

The Future of Healthcare:

Humans and Machines Partnering for Better Outcomes

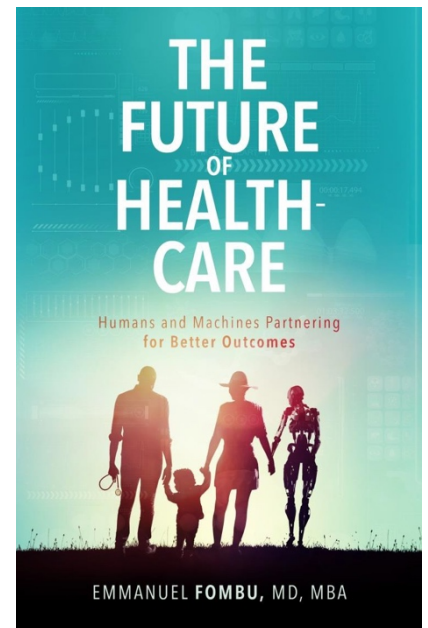
By Emmanuel Fombu, MD, MDA

About the Book

We live in a world where data can help us make more informed decisions about how to navigate traffic, who to date, what to buy, who to network with and how to better manage our finances.

But when it comes to our personal health and wellness, we have no roadmap. We need something to show us where we are in terms of our health, with landmarks for risks and opportunities. A GPS that makes it easier to move toward our personal health goals. A new way to look at health and life.

The future of healthcare is coming. This is what it looks like.



Discussion Guide

1. Which of the three stories at the beginning – Diana, Omar and Budd – did you most relate to? Why?
2. Which new healthcare technology interested you the most and what is it about its potential that you found so attractive?
3. What does personalized healthcare mean to you? Would you subscribe to a “Netflix of healthcare”? And what are some of the positives and the negatives of personalized healthcare?
4. What will you do to make sure that you’re practicing preventative healthcare?
5. What does “value” mean to you in a healthcare setting?
6. Bearing the subtitle (“humans and machines partnering for better outcomes”) in mind, how do you think you could use AI, machine learning and other new technologies to improve performance in your own job?
7. Are you hopeful about the future of healthcare? Why/why not?
8. Have you ever used a telehealth service? If so, what did you make of the experience?
9. Would you have your genome sequenced if it meant that doctors could provide more tailored health services?

10. What concerns do you have around the future of healthcare and how do they think they should be addressed?
11. What did you learn that surprised you about the healthcare industry?
12. As a stakeholder in the future of healthcare as a future patient, what would you say to healthcare leaders and do you feel as though your voice is being heard?
13. Would you trust a robotic surgeon to perform an operation on you?
14. How do you think the future of healthcare will be affected by coronavirus/COVID-19?¹

Author Bio

EMMANUEL FOMBU, MD, MBA, is a physician, author, keynote speaker and healthcare executive turned Silicon Valley entrepreneur. He is a medical futurist, an advocate for value-based healthcare and the 2017 winner of the prestigious New York City Health Business Leaders Boldest Digital Health Influencer Award.

As a medical futurist, Dr. Fombu champions the potential for the internet of things, AI and machine learning to revolutionize the healthcare industry. He's passionate about m-health, personalized medicine, genomics, nanotechnology, big data, artificial intelligence, machine learning, the internet of things and digital medicine. He serves as an external advisory board member on the Massachusetts Institute of Technology's MIT.nano project.

Dr. Fombu trained at Emory-Crawford Long Hospital and holds an MBA from Cornell University's Johnson School of Business, as well as a certification in Artificial Intelligence: Implications for Business Strategy from MIT's Sloan School of Management and Computer Science Artificial Intelligence Lab. He lives in New York City.

¹ I'm currently writing a book on the subject and I'm looking for the real stories of real people, so please feel free to reach out to me on ef374@cornell.edu to share your story and to potentially be included in *The New Normal - How the Novel Coronavirus, COVID-19 and Technology Will Change the World As We Know It*.

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