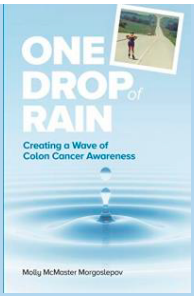
Discussion Guide



One Drop of Rain
Molly McMaster Margoslepov

Courageous Book House
2019
374 pages
ISBN: 978-0578459066

Colon Cancer

Summary

When Molly McMaster receives an unheard-of diagnosis of colon cancer on her 23rd birthday, she finds that her worst fear isn't that she might die, but rather that she will become "that poor little sick girl." Follow Molly as she generates national "colon" headlines by skating 2,000 miles across the country, building a giant colon, and helping to create The Colon Club, a national non-profit with the goal of raising awareness of colorectal cancer, especially in young people. An inspirational story of courage and overcoming the odds, this candid memoir is the ultimate story of how every rainstorm begins with just a single drop of rain.

Questions

1. What health information stood out to you the most from the book?
2. Which communities or demographic groups do you think would benefit most from reading this book?
3. What was your favorite part of the book? Why?
4. For you, what was your least favorite or most challenging part? Why?
5. Did you re-read any passages? If so, which ones?
6. How did your opinion of the book change while you read it?
7. What surprised you most?
8. What was missing and what do you wish was included?
9. Are there any lingering questions from the book you are still thinking about and if you could ask the author anything, what would it be?
10. What are some things you will do to take better care of yourself and your colon after reading this book?

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