

Health Online: Finding information you can trust

Using online resources for your health allows you to:

- Find information quickly
- Check your health symptoms
- Research diseases
- Communicate with your doctor or nurse
- Look for wellness tips
- Track your health conditions
- Much more...

Websites to visit for health information:

- medlineplus.gov
- cdc.gov
- mayoclinic.org/patient-care-and-health-information
- familydoctor.org
- healthline.com
- pillbox.nlm.nih.gov
- healthcare.gov
- medicare.gov
- patientpartnerships.org

Local & state websites to visit for health information:

For more websites visit: mlanet.org/page/top-health-websites



Remember: Information found on ANY website does NOT replace the advice of medical professionals!

Website Checklist:

Use this checklist to ask some questions about the website and find reliable health information.

WEBSITE OWNER

- Who is in charge of the website?
- Why are they providing the site?
- Can you contact them?

FUNDING

- How is the website supported?
- Are there ads? Are they from the website company or an outside company looking to sell a product or service?

QUALITY

- Where does the information on the site come from?
- How is the content selected?
- Do medical professionals review the information on the site?
- Is the site believable and not have far-fetched ideas?
- Is it up-to-date?

PRIVACY

- Does the site ask for your personal information?
- Does it tell you how it will be used?
- Are you comfortable with how it will be used?

