1. What is the Patient Protection and Affordable Care Act definition of health literacy?
2. Ability to read health related materials, comply with medication regimens and analyze graphs
3. To understand what is recommended by a doctor and communicate information to friends and family members
4. An individual’s capacity to obtain, communicate, process, and understand health information and services in order to make appropriate health decisions

1. Which of the following outcomes are linked with low health literacy? (check all that apply)

* More ER visits
* More hospital stays
* Less likely to follow treatment plans
* Higher mortality rates

1. In the 2003 National Assessment of Adult Literacy, what percent of adults had proficient health literacy skills?
2. 12%
3. 24%
4. 34%
5. 41%
6. Readability uses formulas to measure the complexity of \_\_\_\_\_\_ \_\_\_\_\_\_ materialsand plain language is communication that someone can understand the first time. Addressing health literacy also means making the content understandable and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for everyone.
   1. Written, Actionable
   2. Video, Interesting
   3. Written, Interesting
7. The primary patient education (consumer health) resource from the National Library of Medicine is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
8. Universal precaution for health communication means:
9. Assessing a patient’s health literacy level before communicating health messages
10. Assuming that all patients need easy to understand messages and using them with everyone
11. Ensuring that all patients get written health information to review at home
12. The benefits of using teach back include (check all that apply)

* Better understanding and adherence
* Improved satisfaction and outcomes
* Reduction in callbacks and canceled appointments

1. Which one of the following is NOT a recommendation for communicating numerical data to patients?
2. Use decimals and percentages to describe the numbers
3. Give absolute risk instead of relative risk
4. Frame outcomes in both positive and negative terms
5. Which is NOT a reason that those with limited health literacy may struggle with medication adherence?
6. They may have difficulty understanding drug labels
7. They may have difficulty interpreting dosing
8. They may have difficulty finding social support in the community
9. They may have increased fear about medication side effects