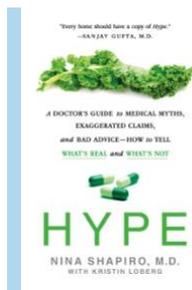


Discussion Guide



Hype
Nina Shapiro M.D. with Kristin Loberg

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Health Misinformation

In *Hype*, Dr. Nina Shapiro distinguishes between falsehoods and the evidence-backed truth. In her work at Harvard and UCLA, with more than twenty years of experience in both clinical and academic medicine, she helps patients make important health decisions every day. She's bringing those lessons to life here with a blend of science and personal stories to discuss her dramatic new definition of “a healthy life.”

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