## **Discussion Guide**



Our Cancers
Dan O'Brien

Acre Books 2021 102 pages ISBN: 978-1946724427 Colon Health

## **Summary**

Poet and playwright Dan O'Brien chronicles the year and a half during which both he and his wife were treated for cancer. *Our Cancers* is a compelling account of illness and commitment, of parenthood and partnership. This spare and powerful sequence creates intimate mythology that seeks meaning in illness while also celebrating the resilience of sufferers, caregivers, and survivors.

## 1. Questions

- 2. What health information stood out to you the most from the book?
- 3. Which communities or demographic groups do you think would benefit most from reading this book?
- 4. What was your favorite part of the book? Why?
- 5. For you, what was your least favorite or most challenging part? Why?
- 6. Did you re-read any passages? If so, which ones? 6. How did your opinion of the book change while you read it?
- 7. What surprised you most?
- 8. What was missing and what do you wish was included?
- 9. Are there any lingering questions from the book you are still thinking about and if you could ask the author anything, what would it be?
- 10. What are some things you will do to take better care of yourself and your colon after reading this book?

