# About

Stand Up for Health was developed using funds awarded from UG4 Administrative Supplement: Equipping Public Library Staff with Consumer Health Resources which required:

* A cohort experience for public library staff
* All competencies for level 1 of the MLA Consumer Health Information Specialization (CHIS)
* All credits necessary for level 1 of the MLA CHIS (12 CE credits are required)

**Format**

In order to meet these qualifications when teaching Stand Up in person, the course is a taught as a full day 8-hour workshop with pre and post assignments that each take approximately 2 hours.

**Assignments**

Because the pre-assignment provides attendees with knowledge about the health of their community it is recommended that it be due prior to the in-person workshop with adequate time for the instructor(s) to grade and provide any necessary feedback.

The post assignment should be due a week or two after the in-person workshop.

The assignments are in Moodle.

**Handouts**

Handouts and other materials can be provided using Moodle, flash drives or emails depending on the size of the class.

**Moodle**

For classes with over 20 attendees, it is recommended to use the accompanying Moodle for assignment submission, distributions of handouts, and introductions. NTO can help make a copy if needed.

Moodle companion for in-person Stand Up <https://training.nnlm.gov/course/view.php?id=70> [Stand Up Springfield IL Nov 2018

More information about the requirements and development of Stand Up for health can be found on the Staff Web <https://staff2.nnlm.gov/equipping-public-library-staff-consumer-health-resources>

# In Person Agenda

Due to the variations in break and lunch times at different venues, some section time are given as ranges

|  |  |
| --- | --- |
| Welcome and Introductions | 20 min  |
| Introduction to Consumer Health  | 1 hr - 1 hr 30 min |
| Break | 15 - 30 min |
| Health Reference | 1 hr |
| Lunch | 30 min - 1 hr |
| Health Reference  | 1 hr |
| Health Resources | 1 hr - 1 hr 30 min |
| Break – Post its on Programming | 30 min |
| Programming | 1 hr |
| Wrap Up | 30 min |

# In - Person Preparation Schedule

|  |  |
| --- | --- |
| Moodle companion ready | 2 weeks prior |
| Welcome email and instructions  | 2 weeks prior |
| Pre-assignment due | 1 week prior |
| Handouts printed and ready | 1 week prior |
| Grade pre-assignment  | 1-2 days after they are due |
| Full day workshop | Day of! :-) |
| Post assignment due | 1 week after the workshop or conference ends whichever happens last |
| Grade post assignments | 1-2 day after they are due |
| Send CE & CHIS instructions | During the week after assignments are due |
| Send follow-up survey (optional) | 3 months after final assignment is due |

# Title and Description for Proposals

**Title:** Stand Up for Health: Health and Wellness Services for Your Community

**Description:**

Do you work in a public library? Are you interested in engaging with other public librarians and staff members to improve your knowledge and comfort with health and wellness related reference and services? Stand Up for Health: Health and Wellness Services for You Community is a free online course was developed in cooperation with WebJunction, PLA, and public librarians to create a cohort learning experience.

Registration is limited to public library staff.

During the class we will explore consumer health, health reference in a public library environment, free health resources for library staff and patrons, and developing health and wellness related programming. The course is taught over eight hours and involves lecture, discussions, and role-playing.

The course provides 12 continuing education (CE) hours from the Medical Library Association (MLA) and covers the five competencies required for Consumer Health Information Specialization (CHIS) level 1 from MLA. Attendees are required to complete both a pre and post assignment to receive CE credit.

You will leave the class with an action plan for how to use your newfound knowledge and expertise in reference services and programming. In addition to better serving your community, you’ll develop skills to take with you if and when you decide to move on to another library.

**Learning Objectives**

* Locate local health assessment reports and identify the health concerns in the library's community and apply that knowledge to health reference, resources, and programming
* Recognize and understand the importance of health literacy and the differing needs of a diverse community
* Utilize best practices to evaluate health website, applications, social network sites and guide patrons in their usage of these tools
* Recall best practices when conducting health reference with patrons including but not limited to legal and ethical issues
* Utilize recommended resources form NLM, NIH, and other organizations to meet diverse health information seeking needs
* Apply best practices for health collection development and maintenance of consumer health materials in a variety of formats
* Develop programs and services utilizing best practices and incorporate health information resources