Three Talk SDM model:

team talk: working together about possible choices
option talk: what are altertatives and risks to choices
Decision talk: make decisions based on preferences. 

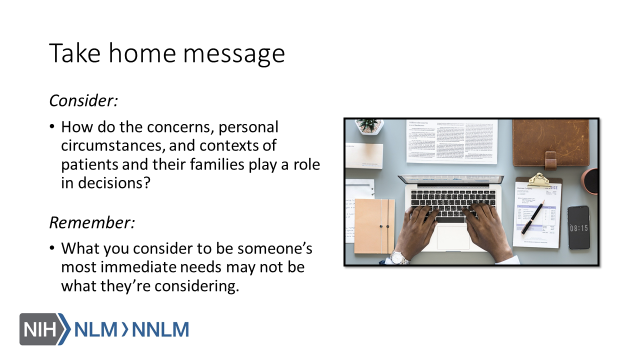
**Shared Decision Making (SDM)**

“An approach where clinicians and patients **share** the **best available evidence** when faced with the task of making decisions, and when patients are supported to **consider options**, to achieve **informed preferences**.”1

**Fig. 1** Elwyn Glyn, Durand Marie Anne, Song Julia, Aarts Johanna, Barr Paul J, Berger Zackary et al. A three-talk model for shared decision making: multistage consultation process *BMJ*2017; 359:j4891

*Ms. Orange (47) arrived at clinic today for uncontrolled diabetes and high blood pressure care. During intake she hesitantly mentioned she currently does not have a place to stay at night and is looking for a 2-Bedroom apartment, adding that she had an appointment last Wednesday at 9AM for housing with the city housing authority but missed the appointment due to lack of transportation. She has no income and is in need of winter clothing. She is currently unemployed due to health issues but would like to return to work. Her 20 year old son, diagnosed with autism, is enrolled in a Job Corp program but currently resides in a MH/MR residential facility outside of the city after completing an stabilization and acute care program. She would like to be able to visit him more frequently, but it is an hour walk from the nearest bus stop.*

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| --- | --- |
| **Question** | **Answer** |
| **What are the SDOH factors facing Ms. Orange?** | ***housing, transportation, employment, SES*** |
| **What do you suppose Ms. Orange’s priorities are?** | ***1. Finding a job; 2. Housing; 3. Making sure son continues to receive adequate care/support; 4. Winter clothes; 5. Medical care*** |
| ***Which of the three-talk strategies could you use to learn more?*** | ***Team Talk*** |
| **How could you apply the three-talk model to better understand her preferences and help thinking carefully about these priorities?** | ***This is an opinion*** |



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