

# All of Us

RESEARCH PROGRAM



## Everybody's health tells a story. What's yours?

When you enroll in the *All of Us* Research Program, you join an unprecedented effort to meet one goal: speed up health research. Studying DNA is a key part of this effort. One of the side benefits of participating is that you can get your DNA results over time.

### What types of DNA results can *All of Us* give me?

We plan to look at different types of information in your DNA. We expect this will include information about your genetic traits. Traits are characteristics or features of a person. They can be related to a person's appearance (such as hair color or eye color) or to other features, like how we taste or smell things.

To start, here are some of the genetic traits you could learn about if you tell us you want your DNA results:



#### Lactose intolerance

If you have trouble digesting dairy products like milk or ice cream



#### Earwax

If you have wet or dry earwax



#### Bitter taste perception

If you taste bitterness in food more than others



#### Cilantro preference

If cilantro tastes like soap to you or not

### What do I need to do to get my DNA results?

If you want your DNA results, your first steps are to:

- 1 Create an *All of Us* participant account and complete the "Consent to Join the *All of Us* Research Program" to participate in the program.
- 2 Agree to share your electronic health records (EHRs).\*
- 3 Go through the "Consent to Get DNA Results" and tell us you want your DNA results.\*
- 4 Complete "The Basics" survey.\*
- 5 When invited to do so, provide your blood or saliva samples.
- 6 Keep your email and/or mobile phone number up to date in your *All of Us* account.

\*You can participate in *All of Us* without completing Steps 2-4, but we generally will invite you to provide blood or saliva samples only if you have completed them. You need to provide a sample in order to get DNA results. We also encourage you to complete all of the surveys available in your account.

To learn more and to enroll:  
**JoinAllofUs.org**  
**help@joinallofus.org**  
**(844) 842-2855**

Toll-free TTY-based Telecommunications Relay Service is available by dialing 711.