Hi Everyone,

Thank you for participating in our introductory discussion about motivational interviewing [this week, last Wednesday, etc.]. [This video](http://www.ihi.org/education/IHIOpenSchool/resources/Pages/AudioandVideo/ConnieDavis-WhatIsMotivationalInterviewing.aspx) from the Institute for Healthcare Improvement provides a motivational interviewing overview in less than two minutes. The discussion questions listed on the page will not be included in our next conversation, but can be a nice reflection exercise on your own.

See you next time,