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# DETECTING RELIABLE HEALTH INFORMATION ONLINE

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On the Internet, anyone can publish anything. It is important to know what is reliable and what is dangerous information. Use these tips to help you detect reliable health information!

# A

## **AUTHORITY**

Does the website use authority?



## **.GOV.EDU**

Websites that end in .gov or .edu guarantee a high level of authority.

# B

## **BIAS**

What is the author's bias?



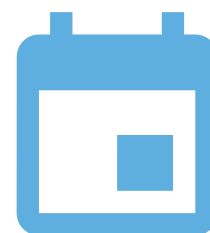
## **ADVERTISEMENTS**

The best health information websites do not have ads; those that do are clearly labeled.

# C

## **CURRENT**

Is the information current?



## **DATES**

Reliable websites will post publication dates since health information is constantly changing.