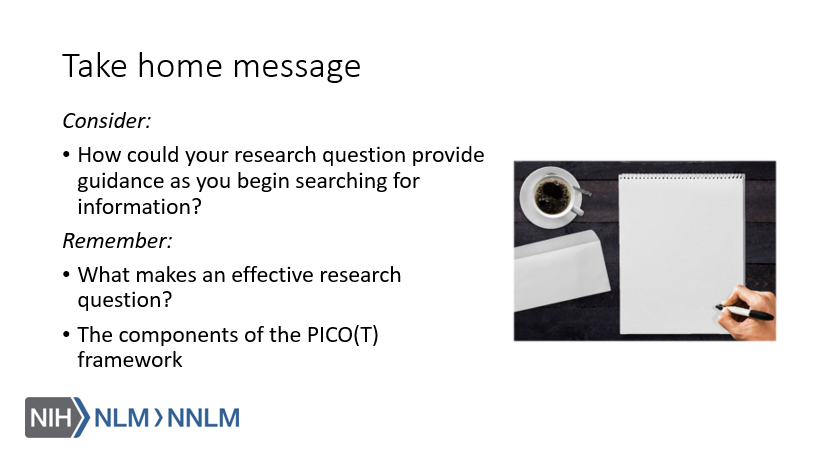
**What makes a research question effective?**

It must be **clear** (each aspect of the question is specific) and **focused** (the question’s overall scope is narrow enough).

**The PICO(T) Framework2:**

P: **Patient/Population**  
I: **Intervention**  
C: **Control**  
O: **Outcome**  
T: **Time frame**



References

1. Raich, A.L. & Skelly, A.C. (2013). Asking the right question: Specifying your study question. *Evidence Based Spine Care, 4*(2), 68-71. Retrieved from: [URL to Source](https://www.thieme-connect.de/products/ejournals/abstract/10.1055/s-0033-1360454).
2. Melnyk B., & Fineout-Overholt E. (2010). *Evidence-based practice in nursing & healthcare*. New York: Lippincott Williams & Wilkins.