



Everybody's health tells a story. *What's yours?*

When you enroll in the *All of Us* Research Program, you join an unprecedented effort to meet one goal: speed up health research.

Studying DNA is a key part of this effort. One side benefit of participating is that you can get your DNA results over time.

We expect this will include information about:

- Your genetic ancestry (where your family comes from)
- Your genetic traits, such as why you might love or hate cilantro
- Whether you may have an increased risk of developing a serious health condition, such as cancer or heart disease
- How your body might react to certain medicines
- Other health-related information

To learn more and enroll:

JoinAllofUs.org

help@joinallofus.org

(844) 842-2855

Toll-free TTY-based Telecommunications
Relay Service is available by dialing 711.

**To start your journey, go to
Participant.JoinAllofUs.org and:**

- 1 Create an account
- 2 Give your consent
- 3 Agree to share your electronic health records
- 4 Complete the Consent to Get DNA Results
- 5 Answer health surveys
- 6 Have your measurements taken
(height, weight, blood pressure, etc.)
and give blood and urine samples, if asked

After completing these steps, you'll receive \$25.