**Responsibility of the Patient**

* A patient must be willing to share their concerns, goals and **questions**1
* Some may not want or be ready to participate2

**Responsibility of the Provider**

* Agree with the **guiding principles** of shared decision making4
* Build a good relationship so that patients feel supported to deliberate4
* Recognize patients’ **ability to participate** in decision making1
* Ability to elicit patients’ **preferences** and communicate information about health meaningfully5.

**SDM and Health Literacy**

* Low health literacy and numeracy are barriers to shared decision making4
* For this reason, it is suggested that shared decision making be built on good clinical communication skills4:
* Communicating **numbers** clearly
* **Summarizing** options
* **Open-ended** questions
* Showing empathy regarding the condition2
* Universal precaution
* Avoiding medical **jargon**
* Providing information in small segments
* Using **teach-back**

**SDM and Culture**

* Culture may affect a patient’s **values** or priorities6
* **Cultural humility** is especially important in the context of shared decision making6



**Fig 1.** Elywn,G., Frosch, D., Thomson, R., Joseph-Williams, N., Lloyd, A., Kinnersley, P.,… Barry, M. (2012). Shared Decision Making: A Model for Clinical Practice, Journal of General Internal Medicine, 27(10), 1361-1367.



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