Hello everyone,

As follow up from module two of Clinical Conversations, one of our objectives was to consider health literacy trends nationally and locally. Here are some of the national trends we discussed from the National Assessment of Adult Literacy.

* The **National Assessment of Adult Literacy** measured health literacy in adults 16+ in 20031
* Looked at health literacy tasks in clinical, prevention and health care system domains1
* Only **12%** of English-speaking adults in the United States had **proficient health literacy skills1**

If you are interested in looking at trends in our region, the [Health Literacy Data Map](http://healthliteracymap.unc.edu/) from the University of North Carolina at Chapel Hill shows estimated health literacy at a local level. However, as a reminder from our conversation, the levels used in this tool are estimates based on demographic characteristics from the census. Therefore, the estimates may not be representative of every person who lives in a particular census block group.

References:

1. U.S. Department of Education (2006). The Health Literacy of America’s Adults: Results from the 2003 National Assessment of Adult Literacy. Retrieved from: [URL to Source](https://nces.ed.gov/pubsearch/pubsinfo.asp?pubid=2006483)