**Step 1: Seek your Patient’s Participation2**

***AHRQ SHARE Curriculum teaches 5 steps that are suggested in the process of shared decision making:***

* Summarize the issue1,2
* Let them know there are different options1,2
* Discuss the importance of **participation**1,2
* Consider including caregivers/ family2

**Step 2: Help your Patient Explore and Compare Treatment Options2**

* Check current knowledge1,2
* List **options**1,2
* Describe options clearly1,2
* Use decision tools1,2, when available2
* Summarize1,2 **and check for understanding** (teach back)2

**Step 3: Assess your Patient’s Values and Preferences2**

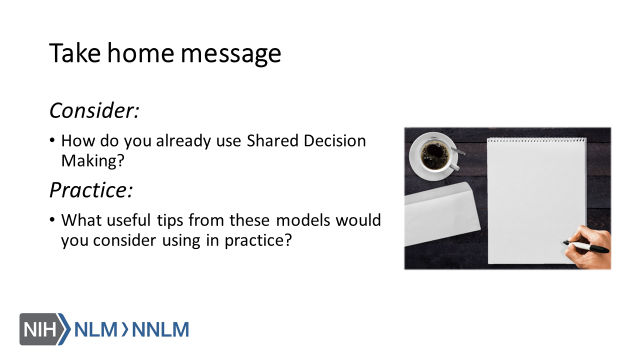
* Encourage thinking about what is most important1,2
* Elicit a **preference**1
  + Open ended questions2
  + Active listening2
  + Empathy2
* Acknowledge their values and preferences2

**Step 4: Reach a Decision with your Patient2**

* Ask if they are ready to decide1,2
* Ask if they need more **time** or more **information**1,2
* Confirm the decision2
* Schedule necessary follow up2

**Step 5: Evaluate your Patient’s Decision2**

* Consider how well the treatment is implemented2
* Assist the patient with **overcoming barriers** to following their treatment decision2
* Revisit the decision to discuss other possible decisions2



References

1. Elywn,G., Frosch, D., Thomson, R., Joseph-Williams, N., Lloyd, A., Kinnersley, P.,… Barry, M. (2012). Shared Decision Making: A Model for Clinical Practice, Journal of General Internal Medicine, 27(10), 1361-1367.
2. Agency for Healthcare Research and Quality (2018). The SHARE Approach. Retrieved from [URL to Source](https://www.ahrq.gov/professionals/education/curriculum-tools/shareddecisionmaking/index.html)