



加入一百万人的行列

All of Us 研究项目是什么？

All of Us 研究项目是一个大型研究项目，目的是帮助研究人员更多了解人们为什么生病或保持健康。

我们希望超过一百万人加入 All of Us 研究项目。参加这个项目的人将分享自己健康、习惯和生活环境的信息。研究人员从这些信息中寻找规律，会更多了解什么影响人们的健康。

All of Us 研究项目会持续十年或更久，这样，研究人员能研究一段长时间的健康情况。

如果您决定加入 All of Us 研究项目，您会为改善未来几代人的健康贡献一份力量。您也可能了解自己的健康情况。



为什么一百万人？

All of Us 研究项目关键是多样性，不同类型的人、数据类型、生活方式。我们对每个人的独特性了解越多，就越能提供定制个人化的医疗照护。这就是为什么我们希望有一百万，甚至更多的人来加入我们的原因。



我为什么要加入？

这很简单。您将改善未来几代人健康的研究贡献一份力量。没有一个人完全像您一样。您独一无二的健康数据会帮助研究人员。

健康的未来从您开始。



我如何参加？

目前，您可以使用英语和西班牙语加入 All of Us。



下载app



访问我们的网站

您可以通过很多不同的方式参与。

我们可能会要求您：



完成网上问卷调查



填写同意书



分享电子病历



提供血液和尿液样本



测量您的身体指标

联系我们：

JoinAllofUs.org/library
help@joinallofus.org
(844) 842-2855

目前“All of Us”参与者的所有资料仅提供英语和西班牙语版本。

All of Us
RESEARCH PROGRAM



National Library of Medicine
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BE BONE IN A MILLION

What is the *All of Us* Research Program?

The *All of Us* Research Program is a large research program. The goal is to help researchers understand more about why people get sick or stay healthy.

We hope that more than one million people will join the *All of Us* Research Program. People who join will share information about their health, habits, and what it's like where they live. By looking for patterns in this information, researchers may learn more about what affects people's health.

The *All of Us* Research Program will last for 10 years or more. This will allow researchers to study health over time.

If you decide to join the *All of Us* Research Program, you will be contributing to an effort to improve the health of generations to come. You also may learn about your own health.



Why one million?

The key to the *All of Us* Research Program is diversity. Diversity of people, data types, and ways of life.

The more we know about what makes people unique, the more customized health care can become. That's why we're asking one million or more people to join us.



Why should I join?

It's simple. You'll contribute to research that may improve health for generations to come. There's no one exactly like you. Your unique health data may help researchers.

The future of health begins with you.



How do I get involved?

Right now, you can join *All of Us* in English and Spanish.



Download the app



Visit our website

There are many ways to participate.

You may be asked to:



Take online surveys



Complete consents



Share your electronic health record (EHR)



Give blood and urine samples



Have your physical measurements taken

Contact Us:
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