**Do you remember?**

The past several modules have focused primarily on obtaining high-quality research evidence to support decision-making in EBP. However, there are two other important components of EBP that must be considered: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**Clinical Expertise1**

Your clinical expertise will help you answer questions like1:

* Does the evidence apply to this patient?
* Is the treatment appropriate for this patient?
* Can I implement it in this healthcare setting?
* What are the potential benefits and costs?
* What guidelines and protocols must I follow?

**Patient Preference1**

Patient preference can encompass questions like1:

* How can I help the patient understand the options?
* What preferences has the patient expressed?
* Does the patient have other considerations?

**Shared Decision Making**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is a paradigm through which healthcare providers seek to empower their patients in the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_2.

Screenshot of slide from powerpoint with take home message. Consider: Think about ways in which you want to improve how you use evidence to help you and your patients make decisions about care. Remember: EBP is not just about finding evidence, but about applying it with regard for patient preference and in the context of your expertise. Shared decision making is a good model for how to do this.


References:

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2. Elwyn, G., Laitner, S., Coulter, A., Walker, E., Watson, P., & Thomson, R. (2010). Implementing shared decision making in the NHS. *BMJ 341:*c5146. DOI: [10.1136/bmj.c5146](https://doi.org/10.1136/bmj.c5146)
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