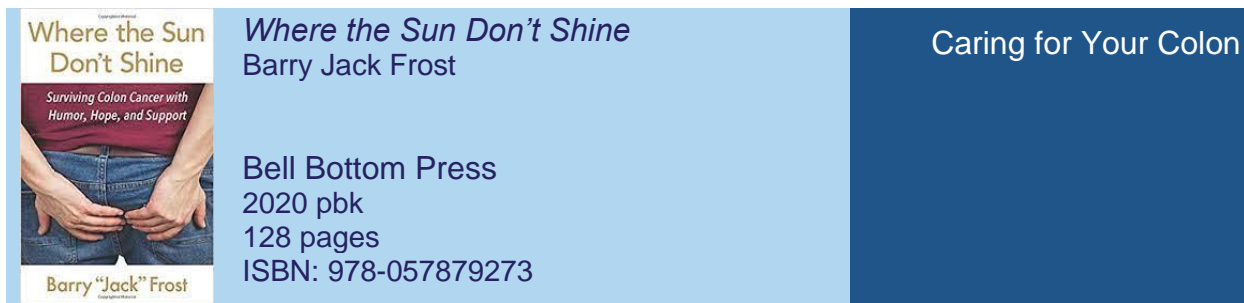


## Discussion Guide



*Where the Sun Don't Shine: Surviving Colon Cancer with Humor, Hope and Support* is author Barry Frost's memoir of surviving a Stage IV cancer journey. While he notes each person's cancer journey is unique, he offers his story to help others find their own path.

1. What health information stood out to you the most from the book?
2. Which communities or demographic groups do you think would benefit most from reading this book?
3. What was your favorite part of the book? Why?
4. For you, what was your least favorite or most challenging part? Why?
5. Did you re-read any passages? If so, which ones?
6. How did your opinion of the book change while you read it?
7. What surprised you most?
8. What was missing and what do you wish was included?
9. Are there any lingering questions from the book you are still thinking about and if you could ask the author anything, what would it be?
10. What are some things you will do to take better care of yourself and your colon after reading this book?