**Evidence-Based Practice (EBP)**

Evidence-based practice is the conscientious, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ use of current best \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in making decisions about the care of individual patients1.

The three major components of EBP include:

1. External clinical evidence
2. Integration of individual clinical \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ preferences1

**Why EBP?**

Benefits of EBP for patients include:

* Increased patient satisfaction2
* Increased patient safety3
* Improved clinical outcomes4
* Decrease in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in delivery of care and patient \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_3

Benefits of EBP for practitioners include:

* Greater \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and group cohesion5
* Meeting a mandated core competency (Institute of Medicine)6
* Opportunities for research and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_7

Benefits of EBP for organizations include:

* Greater \_\_\_\_\_\_\_\_ efficiency5
* Lower rates of staff \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_5

**The EBP process (5 As)8:**

3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_



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