

Wellness in the Library Workplace

Thank you for attending our session on wellness in the library workplace.

Recommended resources related to the content covered in the presentation. This list is intended as a starting point for your exploration into creating a healthy workplace.

MedlinePlus Your go-to resource for information about diseases, conditions, and wellness issues in language you can understand. <https://medlineplus.gov/>

National Center for Complementary and Integrative Medicine (NCCIH) at the National Institutes of Health (NIH) funds and conducts research to help answer important scientific and public health questions about complementary health approaches. NCCIH works to determine what is promising, what helps and why, what doesn't work, and what is safe. <https://nccih.nih.gov/>

For a complete list of recommended readings, resources, and toolkits visit <https://nnlm.gov/ZU5>

Register for an upcoming online session 2-weeks, 4-CE. <https://nnlm.gov/ZUS>



NNLM AND LIBRARIES

The National Network of Libraries of Medicine (NNLM) works with libraries to ensure they are prepared to meet the health information needs of their communities by providing resources, educational opportunities, and funding for health-related programming and outreach, all at no cost to our members.

MEMBERSHIP

All libraries are invited to the National Network of Libraries of Medicine as members!

Membership is free and provides benefits, such as:

- Free educational materials for order and download
- Professional development webinars and online courses
- Funding for professional certifications from the Medical Library Association (MLA)
- NNLM membership certificate to display commitment to providing access to health information
- Join <https://nnlm.gov/members/join-network>

FUNDING

Programming and Outreach:

- Libraries are encouraged to apply for funding for programs and projects promoting health information, particularly National Library of Medicine resources.
- The funding period cycle is from May 1 through April 30.
- Funding is awarded regionally, locate your regional office <https://nnlm.gov/regions>

Consumer Health Information Specialization (CHIS) from MLA

- NNLM sponsors the application fee for both levels of the specialization, as well as renewals
- Certification requires renewal every three years
- All NNLM classes for the specialization are available online for free.

TRAINING

NNLM offers free training for libraries interested in health information topics and resources from the National Library of Medicine. Our goal is to equip libraries with knowledge and skills for providing health information to their communities. You can see a complete schedule of upcoming training opportunities at <https://nnlm.gov/training>

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