

# Health Online:

## Finding information you can trust

### Using online resources for your health allows you to:

- Find information quickly
- Check your health symptoms
- Research diseases
- Communicate with your doctor or nurse
- Look for wellness tips
- Track your health conditions
- Much more...

### Websites to visit for health information:

- [medlineplus.gov](http://medlineplus.gov)
- [cdc.gov](http://cdc.gov)
- [mayoclinic.org/patient-care-and-health-information](http://mayoclinic.org/patient-care-and-health-information)
- [familydoctor.org](http://familydoctor.org)
- [healthline.com](http://healthline.com)
- [pillbox.nlm.nih.gov](http://pillbox.nlm.nih.gov)
- [healthcare.gov](http://healthcare.gov)
- [medicare.gov](http://medicare.gov)
- [badgerlink.dpi.wi.gov](http://badgerlink.dpi.wi.gov)
- [dhs.wisconsin.gov/medicaid](http://dhs.wisconsin.gov/medicaid)
- [patientpartnerships.org](http://patientpartnerships.org)

**For more websites visit:** [mlanet.org/page/top-health-websites](http://mlanet.org/page/top-health-websites)



**Remember: Information found on ANY website does NOT replace the advice of medical professionals!**



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# Website Checklist:

Use this checklist to ask some questions about the website and find reliable health information.

## WEBSITE OWNER

- Who is in charge of the website?
- Why are they providing the site?
- Can you contact them?

## FUNDING

- How is the website supported?
- Are there ads? Are they from the website company or an outside company looking to sell a product or service?

## QUALITY

- Where does the information on the site come from?
- How is the content selected?
- Do medical professionals review the information on the site?
- Is the site believable and not have far-fetched ideas?
- Is it up-to-date?

## PRIVACY

- Does the site ask for your personal information?
- Does it tell you how it will be used?
- Are you comfortable with how it will be used?



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