saliva samples only if you have completed them. You need to provide a sample in order to get DNA results. We also encourage you to complete all of the surveys available in your account.